# Recruiter Showcase Got a Special Nursing Job? LET US FEATURE IT! EMAIL NEWS@OKCNUBSINGTIMES COM-

EMAIL NEWS@OKCNURSINGTIMES.COM

February 20, 2023

Information for the Oklahoma Nursing & Health Care Professional

www.oknursingtimes.com

# It's tound at Bethany Childrens Health Center Jenny Simon, RN at Bethany Children's Health Center finds work rewarding.

Story and photo by James Coburn, Staff Writer

Children's smiles shine through their daily challenges, said Jenny Simon, RN, Bethany Children's working here. And that's really rewarding for us, Health Center.

Nurses have hope even when experiencing difficult situations. They try their best to help children achieve recovery from the point they are in life.

"So, we see that change especially when too," she said.

She was inspired by the children's resilience when beginning her career four years ago, after earning her Bachelor of Science in Nursing degree at Oklahoma City University Kramer School of

"It's just been amazing to see kids who have gone through such traumatic things and the miracle of where they are now," Simon said. "Just to see that change in them and being able to be side-by-side with them - even our kids that are in long-term care and

See SIMON Page 2

#### **SIMON**

#### **Continued from Page 1**

seeing their ups and lows, it's amazing to see God's work."

Children come to the center for various reasons. Children may have been injured in accidents. There might have been suicide attempts, she said, that led to their hospitalization. Children might have a brain injury while others were born with congenital defects. They may be up to 18 years of age or a little bit older. The older teenagers may be transferred to another area of care to continue the same type of care that is provided at Bethany Children's Health Center.

Nurses begin their days by getting the children ready to go to their physical therapy or occupational therapy. Nurses provide their medication and monitor them throughout the day. Children attend school and are interactive at the rehabilitation hospital. Therapists read books and play music for the children. "We all share the love of what we do. It's always seen in each one of us," she said. "Even though we're by ourselves or just working in a unit together we're always hand-in-hand helping each other walk together with these kids. I think that's what I really love about being here."

She enjoys seeing children progress to a state where they're walking and talking again or just being able to do a little bit more in life than conditions permitted when first coming to the rehab hospital.

"I think that is what's always with me. It always makes me happy," Simon said. "It's like, 'Wow this is amazing just to see that.""

When nursing graduates consider working at the rehabilitation hospital and ask what it's like, she tells them they will find pediatric care at Bethany Children's Health Center is different from regular pediatrics.

"It goes back to a difference that you see here in our kids," she said. "I think the biggest thing I always tell them is it's a different environment, but just how amazing it is when you go from thinking there's no hope, to there is hope. Seeing that is something you will see here."

There's a diligent process for the nurses and patients. So, a lot of compassion, love, care and patience are the main qualities needed for nurses serving the needs of the children and their parents, she said. Some of the children can speak while others have difficulty vocalizing. Body language tells a lot.

"For some of our long-term care — it's just watching their facial expressions. You can tell when something is off when you work with them," Simon said. "We also have kids with monitors they can talk through, so we teach them on their iPad that they can click on and tell you, 'Hey, I want to go play today,' or 'Can I have a toy?' They



have those kinds of devices that work for a wide range of things."

The children often leave appearing happy for accomplishing where they want to be in life, Simon said.

"I think some of the kids we've gotten close to, it's hard for them as well when they're going to miss their team," she explained. "And they express that, too. I think it's a mixed emotion for them, and for us because we saw their progress. But to know that we've worked with them for that long and they're gone — that progress makes you kind of happy and sad at

the same time."

Simon is also active in other aspects of daily life. She loves spending leadership time with people when worshiping at Metropolitan Bible Chapel.

"I lead a youth group, so it's mostly involved in that and family. And it's great to work here and see how much effort we put in it and see God involved in the children's progress, too," Simon said.

For more information about Bethany Children's Health Center, visit:

https://www.bethanychildrens.org/



## **INTEGRIS** Health Helps Special Teenager Realize Final Wish

caregivers at INTEGRIS Health Children's learned of a young patient's desire to make one last cake in her short lifetime - they jumped into action. The hospital's head chef and cafeteria staff assembled all of the ingredients necessary to make the requested coffee cake. They brought the materials to the patient's bedside helped the teen mix everything together. Once it was baked, they returned to the patient's room to allow her to enjoy her culinary creation.

It was a bittersweet gesture of unmeasurable kindness for a patient who touches the very heart and soul of all who meet

Noor "Nuny" Alhayadir was normally developing child

Let there be cake. When until the age of 15, when she woke up in the middle of the night experiencing numbness in her arm and neck. Quickly and unexplainably the numbness spread - until she was no longer able to move or even feel her arms and

> Now 17, Nuny is a quadriplegic with an uncertain prognosis. She has spent several stints in the hospital over the past two years, but it was feared that this current hospitalization could be her last.

> "With the help of God's miracle, Nuny's strength and a great team of intensive care and nephrology doctors, nurses and others who have made her feel so comfortable here, Nuny is doing better than anticipated a few days ago," says Nuny's mother. "This is not Nuny's last fight. She will have many



more obstacles and battles, but she wants to live everyday like it is her last."

Her condition has proven difficult to diagnose. While the end is imminent, Nuny remains undeterred. She continues to exude joy and light in the most difficult of circumstances.

"Her goal is to empower people," says INTEGRIS Children's Child Life Specialist Erica Liddell. "No matter what your diagnosis or what your limitations are, Nuny wants people to know that life is worth living and that you can do hard things."

Nuny's other wish, is to tell her story. She wants to be on television, have her own Netflix series and perhaps even write a book. Please help us make these dreams come true by sharing her story to anyone who will listen.



## Oklahoma's Locally Owned **Nursing Times**

## and Published Weekly

Editor/Owner/Publisher - Steven R. Eldridge

Writers: Darl Devault - Contributing Editor, Bobby Anderson, RN - Staff Writer and James Coburn - Staff Writer, Van Mitchell, Staff Writer Email submissions or requests for advertising info to:

news@oknursingtimes.com

For Advertising email: Advertising@okcnursingtimes.com or call 405-631-5100 ext 6

To request advertising rates, subscribe to our digital edition or get more

Phone: (405) 631-5100 Fax: (405) 631-5103 P.O. Box 239, Mustang, Ok 73064

#### Serving Nurses for more than 23 years! RECRUITING NURSES IS OUR SPECIALTY!

OKNT provides nurses a fresh weekly publication filled with news and features with resources for the Healthcare reader. Articles and advertisements in Oklahooma's Nursing Times do not necessarily reflect the opinions of the newspaper or Metro Publishing, L.L.C. it's Ownership, Management or employees. We do not assume responsibility for statements made by writers or advertisers. The acceptance of advertising by Oklahomas Nursing Times does not constitute and endorsement of products, services or information. We do not knowingly present any product or services which is fraudulent or misleading in nature. Opinions expressed in columns and letters to the editor are not necessarily the opinions of the newspaper or Metro Publishing, L.L.C. it's Management or employees. We reserve the right to refuse any advertisement. COPYRIGHT © 2022-2023 METRO PUBLISHING L.L.C. ALL RIGHTS RESERVED



## Become A Healer We Are Hiring

- INTERACTIVE AD

- Registered Nurse (RN) -4N MedSurg/Tele - PRN -Days - Short Term Staff Assignment - \$50/hr
- Registered Nurse Flex **Pool MC Tier I** - PT - Nights
- Sign On Bonus Up To \$10,000 - Registered Nurse (RN) I - Night shift (7p-7a) -**Emergency Department Porter Campus**

CLICK ON THE POSITION TO APPLY

Join our team. See all our opportunities at careers.normanregional.com **6000** 



# Nurse practitioners face uphill battle to protect licenses

By: Jennifer Flynn, CPHRM, Vice President of Risk Management, Nurses Service Organization (NSO)

Nurse practitioners (NPs) are integral to patient care. Most NPs understand their legal risks if, for example, they improperly prescribe medication or perform a procedure and a patient sustains an injury. However, they may be surprised to learn that they also can be held accountable by a State Board of Nursing (SBON) for responsibilities and professional services that are clinical or nonclinical in nature – such as substance abuse, unprofessional conduct or billing fraud. The findings by the SBON from these allegations can affect their licensure status and ability to practice.

Nurses Service Organization (NSO) together with insurance carrier partner CNA, have published the industry resource, Nurse Practitioner Professional Liability Exposure Claim Report

 $https://bit.ly/3B8fCdL\colon \ 5th \ Edition.$ 

Part 2 of the report analyzed 250 paid license protection matters against NPs, student NPs, and NPs covered through a CNA-insured healthcare business over a five-year period (2017-2021). Disciplinary matters amounts in the NSO program represent the cost of providing legal representation to an NP in defending such actions, rather than indemnity or settlement payments to a plaintiff. Here are the key takeaways related to license protection.

#### Analysis of NP License Protection Paid Claims

A SBON serves to protect the public and promote the progress of the profession. SBON investigations are serious matters and require a significant investment of an NP's time and effort until they are resolved. Legal representation in these matters is highly recommended.

The cost to defend license

matters is increasing. The average cost of defending complaints made against NPs to a SBON is \$7,155, a 19.5% increase compared to the 2017 report and a 61.1% increase compared to the 2012 report.

Key findings in the 2022 dataset related to NP SBON complaints are:

Professional conduct, medication prescribing, and scope of practice complaints accounted for more than half of all license protection closed matters (58.4%).

License board complaints related to the professional conduct category specifically were driven in large part by matters categorized as professional misconduct as defined by the state, such as unprofessional conduct with patients or coworkers, termination from employment due to unspecified performance issues, and professional boundary issues with patients.

Approximately 43% of SBON

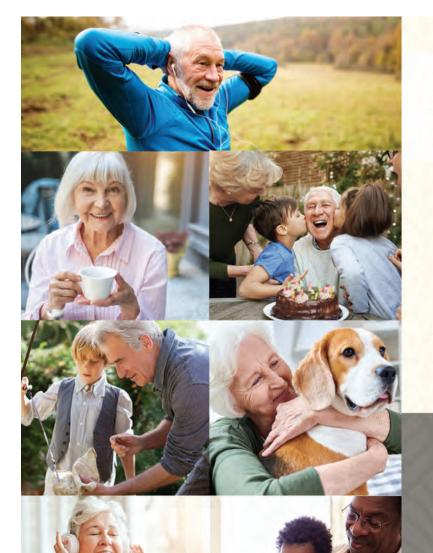
matters led to some type of action against an NP's license. Common SBON actions included probation (12%), public reprimand (11.2%), consent order or stipulation (6.4%), and a fine (3.6%). The more severe SBON decisions – such as surrender of license (2%), revocation (2.4%), and suspension (2.8%) – are less common, but can effectively end an NP's career.

#### Risk Control Recommendations

Listed are some proactive concepts and behaviors to include in your customary nursing practice, as well as steps to take if you believe you may be involved in a SBON matter related to your practice of nursing:

• Practice within the requirements of your state nurse practice act, in compliance with organizational policies and procedures, and within the national standard of care.

See NPs Page 5



#### LIVING IS NOT ONE-SIZE FITS ALL. SO, HOW CAN ASSISTED LIVING AND MEMORY CARE BE?

We serve the individual's need for purpose, independence and dignity. Our loving, expert staff improves life with innovative, individual programs and therapies. You really must see Legend® at Rivendell for yourself.

Call now and join us for lunch and a tour. Discover the Legend Senior Living® difference today.

Call to learn more: (405) 703-2300





### NPS Continued from Page 4

- Document your patient care assessments, observations, communications and actions in an objective, timely, accurate, complete, and appropriate manner. If additional information related to the patient's care emerges after you become aware that a SBON action is pending, discuss the need for additional documentation with your manager, the organization's risk manager and your legal counsel.
- Maintain files that may be helpful with respect to your character. Retain copies of letters of recommendation, performance evaluations, thank you letters from patients, awards, records of volunteer work and continuing education certificates.
- Immediately contact your professional liability insurer if you become aware of a filed or potential professional liability matter against you, receive a subpoena to testify in a deposition or trial, and/or if you have any reason to believe that there may be a potential impingement on your license to practice.

- Refrain from discussing the matter with anyone other than your defense attorney or the professionals managing your matter.
- Promptly return calls from your defense attorney and other professionals involved in the matter. Contact your attorney or designated professional before responding to calls, e-mail messages or requests for documents from any other party.
- Never testify in a deposition without first consulting your insurer or legal counsel.

#### In Summary

When a complaint is asserted against an NP to a SBON, NPs must be equipped with the resources to adequately defend themselves. Being unprepared may represent the difference between an NP retaining or losing their license. An NP's license is their livelihood, so protecting it is paramount.

To download the complete report, please visit: https://bit.ly/3B8fCdL.

This article is provided for general informational purposes only and is not providing individual guidance. Readers shall be responsible for how they use the information and resources referenced in this article.

## Tutoring Services Nursing Students/Registered Nurses

VIDEO TUTORING SERVICES

- Prep for specialty certifications (CCRN, PCCN, etc.)
- NCLEX prep
- Prep for lecture exams
- Help with care plans

For more information contact Hope Schreur, RN, BSN at:

918-706-9574 or email hope.schreur@gmail.com

Hello! I am a RN in Oklahoma who is offering tutoring services to nursing students needing exam/NCLEX prep, and RNs taking specialty certifications such as the CCRN, PCCN, CMC, CSC, etc. I have nearly 6 years nursing experience in cardiac ICU and electrophysiology, and I have personally received the CCRN, CMC, CSC certifications. I look forward to helping others achieve their personal goals.



## Got a Special Nursing Job? LET US FEATURE IT!

Your Job will appear in our DIGITAL DESKTOP EDITION EVERY WEEK, OUR JOB BOARD AND OUR FACEBOOK PAGE

For more details on Specialized jobs appearing in this issue visit our **Job Board** at www.oknursingtimes.com/jobs

To get your Special Nursing job posted call **405-631-5100** ext 6 or email

advertising@okcnursingtimes.com

We do what no other recruitment vehicle does - LET US

ASSIGN A WRITER TO FEATURE YOUR FACILITY AT NO
CHARGE AND FIND THAT PASSIVE NURSE RECRUIT!





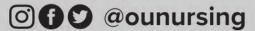
#### WHY OU?

- Nationally ranked as one of the Best Graduate Nursing Programs by U.S. News and World Report for 2022
- Advanced Practice Registered Nurse Certifications and NCLEX pass rates exceed state and national averages
- Over \$500,000 in scholarships provided annually
- PhD scholarship opportunities up to \$150,000

- Clinical practice and research mentoring across bachelor's, master's and doctoral programs
- Post-graduate certificate programs geared to working professionals
- Expanded clinical simulation experiences with state-of-the-art lab – anticipated opening fall 2022
- Student Success Center launching in fall 2022
- And many more exciting opportunities in 2022

Learn more about our programs and apply now!







Oklahoma City • Tulsa • Lawton • Duncan • Norman



FRAN AND EARL ZIEGLER
COLLEGE OF NURSING
The UNIVERSITY of OKLAHOMA HEALTH SCIENCES CENTER

(AS PUBLISHED IN THE 2022 EDUCATION GUIDE TO NURSING)

## OU helps nurses take next step

When Hannah Rames, RN, decided to go back to school for her BSN she knew it would require some sacrifices.

But going back to school through the Fran and Earl Ziegler University of Oklahoma Health Sciences Center College of Nursing's RN to BSN track, she had no idea how flexible it was going to be.

"I think we really just work to try to meet the students where they are," said Dr. Lori McElroy, DNP, RN, CNE, and RN to BSN track coordinator. "We know these are working students, often a little older than the traditional student who sometimes have families, children, elderly parents - just all kinds of life circumstances they are working through. "We realize that in the beginning and I think our focus is to be as student-centric and self-directed as possible."

Rames earned her associate's degree from Oklahoma City Community College in the winter of 2015. She began working as a labor and delivery nurse at OU Health Children's Hospital in March of the following year.

She spent three years there before moving to the Prenatal Diagnostic Center for another three years. "I grew up in Norman and started my college career at OU and really wanted to finish with my BSN from OU," said Rames, who now works in the nursery at Lakeside. "I chose this program because there was a part-time track and it was all online, which made it much easier to continue working full-time while also taking care of my son." Tuition assistance while working for OU was also a big draw that helped her complete her next degree.

One-hundred percent online course offerings helped Rames fit everything into her schedule. And



OU helps students advance their careers.

another big draw was the ability to complete practicum hours at her own job site.

"It helps them feel very comfortable in an atmosphere they know and they can find someone in their leadership like their charge nurse or someone in administration to actually supervise their clinical experience," McElroy said.

The program can be completed within a year, or longer if a student needs more time. "We don't require any brick and mortar, face-to-face type of interactions but we really try to communicate frequently with these students and offer encouragement and support along the way because we do realize this second degree is sometimes difficult and challenging even though it is a flexible pace. More and more,

McElroy said she's finding nurses coming back to advance their degree as a way of opening up more opportunities both at the bedside and away from it.

"This is just a stepping stone that often these students once they get back into the academic setting they do take their BSN further and get an advanced degree, either a nurse practitioner or even their Ph.D.," McElroy said.

OU's nursing programs have earned high honors in nationwide rankings. In its 2022 rankings, U.S. News & World Report placed OU No. 29 in its list of best online master's in nursing programs, and No. 58 for best bachelor of science in nursing programs.

ven though it is OU's RN to BSN online program More and more, is ranked No. 2 in the nation by

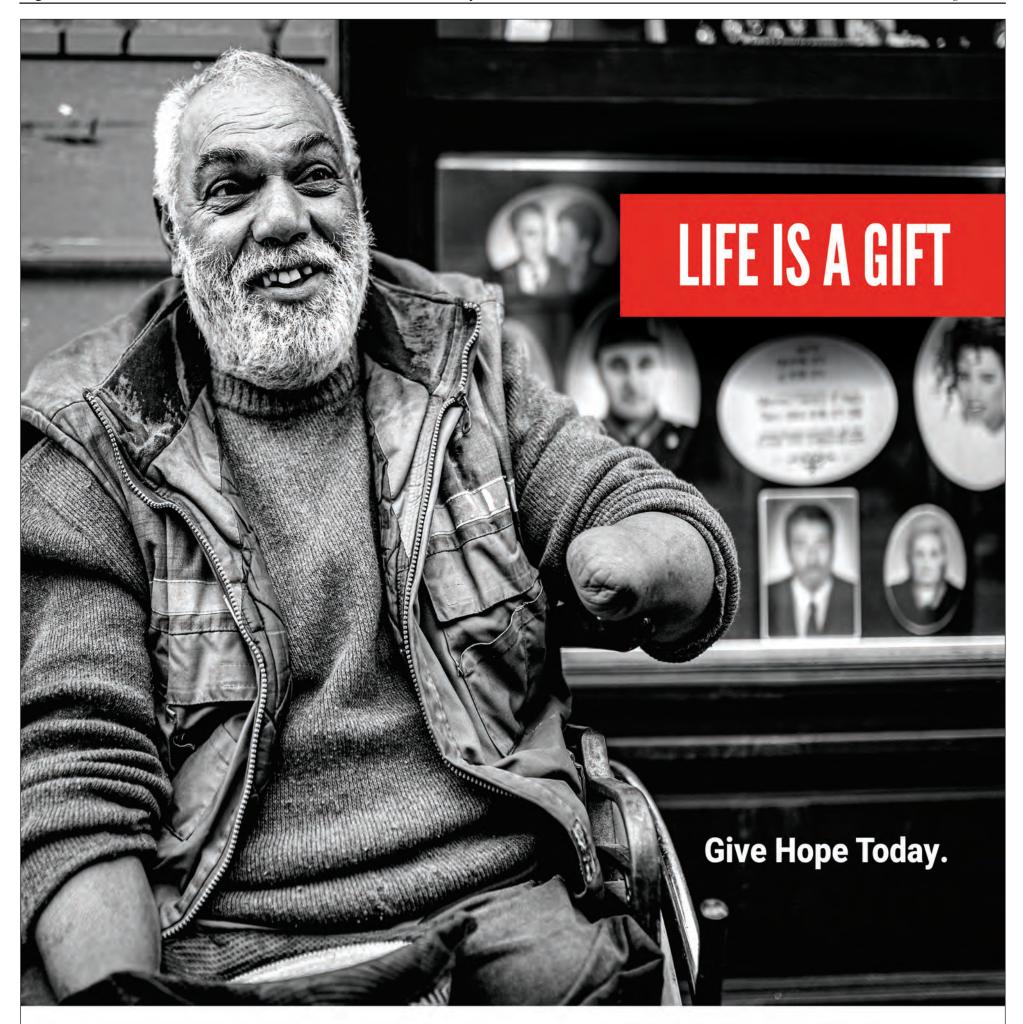
OU's nursing programs have earned high honors in nationwide rankings. In its 2022 rankings, U.S. News & World Report placed OU No. 29 in its list of best online master's in nursing programs, and No. 58 for best bachelor of science in nursing programs.

#### https://nurse.org/.

A nurse for more than 30 years, McElroy said each time she advanced her degree it opened up more possibilities she never thought possible.

"I don't feel like I realized the opportunity at the time and I think the students now have a much more realistic perspective of healthcare, of technology, of informatics and I think nursing programs have had to shift to keep up with the healthcare community," she said. "The opportunities are just endless now." Rames has realized it too as she moves closer to her BSN. "I have appreciated that all of my professors have been very flexible and made themselves accessible throughout the semester," she said. "After I finish this program I'm going to continue my career as a bedside nurse and focus on my family. When my child is older I might consider getting my Master's or Doctorate."

For more information on the Fran and Earl Ziegler University of Oklahoma Health Sciences Center College of Nursing's RN to BSN program visit: https://nursing.ouhsc.edu/



No act of kindness is too small. Through your gift to United Way, you have the opportunity to ensure that our neighbors around us have happier, healthier lives. **Please contribute to our 2022 Give Campaign**, and provide help and hope to thousands of children, adults and families in need in our community.



UnitedWayOKC.org

Oklahoma's Nursing Times February 20, 2023 Page 9

## Streeth of life region bear with loop of Children's Hospide wi

Name a good movie you have seen.



Brookwood
Skilled Nursing
& Therapy

"My favorite move is The Devil Wears Prada. I like the fashion and designing."



Pierce Sanchez, CNA

"My favorite one I've seen is Fried Green Tomatoes. It was meaningful and I just like watching movies like that."



Preston Omera, CMA

"My favorite movie is Meet the Robinsons. I just love the message it sends."



Veronica Carr, CNA



## TAKE YOUR NURSING CAREER TO THE NEXT LEVEL!

Find out how Kramer School of Nursing can prepare you for each step of your nursing career.

- RN-BSN
- BSN
- DOI
- · MSN

UNDERGRAD 405-208-5000 admissions@okcu.ed

• DNP

GRAD 405-208-5094 gadmissions@okcu.edu

• PhD



Kramer School of Nursing

okcu.edu/nursing

WE'VE REACHED

## 12,800

# THANK I TOUR SUPPORT!

And, thanks for subscribing!

https://www.facebook.com/oklahomas.nursingtimes

Oklahoma's Nursing Times

## OKNT CROSSWORD: Aging population

#### **Across**

- 2. people born between 1946-1964
- 4. over the counter and or prescription pills
- 6. The same amount of money coming in every month
- 8. federal health for people 65 and older
- 12. feeling of hopelessness
- 13. self-worth
- 14. group of people living together/society

#### Down

- 1. alternative place to call home
- 3. wearing away of the cartilage layers of joints
- 5. persistent illness that last over a long period of time
- 7. people born between 1960-5
- 9. leaving or giving up work
- 10. the ability to move around
- 11. feeling of isolation

**ANSWERS ON PAGE 13** 



## Start the Conversation with Your Patients

The Oklahoma Tobacco Helpline offers FREE services to quit tobacco. Encourage your patients to call 1-800-QUIT NOW or visit OKhelpline.com.



A Frogram of 13E1

### Got a Special Nursing Job?

Your Job will appear in our DIGITAL DESKTOP EDITION EVERY WEEK, OUR JOB BOARD AND OUR FACEBOOK PAGE

#### LET US FEATURE IT!

To get your Special Nursing job posted call 405-631-5100 ext 6 or email advertising@okcnursingtimes.com



### OKC ZOO OFFERS FREE GENERAL ADMISSION FOR HEALTHCARE WORKERS AND EMERGENCY RESPONDERS IN FEBRUARY AND MARCH

OKC Zoo is proud to honor all healthcare professionals and emergency responders with free general Zoo admission for themselves, discounted admission for up to four guests throughout February and March.

This February and March, the Oklahoma City Zoo and Botanical Garden is offering free general admission to all healthcare workers and emergency responders in recognition of Healthcare Workers Emergency Responders Appreciation Months. We are grateful to these dedicated professionals who are committed to keeping us healthy and safe and, to show our appreciation, the Zoo is honoring these everyday heroes with free general admission now through March 31, 2023.

The OKC Zoo is also providing 50% off of general admission for up to four immediate family members of qualifying individuals on date of visit. Healthcare workers and emergency responders must present a valid work ID or badge at the Zoo's ticket window upon arrival to receive complimentary admission for themselves and up four

accompanying guests. Advance reservations are not required. This offer cannot be combined with any other discount on general admission and is valid through Friday, March 31, 2023.

Healthcare workers and emergency responders will enjoy additional discounts while at the Zoo when they show proof of a valid work ID or badge including 10% off concessions at the Zoo's restaurants and cafйs and 10% off all non-sale merchandise at the Zoo's Safari Gift Shop.

OKC Zoo thanks all healthcare workers and emergency responders for their commitment to caring for others. The Oklahoma City Zoo is in its winter hours and open Thursday through Monday from 9 a.m. to 5 p.m. daily with the last entry no later than 4 p.m., and closed to the public on Tuesdays and Wednesdays through Wednesday, February 8. Purchase

advance tickets for general admission at www.okczoo.org/ tickets. Located at the crossroads of I-44 and I-35, the OKC Zoo is a proud member of the Association of Zoos and Aquariums, the American Alliance Museums, Oklahoma City's Adventure District

and an Adventure Road partner. Support your love and passion for wildlife and wild places with a ZOOfriends Membership Passport to the OKC Zoo. There's a membership level for every kind of explorer with amazing benefits plus, you are supporting the OKC Zoo, its animals, programs and conservation efforts. Memberships can be purchased at okczoo.org/ membership.



Stay connected with the Zoo on Facebook, Twitter, Instagram, Linktree and TikTok, and by visiting our blog stories. To learn more about Zoo happenings, call (405) 424-3344 or visit

https://www.okczoo.org/.









JOINANA.ORG



## Mercy Opens Outpatient Infusion Center for Patients with Inflammatory Bowel Diseases

New service for patients with Crohn's Disease and Ulcerative Colitis

A new outpatient infusion treatment center for people with inflammatory bowel diseases (IBD) has opened at Mercy Hospital Oklahoma City. The center is part of Mercy's efforts to expand gastroenterology services in the metro area.

Dr. Hussein gastroenterologist who specializes in the treatment of inflammatory bowel diseases, joined Mercy last year with the opening of the Mercy Gastroenterology and IBD Center, the only dedicated IBD center in the

"There's a lot of excitement in this field with new treatments regularly coming on the market, and many are delivered intravenously," said Dr. Bitar. "Having a dedicated infusion center for patients just down the hall from where they get lab work, imaging and visit our team in the clinic is a unique care model that makes the experience for patients much easier and streamlined. We're proud to be the only center in the state with this service."

Patients with moderate to severe Crohn's disease and Ulcerative Colitis struggle with painful symptoms



Dr. Hussein Bitar and team at Mercy IBD Center.

diarrhea, anemia, weight loss and fatigue. Many of these symptoms cause patients to experience severe dehydration. In addition to having patients in various stages of their access to the latest biologic infusion

like abdominal pain, bloating, treatments, they'll be able to get IV fluids and iron infusions as needed in the new center.

> "We see a lot of really complex disease process, and many come to

us for second or third opinions," said Dr. Bitar. "Our long-term goal is to create a medical home where they can receive all their care in one location, and this infusion center is another step in that direction."

Turning 65 this year? - Retiring with or without a healthcare plan in place? A Veteran with VA care or Tricare for Life? Are eligible for Medicare and Medicaid? Have questions about your Medicare plan? Please call us for the information you need to know. There's no charge, no pressure, just help.

### YOUR TRUSTED MEDICARE RESOURCE

INCREASE BENEFITS . REDUCE COSTS . NO COST CONSULTATION



Christina Sibley, EMT/RMA Medicare Specialist 405-655-6098 csibleyinsures@gmail.com BS Health Studies-Gerontology

Steven Sibley, RET/DAV Life, Health, LTC, & Disability 405-850-1569 ssibleyinsures@gmail.com MBA - Healthcare Administration



Steven and Christina Sibley are licensed, independent Insurance Brokers. Their focus is finding the best products to insure their client's Life, Health, Long Term Care and Medicare insurance needs are fully and affordably met, both now and in retirement. With her 20 years of healthcare experience and his 20 years of financial services experience, they are ready to offer you the information and personalized service you expect and deserve. There's never any pressure, or any charge, just help.



sibleyinsures.com



We offer Healthcare in Retirement Planning

Disabled Veteran | Native American | Woman owned company

SERVING OK, KS, TX, AZ, & NM

Required disclaimer: We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.

## **AUTUMN HOUSE**

Affordable Retirement Living!



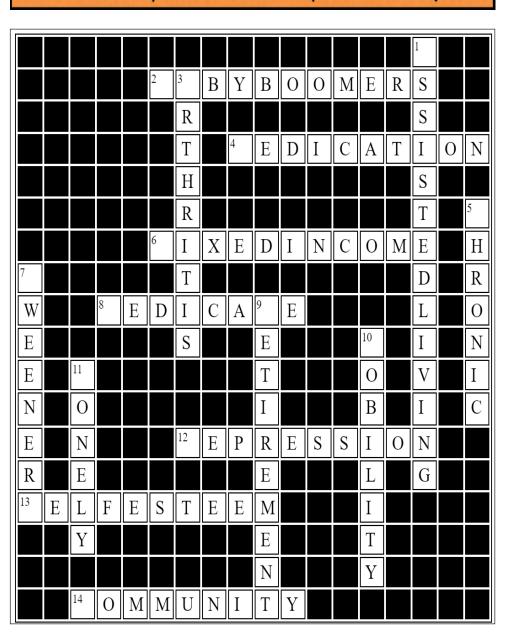
Excellent Reputation
Spacious Apartments with Full Kitchens
Convenient to Shopping, Restaurants, Banks, etc
Many Activities



仚



405.732.0644 | 500 Adair Blvd. | Midwest City, OK





Retire in style. Whether it's fine dining,
endless events or personalized care
you're seeking, our senior living community
has you covered. Discover how
luxury senior living allows you to thrive.

This is HarborChase. Come celebrate with us.



SOUTH OKLAHOMA CITY (405) 378-9768

Experience Senior Living at HarborChase



## STORM SEASON IS OVER -

**GET YOUR HOME INSPECTED TODAY AT NO COST** 



**Roofing & Construction** 

"Senior Advocates for Over 30 Years"

nonesty people harespect

A Roofer You Can Trust!

CALL 405-923-5127





American Red Cross Disaster Relief Team













belief

GENERAL CONTRACTOR FULLY INSURED

OKC LIC. #13705 CIB. LIC. #0242

## \$500 REBATE

(VISA Gift Card)

with 1 complete reroof of 26 sqs.

## \$1000 REBATE

(VISA Gift Card)

with 1 complete reroof over 26 sgs