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Quarterback

August 22, 2022 Vol. 23 Issue 36

Information for the Oklahoma Nursing & Health Care Professional

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Stillwater Medical Center invests in care

Susan Jones, RN, interim manager staff educator for Stillwater Medical Center uses new mannequin equipment to train labor and delivery nurses how to best respond to emergency situations when delivering infants.

story and photo by James Coburn, Staff Writer

Birth can be such a vulnerable time. Stillwater Medical Center has new mannequin equipment for its nursing staff to train on for normal and more difficult birthing experiences, said Susan Jones, RN, interim manager staff educator for Stillwater Medical Center. Jones is also a neonatal resuscitation provider who teaches a class on the subject annually.

"It makes them better prepared to handle those emergencies," Jones said.

The Stillwater Medical Foundation provided funds to purchase a maternal mannequin, Victoria, and baby Super Tory for simulating emergency and normal birth training opportunities. Victoria replaces a more limited mannequin who could also simulate birth. Victoria can wink her eyes, cry out and speak such things as "ouch" and "Give me an

Pledges Donations to OK Children's Hospital "I have a special place in

my heart for kids, so after my visit there, I knew Oklahoma Children's Hospital would be where my support would go." General Booty



As college athletes across the country begin taking advantage of the Supreme Court's June 2021 ruling allowing Name, Image and Likeness (NIL) deals, a newly-signed OU Sooner quarterback is dedicating a percentage of his earnings to Oklahoma Children's Hospital OU Health.

General Booty, who comes to Norman after playing at Tyler Junior College in Tyler, Texas, recently notified Oklahoma Children's Hospital of his support.

"My family has been a really good example to me my whole life, and we talked about the importance of giving back," Booty said. "I have a special place in my heart for kids, so after my visit there, I knew Oklahoma Children's Hospital would be where my support would go."

Booty, a third-generation football player, is originally from Shreveport, Louisiana. His father, Abram Booty, is a former Louisiana State University wide receiver, his uncle, Josh Booty, is a former

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STILLWATER

Continued from Page 1

epidural." Jones recently programed Victoria to ask who her doctor on call is.

"She will give birth and she can have complicated birth," Jones said. "She will bleed so that our staff can engage in those types of things without it being an actual emergency."

The baby mannequin can be adjusted to stop breathing and turn blue in respiratory distress. Intravenous (IV) administration can be started on both mannequins to simulate a controlled setting. Opportunities for the team include acting out emergency responses before being faced with a real-life event.

Jones can't count how many times she has helped physicians deliver babies at the hospital but said she has delivered at least 30 infants herself when she had to step in to act quickly in the hospital. Victoria can be set to train nurses on expedient deliveries.

Many babies take their first breath at the medical center. More than 800 babies are born at Stillwater Medical Center each year and are trending toward 1,000 births, Jones said. In order to respond to community

needs, Stillwater Medical Center is set to expand its capacity with new construction.

"We're getting a huge new addition back here behind the hospital. And the whole second floor is going to be ours. We're getting all new labor rooms, postpartum rooms."

A level-2 nursery will have 12 beds in the existing space, she continued.

Jones's 30 years of nursing experience provides essential qualities of leadership gained after she earned a Bachelor of Science in Nursing degree at the University of Oklahoma. Her nursing history includes med/surg and rehab. She came to Stillwater Medical Center 26 years ago and was asked to work in labor and delivery for six weeks before becoming a nurse supervisor in another area the hospital.

"I didn't mind, and I met some really awesome people and I really liked it," she explained. "I stayed and I feel this is where God wanted me to be. I've always done this now and I'm okay with that. We have a good crew here. People care about each other and work well with each other. Right now, we have a lot of young nurses and they're excited about learning and that's fun, too,

when you have a group that is cohesive like that."

Newly hired nurses in the unit can expect a six-month orientation period and will learn from Victoria and Super Tory as part of their training.

Many of the nurses have had their own children at Stillwater Medical Center. Jones's adopted son was born there, and her sister had four babies delivered at Stillwater Medical Center.

Nursing is in Jones's blood. Her mother, Joella Francis, 78, is a retired nursing instructor and part of the reason why Jones became a nurse.

"My mother-in-law worked here before me and that's how I met my husband. She worked on this unit. So, I have nurses all around. My sister is a nurse, too."

Jones said her career has been a journey. She sometimes gets emotional about bonding with a patient. She has remained friends with some of the mothers and even the babies (now adults) she helped to deliver.

"Some of them are coming back and having babies. I have an emotional bond with them a lot of times — not every single person, but especially if it's somebody where I really want to see the end result — I really want to see the birth and help

them through that. I don't do that as much anymore just because I'm doing education more now, but I enjoy that, too."

Her family keeps her on her toes as well. Her 19-year-old daughter, who was adopted from China, competed in the Miss Oklahoma pageant this year. She is a cheerleader at Northern Oklahoma College in Enid and was Miss NOC a year ago.

"So, I am extremely busy and she's trying to get another local crown to go back," Jones said. "I'm going to pageants a lot on weekends to help with that."

Meanwhile, Jones is grateful for having an enriching career that is a motivating factor in life.

"This hospital is a really good facility to work for. We have a good crew on this unit, and that makes a difference. We're happy and enjoy taking care of mommas and their little babies," she said.

Modern Healthcare cited Stillwater Medical Center as one of the best places to work at for 2022.

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BOOTY

Continued from Page 1

LSU and NFL quarterback and his other uncle, John David Booty, was a USC quarterback and Rose Bowl MVP during Pete Carroll's coaching leadership.

"General is a great kid, with a big heart and full of faith," said his father. "He knew Oklahoma Children's Hospital could benefit from the partnership and made the decision to provide that support on his own."

Booty's family moved quite a bit while he was growing up and he attended four different high schools, including two in California and two in Texas, finishing his high school career at Allen, which is in the Dallas area. After high school, the quarterback played for Tyler Junior College, where he caught the eye of OU scouts. After a visit to Norman, he knew this was where he wanted to play.

Recently, the 20-year-old quarterback paid a visit to some Oklahoma Children's Hospital patients.

"We have some young football fans going through health issues no one – let alone a child – should have to go through," said Jon Hayes, hospital president. "Seeing the kids faces light up when General stopped by to hang out with them for a while was a great way to take their minds off where they are. We are delighted to not just have General supporting us through his merchandise sales, but just becoming engrained in what we do here. We can't wait to see what he does on the football field."

Booty is unveiling a website where fans can purchase shirts, hats and other memorabilia featuring his name, number and his brand "MTJN," which stands for More Than Just a Name. "I have a unique name, but I'm also a good player," Booty said. "That's the connection Oklahoma Children's Hospital is more than a name. They are the best at what they do.

"I'm looking forward to coming back and hanging out with more of the kids whether that means throwing a football around or doing arts and crafts."

To purchase General Booty merchandise, go to mtjn.org.

For more information about Oklahoma Children's Hospital visit oklahomachildrens.org.



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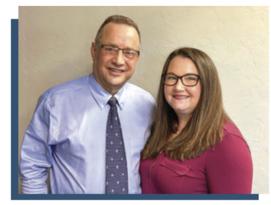
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CAREERS IN NURSING: TEAM SPIRIT - TEAM LEADERSHIP ABUNDANT AT SSM HOSPITAL

photo by James Coburn, staff writer

Dana Mack, RN, worked in oncology nursing for almost four years. She loved what she was doing but wanted to spread her wings as a nurse.

She is about to complete her first year on the cardiac telemetry floor of SSM Health St. Anthony Hospital – Midwest. Nurses on the cardiac telemetry floor care for a range of patients from having catheterization procedures to renal dialysis.

Mack had been an LPN before earning her RN license in February upon her graduation from Rose State College in Midwest City.

"I applied here but I was in school at the time, and they were able to work with my schedule more," Mack said. "So, I stayed on with that and grew to love it. Having a good boss and a leadership team is a good bonus. It's a great team."

The hospital does a lot for the nursing staff, she continued.

The nursing staff even got a box of goodies, and gloves because of winter's chill earlier this year.

"They like to take care of their people," she said. "The thing that stands out to me is how comfortable you are with everybody. It really does seem like a family. I've never felt like an outsider. I've always felt like part of a team. Everywhere I go here, everybody knows everybody."

And there is a lot to admire about the team-oriented group that Mack works with. She commends her cooperative team of nurses for always being willing to help one another with the ultimate goal of benefiting patients.

"The charge nurse is always willing to help. It's nice to be not scared of asking questions because you're not going to know everything as a nurse. Some people know more things than others, so it's good to have a good leadership team there."

Not every patient is in critical condition. Most patients have underlying health conditions needing attention. But Mack makes a point of speaking to patients who are comatose or sedated. Her patients are not always able to get out of bed without assistance or ready to speak.

"I treat everybody like they're family," she said of providing the comfort of emotional support. "I like to be positive and upbeat whenever I'm in a room because I feel like positivity plays such a huge role in caring. So, I like to create a positive environment with them as much as we can."

Nurses on the cardiac telemetry floor are vigilant about monitoring heart rhythms of their patients. Telemetry monitoring equipment will notify them immediately when a patient has a problem.

"We run in there and check on a patient. I think a lot of us are really good at seeing an

Not every patient is in impending event that is going to ical condition. Most patients happen and we try to get ahead to underlying health conditions of it as quick as we can," Mack ding attention. But Mack makes explained.

Additionally, they notify the doctor to come to a patient's room whenever there is a change of consciousness, she said.

"They will call and tell us what to do until they get there. There is a great rapid response team," Mack said. "When they call for a rapid response, everybody is running to do what they can. Everybody has their role."

Learning modules provide continuing education. And CPR skills, including hands-on skills on mannequins, are reviewed every two months for recertification instead of the usual two years that often comes into play within the nursing industry, she said.

"We have a lot of students here, too. So, it's good to teach them all that," she said.

See MACK Page 5



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Dana Mack commends the nursing staff for their quick responses to patient care at SSM Health St. Anthony Hospital - Midwest.

MACK Continued from Page 4

Her unit often gets a lot of cancer patients as well. Mack is thankful for her oncology experience when taking care of terminal patients. For Mack, there is something new every day to learn from on the cardiac telemetry floor. Problems are turned into solutions.

"You find patients that really pull at your heart strings," Mack said. "They try so hard and maybe sometimes their family isn't available to be here and take care of them and hold their hand."

One of her patients with cancer

recently had a stroke and can no longer speak. Mack can tell that the woman is trying to figure out everything that potentially could be wrong with her.

"You just know she's in pain," Mack said.

Nurses will hold a patient's hand, and brush or braid someone's hair to make them feel good. Nurses are there when there is something a patient cannot do for themselves.

"I've even seen nurses go in there and paint nails," Mack said.

For more information about SSM Health St. Anthony Hospital - Midwest visit: https://www.ssmhealth.com/careers

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(AS PUBLISHED IN THE 2022 EDUCATION GUIDE TO NURSING)

Long regarded as one of the top nursing programs in the state, Oklahoma City University's Kramer School of Nursing will expand its offerings this fall, offering two fully online options for the Master of Science

in Nursing and RN-BSN programs.

"We recognize that postlicensure nurses may need or desire more flexibility and convenience when returning to school to obtain a higher degree," said Dr. Gina Crawford, Interim Dean, OCU Kramer School of Nursing and the College of Health Professions. "We believe our online options will allow for a greater number of nurses to advance their education in a way that best fits their needs and busy schedules. While being more convenient, the quality of our programs and the dedication of our faculty continues to be nothing less than outstanding."

The MSN program at Kramer School of Nursing provides students with the opportunity to obtain a Master's Degree focused on Education or Leadership. The program is 33 credit hours offered in the spring, summer, and fall.

The majority of students complete the program in five semesters while maintaining fulltime employment. The MSN program is intentionally designed to support the needs of the adult learner and will be offered completely online starting in the Fall of 2022.

"To me, what makes Kramer unique is the authentic, caring relationships among faculty, staff, and students. It creates an environment where true learning can occur, and students thrive. In turn, we see this positively affect patient outcomes and advance the discipline," said Vanessa Wright, PhD, MSN, RN, Chair of Graduate Education.

The RN-BSN track is designed for working nurses to attain their BSN. It is 30 credit hours, 18 credit hours in nursing, and 12 general education electives.

"We proud of the relationships formed between RN-BSN faculty and students and we look forward to continuing those relationships within the fully online platform. We will continue to offer an in-person option for nurses who prefer in-person instruction," said Professor Pam Tucker, Chair, RN-BSN. "The RN-BSN faculty are supportive and accessible to the students. We recognize the students as adult learners and value the experience each student brings with them to the RN-BSN track. Being part of the journey as RNs achieve their goals is an honor."

RN-BSN alumna, Connie Benhmida, RN stated, "I have been a professional nurse for 21 years and my lifelong goal of earning my BSN seemed out of reach. I discovered the opportunity to achieve my dreams by attending OCU KSN's RN-BSN program. The professors and staff at KSN understand the unique challenges that working adults encounter when deciding to return to school. My nursing instructors embraced me, encouraged me, and celebrated my achievements."

Those seeking a terminal degree are well-served at OCU.

The PhD degree prepares expert nurses in nursing education, research, and leadership to serve the community, state, and nation.

The PhD program combines educational delivery allowing students to keep fulltime jobs and live in their own communities. Through hybrid course design, students meet on campus for 2-3 days at the beginning of each semester and complete courses online over the remainder of the semester. program requires 57 post-master's credit hours.

The DNP program at KSN provides a blend of in-person instruction and distance education.



The BSN-DNP program tracks include family nurse practitioner (FNP), adult-gerontology acute care (AGACNP), and psychiatric mental health nurse practitioner (PMHNP). All three tracks are also offered as post-master certificates (PMC).

DNP-Completion options are also available for MSN-prepared nurses seeking a terminal degree. "Faculty and staff are very proud of the quality, collaborative care provided by our graduates to their communities," said Dr. Cene' Livingston, Interim Chair of Advanced Practice Programs.

"I am very grateful to take part in OCU's first PMHNP postmaster class," said student Dyanna Johnston (PMC PMHNP)." This program allows me to work fulltime and receive quality education from experienced instructors."

BSN-DNP alum Christin Tomlinson, FNP, echoed sentiment.

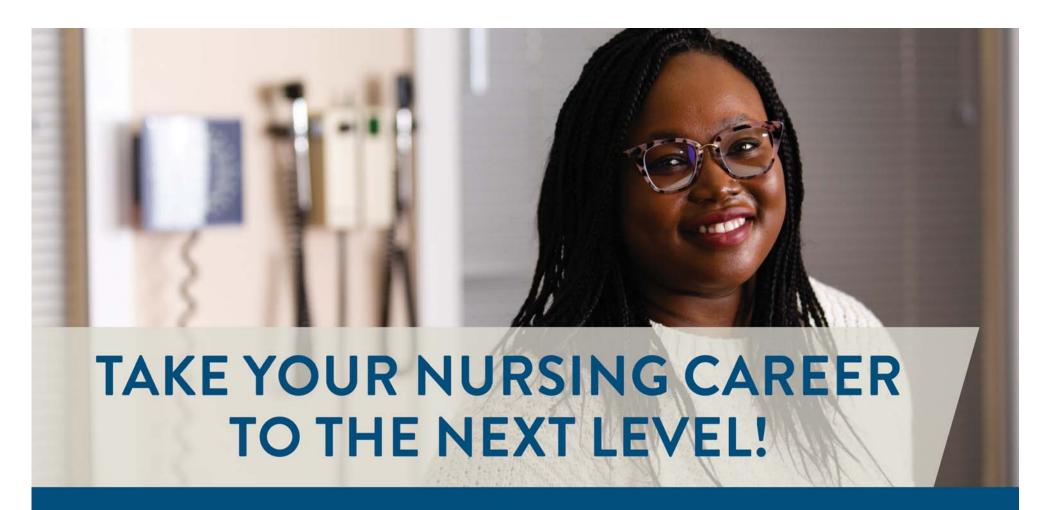
"I highly recommend program to anyone seeking a graduate nursing degree," said. "The professors helped me understand the material, secure clinical placement and were always available for a kind word of encouragement."

OCU Kramer School of Nursing invites you to visit their upcoming College of Health Professions Open House on June 28 at OCU.

Virtual information sessions are also available on May 10 and July 12. Application deadline for the PMC PMHNP track is April 1.

You can find more information online at www.okcu.edu/nursing





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MERALS MERALS

How do you like to spend your time when not at Children's Hospital?

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"Flower gardening and hanging out with my grandson. He's 6 months old so we swing."



Courtney Ray, RN

"I love traveling. When I'm not here I'm traveling and I spend time with my family."



Shikshya Shrestha, RN

"I like to spend my leisure time with my puppies and my husband. I also enjoy reading and going to the beach."



Kelsey Sanders, RN



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Mercy Named Best Large System in U.S. for Excellent Patient Care

Mercy has earned the 2022 Excellence in Patient Experience Award as the top large health system in the country for patient experience, a distinction made by NRC Health, a leader in building personalized health care solutions and data-driven insights.

NRC Health's 2022 Excellence in Patient Experience Award recognizes health systems and hospitals that have demonstrated their commitment to improving

patients' care experiences.

"This award is all about the patient experience and that is central to everything we do," said Dr. John Mohart, president of Mercy communities, who leads operations for all Mercy hospitals. "Our medical team always puts health and safety first, but the patient experience goes far beyond clinical care. Whether it's our food service team, housekeepers or volunteers, it takes every Mercy

co-worker to make patients a priority and give them the best experience possible."

Award winners are selected based on the real-time "would recommend" ratings from patients. One winner is honored in each of the following eight categories of facilities: small, medium and large health systems; small, medium and large hospitals; pediatric facilities; and medical groups. Mercy was selected as the top large health system based on patient feedback collected from April 1, 2021, through March 31, 2022, amid the ongoing COVID-19 pandemic.

"It is incredibly gratifying to be able to honor another esteemed group of organizations this year who deliver exceptional patient care day in and day out," said Helen Hrdy, chief growth officer at NRC Health. "Human understanding is at the core of what we do, and to see it come to life is rewarding beyond words. Congratulations to Mercy for this recognition. Their work is inspiring!"

A complete list of winners is available at nrchealth.com/awards/excellence-in-patient-experience-award/. The NRC award follows the recently announced collaboration between Mercy and Mayo Clinic



Dr. John Mohart, president of Mercy communities.

to transform patient care and find diseases earlier and the recently announced availability of an innovative blood test at Mercy to detect more than 50 types of cancer in early stages.

"This honor from NRC Health means every aspect of a patient's care at Mercy is important, beginning when they schedule an appointment and through the follow-up care long after the clinic, virtual or hospital visit," said Dr. Jeff Ciaramita, Mercy's chief physician executive.



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Record intern class completes summer of research at OMRF

The Oklahoma Medical Research Foundation hosted a record intern class this summer as students conducted wide-ranging experiments while working alongside some of the top minds in science.

Twelve students formed the 66th class of the Fleming Scholars Program. Nine more made up the second class of the OMRF-Langston University Biomedical Research Scholars Program.

The Fleming program gives Oklahoma high school and college hands-on biomedical research experience. It is named for Sir Alexander Fleming, the British scientist who discovered penicillin and in 1949 came to Oklahoma City to dedicate OMRF's first building.

Fleming Scholar Michael Dong of Edmond, a chemistry and neuroscience at major University, was surprised at his ability to comprehend his assigned experiments investigating blood clots at the molecular level. He spent his summer working under OMRF cardiovascular biologist



Members of the Oklahoma Medical Research Foundation's record-setting 2022 class of summer scholars.

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Fleming experience has only further confirmed my dream of pursuing a career intertwining scientific research and medicine," Dong

More than 600 Oklahoma students have participated in the Fleming Scholar program since its inception in 1956. Two current OMRF vice presidents, Judith James, M.D., Ph.D., and Rod McEver, M.D., started their research careers as Fleming Scholars.

The Langston Scholars program aims to diversify biomedical research in Oklahoma. Inaugurated in 2021, it is a partnership between OMRF and Langston University, Oklahoma's only historically Black college or university.

J'Taelii Heath, a biology major at LU, said the experience was a lesson in patience and persistence. "It's not just a matter of doing an experiment and being done with it," said the sophomore from Oklahoma City. "You have to repeat the same experiment to show consistent results."

Heath's research in the lab of education-outreach.

Lijun Xia, M.D., Ph.D. "The OMRF scientist Bob Axtell, Ph.D., found that a component of black pepper reversed the inflammatory effects of cigarette smoke. This finding could have significant implications for people with multiple sclerosis, whose prognosis worsens from smoking.

Other Langston and Fleming Scholars conducted research in areas ranging from osteoarthritis and cancer biology to diseases of aging. At the summer's conclusion, each authored scientific papers and delivered presentations to OMRF's research staff.

Additionally, four students from U.S. service academies comprised the 12th class of the John H. Saxon Service Academy Summer Research Program. The 25 total students marked the largest group of summer program participants in OMRF's 75-year history.

Applications for OMRF's 2023 Fleming Scholar program will open in fall 2022. For more information about education and outreach programs at OMRF, visit www.omrf.org/about-omrf/

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Situation Update: COVID-19

New Cases 7 Day Average	1,163
New Cases Week of 8/7/22 - 8/13/22	8,140
Active Cases	17,830
Total Cases CDC/NCHS Provisional Deaths	1,150,203 16,519
Cases (ICU)	
Region 1 (NW)	10 (2)
Region 2 (NE)	27 (5)
Region 3 (SW)	34 (3)
Region 4 (EC)	17 (8)
Region 5 (SE)	14 (1)
Region 6 (Central)	22 (5)
Region 7 (Tulsa)	110 (45)
Region 8 (OKC)	111 (19)
Total	345* (88)
Other Types of Facilities	
Focus Facilities	6 (1)
Rehabilitation Facilities	0 (0)
Tribal Facilities	9 (1)
Other Englisting Total	45 (2)

^{*}Includes 26 hospitalizations in pediatric beds.

**Focus, Rehabilitation and Tribal Facilities numbers are not assigned to a specific region as their patient populations reside across the state. Information provided through survey of Oklahoma hospitals as reported to HHS as of the time of this report. Response rate affects data. Facilities may update previously reported information as necessary.

15 (2)

Data Source: Acute Disease Service, Oklahoma State Department of Health.

*As of 2022-08-18 at 7:00 a.m.

Other Facilities Total

Collaborative Care Grant for Nurses and Pharmacists

The ASHP Foundation is now accepting applications for the Collaborative Care Grant for Nurses and Pharmacists.

The application deadline is Sept. 7, 2022.

Created by a partnership between the ASHP Foundation and the American Nurses Foundation, this grant program aims to stimulate patient-centered interprofessional health services research that demonstrates meaningful outcomes.

Who is Eligible?

The research team to be co-led by a pharmacist and nurse, serving as co-principal investigators.

What Research is Eligible?

- Innovating or evaluating new services or technologies to minimize barriers to care for populations such as at-risk or complex patients from underserved communities, or individuals who are elderly, have comorbidities or require chronic care.
- Focusing on complex systems and processes (e.g., emergency departments), transitions of care, continuums of care, preventative care.
- Priority to be given to research that measures teamwork and meaningful outcomes, such as, decreased patient harm, increased patient involvement in care, reduced hospital admissions/readmissions, and improved quality of life.

The American Nurses Foundation (the Foundation) is currently accepting applications for the 2022. A single grant will award \$75,000 for an 18-month period of research work, co-led by a nurse and a pharmacist. Projects must be patient-centered, and outcomes must support a diverse, inclusive, and equitable health care system. The Request for Proposal is open to all who meet the eligibility requirements. The submission deadline is September 7, 2022. To learn more and to submit an application, visit Nursing World.



Nerve Renewal

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- Sleep loss from leg pain
- Post surgical pain
- Chronic intractable pain

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Neuropathy has many different causes. The most common metabolic cause are patients with diabetes. Nearly 60% of all patients with diabetes develop neuropathy. This can commonly present as pain, numbness, swelling, burning, tingling, sleepless nights, balance issues.

Other causes of Neuropathy include:

- Chemotherapy
- Alcoholism
- Drugs/prescription medications
- · Battlefield toxins, industrial toxins
- Vitamin deficiencies
- Acute physical Trauma
- · Post-surgical pain





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