

Recruiter Showcase

We're Hiring! **WEEKEND RN/LPN AND CNAs/CMAs CHECK OUT OUR INTERACTIVE AD ON PAGE 2**

December 26, 2022 Vol. 23 Issue 52

Information for the Oklahoma Nursing & Health Care Professional

www.oknursingtimes.com



OCU nursing professor Elizabeth Diener, right, receives the DAISY Award for Extraordinary Nursing Faculty from Kramer School of Nursing Dean Gina Crawford during the school's pinning ceremony

by Van Mitchell, OKNT writer

Dr. Elizabeth Diener, PhD, RN, PNP, CNE, has University's Kramer School of Nursing.

She said her 13-year stint at OCU has been the fulfilling my teaching duties." most rewarding of her teaching career.

"I can say without a doubt this is the best taught in programs of nursing for the past 30 teaching job that I have ever had," she said. years in New York, Missouri, and Oklahoma City "They have always encouraged me to explore my own personal research interests, in addition to

Clinic Renovation Leads to Better Care for Patients

Staff and volunteers at Mercy's Good Samaritan Clinic go above and beyond to provide medical care to uninsured and underserved patients in the Oklahoma City community. During a recent major renovation, the local team kept the clinic open by providing virtual or telephone appointments so patients didn't miss out on critical care.

Mercy's Good Samaritan Clinic operates like a primary care clinic, except services are free for uninsured patients. The building that houses the clinic hasn't seen updates since the 1980s. Thanks to a \$128,000 donation from Mercy Health Foundation, it now has new paint, flooring, cabinets and countertops. It also received a new front desk and nurses' station, all to elevate the standard of care and better serve those in need.

"The Good Samaritan Clinic is an anchor institution for our most vulnerable patients," said Lucia Salcedo, clinic manager. "Many of these patients live in survival mode every day, and medical care is often a last priority. Here at the clinic, we do our best to welcome everyone and give them hope that everything will be okav."

Two local patients, Lilian Murcia and Melissa Lopez, heard about the services offered at Good Samaritan from family and friends. Murcia was struggling to get the care she needed after a breast cancer diagnosis when a friend referred her to the clinic.

"At one point I thought I wouldn't be able to continue with treatment because of lack of funds," Murcia said. "Thanks to this clinic, I have been able to continue care and get the attention I need. They've helped me with not only treatment, but in other ways as well. For example, because of my health issue, I stopped working, and the only one working was my husband. The clinic helped me with food and even a Christmas tree, which was a blessing."

Lopez heard about the clinic through a family member. "Every time you go through pain or illness, you always start thinking about the cost," she said. "It's been great how I've been able to get medical help through Mercy. Not only has it helped me personally, but it's helped my whole family."

Staff and volunteers at the Good Samaritan Clinic work to ensure that the space is for more than just medical care. They try to connect patients with as many community resources as possible. In the last year, 1,842 patients have received care at Good Samaritan. In addition to regular clinic services, staff and volunteers over the last two years have:

- •Provided 94 health screenings for Afghan refugees in partnership with Catholic Charities.
- Taught free diabetes education classes with interpretation services for Spanish speakers.
- Assisted 105 patients with prescription costs for a total

See MERCY Page 3



YOU are WANTED!

Flexible scheduling and Referral bonuses

Callaway Nursing Home, 1300 W Lindsay Ave Sulphur, OK 73086 | (580) 622-2416

CLICK HERE TO VISIT OUR FACEBOOK PAGE

klahoma's Locally Owned **Nursing Times**

and Published Weekly

Editor/Owner/Publisher - Steven R. Eldridge

Writers: Darl Devault - Contributing Editor, Bobby Anderson, RN - Staff Writer and James Coburn - Staff Writer, Van Mitchell, Staff Writer Email submissions or requests for advertising info to:

news@oknursingtimes.com

For Advertising email: Advertising@okcnursingtimes.com or call 405-631-5100 ext 6

To request advertising rates, subscribe to our digital edition or get more

Phone: (405) 631-5100 Fax: (405) 631-5103 P.O. Box 239, Mustang, Ok 73064

Serving Nurses for more than 23 years! RECRUITING NURSES IS OUR SPECIALTY!

OKNT provides nurses a fresh weekly publication filled with news and features with resources for the Healthcare reader. Articles and advertisements in Oklahooma's Nursing Times do not necessarily reflect the opinions of the newspaper or Metro Publishing, L.L.C. it's Ownership, Management or employees. We do not assume responsibility for statements made by writers or advertisers. The acceptance of advertising by Oklahomas Nursing Times does not constitute and endorsement of products, services or information. We do not knowingly present any product or services which is fraudulent or misleading in nature. Opinions expressed in columns and letters to the editor are not necessarily the opinions of the newspaper or Metro Publishing, L.L.C. it's Management or employees. We reserve the right to refuse any advertisement. COPYRIGHT © 2022-2023 METRO PUBLISHING L.L.C. ALL RIGHTS RESERVED

DIENER **Continued from Page 1**

That reciprocation was returned to Diener by her fellow staff members as she was named the 2022 recipient of the DAISY Award for Extraordinary Nursing Faculty.

An acronym for Diseases Attacking the Immune System, The DAISY Foundation was established in 1999 in memory of J. Patrick Barnes who died (at the age of 33) from complications of the auto-immune disease Idiopathic Thrombocytopenic Purpura (ITP).

Barnes's family was very touched by the remarkable compassion and clinical skill demonstrated by Patrick's nurses during his illness, so they created DAISY to recognize exceptional nurses everywhere.

Diener said she was humbled by her award recognition.

"It would both serve as a validation of everything that I have done in my past 25 years as faculty," she said. "It would also be quite humbling because I work with an incredible group of faculty that every day try to do their best to foster faculty and student relationships, and be experts in their field. I feel I am just a representative of all of our faculty."

currently serves as Professor of Nursing. She is trained as a Caritas Coach in Watson's Caring Science Institute, holds a certificate as a Soul Collage Facilitator, completed a postdoctoral Fellowship at the University of Arizona in Integrative Nursing Curriculum, and is a certified ANFT Nature and Forest Therapy Guide..

She is currently pursuing her teaching certification in MBSR at Brown University, School of Public Health. Her clinical practice areas have included, Pediatric AIDS Care, Neonatal Intensive Care, Pediatric Emergency Care, ECMO, Hospice and Palliative Care, and Nursing Leadership/Administration.

Diener said her parents encouraged her to pursue a career in healthcare. She said watching nurses care for some of her relatives growing up also influenced her to become a nurse.

"I was encouraged by my parents," she said. "Women went into nursing or education. Either one would have been acceptable to my parents, but they really had a great respect for healthcare. I just have a real respect for the nurses that I saw and how they could comfort people, and assure them that things would turn out okay. It made me want to be a part

Diener said she learned early on

in her clinical practice she had what it took to handle the stress and chaos that a nursing career can sometimes

"I got a really good look at what nursing would involve," she said. "I knew then I had what it took to become a nurse."

Diener said her approach to teaching has evolved as has the field of nursing with new technology, medicine, and the impact of the COVID-19 pandemic has had on nursing.

"I think at the beginning I was more concerned with delivering the materials that were required or requested for a particular course, and assessing student performance," she said. "As it has evolved, it has become not only that, but education has become much more in-depth. We have technology now that wasn't available back in the day. Our skills have expanded greatly."

Diener said the pandemic hit the nursing field hard with more nurses leaving the field due to burnout and fatigue.

She said nursing schools like OCU have worked hard to help recruit more nursing students, as well as hospitals and healthcare agencies helping them better transition from student to full-time nurse.

"It's the quick turnaround from being a student to a functionallyresponsible nurse," she said. "It can be pretty overwhelming at times. Hospitals are trying to address that with internships and transitioning into practice."

Diener said one message she tells nursing students is to always to remember take care themselves.

"I think a thing we struggle with is how do we get everything done in the time allotted because there are so many demands," she said. "I think the challenges will always change as they always do," she said. "We are fortunate enough to be able to educate larger numbers of nurses. Nurses will get the job done."

Diener said nursing and teaching is not just her career, it is her passion to help others.

"It is a career I never considered leaving, and one of the reasons is because under the umbrella of being a nurse, there are so many places that you can practice and so many roles that you can fulfill that you can be a nurse and still find your place," she said.

For more information about Oklahoma City University's Kramer School of Nursing visit:

https://www.okcu.edu/nursing/home

RECOGNITION

Continued from Page 1

savings of over \$44,000.

- Supplied 56 children with back-to-school supplies.
- •Awarded 50 patients with no-cost eye care and prescription glasses.
- Supplied 60 patients with free medicine, totaling over \$32,000, through Americares.
- •Helped 45 patients with Medicaid applications, 32 of which were approved.
- •Distributed free glucometers to 36 diabetes patients to help monitor blood sugar levels.
- •Provided free produce and food boxes.

"Health disparities in our community have always existed, but they grew tremendously during the COVID-19 pandemic," said Morgan Rozzell, a nurse practitioner at the clinic. "Many patients lost jobs, which means they lost insurance coverage. This forced a lot of people to put their health on the back burner so they could focus on feeding their family."

The clinic offers appointment slots Monday through Friday, with Friday appointments reserved solely for women. Visitors often come from a wide variety of backgrounds, and the clinic offers interpretation services on an iPad in a patient's native language.

"The phone is always ringing, which is a bittersweet reminder of

how great the need is within this community," Rozzell said. "It's like an audible reminder and a call to action when we hear the phone ring."

Due to the increased demand, the clinic is seeking new volunteers for a wide variety of roles, including advanced care providers, administrative help, pharmacy and more. Interested parties can fill out a volunteer application here https://www.mercy.net/forms/OklahomaVolunteerApplication/.

The Good Samaritan Clinic first opened 15 years ago as a collaboration between Dr. James Dixson and St. Monica Catholic Church in Edmond, Oklahoma, to meet the needs of underserved patients in the community. Soon, it moved to Mercy, where volunteers operated a weekend clinic before eventually opening weekday hours. The clinic moved locations multiple times to allow for increased patient access and growth. It temporarily closed during the COVID-19 pandemic before reopening in Aril 2021 as a freestanding full-time clinic in its current location. "This clinic is a beautiful representation of Mercy's mission and ministry. We've assembled a great team of individuals who have a passion for serving this community, and we're proud to work for an organization that supports and fuels that passion," Rozzell said. "Now with the clinic refresh, we can serve the community in a more functional and beautiful space."



Public Health Nurse

Click here for more information or to apply

Clinical Supervisor

Click here for more information or to apply

Mobile Clinic Public Health Nurse

Click here for more information or to apply

We offer an outstanding benefits package to full-time employees, including: Annual leave and sick leave, Paid holidays, Fully funded retirement plan and 457 plan, Medical, dental, and vision insurance and much more! AA/EOE

To view other Job openings visit: www.occhd.org/careers



→ •Acute Care APRN-Liver Transplant

P•Registered Nurse Supervisor – Surgery

P•Dialysis RN

P•RN Hospital at Home - 7p-7a

RN Clinical Supervisor-Emergency Dept

→ RN II-Evenings Emergency Department

•RN-Baptist Emergency Department

P•RN-Nights-Transplant ICU

RN-Nights-Pulmonary ICU

P•RN - Cardiac Intermediate Care

RN – Coronary Care ICU

P•RN-Nights-Mother/Baby

**RN-Nights-Pediatrics

Whether you are entering into or advancing your RN career, INTEGRIS Health caregivers enjoy great benefits to include medical, dental, vision, retirement savings with match, personal time off and many nursing programs to advance, grow and lead.

Check out other AMAZING jobs at INTEGRIS Health here: integrisok.jobs

IINTEGRIS Health Baptist Medical Center 3300 Northwest Expy, Oklahoma City, OK 73112

INTEGRIS

HEALTH

INTEGRIS Health considers all qualified applicants regardless of protected status as defined by applicable law, including protected veteran or disability status. AA/EOE.

CAREERS IN NURSING:

A HELPFUL HAND - RN BUILDS ON EXPERIENCE

by James Coburn - staff writer

when orthopedic patients had struggled with knee or hip pain for many years.

"To see their relief when they are finally able to get up and move around is pretty nice," said Gutierrez, RN, SSM Health St. Anthony Hospital - Midwest. "You can see them being so much more free than they had been. You see them smile after dealing with this chronic pain for so long."

His nursing role is to focus on getting orthopedic patients comfortable following their surgeries. They have more freedom of movement and can return to some of the activities they enjoy.

"Pain management is the biggest thing. Once we get their pain under control we work with physical therapy and occupational therapy to get them up and moving," Gutierrez said.

Patients are already alert when he receives them from the PACU

Remi Gutierrez recalls cases unit. The sooner the patient begins to walk, the sooner they can return home. Patients who are doing well usually go home within two or three days. Patients needing more therapy usually stay hospitalized for five days, he said. Some of them might transfer to a skilled nursing facility for any additional care they need. Home health is an option for continuing physical therapy at home.

Gutierrez said patients have a lot of questions about what to expect with pain management. So, he also educates family members or friends about what to expect during the recovery period. They can assist them in providing support and encourage patients to remain proactive with their exercise.

"Pain is part of the process, and we have to work out what is manageable so they can participate in care and not slack off on the physical therapy side," he

continued.

His evolution of becoming a nurse began when his two aunts were nurses in a small Mexican town. They worked in a clinic that responded to the needs of the town's 2,000 people. Gutierrez was inspired by spending a lot of time observing his aunts dedicating their lives to others.

"When I was 8 years old, I was sick as well. I had polyps and ulcers in my colon as well that had to be removed," Gutierrez recalled.

He doesn't remember the names or faces of the nurses, but he remembers their kindness toward him. They made him feel safe. He wanted to do the same for others.

He started out as a CNA in high school and kept at it until he graduated.

definitely made sympathize a lot with how much patients go through," he said.

Gutierrez earned his Bachelor

of Science in Nursing degree at the University of Central Oklahoma in

His first assignment as a nurse was in the kidney transplant unit at another large hospital in the metroplex. He felt the need to venture out in the nursing world before settling down in his career. So, he came to the Midwest City hospital in June.

"I decided to stick around because I found the teamwork here was better than other places," Gutierrez said. "It seems a lot more organized. Everything here just makes sense - the layout and the stock rooms. My biggest pet peeve is when a hospital doesn't have all of their stock rooms in order, and you have to go to five different rooms to get what you need."

Gutierrez said everything needing to get done always gets

See GUTIERREZ Page 5



LIVING IS NOT ONE-SIZE FITS ALL. SO, HOW CAN ASSISTED LIVING AND MEMORY CARE BE?

We serve the individual's need for purpose, independence and dignity. Our loving, expert staff improves life with innovative, individual programs and therapies. You really must see Legend® at Rivendell for yourself.

Call now and join us for lunch and a tour. Discover the Legend Senior Living® difference today.

Call to learn more: (405) 703-2300





Remi Gutierrez aspired to become a nurse when he was a child. He is living his dream as a registered nurse at SSM Health St. Anthony Hospital - Midwest.

GUTIERREZ Continued from Page 4

done at the Midwest City hospital Nurses will have time when they are very busy, but the nursing staff maintains their mission of care. Gutierrez said the nursing staff ensures their patients receive everything they need. He also appreciates the monthly modules to help nurses stay on top of best practice procedures.

"They do provide us a lot of opportunities to stay on top of our education, so that even the simple things we don't forget," Gutierrez said.

SSM offers assistance for LPNs advancing their careers as registered https://www.ssmhealth.com/

nurses. The Bridge program helps all nurses advance regardless of their current levels of education.

"The LPNs on my floor that in a timely and efficient manner. are currently doing it are pretty happy," he said.

> Any recommendations suggests for making improvements have been addressed quickly by management, he said.

> "I've always felt like my voice actually matters, like everything I say has actually been heard," he

> "So, I am pretty happy so far with my time at SSM," Gutierrez said. "Within the first week I had some concerns, and right away they were taken care of," he said.

For more information visit:



(918) 493-2100

THE CORE SIX Our Gore Values



To View More Nursing Jobs With Kindred LifePoint Visit

https://jobs.kindredhealthcare.com

EEO/AA/Minorities/Females/Disabled/Veterans

Comforting Solutions for In-Home Care®

LIFEPOINT

HEALTH

(AS PUBLISHED IN THE 2022 EDUCATION GUIDE TO NURSING)

OSU's RN to BSN program offers convenience, flexibility

Oklahoma State University RN to BSN student Sage Holder had long known she was interested in a healthcare career. When two of the most important people in her life – her grandfather and mother – received a cancer diagnosis in the same week during her first year of college, her career path came into focus.

"I knew I wanted to be in the healthcare system. I just didn't know exactly where or what that was going to look like when I started college. I knew I wanted to be successful, a person that others needed, and to care for the sick," Holder recalls.

Holder began taking pre-medicine classes but during the second semester of her freshman year, she had what she calls an "aha" moment.

"I was either in class or in the hospital, spending time with my family during my grandpa's chemo treatments or my mom's cancer appointments. I began to notice the nurses. I wanted to be the person that the patient could look to for a smile, a laugh, or a shoulder to cry on."

Confident in her decision to pursue nursing, Holder completed prerequisite courses and went on to earn an associate degree in May 2021 and become a Registered Nurse (RN). She landed a job at the Emergency Room at Stillwater Medical Center.

Ready to continue her education by pursuing a Bachelor of Science in Nursing, Holder found the perfect fit in OSU's fully online RN to BSN program.

"I knew the program would offer flexibility with my lifestyle and allow me to continue working as an RN while taking classes," Holder said. "The faculty have been approachable and easy to reach and to communicate with. I feel like they want me to succeed."

OSU's RN to BSN program, which launched in Fall 2017 and is accredited by the Commission on Collegiate Nursing Education (CCNE), provides students with a convenient and flexible option to complete their bachelor's degree in as little as one year.

OSU students expand their professional nursing knowledge from practical, foundational skills they learned during their associate degree, learning the why behind past education.

"Our students are challenged with a wide array of topics that range from leadership and current trends in nursing to global, cultural and public health, as well as nursing theory," RN to BSN program director Dr. Alana Cluck said.

Ultimately, the mission of the RN to BSN program is to prepare nurses to practice professional nursing that meets the dynamic





health care needs of individuals, families, groups, communities and global populations. With this degree, graduates are qualified for leadership roles in a variety of healthcare environments.

OSU's RN to BSN program enjoys a 100 percent satisfaction rate among its graduates. Faculty offer personalized attention and are committed to student success.

"Faculty communicate extremely well, especially considering it's an online program. They offer a variety of ways to share information and foster relationships with our peers, which allows us to be successful. It's easy to have a positive experience when you feel your efforts are not only noticed, but also celebrated," RN to BSN graduate Lacy Smith said.

Kobey Trower, a 2019 graduate of the program, appreciated the experience of his peers and the collaborative nature of courses.

"All of the students were working full-time jobs," Trower said. "We had some people who worked in ICU, some in labor and delivery, others in clinic and research settings. The accessibility of the coursework helped us keep on the same page for group projects. It was super convenient for me to work full time and still have a life without being tieddown. That aspect of it helped keep my attention and keep me moving through the program."

Holder's experience as a student in the program has been first rate. She encourages any RN considering a four-year degree to explore OSU's program.

"Set up a meeting or a zoom call with a faculty or administrative member and give them the chance to provide information and answer questions that are of concern. That is what I did and it sold me. The faculty were so welcoming and flexible."

Applications for the BSN program for Summer and Fall 2022 are now open. Visit nursing.okstate.edu for more information, to schedule a meeting with program administrators or to apply today.



ONLINE RN TO BSN APPLY NOW!

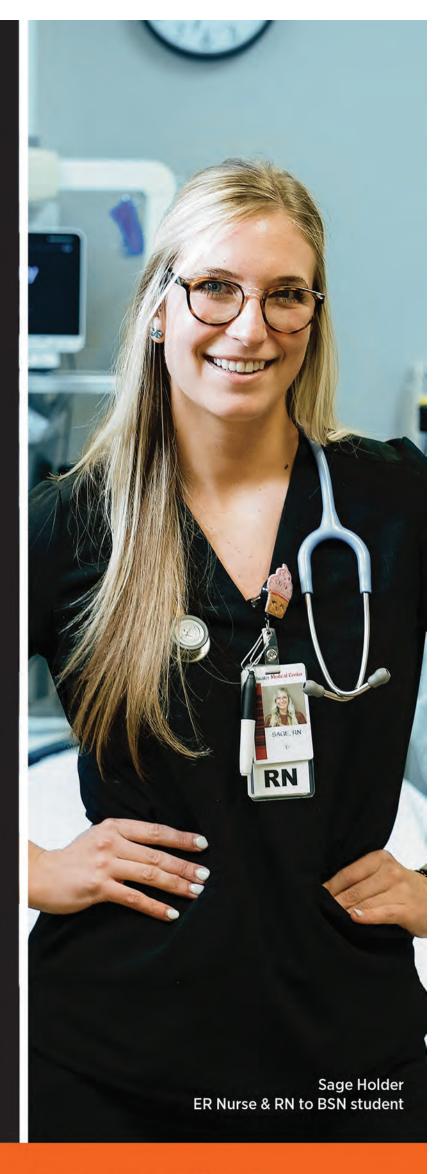
Advance your nursing career with our RN to BSN completion program.

- Fully online program
- Full-or part-time enrollment options
- Two-semester degree completion for full-time students
- Flexible and collaborative learning environment
- Faculty committed to student success
- Transfer scholarships available

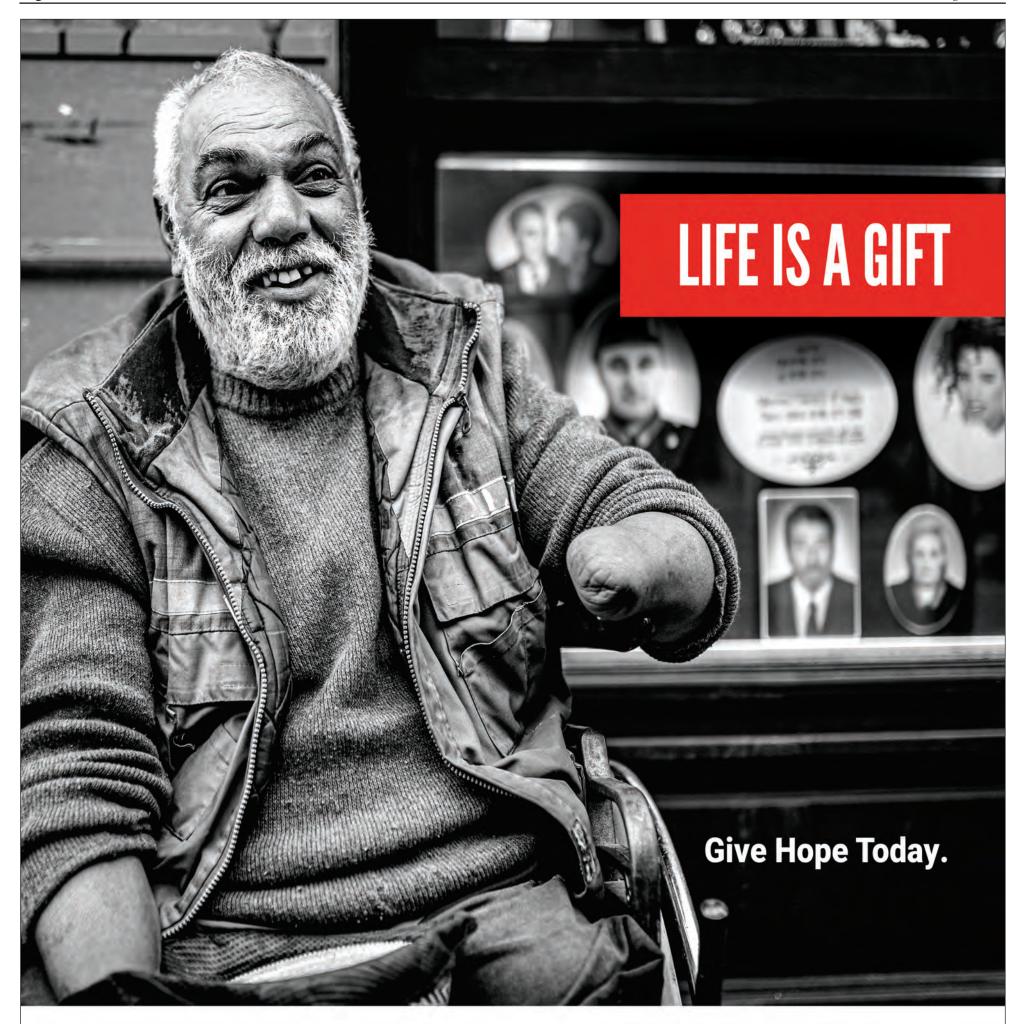


"I was truly blown away by the level of professionalism and commitment from the faculty and staff. The knowledge and support I received are unparalleled."

- Kayce (Tuter) Brown, RN to BSN student



nursing.okstate.edu



No act of kindness is too small. Through your gift to United Way, you have the opportunity to ensure that our neighbors around us have happier, healthier lives. **Please contribute to our 2022 Give Campaign**, and provide help and hope to thousands of children, adults and families in need in our community.



UnitedWayOKC.org

Oklahoma's Nursing Times December 26, 2022 Page 9

What do you hope for in the new year?



SSM Health St. Anthony Hospital -Midwest

"I hope that it brings learning opportunities for nurses here at SSM Health St. Anthony Hospital - Midwest."



Harah Bennett, RN

"A final end to COVID so things can return to somewhat normal."



Remi Gutierrez, RN

"I hope for our facility that we continue to grow, continue to gain more valuable employees."



Christy Hatch, RN



TAKE YOUR NURSING CAREER TO THE NEXT LEVEL!

Find out how Kramer School of Nursing can prepare you for each step of your nursing career.

- RN-BSN
- BSN
- · MSN

UNDERGRAD 405-208-5000

GRAD 405-208-5094 gadmissions@okcu.edu

• PhD

• DNP



Kramer School of Nursing

okcu.edu/nursing

Applications open January 2023 for LPN, Surgical Technician, Medical Assisting and more.





mntc.edu | 405.801.5000

OKNT CROSSWORD: Central Nervous System

Across

- 1. quiets and relaxes
- 4. if below 12, hold med, call nurse
- 5. stops itching
- 6. first part of a seizure
- 8. depressant
- 13. similar to

Parkinson's disease

- 14. classic sign of TD
- 15. must be gradually reduced to prevent withdrawl
- 16. can not be cured

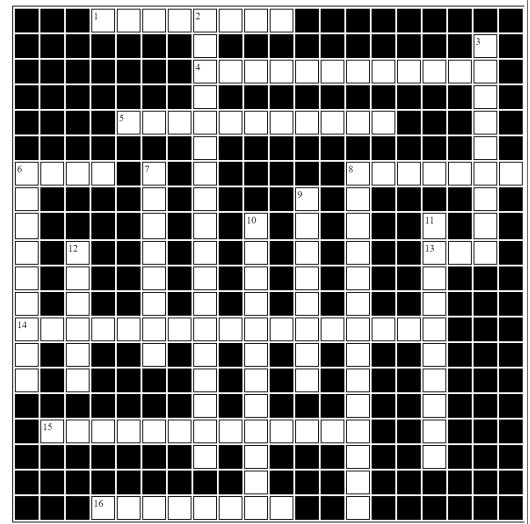
Down

- 2. antipsychotic side effect
- 3. loss of contact with reality
- 6. relieves pain
- 7. narcotic analgesic
- 8. depakene
- 9. produces sleep

- 10. CNS stimulant
- 11. feeling of extreme sadness
- 12. NSAID

NOTE:

This puzzle uses words related to the CNS that is found in your Med Certification Text.



Carolyn Scott-Pal, RN

The Oklahoma Tobacco Helpline offers FREE services to help your patients quit.



Got a Special Nursing Job? LET US FEATURE IT!

Your Job will appear in our DIGITAL DESKTOP EDITION EVERY WEEK, OUR JOB BOARD AND OUR FACEBOOK PAGE

To get your Special Nursing job posted call 405-631-5100 ext 6 or email advertising@okcnursingtimes.com



Hospital recognized for reducing tobaccouse among patients

Hospitals Helping Patients Quit (HHPQ), an Oklahoma Hospital Association (OHA) initiative, recognized 11 hospitals and clinic partners at OHA's recent Connect 22 annual conference that have achieved notable benchmarks in reducing tobacco use in Oklahoma. These visionary hospitals and clinics have implemented a permanent and standard best-practice protocol for identifying, counseling, and referring individuals to the Oklahoma Tobacco Helpline (OTH) for coaching support and nicotine replacement therapy.

OHA recognized these hospital leaders for achieving notable benchmarks in clinical tobacco treatment:

Helpline Referrals 100-499

Great Plains Regional Medical Center, Elk City – 100 referrals

McAlester Regional HEALTH CENTER Southeast Oklahoma's Leading Healthcare Resource

McAlester Regional Health Center – 150 referrals

Cedar Ridge Behavioral Hospital, Oklahoma City- 275 referrals

Helpline Referrals 500-999

Alliance Health

AllianceHealth Ponca City - 500 referrals

Stillwater **Medica**l

Stillwater Medical Center – 600 referrals

INTEGRIS Health Edmond - 600 referrals

Helpline Referrals 1000-1999

OU Health, Oklahoma City – 1,000 referrals



Comanche County Memorial Hospital, Lawton – 1,100 referrals

Helpline Referrals 2000 or more



SSMHealth

St. Anthony

SSM Health St. Anthony Hospital – Oklahoma City – 2,850 referrals



Chickasaw Nation Medical Center, Ada – 5,000 referrals

INTEGRIS

HEALTH

INTEGRIS Outpatient Clinics - 8,600 referrals

Through effective, health care provider-driven tobacco treatment services, HHPQ partner hospitals and clinics have referred 55,000 patients to the OTH, resulting in an estimated 39,000 years of life saved and \$19.5 million dollars in reduced health care costs as well as personal spending on tobacco products.

The Tobacco Settlement Endowment Trust (TSET) supports OHA's Hospitals Helping Patients Quit and the Oklahoma Tobacco Helpline. For more information the HHPQ initiative, go to https://www.okoha.com/hhpq. For information on the Oklahoma Tobacco Helpline,

http://okhelpline.com.



TOBACCO SETTLEMENT ENDOWMENT TRUST

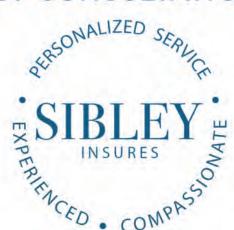
YOUR TRUSTED MEDICARE RESOURCE

INCREASE BENEFITS . REDUCE COSTS . NO COST CONSULTATION



Christina Sibley, EMT/RMA
Medicare Specialist
405-655-6098
csibleyinsures@gmail.com
BS Health Studies-Gerontology

Steven Sibley, RET/DAV
Life, Health, LTC, & Disability
405-850-1569
ssibleyinsures@gmail.com
MBA - Healthcare Administration



Steven and Christina Sibley are licensed, independent Insurance Brokers. Their focus is finding the best products to insure their client's Life, Health, Long Term Care and Medicare insurance needs are fully and affordably met, both now and in retirement. With her 20 years of healthcare experience and his 20 years of financial services experience, they are ready to offer you the information and personalized service you expect and deserve. There's never any pressure, or any charge, just help.



sibleyinsures.com



We offer Healthcare in Retirement Planning

Disabled Veteran | Native American | Woman owned company

SERVING OK, KS, TX, AZ, & NM

Required disclaimer: We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.

OMRF researchers meld faith, science at Christmas

There's a common belief – backed by a century's worth of survey data – that faith and science don't mix.

A 1914 survey of scientists found an equal split on whether they believe in a personal God, and by 2009, the number believing in God had grown only slightly – to 51%. Separately, a Pew Research Center survey last year found that 56% of Americans believe there is conflict between science and religion.

Oklahoma Medical Research Foundation scientists Holly Van Remmen, Ph.D., and Caleb Marlin, Ph.D., don't understand the fuss. For both, their faith is particularly relevant at Christmas.

Van Remmen, who leads OMRF's Aging and Metabolism Research Program, is a lifelong Lutheran. She has felt throughout her career that her faith in both God and science put her in the minority among her peers, although she noted that scientists in America are far more culturally heterogenous than the overall U.S.

population, "so it's not just as simple as whether they're Christian."

"It's something I've thought a lot about, and I just don't see any problem reconciling science with faith," she said. "I just ignore that debate because that's not important for me to figure out. I believe that God could create our world and everything in it, and there doesn't need to be an explanation that we need to understand. It's faith, after all, so it's not strictly fact-based."

Christmas, for her, has always been a time of family and worship, "no matter what the geography dictates." Beginning when she was attending college in Texas, she and her two sisters annually trekked back to their native Wisconsin, in part to attend Christmas Eve services as a family. Though their parents have passed away, the tradition continues among the siblings.

Marlin, a staff scientist in OMRF's Arthritis and Clinical Immunology Research Program, is equally resolute



Oklahoma Medical Research Foundation scientist Holly Van Remmen, Ph.D.

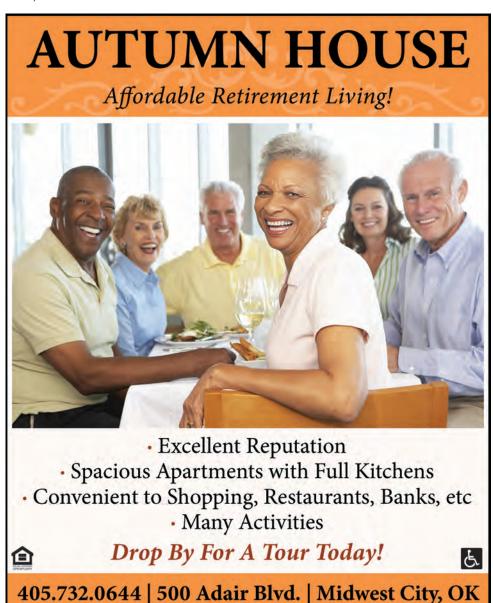
in his faith, especially at Christmas.

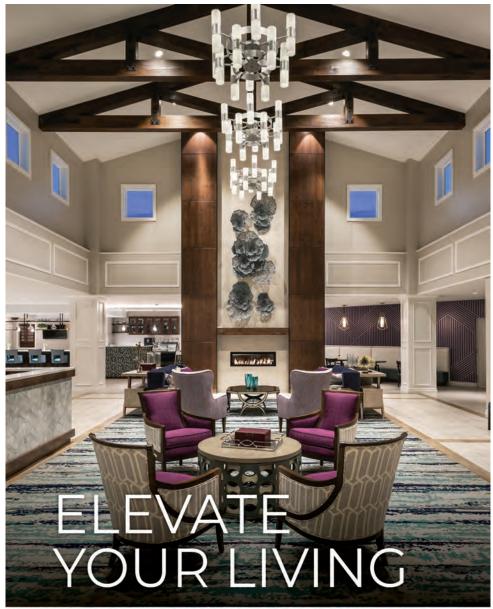
"Christmas really represents a time for us to sit back and be thankful for the many blessings we have in our lives, which is something that I think most religious and non-religious people – scientists or not – can get on board with," Marlin said.

Like Van Remmen, he views science as one such blessing. "It's the single greatest tool in understanding the natural world around us," Marlin said.

"To put it simply, I love Jesus, I love people, and I love science, and I see zero conflict in that."







Retire in style. Whether it's fine dining, endless events or personalized care you're seeking, our senior living community has you covered. Discover how luxury senior living allows you to thrive.

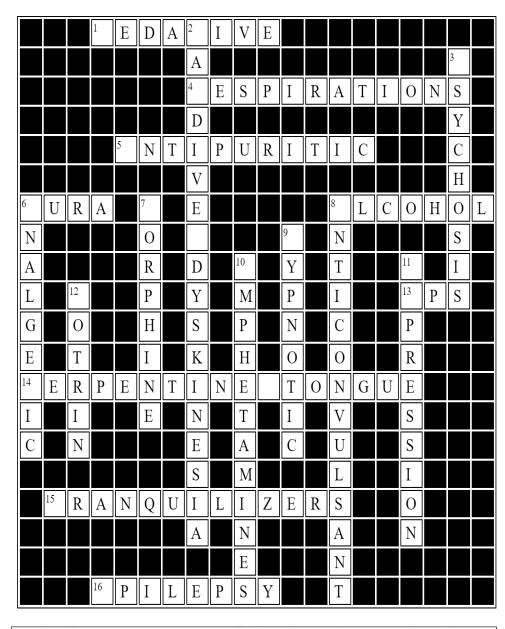
This is HarborChase. Come celebrate with us.



SOUTH OKLAHOMA CITY (405) 378-9768

Experience Senior Living at HarborChase





Got a Special Nursing Job? LET US FEATURE IT!

Your Job will appear in our DIGITAL DESKTOP EDITION EVERY WEEK, OUR JOB BOARD AND OUR FACEBOOK PAGE

For more details on Specialized jobs appearing in this issue visit our **Job Board** at www.oknursingtimes.com/jobs

To get your Special Nursing job posted call **405-631-5100** ext 6 or email

advertising@okcnursingtimes.com

We do what no other recruitment vehicle does - LET US

ASSIGN A WRITER TO FEATURE YOUR FACILITY AT NO
CHARGE AND FIND THAT PASSIVE NURSE RECRUIT!



STORM SEASON IS OVER -

GET YOUR HOME INSPECTED TODAY AT NO COST



Roofing & Construction

"Senior Advocates for Over 30 Years"

nonesty people harespect

A Roofer You Can Trust!

CALL 405-923-5127





American Red Cross Disaster Relief Team













belief

GENERAL CONTRACTOR FULLY INSURED

OKC LIC. #13705 CIB. LIC. #0242

\$500 REBATE

(VISA Gift Card)

with 1 complete reroof of 26 sqs.

\$1000 REBATE

(VISA Gift Card)

with 1 complete reroof over 26 sgs