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April 11, 2023 Vol. 24 Issue 15 Information for the Oklahoma Nursing & Health Care Professional

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Rogers State University and Saint Francis Health System Partner To Offer BSN ROGERS STATE

Dr. Carla Lynch, department head of health sciences at RSU says this partnership will allow RSU to admit an additional 32 students every year, allowing students to complete their goal of being a nurse sooner. It also means more registered nurses to care for our family, friends and community."

neurur ayo hi

Saint Francis Health System and Rogers State University announced a partnership April 3 to educate nursing students at Saint Francis Hospital in Tulsa starting in August. The announcement was made Monday afternoon

rancis

SaintFrancis

Health System

ROGER STAT

Story and photso by Kenny Day, Rogers State University

during a news conference held in the main lobby of Saint Francis Hospital at 61st and Yale.

Saint Francis will serve as an extended campus of RSU, and Rogers State University

will award the Bachelor of Science in Nursing upon students' graduation.

The extended campus will open in fall 2023 for students who have been accepted into the Rogers

PARTNERS

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State University nursing program. Applications for the spring 2024 semester began April 1.

The Saint Francis extended campus has been generously underwritten for the first three years by a grant from The William K. Warren Foundation.

To be eligible for the program, students must apply for acceptance to Rogers State University and complete program the prerequisites. As juniors, students will be able to choose either nursing classes in Claremore on the RSU campus or at Saint Francis Hospital. Classroom instruction at Saint Francis will be presented via video simulcast with instructors in Claremore and live with facilitators in Tulsa. More information about the nursing program and how to apply is available at rsu.edu/bsn.

Saint Francis Hospital is renovating a 6,000-square-foot area within the hospital that will house a state-of-the-art simulation center and classrooms designed to educate the next generation of healthcare professionals. The new simulation center will include

four high-fidelity simulation suites designed to replicate Saint Francis inpatient rooms. The suites will include medical/surgical nursing, critical care, labor and delivery, trauma and pediatrics settings complete with sophisticated manikins that simulate breathing, sweating, talking and even giving birth. There will be additional spaces for task and skills training, along with future plans for virtual reality simulations.

Saint Francis will hire two coordinators for the Saint Francis extended campus and simulation center and two full-time nursing instructors who will have an academic appointment at Rogers State University.

The Saint Francis extended campus will accept 16 juniors in fall 2023 and add 16 more each semester, ultimately with 64 nursing students-32 juniors and 32 seniors—each year at Saint Francis.

The new partnership allows Rogers State to expand its nursing graduates by more than 50%.

"RSU nursing is thrilled to be partnering with Saint Francis Health System," said Dr. Carla Lynch, department head of health sciences at RSU. "Every admission cycle, we have had to turn away qualified applicants because of lack of clinical space, classroom space and faculty. This partnership will allow us to admit an additional 32 students every year, allowing students to complete their goal of being a nurse sooner. It also means more registered nurses to care for our family, friends and community."

Dr. Larry Rice, president of Rogers State University, is excited for this partnership and for the opportunity it will provide for future RSU nursing students to complete nursing school in Tulsa.

"Rogers State University has a long history of excellence in nursing education and RSU nursing graduates are always in high demand," Rice said. "Our goal is to help meet workforce needs by educating more nurses. In fact, we recently expanded our capacity for nursing students at our Claremore campus by adding a spring cohort each year in addition to our fall cohort.

"This partnership with Saint Francis will not only allow us to educate even more nurses, but it will also help RSU nursing to have a direct presence in Tulsa at Saint Francis, one of the leading

hospitals in the state of Oklahoma. We are extremely grateful for this partnership and for the enthusiasm and excitement shown by the team at Saint Francis who helped make this possible."

According to the U.S. Bureau of Labor Statistics, more than 275,000 additional nurses are needed between 2020 and 2030, and employment for nurses will grow at a rate of 9% annually, which is faster than all other occupations.

"Saint Francis has a strategic initiative to recruit registered nurses developing academic by partnerships with area nursing programs," said Cindy Leathers, Chief Nursing Officer for Saint Francis Health System. "The RSU extended campus at Saint Francis will increase enrollment, enhance learning with the culture of Saint Francis, and help the students engage in our vision, mission and values. Our goal is for these students to become career nurses at Saint Francis."

As the largest health system in Oklahoma, Saint Francis Health System needs to hire more than 600 nurses each year to account for retirements and future growth. Having students in-house for two

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PARTNERS

Continued from Page 2

years will be a way to recruit and retain the future workforce at Saint Francis.

For more information about the BSN program at Rogers State

University, visit https://www.rsu.edu/bsn.

For more information about the RSU Nursing at Saint Francis extended campus and earning a BSN at this extended campus location in Tulsa, visit https//www.rsu.edu/sfh.



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CAREERS IN NURSING: OFFERING FLEXIBILITY - CONFIDENCE BUILDS IN PERSONALIZED INSTRUCTION story and photo by James Coburn, Staff Writer

has a mission to educate, enrich lives and secure economic futures. Adult students from 10 area school districts may apply for the practical nursing program, said Charlotte Prewitt, a practical nursing instructor at Meridian Technology Center in Stillwater where she has worked since 2007.

"We have a really flexible program that allows adult students who are working to get an education," Prewitt said. "Meridian's administration is very supportive with whatever resources we need to help educate. It makes it a really well-rounded and affordable program for an adult to come to if they want to become a practical nurse."

Nursing student Audra Staires said she enjoys the reward she gets from helping people. The Flex program helps make that possible for her.

"Coming here is verv convenient. I am able to be close

Meridian Technology Center to home and to my job," Staires the program. Graduates earn the knowledge base in an emergency said. "I get to pick the hours that I'm here, and I know how many hours I need. It's flexible around my personal life and my work life."

> Meridian Technology Center is a 12-month program that teaches all aspects of being a safe and confident LPN. A new cohort begins every six months. Some schools offer 18-month programs.

> Students in the Stillwater 12-month program need to complete prerequisites before enrolling at Meridian Technology Center. The faculty consists of three instructors and the LPN nursing coordinator who pool their resources to support their students.

> "It depends on how many qualified applicants we have, but we can accept up to 18 students every six months," Prewitt said.

> There are nine theory classes and four clinical classes. Students are eligible to take the licensure exam upon their completion of

credential of LPN after passing the test.

Prewitt earned her Master of Science degree in Nursing in 2009 from Regis University, located in Denver.

She received her associate degree in 1991 from Northern Oklahoma College. In 2006 she earned her Bachelor of Science in Nursing degree from Graceland University in Lamona, Iowa.

Prewitt began her career as a medical surgical nurse for one year on the post-op floor of Stillwater Nursing Center before transferring to the emergency room for several years. She completed her 16 years of nursing at Stillwater Nursing Center by serving in the outpatient infusion clinic before she began teaching.

Prewitt was also a CPR instructor when she worked in the ER. She enjoyed the one-on-one interaction with the community, and ENT students extending their

setting.

"It further triggered a little spark to want to teach. A few years before that I decided that was the path I wanted to go and furthered my education to do that," she said.

The nursing programs work with several clinical locations to secure their students' job placement. Once students have experience at a given facility, even before they finish with the program, they are often invited to come back for an interview after completing the practical nursing program. Job leads are also posted for their graduates via emails or on Meridian's Facebook website. Most of the students who graduated recently have found jobs or have good prospects.

"Getting to see them get into a practice as a calling is very satisfying," Prewitt said.

See YOUNG Page 5



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Charlotte Prewitt has abundant nursing experience to share with students as a practical nursing instructor at Meridian Technology Center in Stillwater.

YOUNG Continued from Page 4

The average nursing student is in their mid to late 20s and comes with a diverse range of life skills and experiences. One of Prewitt's favorite things is witnessing her students become more confident as she coaches them for their clinicals. Afterwards, she hears them say, "That wasn't half as bad as I thought it was going to be."

A past graduate student of Meridian Technology Center's nursing program will mentor students during the clinicals.

Instructors often find opportunities to attend student graduations when earning advanced nursing degrees.

"We've had several students who have gone on to become nurse practitioners," Prewitt said.

More nurse educators are needed in the profession, Prewitt continued. More nurses are needed to bridge the gap of a long-time nursing shortage. But the nursing shortage will not be resolved without more nurse educators to teach them, Prewitt explained.

"I love what I do. I loved taking care of patients and I did that for years. But as a nurse educator, you get to add to that level of satisfaction by putting more nurses out into the world and it's just like that little ripple," Prewitt said. "When you are at the bedside with a patient, you can make a difference with that one patient. But when you have 15 students go out into practice, whoever they're taking care of just gets bigger."

Coffee with a Recruiter Event

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April 11, 2023

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toddler. So, chasing around a toddler and dogs in the house."

a Clinic Chelsea



"Currently I've got two young girls and play with them. We also like being outside and have two dogs we like to walk and take to the park."



Carolyn Hoggett, RN

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Emily Kendall, LPN

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(AS PUBLISHED IN THE 2023 EDUCATION GUIDE TO NURSING)

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Across

3. when connected to suction the the pleur evac should make bubbling sound 5. occurs when the water level in the water seal chamber rises and falls with respirations 7. this is where the drainage is measured 8. pleur evac should be kept the chest level 10. this should never been done to a chest tube 11. bubbling in this

chamber indicates an

air leak

12. accumulation of fluid in the pleral space **Down**

1. this should be used to set fill the water seal chamber

2. air pockets under the skin

4. collapsed lung

6. accumulation of blood

in the pleural cavity

9. accumulation of pus in the pleural cavity



ANSWERS ON PAGE 13 By Krystal Herrington



University of Oklahoma Launches Online Degree Completion Program

The University of Oklahoma is making it easier for adults with some college credit to finish what they started and complete their bachelor's degrees.

The university's new Degree Completion Program, offered through OU Online and the OU College of Professional and Continuing Studies, offers flexible and workforce-relevant online undergraduate degree programs designed to help adult learners achieve their educational and career goals. With a generous policy that allows students to transfer up to 90 hours of credit from their previous institution, the program shortens the time and financial commitment needed to earn a degree to as few as 12 months.

Designed for students ages 25 and older who have at least 60 hours of college credit, the degree completion program includes a Bachelor of Arts in Interdisciplinary Studies with four majors – business administration, healthcare management, criminal justice leadership and organizational leadership. Each major connects to career fields with strong demand in the workforce, specifically to Oklahoma's top 100 critical occupations, as identified by the Oklahoma Office of Workforce Development. Students may also choose a Bachelor of Arts in Integrative Studies, which can be customized with the help of an adviser to best meet the career goals of the student.

Because of the university's commitment to affordability and accessibility, the bachelor's programs do not require an application fee or deposit. Students are also eligible for traditional forms of student aid, such as FAFSA and scholarships.

"An undergraduate degree gives working adults the resources they need to achieve their educational and career goals," said Gregg Garn, OU vice president for online learning and interim dean of the College of Professional and Continuing Studies. "By eliminating barriers like accessibility and overall cost while providing support along the way, we can pave the way for students to not only earn a high-quality degree, but also transform their lives, their families and their communities."

According to Reach Higher – an adult degree completion initiative led by the Oklahoma State Regents for Higher Education – more than 69,000 Oklahomans have attended college for at least two years, but do not have a bachelor's degree. At OU alone, since 2002, more than 21,700 students have stopped taking courses before completing their degree, and over 11,700 of those former OU students had more than 75 credit hours when they stopped taking courses.

The U.S. Bureau of Labor Statistics projects a 9% growth in management occupations and a 32.5% growth in medical and health services manager positions by 2030. Offering degrees in these critical job categories and opening pathways for more students to reach their educational goals while preparing them for the workforce is a key tenet of the university's strategic plan.

"Contributing to the success of our students and the prosperity of

e our stati impo at Ol e D P O Ha affor

our state is one of our most important responsibilities at the University of Oklahoma, and that is exactly what OU's new Degree Completion Program will do," said OU President Joseph Harroz Jr. "Offering this affordable and flexible degree pathway will be life-

changing for countless students, helping them realize their dream of becoming a college graduate. Broadening the doors of opportunity to earn an OU education will also significantly support Oklahoma's workforce needs, positioning our state, our graduates and all Oklahomans for a better future."

Harroz and Garn provide more information regarding OU's online learning programs on the "Conversations With the President" podcast: ou.edu/president/podcast.

Offered through OU's nationally ranked College of Professional and Continuing Studies, the degrees are fast paced, accelerated programs designed to accommodate working adults. All courses are eight weeks long and can be completed in as little as 12 months. Applications are currently being accepted for the fall 2023 semester. To learn more and apply, visit https://ou.edu/online.



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Norman Regional, Oceans to Build Behavioral Health Center

Norman Regional Health System and Oceans Healthcare have announced a new Behavioral Health Center at Porter Health Village in Norman, Oklahoma.

The expansion of behavioral health services in south central Oklahoma, with the new 48-bed hospital offering state-of-the-art facilities and more than doubling Norman Regional's inpatient capacity for adult and senior behavioral health patients.

The joint venture partnership between Norman Regional Health System and Oceans Healthcare will also introduce new services, including an intensive outpatient program and a dedicated geriatric behavioral health unit. The center will be located at the Norman Regional Porter campus 901 N. Porter Ave., at the southern end of the campus by Sonic.

"The selection of a partner who

shares our commitment to improving access to quality behavioral health services is an important milestone in the implementation of our Inspire Health plan to transform the delivery of care in our communities," said Richie Splitt, President and Chief Executive Officer of Norman Regional Health System. "Partnering with Oceans Healthcare will allow us to leverage their expertise in the delivery of behavioral healthcare and bring important new resources to meet growing demand for mental health support."

Mental health is increasingly in the national spotlight as rates of depression, anxiety and substance abuse have risen following the COVID-19 pandemic. According to the 2022 State of Mental Health in America report, Oklahoma ranks 43rd out of 50 states and the District of Columbia for the highest prevalence of mental illness in adults



and lowest rates of access to care.

Norman Regional Health System is a multi-campus system that provides for the health and wellness needs of regional communities throughout south central Oklahoma. The organization is operated by Norman Regional Hospital Authority, a public trust that serves public interests and functions as a political subdivision of the State of Oklahoma. Norman Regional is transforming healthcare in the communities it serves with the Inspire Health plan, which includes the Behavioral Health Center at Porter Health Village.

Oceans Healthcare founded in 2004 is a growing behavioral health provider focused on healing and longterm recovery. The company provides inpatient and outpatient treatment with a special focus on the unique physical and emotional needs of older adults in 36 locations, including 25 inpatient hospital campuses across the Southeast. Oceans Healthcare consistently achieves industry-leading performance metrics on national quality and safety measurements and was named to the Inc. 5000 list of fastest growing private companies in America for four consecutive years.

For more information about the Behavioral Health Center at Porter Health Village and Norman Regional Health System's Inspire Health plan visit our website. To learn more about Oceans Healthcare and their behavioral health services, visit https://www.normanregional.com/.

New Dialysis Unit Improves Continuity of Care

Hospitalized patients with End Stage Renal Disease (ESRD) at Mercy Hospital Oklahoma City now have access to a newly refurbished, stateof-the-art dialysis unit. This new unit will provide patients with Mercy's compassionate care and exceptional service for the duration of their hospital stay.

Dialysis patients need treatment multiple times a week to manage their disease. Illness, even something as common as the flu, can be especially dangerous for someone with advanced kidney failure, meaning these types of patients require frequent hospitalization.

Mercy Hospital Oklahoma City has provided inpatient dialysis services in the past through an outside organization; however, the recent renovation and transition to a full Mercy dialysis team will deliver greater continuity of care for these hospitalized patients. "Providing services like dialysis for hospitalized patients is an essential part of Mercy's mission," said Emily Eriksson, vice president of patient care at Mercy Hospital Oklahoma City. "With this new unit, our patient-centered care team can focus on delivering the cooperative and comprehensive care patients need."

ESRD is a condition where the kidneys gradually stop functioning. Kidneys filter the body's waste, and when they fail, dangerous levels of fluids, electrolytes and waste accumulate in the body. Dialysis filters the blood through advanced medical technology. Patients cannot go without this life-saving treatment, but it is time-consuming and can be complicated to manage when patients are working through additional illnesses or injury.

The new unit will have nursing coverage around the clock to support emergency needs and will house



state-of-the-art Tablo machines, which provide the newest dialysis technology. The unit will provide both acute hemodialysis and extended therapy dialysis to patients.

"Our team is looking forward to continuing to serve our community through this new and updated unit," said Jennifer Bramlett, director of nursing at Mercy Hospital Oklahoma City. "We know it can be stressful to be a hospitalized patient with ESRD, but we're confident this new unit will help alleviate some of our patients' worry so they can focus on recovering and staying well."

The Mercy Dialysis Department is only for hospitalized patients and cannot accommodate outpatient treatment. It is located on the third floor of Mercy Hospital Oklahoma City.

Putnam City Cancer Classic set for April 22

The 14th annual Putnam City Cancer Classic run/walk, which benefits cancer research at the Oklahoma Medical Research Foundation, is scheduled for April 22.

This year's event will be at Eldon Lyon Park (7400 NW 36th St.) in Bethany. The 5K run will begin at 9 a.m., with a 1-mile fun run/ walk at 9:10 a.m.

Registration is \$30 for the 5K and \$20 for the fun run. The first 500 to register will receive an event T-shirt. Those registered by April 7

can customize their shirt to honor a loved one who has experienced cancer. Same-day registration will be available with a check or cash the morning of the event, but a T-shirt is not guaranteed.

New for 2023, participants can donate gently used clothing, shoes or household items. Proceeds from the sales of the items will benefit OMRF.

Students, parents and teachers in the Putnam City district have raised nearly \$4 million for cancer research at OMRF since its Cancer Fund Drive began in 1975. In addition to purchasing lab equipment and supplies, the cancer drive also established the Putnam City Schools Distinguished Chair in Cancer Research at OMRF, held by scientist Linda Thompson, Ph.D.

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