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December 6, 2022

Information for the Oklahoma Nursing & Health Care Professional

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Vol. 23 Issue 50 Family values to Callaway

Familiar smiles are everywhere at Callaway Nursing Home. Photo provided

by Bobby Anderson, RN, Staff Writer

Samantha Jewell is the director of operations for it's a comfort that it's not a big corporation. That's 4SManagement.

It's been her official title at Callaway Nursing Home in Sulphur for some time now.

behind Callaway was always her late father, Sam Jewell.

"Dad was just really easy to work for. He just wanted the job done. He didn't micromanage and he valued the resident and kept them No. 1 in his book," Samantha said of father, who passed earlier this year. "When they took the building, (mom) was pregnant with me. They valued their people. People in small towns want to stay family-owned members for both nights and weekends. "Our

what I'm doing as their only child to continue (the tradition)."

Closing in our four decades now, the Jewell But for more than 30 years, the driving influence family has poured into not only the residents of the 86-bed facility specializing in residential care, but the staff as well.

Jewell sees a multitude of familiar faces several have been at Callaway for more than a decade - when she enters the building.

"We are really blessed with a lot of anchor team members," Jewell said, noting a current need for nursing as well as CNA and CMA team

staff is excellent. Our nursing assistants are so good with our residents. I appreciate that and it takes special people. It's our nurses, our dietary staff our housekeepers - they all work together to put the resident first."

Resident council meetings drive decisions inside Callaway, with feedback coming in all forms.

"We truly put value into what they say," Jewell said.

From there, Jewell's staff puts the wheels into

"I have to lean on my directors of nursing here," said Jewell, who also perates another home

See CALLAWAY Page 3



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OCU physical therapy program gains accreditation





Oklahoma City University's Doctor of Physical Therapy program recently received accreditation from the Commission on Accreditation in Physical Therapy Education (CAPTE).

The accreditation process has been a work in progress since 2017, when OCU hired Dr. Maria Jones as the founding program director. The program was granted candidacy status from CAPTE in 2019, allowing matriculation of its first cohort of students into the program the following year. The inaugural cohort is set to graduate Dec. 16.

"Achieving accreditation is a culmination of the hard work and resiliency demonstrated by our dedicated faculty, staff and students," Jones said. "It also recognizes the quality of our program. I feel fortunate to work alongside a great team who accepted all challenges as we matriculated our inaugural cohort of students in June 2020 during the pandemic. Seeing them graduate and enter the workforce will be the icing on the cake. I am confident in their preparedness and know they are ready to work with patients to deliver quality physical therapy services in a variety of health care settings."

CAPTE is the only agency recognized by the U.S. Department of Education and the Council for Higher Education Accreditation to accredit entry-level physical therapist and physical therapist assistant education programs. It has been recognized as an independent agency since 1977 and has been the only recognized agency to accredit physical therapy programs since 1983.

OCU's eight-semester professional curriculum combines full-time didactic and clinical education coursework. The clinical portion of the curriculum includes service learning, integrated clinical experiences and full-time clinical experiences.

Physical therapy is one of the most in-demand occupations in the country. According to the U.S. Bureau of Labor Statistics, the trade has a much faster than average projected job outlook with an expected growth rate of 21% through 2030.

For more information visit:

https://www.okcu.edu/doctor-physical-therapy/home

CALLAWAY Continued from Page 1

in Seminole. "Both of our directors are really down to earth, just good people who have good management over their department. They set the standard. They talk to their people. And that means a lot."

Just a few weeks ago, Jewell noticed how hard Callaway's director of nursing worked to promote spirit week throughout the residence. As a reward, the staff secretly decorated and repainted her office as a special thank-you.

It all unfolded in from of Jewell, without her direction or prodding. Just a pure and simple outpouring of appreciation from coworker to coworker.

Jewell pauses when asked about how she sees her role in all of this.

It's obvious she's passionate about not only her residents but her staff.

She struggles to put into words how deeply invested everyone is in one another.

"It's just what I was taught. You just take care of people," Jewell said, fighting back tears. "Dad used to send people to school and I still send people to school. It's not just the residents, you take care of staff. The decisions we make put food on peoples' tables

and that's very important to us and to

Jewell has had the distinct pleasure of watching staff grow in their careers.

A new employee enters and begins to blossom, wanting to further their skills.

Her facility has nurse buddies that train staff members onsite to gain their certified nursing aide certificate.

"I just wrote a check today for a lady to take her CNA test," Jewell said. "We work with Workforce (Oklahoma)-an excellent resource for us - they help us with CNAs and certified medications assistants."

She recalls a recent conversation with an assistant director of nursing who approached her about a staff member who asked if Jewell would consider paying for her to attend LPN school.

"You know what, if she works that hard and works her way up, my dad would be so mad if I didn't do that for her," she said. "Those are the best checks to write. I love it. I don't really bat much of an eye. They're there doing the work, caring for our residents. Why would I not take care of them?"

In that way, the Jewell family will continue to grow inside the halls of Callaway.

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CAREERS IN NURSING: SERVING OTHERS - DON SETS EXAMPLE OF FAMILY SPIRIT

by James Coburn - staff writer

Erika Porter's career in health care has evolved from certified nurse aide and a certified medicine aide to licensed practical nurse and now a registered nurse during her 16 years at Bridges Health (formerly Grace Living Center Edmond). Porter serves as director of nursing at The Timbers Skilled Nursing & Therapy, a component of Bridges Health that is located in Edmond. She became an RN after graduating from OSU/OKC.

Bridges Health at The Timbers Skilled Nursing & Therapy offers benefits to exemplary staff members who are committed to continue their education. It is what helped Porter to go to school to become an RN.

"That's another reason that kept me at Bridges as well," she said.

The nursing staff is absolutely committed to making a difference when they walk through the doors every day. They receive fulfillment from caring for the elders.

Her loyalty to The Timbers derives from her love of the residents and the family-like environment instilled by the nursing staff. Some of the residents continue to have family coming to see them at The Timbers, and it helps the residents to have a second family to rely on for their needs.

The core staff at the Timbers has a lot of longevity, she said. They learn a lot from the residents.

Every day is a learning experience, even though she has been a nurse for a long time. She said there are always opportunities for her to learn something new. Her work allows her to know the residents on a more personal level than some fields of nursing. Some patients are there for therapy after recovering from a hospital stay. The nursing team helps make their transition of returning home easier. Family communication is a vital

Her loyalty to The Timbers part of their jobs whether in rehabives from her love of the or long-term care.

Families feel confident when noticing the team spirit among the nursing staff. Working together brings progress.

A variety of patient needs are met from strokes to post-operative care. The nursing staff will do something to brighten a patient's day when hours become difficult.

One of the biggest compliments she can receive are all of the expressions of thankfulness given by former patients. And the nursing staff gets to reflect on the benefits of compassion and skills they have provided to the elders.

It was Porter's passion for serving others that inspired her nursing career. She wants to give back to an older generation who has done a lot for her life as well as the community, she said. Porter's grandmother was a licensed practical nurse who set a good example. Porter noticed her

grandmother's work ethic when she would accompany her to work at times.

"What pushes me is being able to take care of people who at this point of their life are unable to do for themselves," Porter said. "Just knowing and giving that type of care that one day we'll all and one day I may need. That's my motivation."

Her days are brightened each time she sees a resident smile. Some of the elders may not have a close-knit family to comfort them in life, Porter said. So, The Timbers' staff resonates with a caring spirit.

"What I admire about my team here is their work ethic — their motivation," Porter said. "They're pushing through, even when they may not feel like it. But they continue just because of their passion and the love they have for

See PORTER Page 5



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Erika Porter, RN, stresses the need for compassion as the director of nurses at The Timbers Skilled Nursing & Therapy, located in Edmond.

PORTER Continued from Page 4

our people."

Having been a CNA, Porter is empathetic about the hard work and energy they spend night and day for the health and safety of residents. The Timbers' CNAs are strong people who are driven to provide above and beyond the needs of the patients making The Timbers their home, Porter said.

"I worked myself up the ladder starting as a CNA," she said. "I know the hard work they put into it because I've been there," she said.

Always go with your heart if for the residents choosing a nursing career, Porter up on Christmanid. Being passionate about a open their gifts.

nursing career you have, makes nursing a calling that transcends a mere job, she said.

Porter likes to settle in. She described herself as being a homebody who likes to spend time with her family which includes a daughter. The holiday season will be a special time at her home as well as The Timbers.

"Most of my time I was a floor nurse, so I spent most of my time up here with the residents," she said. "When I got off, that was the time I spent with my family."

The Timbers always serves delicious Thanksgiving and Christmas holiday meals. There is Christmas music and hot chocolates for the residents. Residents wake up on Christmas morning and open their gifts.



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HEALTH

(AS PUBLISHED IN THE 2022 EDUCATION GUIDE TO NURSING)

OK Wesleyan molding healthcare leaders



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Healthcare is changing and nurses field may also enter this pathway. are at the forefront.

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Rosa Ketchum, DNP, RN is an associate professor and director of the school of nursing's new DNP program.

"One thing that is exciting is just the role of the DNP," Ketchum said. "It's becoming more evident in view of the pandemic that nurses have a very important voice in health care and they are a huge piece of the puzzle and their experience and value and perspective on health care is needed to help address practice and policy development."

Designed for working adults, this program offers two doctoral learning pathways: a Post Master's DNP and the BSN to DNP.

The Post Master's Pathway enables Advanced Practice Nurses, Nurse Informaticists, Nurse Educators, Nurse Administrators, and other master's prepared specialty nurses to obtain a DNP in Executive Leadership. Additionally, BSN-prepared nurses with a master's degree in a related

Similarly, the BSN to DNP Pathway allows bachelor's prepared nurses to earn their doctorate of nursing practice.

Within this pathway, students choose a focus in either Nursing Administration or Nursing Education. OKWU has designed this curriculum for experienced nurses seeking terminal degrees in practice-focused areas. Moreover, OKWU prepares nurses to function as an advocate and leader, improving healthcare and patient outcomes through innovation and involvement in practice and policy.

Most importantly, both pathways provide graduates with advanced practice skills to serve as providers and organizers of the healthcare delivery process, or as faculty members in a nursing education program.

Translating that bedside knowledge and pairing it with evidence-based practice is the focus of the DNP program.

Ketchum completed her DNP in

"I wanted a degree that focused on patient outcomes. That's where my nursing heart is, helping the





patient whether it's one patient or a population, I wanted to impact patient outcomes," Ketchum said.

"That is part of the focus of the DNP and I wanted a piece of that. I wanted to be better able to do that whether it be through teaching students or through direct patient

OKWU's Doctor of Nursing Practice in Executive Leadership program is designed to equip nurses to serve at the highest level of nursing practice. The DNP program develops nurse leaders who improve patient outcomes and health systems by translating research into practice, all from a Christian worldview.

Enrollment for the program began last fall. A new group of students begins each semester, three times a year.

The initial 15 students came from a variety of backgrounds. While most programs only accept advanced practice nurses, Oklahoma Wesleyan accepts any kind of master's prepared

"Their ideas and perspectives may be a little broader because we have nurses that are coming from an administration background, or education background or advanced practice background so we're getting to see them all together," she said. "The perspective is broader than some programs but they all want to impact health care and they all want to make our health care system a little bit

Delivery of the program is 100-percent online with no required visits to campus. Classes are delivered one at a time, eight weeks in length.

"Our program is designed for the working adult and that's better facilitated because they are only taking one class at a time. For eight weeks they can focus on one class at a time and I think that helps them be able to balance life, work, family, school better than if they were in a more traditional semester setting," Ketchum

The BSN to DNP program is 54 credit hours with anticipation of three years to graduate. The postmaster's DNP is 36 hours allowing for completion in roughly two years.

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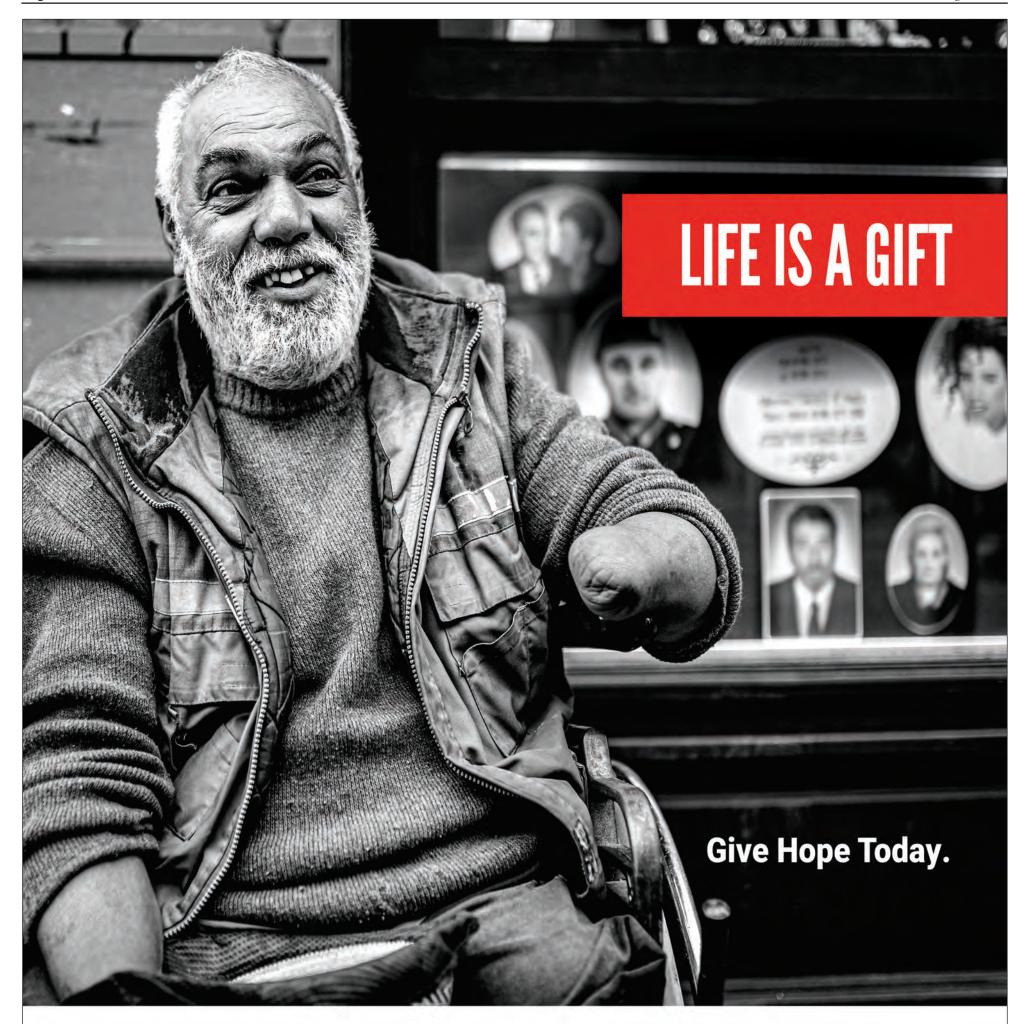


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Oklahoma's Nursing Times December 6, 2022

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Jason Price, RN, nurse practitioner

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Brittnee Mulford, procedural RN

"I'm a morning person. I like to get up before my little kids get up in the morning, get some alone time before I start thinking about work."



Devin Hindes, clinical RN



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ANSWERS ON PAGE 13

Across

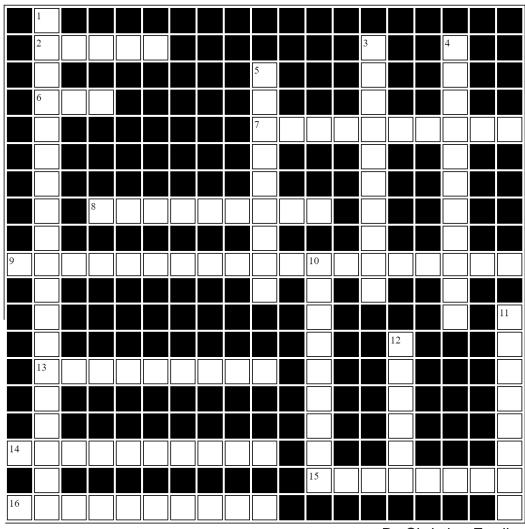
- 2. caused by increased vascular permeability
- 6. tests amount of air that is blown out as quickly as possible
- 7. breathing test
- 8. oxygen saturation below 95%
- 9. increased smooth muscle contraction
- 13. sympathomimetic bronchodilator
- 14. obstructs and narrows airway
- 15. triggers mast cell activation
- 16. increased work of breathing

Down

- 1. untreated status asthmaticus
- 3. results from rapid breathing rate and increased blow off carbon

dioxide

- 4. incomplete emptying of air from the lungs during expiration
- 5. substance released in response to mast cell activation
- 10. rapid respiratory rate
- 11. anticholinergic agent
- 12. whistling sound heard during lung auscultation



By Christina Fowlks

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LEGEND SENIOR LIVING TO MANAGE LIONWOOD INDEPENDENT LIVING

Legend Senior Living announced today that it will betaking over management of Lionwood Independent Merrill Gardens, of Seattle, WA was the prior management company. With headquarters in Wichita, KS, LegendSenior Living owns and operates 43 senior living residences in six states. Lionwood, at 12525 N.Pennsylvania Ave., will be Legend's ninth community in Oklahoma and its fourth exclusivelyIndependent Living residence."The Legend mission to serve seniors makes Lionwood a great addition to our Oklahoma family,"said Matt Buchanan, Legend's Executive Vice President, in making the announcement. "We willbring to Lionwood the Legend concept of Vibrant Independent Living and Life Enrichment, emphasizing an active, social lifestyle and holistic wellness."As with other Legend residences, Lionwood Independent Living will remain a pets-welcomeresidence and retain a comprehensive list of amenities and services: 24-hour staff, chef-preparedmeals, an Emergency

Response System, included home maintenance, weekly housekeeping, on-site religious services, commons Living on December 1, 2022. areas and lounges, transportation, game rooms, a beauty salon, and a library."Whether an existing building or new construction, we look for locations that are near hospitals, restaurants, shopping, and other attractions important to an active lifestyle," said Buchanan."The Lionwood community is a good fit because of its convenient location, long-standingreputation, great staff, and attractive updates to the property. We look forward to welcomingLionwood residents and associates to the Legend family." Legend Senior Living® is a privately held senior housing and services company based in Wichita, Kansas. Legend owns and operates 43 residences - independent living, assisted living, memorycare, and personal care - in Florida, Colorado, Texas, Kansas, Oklahoma and Pennsylvania.Legend has been certified as a Great Place to Work® for its fourth year and recognized as one ofFortune Magazine's Top 25 Senior Living companies in the country.

ANA Pres Named Among Modern Healthcare's Top 100

the American Nurses Association (ANA), the premier organization



Dr. Ernest Grant

representing the interests of the nation's more than 4.3 million nurses, is extremely proud to announce that ANA President Ernest J. Grant, PhD, RN, FAAN, was named among Modern Healthcare's 100 Most Influential People in Healthcare for 2022. This recognition program awards and honors individuals in health care who are deemed by their peers and the senior editors of Modern Healthcare to be the most influential individuals in the health care profession, both in leadership and impact. This is Dr. Grant's fourth time on the list, and he has appeared on Modern Healthcare's 50 Most Influential Clinical Executives three times.

This remarkable accolade comes as Dr. Grant closes out his second and final term as ANA

president, leaving behind a rich legacy as an exemplary and dynamic leader which will have a lasting impact on not only ANA, but also on the nursing profession. Dr. Grant has fearlessly led the nursing profession through some of the most demanding and bleakest times in recent history. The unprecedented, global COVID-19 pandemic, the nurse staffing crisis, severe nurse burnout, personal protective equipment shortages, and surges in workplace violence were extreme challenges requiring careful guidance, thoughtful solutions, and professional expertise and composure. Dr. Grant was a pioneer in the development of the COVID-19 vaccines, volunteering for the Moderna phase III clinical trial and appearing in top tier media outlets such as Essence Magazine to promote the safety of vaccines to skeptical communities of color. Dr. Grant also led the formation of the National Commission to Address Racism in Nursing and boldly condemned racism and injustices against communities of color. Dr. Grant will go down in the ANA history books as an exceptional leader who fully characterized the core nursing values and tirelessly advocated for all nurses everywhere.

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OU Career Center Launches Online Platform Aimed at International Employment Market

The University of Oklahoma Career Center has expanded its job and internship opportunities with a new tool that helps students locate jobs abroad. OU's partnership with Interstride simplifies the process for international and domestic students who are interested in working overseas.

This digital alliance focuses on international employment and allows students to look up individual companies' sponsorship, visa application processes in different countries, practical advice for living abroad, and organizational tools to help structure the job search.

"Interstride not only helps navigate the international search for career opportunities, but it also aids in securing jobs in the United States for our international student population," said Debbie Boles, OU Career Center senior assistant director and career advisor for the government, law and international affairs career community.

With international travel and work restraints continuing to impact countries across the world, OU's enterprise with Interstride keeps students well-informed of the evolving requirements.

"In navigating the job market, we have found that some companies do not sponsor or accept employment for international students. That goes for U.S. born searching for opportunities overseas

or students born abroad seeking for employment in America," said Robin Huston, OU Career Center director. "We recognized these challenges and sought out a solution."

OU's partnership with Interstride includes the following resources:

Career Opportunities

- Up-to-date job and internship postings from employers focusing on international students and an aggregation search for opportunities at H1-B sponsoring employers in the United States or at companies and organizations abroad.
- •Real-time career and immigrationrelated updates. These include reports and trends in the

workforce.

Visa and Immigration Support

- •Resources to better understand the visa process and a tool to look up what companies and organizations have sponsored H1-B visas in the past.
- Country-by-country guide for students considering work abroad. Webinars and Workshops
- •Students can attend monthly workshops and live webinars. The events are recorded and can be viewed after.
- •Immigration lawyers share insight during live events.

For career-related questions, email careercenter@ou.edu or visit https://www.ou.edu/career for more information.

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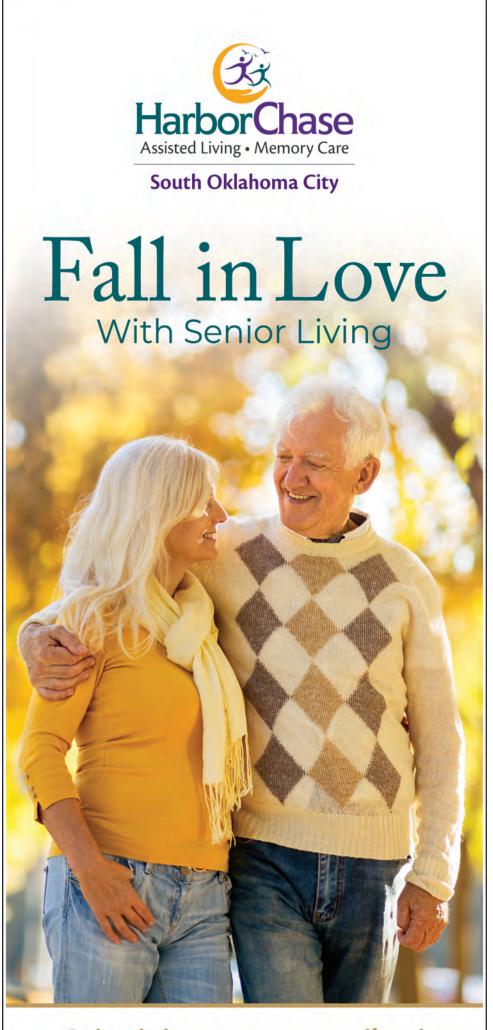


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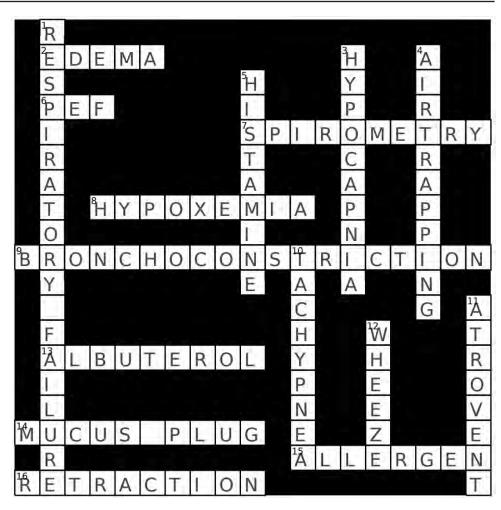
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