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September 5, 2022

Information for the Oklahoma Nursing & Health Care Professional

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Breath of life

Young hearts beat with hope at Children's Hospital



Paula Deguzman Trina, RN, advocates for children as the director of the pediatric emergency department at Children's Hospital, located in Oklahoma City.

by James Coburn - staff writer

Children's resilience is what Paula Deguzman Trina, RN, loves about working as the director of the pediatric emergency department at Oklahoma Children's Hospital.

"They come in because they have a problem,

they have a medical issue and you provide the best care you can," Trina said. "We work with a team of physicians, RTs (respiratory therapists) nurses, our child life specialists.

See CHILDRENS Page 2

SSM Health at Home Launches Hospice Program

Achieves Accreditation with ACHC



SSM Health at Home is proud to announce the health ministry now offers hospice service to people living in Oklahoma City and surrounding communities including Canadian, Cleveland, Grady, Lincoln, Logan, McClain, Oklahoma, Pottawatomie and Seminole Counties.

On May 26, 2022, SSM Health at Home achieved accreditation through the Accreditation Commission for Health Care (ACHC), demonstrating the organization's commitment to delivering high quality care through compliance with ACHC Accreditation Standards, Centers for Medicare & Medicaid Services' Conditions of Participation and Oklahoma state regulations.

"We have been providing home health services to the greater Oklahoma City area for many years. Offering hospice care will allow us to be there for patients throughout their entire health care journey," said Melody McCormick, Branch Manager for SSM Health at Home's hospice services in Oklahoma. "Adding hospice services will allow us to focus on providing compassionate care and improve quality of life for our patients at a time when they need it the most."

"We are honored to expand our services to patients and families who need us at one of the most difficult points in life and are blessed to have a tremendous team of staff ready to provide the best care possible," said Denise (dg) Gloede, President of Post-Acute at SSM Health.

"Hospice is the ultimate form of comprehensive care at the end of life. It is the combination of exceptional

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CHILDRENS Continued from Page 1

It's amazing. You get patients better and it's rewarding, especially when the family is grateful for the super care you provided. It feels really good."

U.S. News and World Report recognized Oklahoma Children's Hospital for being one of the top 50 hospitals for cardiology and heart surgery, also for gastroenterology and GI surgery in 2022-23.

Children who have never been diagnosed with diabetes come to the ER with their blood sugar at dangerous levels. They are sick and need ICU care, Trina said. ER nurses stabilize their patients before transferring them to an intensive care unit. And it's great for ER nurses to learn from other nurses that the patient was able to return home after being ill. She feels enriched knowing she is part of a team that was part of the child's successful return to their home and family.

Nursing school does not expose students to everything they will experience as an emergency department nurse, Trina said. She recommends getting ER exposure through leadership clinicals or

clinical rotations. Students having a preceptor in the ER will help them decide if the emergency department is a good fit in their career.

Parents often accompany their child to the ER. Being in an ER for a child can be scary for them, but there are things the nursing staff can do to distract them. Music and therapy dogs are often good ways to sooth a child. The child's mother is often at their son or daughter's side speaking to them as well, followed by a hug.

"We don't focus on the procedure itself," Trina said.

Trina greets a child in gentle conversation. She will ask them how they're doing before starting an IV. She shows the child all the equipment she will be using. A child life specialist may join them with an iPad as a distraction. Trina will meet the child where he or she is in life by calling an IV a medicine straw.

"Sometimes we play. I'll show them a stethoscope and say, 'Here, you listen to me while I listen to you,'" she said. "Hey, you're going to need this medicine straw to make you feel better."

The therapy dogs work wonders for the nurses, too. They will come to visit beside them at the nurses' station

Trina always wanted to become a pediatrician when she was growing up. But she decided against going to med-school. Her friends and cousins are nurses and she followed their course as a stepping stone in life.

Oklahoma Children's Hospital is a bright, cheerful place for anyone to enter. There are butterfly mobiles hanging from the lobby ceiling.

"I just fell in love with it when I started working here," she said.

Trina began her nursing career 10 years ago at Oklahoma Children's Hospital's emergency department soon after earning her Bachelor of Science in Nursing degree at the Kramer School of Nursing at Oklahoma City University. Trina's first degree was earning a Bachelor of Science in Biology. She also has a master's degree in nursing focusing on leadership, one that was 90 percent funded by OU Medical Center.

She was promoted to director of the ER in 2019.

Trina moved to Oklahoma from California with the idea of gaining experience as a nurse for about two years before returning home. As a new graduate she grew to love her patients and family of coworkers.

"I loved working with kids and

just stayed and have been here since," she said.

She found a nursing staff that advocates for the patients. Nurses bond together to improve patient care, she said. This family spirit proved to be valuable when facing the COVID-19 pandemic, Trina said.

Challenge strengthens the nursing staff's altruistic spirit. Nurses purchase toys for children and items families list as needs. They will ask the kids for a wish list, go shopping and deliver that to the family on Christmas Day or Christmas Eve.

Trina also has ways of bringing joy and solace to her own life. She likes to spend time traveling with her family at their favorite beach.

Trina recommends Oklahoma Children's Hospital as a stellar place to work because of the people, teamwork, opportunities and benefits.

There was an employee dunk tank get-together recently with even the executives partaking in sitting on the tank.

"We do have fun in every department," she said. "We're growing, we're expanding and it's pretty exciting."

For more information about Joining Oklahoma Children's Hospital visit https://www.ouhealth.com/careers/

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HOSPICE

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medical service, compassion, dignity and faith. It is an essential part of SSM Health's ministry and Mission," said Dr. Waddah Nassar, SSM Health at Home Medical Director and SSM Health Medical Group family practice physician.

To learn more about SSM Health at Home visit ssmhealth.com/athome.

OSDH Expands Eligibility Criteria for Monkeypox Vaccine

The Oklahoma State Department of Health (OSDH) is expanding eligibility criteria for the JYNNEOS vaccine to now include pre-exposure prophylaxis (PreP).

Those newly eligible include anyone who identifies as a gay or bisexual man, man who has sex with men, or transgender person and plans to engage in sex with two or more partners, sex at a commercial sex venue, sex in association with an event or venue, or sex in a geographical area where monkeypox is circulating in the community at high levels, in the near future.

"We are excited to move to the next phase of our JYNNEOS vaccine rollout and offer vaccine to more Oklahomans," said Jolianne Stone, the State's Epidemiologist. "We know vaccines play a critical role in helping to stop the transmission of many diseases, including monkeypox."

The FDA's approval of an alternative dosing approach increasing the amount each JYNNEOS vial offers, one vial of the vaccine now produces four to five doses, greatly increased Oklahoma's supply.

"The rollout of the JYNNEOS vaccine has been an ever-evolving process and we are keeping a close watch on the amount of vaccine we have in the state," said Stone. "At this point, we are confident we have a sufficient supply of vaccine to equitably distribute it to this next group of individuals."

If an individual believes they meet criteria for a vaccine they can contact to their local county health department, call 211 option 8 or talk with their trusted healthcare provider.

For more information on monkeypox or to view the full list of criteria visit, Monkeypox (oklahoma.gov).



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Steven and Christina Sibley are licensed, independent Insurance Brokers. Their focus is finding the best products to insure their client's Life, Health, Long Term Care and Medicare insurance needs are fully and affordably met, both now and in retirement. With her 20 years of healthcare experience and his 20 years of financial services experience, they are ready to offer you the information and personalized service you expect and deserve. There's never any pressure, or any charge, just help.



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Neuropathy Clinic Renewing Quality of Life for Oklahoma Seniors

An estimated 20 million Americans are living with chronic pain due to neuropathy

At Nerve Renewal Neuropathy Clinic located at 3705 NW 63rd Street, Suite 101 in Oklahoma City, they help Oklahomans renew their quality of life through proven nerve pain treatments that provide safe and effective relief.

Clinic hours are 7:30 a.m. to 4:30 p.m. Monday through Thursday.

"At Nerve Renewal, we are on a mission to help Oklahomans renew their quality of life through established nerve pain treatments that provide safe and effective relief," said Tim Bales, owner of Nerve Renewal Neuropathy Clinic. "Our prominent clients are seniors. They have some sort of pain, mainly neuropathy, and they are looking for some kind of relief from that pain or more feeling in their extremities."

which connect the spinal cord to reduction in pain after treatments. the muscles, skin, and internal organs in our bodies.

Neuropathy usually affects the hands and feet, and causes weakness, numbness, tingling and

Patients may also report burning sensations, leg cramps, loss of balance, muscle weakness, and sensitivity to touch.

Neuropathy may come and go, progress over time, or even become severe and debilitating. Left untreated, it can lead to the loss of fingers, toes, and even limbs.

Each year, over 86,000 Americans undergo amputations as a result of uncontrolled neuropathy. However, diagnosed early, peripheral neuropathy can often be treated.

Bales said while there is no cure Peripheral Neuropathy is a for neuropathy, over 80 percent disorder of the peripheral nerves, of patients report a significant

They can also enjoy better sleep due to reduced pain and recover more quickly from knee and hip surgery.

"Rather than masking your pain with medication, that can cause very undesirable side effects, as well as creating a long-term dependence on them, our staff of medical professionals will address the symptoms of neuropathy at the source with a non-invasive, drugfree form of therapy that combines injections of pharmaceutical-grade nutrient blend with electroanalgesia to provide relief from your symptoms," he said. "Usually, treatments take between 16 and 24 treatments. Those vitamin injections really help the healing."

Neuropathy has many different causes. The most common metabolic cause are patients with diabetes.

Nearly 60 percent of all patients with diabetes develop neuropathy. This can commonly present as pain, numbness, swelling, burning, tingling, sleepless nights, balance issues.

Other causes of neuropathy include: chemotherapy, alcoholism, drugs/prescription medications; battlefield toxins, industrial toxins, vitamin deficiencies, acute physical trauma, and post-surgical pain.

Traditional neuropathy treatments, such as surgery and strong pain medications, can have a severe impact on patients' longterm health.

Bales said Nerve Renewal Neuropathy Clinic takes a different established approach, using Electroanalgesia (EA) treatments to reduce pain without the drawbacks of invasive procedures or addictive

See RENEWAL Page 5



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Nerve Renewal Neuropathy Clinic is located at 3705 NW 63rd Street, Suite 101 in Oklahoma City. Pictured left to right; Tim Bales, Owner; Glenn Cope, Chief Operating Officer; Lea Scoglietti, Nurse Practitioner; Lisa Smith, Personal Service Representative; Kirstein Montoya, Medical Assistant, and Krystal Kerry, Medical Assistant.

RENEWAL Continued from Page 4

medications.

EA works by delivering exact dosages of electrical stimulation to peripheral nerves. These high frequencies can decrease the ability of the affected nerves to transmit pain, which brings relief and healing. There is no opioid drowsiness, addiction concerns, or side effects.

"This non-evasive, drug-free form of technology is one of the oldest and most documented forms of medical science," said Glenn Cope, Chief Operating Officer with Nerve Renewal Neuropathy Clinic. "Patients don't feel trapped by pain. They are able to move and get exercise, leading to healthier outcomes for all other medical treatments."

Cope said controlled research studies have shown that most patients find long-term relief from neuropathy after receiving Nerve Renewal Neuropathy Clinic's specific treatment.

Bales said once the initial treatment is completed, patients then return every two weeks for follow-up care.

"Once you get to that threshold,

there is maintenance," he said. "You come back every two weeks, and it (helps) keep you where you are."

Bales said their customers have requested adding Friday openings to their clinic hours, and he said that is something they are considering.

Cope said they are opening several other Nerve Renewal Neuropathy Clinics throughout the Oklahoma City metropolitan area.

"They (patients) aren't crazy about driving a long way so we are building additional locations so it will be easier for them to get to places in town closer to them," Cope said. "We are doing southwest Oklahoma City, just south of Oklahoma City Community College, Midwest City and Norman."

Bales said the treatments are covered by most insurances.

"These established treatments are covered by Medicare, Medicaid, VA, and most medical insurance companies, so you can focus on enjoying life again," he said.

For more information about Nerve Renewal Neuropathy Clinic or to join the team, call (405) 495-9270 or visit

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(AS PUBLISHED IN THE 2022 EDUCATION GUIDE TO NURSING)

Health Care Training is a Core Area of Francis Tuttle

Among the most highly regarded of the many career training programs offered at Francis Tuttle Technology Center are those in the health sciences. From programs for adults looking for a new career, to those designed to prepare high school students to earn a living while exploring other health career options, there are many available to choose from to help people who are considering pursuing a career in the helping professions of health care. Francis Tuttle has experienced faculty who have worked extensively in the industry, with state of the art equipment used in health and medical facilities throughout the metro area and around the country, and a dedicated focus to help fill a looming skills gap. Below is a brief description of each of Francis Tuttle's program offerings.

The **Pre-Nursing** program for adult and high school students is an exciting opportunity to begin exploring a health care pathway and see what careers are available with additional training. Students gain knowledge about the broad spectrum of health professions. Through the program,



students can obtain certification as a Nurse Aide (CNA) and an Advanced Unlicensed Assistant (AUA).

The unique Respiratory Care program for adult students works cooperatively with Oklahoma City College, Community whereupon completion, students receive a Certificate of Completion from Francis Tuttle and an Associate of Applied Science degree from OCCC. Students are trained to assist with the treatment of individuals with pulmonary and cardiac disorders, and obtain eligibility to take the national examinations to earn a Registered Respiratory Therapist (RRT) credential and apply for an Oklahoma Respiratory Care Practitioners License.

The **Practical Nursing** program

prepares adult students to provide quality health care in a variety of settings. Three enrollment options are available to best fit student needs: full-time, blended online, and the 1+1 program. Upon completion, students are eligible to take the National Council Licensure Exam (NCLEX) to become a Licensed Practical Nurse (LPN).

The unique **Orthotic & Prosthetic Technician** program, along with certification in Pedorthics, each for adult students, is a hands on program to prepare students to assist the disabled by fabricating the orthopedic braces (orthoses) and artificial limbs (prostheses) necessary for their rehabilitation. Pedorthics offers specialized training to manage comprehensive pedorthic

patient care for all injures and pathologies involving patient feet. Upon completion of the program, students are eligible to take the American Board of Certification (ABC) national certification exam to be recognized as a Certified Technician in Prosthetics and Orthotics (CTPO). After training and one thousand hours of work experience, students may take the Pedorthic Certification Exam (ABC or BOC) to be a Certified Pedorthist (C.ped).

The Dental Assisting program prepares adult students to become members of the dental health care team. Dental assistants have the opportunity to enhance the efficiency of the dentist in the delivery of oral health care. Upon completion of the program, students can obtain certification as a Dental Assistant (CDA).

Each program offers the potential for a high paying career and Francis Tuttle is dedicated to serving the growing demand for a highly qualified workforce in the health care industry. If you're interested, or know someone who is looking to expand their horizons through the expanding field of medical care, check out these and other programs at www.FrancisTuttle.edu and get started on your future today!

Visit www.FrancisTuttle.edu for more information.

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FRANCISTUTTLE

(AS PUBLISHED IN THE 2022 EDUCATION GUIDE TO NURSING)

Equipping servant leaders in a professional community

Since 1975, the mission of Harding University Carr College of Nursing has been to develop nurses as Christian servants. Faculty and staff are eager to get to know new students and nurture their journey through the program. The University's mission permeates classroom and clinical instruction taught by highly trained professionals from a Christ-centered worldview. Close faculty-student relationships and mentorships foster personal, academic and professional growth. Offering undergraduate and graduate programs prepares students to perform well in any healthcare setting.

What nursing tracks does Harding offer?

The **undergraduate** tracks are designed to meet the individualized needs of students, all leading to a Bachelor of Science in nursing degree. These include:

- Four-year, full-time/part-time traditional track
- 16-month hybrid, accelerated first or second degree program located in Northwest Arkansas. Classes are online, and laboratory experiences are held on site. Clinical sites include local hospitals and community health centers.
- Individualized track for students who hold a current unencumbered

nursing license without a bachelor's degree. An individualized degree completion plan is collaboratively designed with the student (full-time/part-time available)

Honors classes

The **graduate** tracks are designed to meet the individualized needs of professionals, resulting in a Master of Science in nursing.

- Family Nurse Practitioner
 - * Full-time and part-time options
 - * Admissions three times a year: spring, summer or fall
 - * Customizable options for those who already have an Master of Science in nursing
 - * Eligibility to sit for national certification exam upon program completion
 - * Delivery: hybrid format, with online courses and three on-campus intensives throughout the program
- Master's Entry into Professional Nursing
 - * Traditional bachelor's entry or accelerated bachelor's to master's options
 - * Eligible to sit for NCLEX-RN exam upon program completion
 - * Delivery: on campus with some online classes

What sets Harding trained nurses apart? The undergraduate nursing program has a 98.8% first-time NCLEX-RN pass rate since 2017 and has been ranked the No. 1 Nursing Program in Arkansas by RegisteredNursing.org for four years in a row. This ranking is based on how well a program supports students toward licensure and beyond.

Harding's nursing graduates are well-equipped to enter the field, with high job placement rates and a 97.5% first-time Family Nurse Practitioner National Certification pass rate since the program's first graduates in 2017.

The first of its kind in Arkansas, the master's entry into professional nursing program prepares graduates for eligibility to take the national licensing exam to become Registered Nurses. The program provides on-campus, state-of-the-art simulations and diverse clinical experiences in Searcy, Little Rock and surrounding areas to aid students in understanding patient clinical skills, administration and leadership in nursing. Applicants with any undergraduate

degree can apply. There are Arkansas nursing prerequisites.

What if I have a degree in another field but have decided healthcare is my passion? The Master of Science in nursing - master's entry into professional nursing option is a great path for students who already have a bachelor's degree in another area of study. The accelerated Bachelor of Science in nursing in Northwest Arkansas is a good option as well.

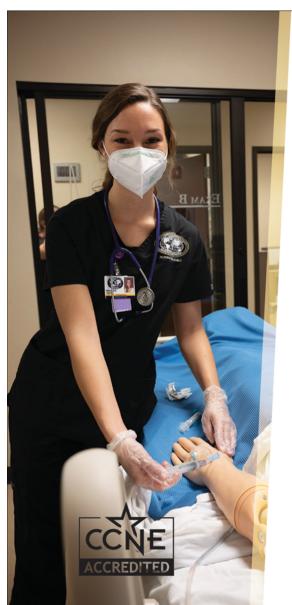
How do the programs interact with the community? Students assist in a variety of community clinical settings that serve diverse patient populations. They also provide health screenings at area churches and various University-sponsored events.

Does Harding offer a study abroad program? For more than 40 years, Harding has been training nurses for careers not only in traditional healthcare settings but also in health missions.

Medical mission opportunities exist locally and abroad in short-term and long-term options.

Opportunities are open to graduate and undergraduate students.

For more information visit: https://www.harding.edu/academics/ colleges-departments/nursing





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Special Report: California Study Applies to Nation The Dangerous Impact of the National Nursing Shortage

One-third of the 3 million registered nurses in the United States will depart the bedside in the coming decade, and not enough new nurses are coming in to meet the growing demand for care—unless we make immediate changes to how we recruit, retain, and respect these essential front-line caregivers, says a new report released by the United Nurses Associations of California/Union of Health Care Professionals (UNAC/UHCP).

The COVID-19 pandemic did not cause the nursing shortage—according to UNAC/UHCP's comprehensive study and documentation of data from government, private industry, and think tank sources—but months of fighting the unprecedented pandemic have poured gasoline on an already raging fire.

UNAC/UHCP, which represents 32,000 health care professionals, the majority in nursing, warns that the nation's nurse turnover rate is at dangerous levels:

- RNs are quitting their jobs in record numbers over workload, stress, lack of advancement, and pay inequity—new nurses and veterans alike
- The baby boom generation of nurses are taking their retirements and leaving a large gap to fill
- Aspiring nursing students are turned away from programs that cannot hire enough educators or offer enough financial aid

The UNAC/UHCP Research Department —The Dangerous Impact of the National Nursing Shortage: As Health Care's Most Critical Workforce Shrinks, Dire Threats to Quality Patient Care Will Grow—also outlines a clear path to relief:

- Focus on proven ways to retain nurses who leave at the height, or even the beginning, of their careers.
- Create solid pathways to education for financially strapped students and the bedside-experience nurses who want to teach them.

Nurses, the most trusted professionals, spend more time with a typical patient than any other care team member—including physicians. Patient outcomes are tied to nurse well-being in virtually every measure.

Despite the essential role that nurses play in wellness and healing, the woes of the nursing workforce have been allowed to fester. Nurse-topatient ratios are unenforced or non-existent. Mental health needs remain unassessed and unaddressed. Travel nurse contracts have become the new Band-Aid for chronic nurse turnover—which has reached upwards of 60% in some hospitals.

The statistics are alarming:

- 34% of nurses say it's very likely that they will quit their jobs by the end of 2022
- 1 million nurses will be eligible to retire in the next 10 to 15 years
- 23% of nurses from the millennial generation are actively looking for new opportunities
- 80,000 applicants were turned away by nursing schools

The report includes personal statements from current RNs who are dedicated but struggling with the departures of their colleagues.

"The nursing shortage is dire. The academic findings validate what our nurses, and others around the nation, face each day," said Denise Duncan, UNAC/UHCP president and a registered nurse. "We must implement solutions now. The average age of our member nurses is 45. By focusing on improving mentorship, career growth, and wellness, we can increase their potential for many more productive years by the bedside."

The report also reveals that chronic nursing shortages exact a toll on:

- Patient health:
- * adding one patient to a nurse's caseload raises the probability of patient death by seven percent
- * a one-year increase in the average tenure of registered nurses on a hospital unit correlated with a 1.3% decrease in a patient's length of stay
- * more than 90% of registered nurses in a national poll said the pandemic caused dangerous levels of staffing in their unit
 - Hospital finance:

staffing shortages outweighed financial performance as the top concern for hospital executives for the first time in 17 years

- * the average turnover costs result in hospitals losing \$4.4 million to \$6.9 million each year
- * each percentage increase in staff nurse turnover will cost the average hospital an additional \$328,400
 - Nurse education:
- * a national survey of colleges showed that the full-time university

nursing faculty vacancy rate rose from 6.5% to 8% in one year

- * California is expecting a shortfall of 82,000 graduates
- * program constraints forced higher education nursing programs to turn away more than 80,000 qualified applicants across the spectrum, ADN, BSN, MSN, and post-graduate candidates

A previous UNAC/UHCP special report, The True Cost of Being a Hero, helped to increase awareness and spur some members of Congress, where HR 1667, the Dr. Lorna Breen Health Care Provider Protection Act, easily passed both houses.

Read the full report here: https://unacuhcp.org/wp-content/uploads/UNACUHCP Research Nursing Shortage 2022 final-003.pdf

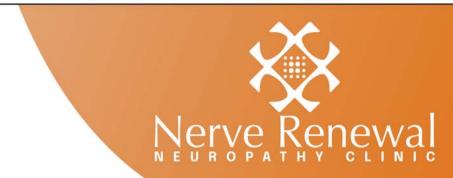
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Oklahoma City's Nerve Renewal Neuropathy Clinic is seeking a Nurse Practitioner to join our specialized practice. Our clinic treats peripheral neuropathy that can cause pain, numbness, burning, tingling, sleepless nights and balance issues.

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- Monday Friday, outpatient only clinic
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For more information, please contact: Lea Scoglietti, Practice Manager at 412-352-4404 or email Lea@nerverenewalnow.com

Nerve Renewal Neuropathy Clinic

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Mercy Hospital OKC Named a Top Hospital for Patient Loyalty

Mercy Hospital Oklahoma City has earned a spot on the Top 100 Consumer Loyalty list compiled by NRC Health. The honor is in addition to Mercy being named an NRC Health 2022 Excellence in Patient Experience Award winner as the top large health system in the country for patient experience.

The fifth annual consumer loyalty list is the only ranking in the United States recognizing patient loyalty to health care facilities. It is based on results from the NRC Health market insights survey, the largest database of health care consumer responses in the country.

"We want to be the health care provider of choice in our community, and we know loyalty is earned through providing consistent, compassionate, outstanding care," said Jim Gebhart, president of Mercy Hospital Oklahoma City. "Our co-workers can take pride in the care they are providing because it is being recognized not only by the patients we serve but by the entire community."

The rankings are based on

an NRC Health survey of more than 310,000 households nationwide, including patients of various hospitals and health systems, from April 2021 to March 2022. The top hospitals on the 2022 Consumer Loyalty list achieved the highest scores on NRC Health's Loyalty Index, a composite of seven critical aspects of consumer loyalty, including access, engagement and experience. To be included on the list, organizations must achieve at least 150 top-of-mind mentions on the survey.

"During a time when we need it the most, these exceptional hospitals and health systems have shown us what it truly means to drive loyalty among their patient populations and put the care experience first," said Helen Hrdy, chief growth officer at NRC Health. "This award is a reflection of the incredible work being done by Mercy to inspire consumer loyalty and bring human understanding into their practice."

Mercy Hospital Oklahoma City also earned a spot on the 2022 Consumer Loyalty Award list.



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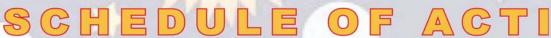
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45TH ANNUAL

Wednesday September 21

Free admission for Seniors 55+ (proof of age required)



EXHIBITORS, PHOTO BOOTH & FREE HEALTH SCREENINGS. 10 a.m. - 7 p.m. Session 2: 1 - 3:30 p.m. Session 3: 3:30 - 6 p.m. OUT & ABOUT: SPACE WALK 10 a.m. - 2 p.m. TAI CHI...... 10:05 a.m. & 4:10 p.m. THE OKIE STOMPERS 10:40 a.m. & 2:00 p.m. STARDUST..... 11:10 a.m. YMCA COMMUNITY LINE DANCERS...... 12:05 p.m. LOVE YOU TO THE MOON AND BACK COUPLES CHALLENGE ... 12.35 p.m. IT'S NOT ROCKET SCIENCE 1:35 p.m. REACH FOR THE STARS GAME SHOW 2:30 p.m. TWINKLE TOES...... 4:40 p.m. OH MY STARS!..... 6 p.m. ASTRONAUT'S LINE DANCE LESSONS 6:10 p.m. Chickasaw Country Entertainment Stage

For more detailed information visit the Senior Day page on the Oklahoma State Fair website



YOUR FAIR

Situation Update: COVID-19

New Cases 7 Day Average	1,310
New Cases Week of 8/21/22 - 8/27/22	9,169
Active Cases	17,492
Total Cases	1,170,185
CDC/NCHS Provisional Deaths	16,720

Acute Care OSDH Licensed Facilities/Location**	Recent 3 day Ave. Hospitalizations
	Cases (ICU)
Region 1 (NW)	10 (0)
Region 2 (NE)	19 (3)
Region 3 (SW)	38 (5)
Region 4 (EC)	21 (5)
Region 5 (SE)	8 (2)
Region 6 (Central)	30 (6)
Region 7 (Tulsa)	99 (47)
Region 8 (OKC)	117 (19)
Total	342* (87)
Other Types of Facilities	
Focus Facilities	11 (2)
Rehabilitation Facilities	3 (0)
Tribal Facilities	5 (0)
Other Facilities Total	19 (2)

^{*}Includes 31 hospitalizations in pediatric beds.

**Focus, Rehabilitation and Tribal Facilities numbers are not assigned to a specific region as their patient populations reside across the state. Information provided through survey of Oklahoma hospitals as reported to HHS as of the time of this report. Response rate affects data. Facilities may update previously reported information as necessary.

Data Source: Acute Disease Service, Oklahoma State Department of Health.

*As of 2022-09-01 at 7:00 a.m.



Connect with Oklahoma nurses and organizations at the 2022 ONA Annual Convention: Power of Nursing; Educate, Innovate, Celebrate! The convention will take place on September 28 and 29 in Tulsa, OK.

If you wish to attend the ONA House of Delegates please make sure to register separately.

Register today: https://bit.ly/3aP1qLM



Nerve Renewal

Do You Suffer With Neuropathy?

Welcome To A New Medical Therapy Covered By Medicare

Do you have any of these Neuropathy effects?

- Burning pain
- Leg cramps and spasms
- · Pain with walking
- Muscle weakness
- Sensitivity to touch
- · Loss of balance or coordination
- Numbness, prickling, or tingling
- Sleep loss from leg pain
- Post surgical pain
- Chronic intractable pain

Call to learn even more

Neuropathy has many different causes. The most common metabolic cause are patients with diabetes. Nearly 60% of all patients with diabetes develop neuropathy. This can commonly present as pain, numbness, swelling, burning, tingling, sleepless nights, balance issues.

Other causes of Neuropathy include:

- Chemotherapy
- Alcoholism
- Drugs/prescription medications
- · Battlefield toxins, industrial toxins
- Vitamin deficiencies
- Acute physical Trauma
- · Post-surgical pain





Over 80% of patients report a significant reduction in pain.

Treatments are covered by most insurance plans, including Medicare and VA programs.

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