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Nursing is special



RN delves into learning opportunities

Kate McSorley, RN, is a shoulder to lean on for critically ill patients, their families and friends.

story and photo by James Coburn, Staff Writer

Select Specialty Hospital feels like home for Kate McSorley, a registered nurse serving critically ill patients at the Oklahoma City hospital.

This is McSorley's second go-around with Select Specialty Hospital. She first worked at the critical care recovery hospital for three years and returned in March after utilizing her skills for two years at the Federal Bureau of Prisons. She also worked as a

clinical instructor.

"It's one of the first jobs I had out of nursing school, and I learned so much here," McSorley said.

McSorley will be attending graduate school this fall at Duke University to specialize in endocrinology. She is a nursing

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SSM Health Oklahoma assumes operations of Seminole Health Care facility



SSM Health Oklahoma is pleased to have officially assumed responsibility for operations associated with the health care facility located at 2401 W. Wrangler Blvd. in Seminole, Okla. Effective July 1, 2022 at 12:01 am, the facility became SSM Health St. Anthony Hospital - Shawnee, Seminole Campus. The facility operates under the license of SSM Health St. Anthony Hospital - Shawnee.

"SSM Health St. Anthony is dedicated to expanding access to high-quality health care throughout our state, with a proven, long-standing focus in eastern Oklahoma," said Joe Hodges, Regional President, SSM Health Oklahoma. "This is an exciting moment for our organization. Our Saints in Action are members of the communities we serve, representing our values of compassion, respect, excellence, stewardship and community not only in exceptional patient care, but in their schools, churches and neighborhoods, as well."

The transition includes a full-service emergency room, laboratory services, imaging, inpatient services, physical therapy and a wound care center in nearby Shawnee, Okla. Four primary care providers have also joined SSM Health Medical Group on the Seminole campus, including Dr. Stephen Feuerborn; Marah Canfield, APRN-CNP; Amanda Kuehner, APRN-CNP and Tessa Tate, APRN.

Angi Mohr, President, St. Anthony Hospital - Shawnee, and her leadership team will oversee this facility. A graduate of Seminole State College and a 2022 inductee to the Seminole State College Hall

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MCSORLEY

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school graduate of Oklahoma City Community College. She earned her Bachelor of Science degree in Kinesiology and Public Health from the University of Central Oklahoma.

"Even now 10 years later, there are so many people who work here that worked here a decade ago and that's reassuring," she continued. "So, it was like coming home. The opportunity kind of fell into my lap and it was just the right time."

The orientation process is comprehensive at Select Specialty Hospital. She tells recent nursing school graduates not to be intimidated. There are valuable learning opportunities and new nursing staff members are never alone.

"We are a team. You are going to learn a ton," she said. "Everything you learned in a textbook you're going to learn in a patient's room. It's just going to click. You'll be grateful that you worked here."

Patients who are transferred there have been hospitalized in a hospital ICU for at least three days. The 72-bed, free-standing hospital has

12 dedicated ICU beds for critically ill patients on endotracheal tubes, vents, and different types of drips. There are 60 regular floor beds. Best practices include vent management, weaning, tracheotomies, wound care, physical therapy, occupational therapy, speech, and cognitive therapies.

"I try to do a little bit of everything. I try to focus on the ICU now and learning about that," McSorley said.

Nurses and therapists get patients walking, talking, breathing, thinking, and eating again. An average hospitalization time is 25 days or more.

"We see patients here from weeks to months," she said. "So, our focus is for the marathon and not a sprint. We not only take care of their current problems, but we take care of them psychosocially and spiritually."

McSorley feels joy working at a hospital where she can care for people and gets to see their problems resolved enough to go home.

Patients are prepared to make the transition to home health, a rehab or skilled nursing facility. Referrals are accepted from all the different hospitals in the Oklahoma

City metropolitan area as well as other parts of the state.

The knowledge-based nursing staff at Select Specialty Hospital is a blend of strength and humor.

"It's a fun group," she said. "We have very stressful jobs. Things can go side-ways but the camaraderie here is amazing. I love everybody that I work with. I look forward to coming to work every day. My schedule is pretty unique. I work six 12's in a row and then take eight days off. I love the flexibility."

Needs of family members are also cared for as if they are family members. She loves seeing adult children caring for their parents at the hospital. Mortality becomes more apparent for McSorley as she ages. So, watching sons and daughters care for their parents with the same compassion that she would offer her own parents is endearing and personally rewarding for her, she said.

She is grateful to be able to make their experiences less stressful and more comforting by having someone they can talk to.

Nurses should be able to manage their time well but be able to give of

themselves with compassion, empathy, and be detail oriented, she said. McSorley is not afraid of being vulnerable.

"I help patients — I cry with patients — I cry with their families," she said. "We hold hands, we pray."

McSorley is frank when answering questions from family members. She tells them that if she does not have an immediate answer, she will find out for them.

"I definitely try to build a rapport with everyone who comes in the patient's room, not just with the patient, but their family and their friends, and just let them know I'm someone they can come to no matter what," she said.

She helps set people at ease by telling her story about "how wonderful a place" Select Specialty Hospital is.

For more information about SSelect Specialty Hospital visit: <https://www.selectspecialtyhospitals.com>



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SSM
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of Fame, Mohr has cared for rural eastern Oklahomans since 1992. She was named President of the Shawnee hospital in 2020, and prior to that appointment, she served in several leadership roles including Chief Nursing Officer, Chief Operating Officer, Assistant Vice President of Nursing and Director of Emergency Department. "As a lifetime rural Oklahoman myself, and with personal ties to the Seminole Community, it is an exciting opportunity to work alongside the wonderful caregivers who have just joined our organization," Mohr said. "Our incredible employees help us deliver our Mission – 'Through our exceptional health care services, we reveal the healing presence of God' – and I speak for the entire leadership team and our Saints in Action when I say that we are proud to provide health care to the community of Seminole."

A dedication and blessing event is planned for late summer.

FROM OUR FRIENDS ON FACEBOOK

From: Norman Regional Health System

Welcome Brandy Reeves, APRN, FNP-BC, to our Internal Medicine – Doctors Park clinic!

Brandy is a certified advanced practice registered nurse who worked as an Intensive Care Unit (ICU) nurse for seven years prior to becoming an APRN.

"My background as an adult critical care nurse has allowed me the unique opportunity to see firsthand how chronic disease processes can lead to life-threatening emergencies and/or acute critical illnesses," Brandy said. "This has shown me how imperative it is that patients in the community have accessible healthcare managed by knowledgeable, skillful and professional providers who work compassionately and diligently in their aid to educate, prevent and manage ailments and disease – with aim of preventing adverse events or medical emergencies such as these from occurring or recurring."

Brandy is accepting new patients and would love to care for you! Call Internal Medicine – Doctors Park at 405-515-0380 to schedule an appointment, or learn more by visiting: https://www.normanregional.com/doctors/1371-brandy-reeves-aprn-fnp-bc?fbclid=IwAR2ftl1bsKELXkkjRn9i5-OZXuTKfhgt_TGjG_y0gtUUglNtyreJH_j7ee0



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CAREERS IN NURSING

MOMENTS TO REMEMBER: LPN SETS FOUNDATION AS NURSE

by James Coburn - staff writer

Christina Schreck wanted to become a nun or a truck driver when she was growing up. She is a single mother who has always been a caregiver. Nursing is a profession that she is naturally drawn to. As an LPN, she found her home at The Wilshire Skilled Nursing and Therapy, located in Oklahoma City.

"I'm good at it, and this is something I will always be in demand for," she said. "There is not one person in this residence that I don't love or know or hug."

She finds it very important to be uplifting and supporting others as their extended family. Schreck likes getting to know her residents at The Wilshire Skilled Nursing and Therapy.

"I think that's important for them to have because we are family," Schreck said. "A lot of them don't have family that come visit them. So, it's important if they want a Heath bar. It was somebody's

birthday the other day and she likes chocolate covered donuts. Deborah likes to dance. There's one here, Danny, he likes his whirlpool three times a week. It's important to know the details."

She wanted to work at a small capacity nursing home after graduating about 18 months ago from Canadian Valley Technology Center, located in Chickasha.

"You can go through a lot of bad apples before you find a fit," Schreck said. "I asked my instructors what's the point if I don't find somewhere that I don't get along with everybody. But The Wilshire Skilled Nursing and Therapy turned out to be a gem."

"It's good to have mutual respect where you can come to the table and discuss and feel you are heard. We have a good platform for that," she said.

Schreck has stayed there because of the quality care provided by

the staff, she continued. She didn't want to work at an over-populated nursing home that is understaffed.

"I wanted to get into skilled nursing where I could grow and learn," Schreck said. "I do a little bit of everything, help out with wound care. I'm continuously learning."

Schreck learns by asking a lot of questions. Someone on staff always has the answer she needs to give the best quality of care. Everyone comes together when finding effective solutions, she said. Schreck feels comfortable in knowing she has administrative support in advocating for the residents' needs.

Her career calls for multi-tasking kept in check by compassion for patients and their family members in both skilled nursing and long-term care. Someone who is strong and determined describes an effective LPN. They complete their tasks, she said, by giving every ounce of commitment needed.

"I have a very strong work ethic. If you're not going to do it right then don't bother doing it," Schreck said. "If I feel uncomfortable about doing something, I can always grab one of my supervisors."

She has always been the type of person who will find someone who can explain a solution. Everyone asks questions at some point if they want to achieve anything in their career, she said.

"You've got to be courteous and there's always good times to ask questions. I've had a lot of respect at work, and I've made a couple of really good friends here," she said. "It makes a big difference when you know there are people who have your back. When you didn't grow up with that it makes a big difference to have that kind of support."

Schreck said she is lucky that Canadian Valley Technology Center

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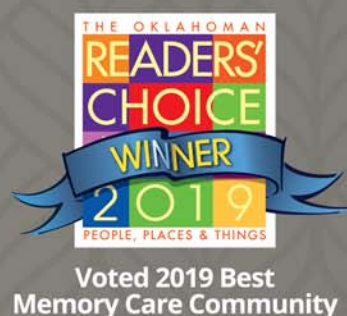


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SCHREK

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set her on the right course.

"It was a great school. My instructors were nice and a good support team. I actually enjoyed it," she said. "They have one of the hardest programs to go through. I loved it and would recommend it to anybody."

As a single mother she keeps herself busy at work and finds time to relax with her 12-year-old daughter. They like to go camping, canoeing, and be outdoors.

"Right now, she's in Branson, Missouri. I'm kind of jealous, but I'm glad she gets to go," Schreck said. "I kick it with my kid. She is my best friend."

They also spend time together at The Wilshire Skilled Nursing and Therapy doing arts and crafts.

"I love arts and crafts. She'll make stuff for all the residents. I do some of the night shift, so she'll make me take them to work and I'll lay them on everybody's little desk, so everybody wakes up to a little something. She is a participant. She's like a candy striper and she's always a blessing."

For more information about The Wilshire Skilled Nursing and Therapy visit: <https://www.wilshireokc.com/>



Christina Schreck instills love and support wherever she goes as an LPN at The Wilshire Skilled Nursing and Therapy.

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Location: 73069 - Full Time Sooner Home Health of Yukon, OK is looking to hire a full-time Are you looking for an opportunity to advance your career in nursing? Competitive salary based on experience. great benefits, including medical, dental, vision, short- and long-term disability, 6 holidays off, paid time off (PTO) accrual, a 401(k), schedule flexibility, and life insurance. **QUALIFICATIONS:** Licensed as a registered nurse, 2+ years of nursing experience in the home health care industry, CPR certification OR the ability to obtain one within 60 days of being hired, Knowledge about Medicare guidelines regarding home health agencies, and have valid driver's license, reliable transportation with proof of insurance. For more information or to apply visit:

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204 REGISTERED NURSE

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OU Health Announces Chief Operations Officer

OU Health, Oklahoma's only integrated, comprehensive academic health system, has named Jonathan W. Curtright, MBA, MHA, chief operations officer.

Curtright comes to Oklahoma from MU Health Care, the University of Missouri's academic health system, where he has served as CEO since 2017. His executive experience in healthcare spans more than 25 years and includes leadership roles at Indiana University Health, UK Healthcare and Mayo Clinic. He will be onsite in Oklahoma City in August.

"Jonathan brings to OU Health a wealth of experience in academic healthcare and has a successful track record of operational excellence, strategic growth, health system transformations and employee engagement. He is uniquely qualified to step into this important role at OU Health as we focus on integrating our organization in order to bring the best outcome and experience to our patients" said Richard Lofgren, M.D., MPH, president and CEO of OU Health.

Curtright joins OU Health as a member of the executive team and will have operational and business oversight of OU Health University of Oklahoma Medical Center, Oklahoma Children's Hospital OU Health, OU Health Stephenson Cancer Center and OU Health Edmond Medical Center.

Curtright has worked in accelerated leadership roles over the course of his career. He has extensive leadership experience across the entire continuum of care, including outpatient, inpatient, procedural, imaging, regional and outreach practice, support services, post-acute care, research and education. While at MU Health Care, he strategically grew the health system, transformed clinical performance, planned and launched the development of a new children's hospital, deepened employee engagement and cemented an Alliance for Precision Health with Siemens Healthineers.

Curtright earned master's degrees in both business and healthcare



Jonathan W. Curtright, MBA, MHA

administration and an undergraduate degree in business from the University of Missouri.

"The work already underway at OU Health is both exciting and transformative for healthcare in the state of Oklahoma and the region," said Curtright. "I am tremendously excited to be a part of Dr. Lofgren's vision of bringing a highly integrated, high performing academic healthcare system to the citizens of the region and am looking forward to joining the Oklahoma community."

Curtright and his wife, Lori, will relocate to Oklahoma City. They have four adult children.

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(AS PUBLISHED IN THE 2022 EDUCATION GUIDE TO NURSING)

NWOSU continues to turn heads

The hits just keep on coming for Northwestern Oklahoma State University when it comes to national recognition of its nursing programs.

The past year has seen the school's nursing program recognized by several groups for everything from flexibility to accessibility to cost and reputation.

"We've had some really great recognition nationwide," said Dr. Shelly Wells, professor of nursing and chair of the Charles Morton Share Trust Division of Nursing. "Those are just a few. We're working hard."

Northwestern Oklahoma State University's hybrid BSN-to-DNP nurse practitioner program was recently named the best in the country out of 203 accredited colleges and universities in the nation evaluated by [Intelligent.com](https://www.intelligent.com).

Criteria used for the ranking included flexibility, faculty, course strength, cost, and reputation.

[Intelligent.com](https://www.intelligent.com) created a Top 35 Nurse Practitioner Programs list from their evaluations.

Other factors [Intelligent.com](https://www.intelligent.com) used to evaluate each program included program strength, student readiness, return on investment, cost, and student engagement.

According to their website, they looked at how easy it would be to earn back the cost of each degree program. They calculated the average weekly wages of the occupations that a particular degree leads to versus the cost of the program.

Northwestern is one of only two public universities in Oklahoma to offer a Family Nurse Practitioner program, was the first public university with a BSN to DNP offering, and the only program in the state with an emphasis on nursing in rural communities.

Wells, a former March of Dimes Nurse of the Year and Nightingale Award of Nursing Excellence recipient from the Oklahoma Nurses Association said the school's faculty is the driving force in its success.

"We have a very caring faculty. Being a small program, our faculty

know our students - across all our programs," Wells said. "We're known for our faculty quality, caring and one-on-one relationships with students and that's what I think leads to our success."

This past year also saw NWOSU rated in the top 100 for affordable RN to BSN programs in the country by [UniversityHQ.org](https://www.universityhq.org).

[Registerednurse.org](https://www.registerednurse.org) tabbed NWOSU as the No. 1 RN to BSN program in Oklahoma.

Mometrics.com put Northwestern in the top 30 among all programs in the Southwest based on affordability.

Wells - who also serves as ONA's President - pointed out the NWOSU Nursing program is among the top in the state in terms of national RN licensing examination (NCLEX) pass rates.

The most recent BSN-DNP Family Nurse Practitioner class boasted a 100-percent pass rate on all certifications and 100 percent job placement.

"Maybe that's how we're getting all

this recognition," Wells laughed. "We lay a foundation of unique needs for rural nursing care and providership. We start on day one with that and go throughout the program focusing on those unique needs."

A diverse, caring faculty is the backbone for it all.

"We are extremely proud of our faculty and staff members who work hard to give our students the best experiences to maximize learning," said Dr. Janet Cunningham, university president. "Receiving affirmation from outside sources shows that our students learn from the best through an affordable program, and gain employment after graduation."

Wells stressed the availability of funds for traditional nursing students and the university's long history of philanthropy and scholarship that yields many students graduating with little to no debt.

For more information visit:

www.nwosu.edu/school-of-professional-studies/nursing



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<https://www.nwosu.edu/school-of-professional-studies/nursing>

OMRF receives \$3 million for anti-aging study, seeks volunteers

The National Institutes of Health has awarded the Oklahoma Medical Research Foundation \$3 million to continue the study of the anti-aging abilities of a diabetes drug.

The five-year grant will allow OMRF physiologist Benjamin Miller, Ph.D., to continue his investigation of the ability of metformin, the world's most prescribed diabetes drug, to slow the biological process of aging.

Aging is a leading risk factor for many diseases, but people can lessen the impacts of aging with appropriate diet and exercise. Because many people find dietary changes and exercise challenging, there are ongoing searches for medications that may mimic those effects.

"We know exercise slows the aging process, but this drug could

be an alternative for otherwise healthy people who don't get much movement," Miller said.

The study will observe metformin's impact on animal models with different fitness levels. Investigators designed the study after surprising results that also led to an ongoing OMRF clinical trial of metformin in humans.

"Our studies have shown that there may be people who benefit from the metformin treatment and others who do not," Miller said. "Our goal is to help determine who may benefit and better target the treatment to slow the onset of chronic diseases."

Finding the right context for anti-aging metformin treatment is critical as this use for the drug grows, Miller said. This study will help identify groups who may see the greatest positive impact and



Oklahoma Medical Research Foundation scientist Benjamin Miller, Ph.D.

who should skip this treatment to avoid adverse effects.

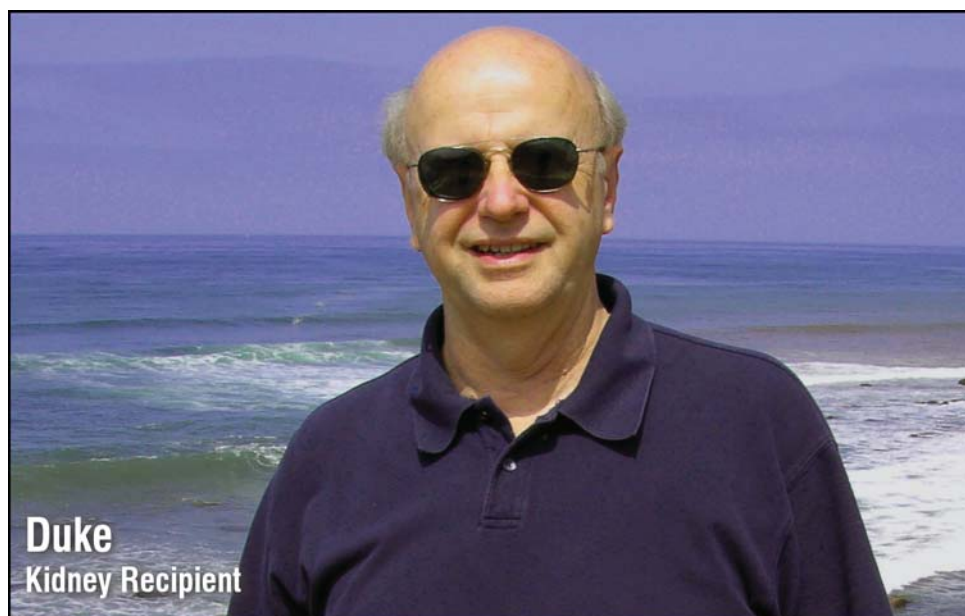
Miller is continuing to recruit participants for the ongoing clinical trial. The study is now focused on participants aged 40-75 who have higher-than-normal blood sugar, a body mass index above 30, or are not physically active. Participants must also not be taking glucose-lowering agents.

Volunteers will first undergo a health screening. If enrolled, participants' visits during the 12-week study may include blood

tests, muscle biopsies, bone density scans and insulin sensitivity tests.

To participate or for more information, visit www.omrf.org/metformin or contact Oklahoma Shared Clinical and Translational Resources at 405-271-3480 or osctr@ouhsc.edu.

Funding for the research is provided by the National Institute on Aging, a part of the NIH. Grant No. R01AG074502-01A1 will support the new study, and R01AG064951 continues to fund the clinical trial.



Duke
Kidney Recipient

Imagine, 30 years old, beautiful wife, one child, another on the way, a great job and you go to the doctor and he says "This is the day you start dialysis, we have a chair ready for you." Dialysis...possibly for the rest of your life. I couldn't start that day, I had to go home and refocus on this long journey of dialysis three times a week. The next day I started and was a dialysis patient for six years. I continued to work for several years and shortly after starting dialysis our second son was born. Our kids only knew a dad that was on dialysis three times a week, until I received a kidney transplant.



Thanks to the family of an accident victim, I received a kidney transplant in 1986. It's been over 27 years since my life was

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PTSD, Healthcare Workers: What You Need to Know, How to Get Help

Lacey Heidel, BSN, RNC-OB, a certified labor and delivery nurse at Norman Regional Health System, was only three months into her nursing career when she faced the hardest day of her life and career when her patient died from an amniotic fluid embolism (AFE).

"That was the absolute worst day of my life," Lacey said.

Three months after the incident, Lacey said she "spiraled downhill real quick. It all hit me at once."

That's when she was diagnosed with PTSD.

She received treatment, underwent therapy and got on medication – allowing her to come back to work again with "a new spirit," she said.

Lacey is just one of many healthcare workers who suffer from PTSD due to a work-related traumatic event. According to a study at the University of Colorado, 18% of nurses meet the diagnostic criteria for PTSD. In comparison, PTSD in the general population of the U.S. is 6.8% among adults, according to the National Institute of Mental Health (NIMH).

What is PTSD?

Post-traumatic stress disorder, or PTSD, is a psychiatric disorder that happens whenever someone goes through a traumatic experience and memories get embedded into their mind, said Farhan Jawed, MD, a board certified psychiatrist and medical director of Norman Regional's inpatient Behavioral Medicine.

What are the symptoms of PTSD?

After experiencing a traumatic event, some may experience the following symptoms:

- **Re-experiencing symptoms**
 - * Flashbacks
 - * Reoccurring memories or dreams related to the event
 - * Distressing thoughts
 - * Physical signs of stress
- **Avoidance symptoms**
 - * Staying away from places,

events or objects that are reminders of the experience

- * Avoiding thoughts or feelings related to the traumatic event

- **Arousal and reactivity symptoms**

- * Being easily startled
- * Feeling tense, on guard or "on edge"

- * Difficulty concentrating
- * Difficulty falling or staying asleep

- * Feeling irritable and having angry or aggressive outburst

- * Engaging in risky reckless or destructive behavior

- **Cognition and mood symptoms**

- * Trouble remembering key features of the traumatic event

- * Negative thoughts about oneself or the world

- * Distorted thoughts about the event that cause feelings of blame

- * Ongoing negative emotions, such as fear, anger, guilt or shame

- * Loss of interest in previous activities

- * Feelings of social isolation

- * Difficulty feeling positive emotions

To be diagnosed with PTSD, a person must have all of the following for longer than one month, and symptoms must be severe enough to interfere with aspects of one's daily life, according to the NIMH.

- At least one re-experiencing symptom

- At least one avoidance symptom

- At least two arousal and reactivity symptoms

- At least two cognition and mood symptoms

Dr. Jawed said there is also acute stress disorder, or ASD, which presents similar symptoms, but those symptoms only last for a month or less. If symptoms are prolonged, then it is diagnosed as PTSD.

What is the treatment for PTSD?

The No. 1 thing for someone who thinks they may be

experiencing PTSD to do is to visit a mental health provider, either a psychiatrist or a psychologist, Dr. Jawed said. Once officially diagnosed with PTSD, multiple treatments are available.

Treatments for PTSD include:

- Counseling
- Psychotherapy, or Cognitive Behavior Therapy

There are different types of therapies that have been proven beneficial for those with PTSD, Dr. Jawed said. One is Eye Movement Desensitization and Reprocessing (EMDR) therapy, which is one that Lacey said was very helpful for her during her treatment.

- Medications

The type of medication, or medications, used depend on the patient and their symptoms, Dr. Jawed said. Different medications can be used to help treat PTSD, including anxiety medications, antidepressant medications, sleep medications, and more.

"There is a lot of treatment available," Dr. Jawed added.

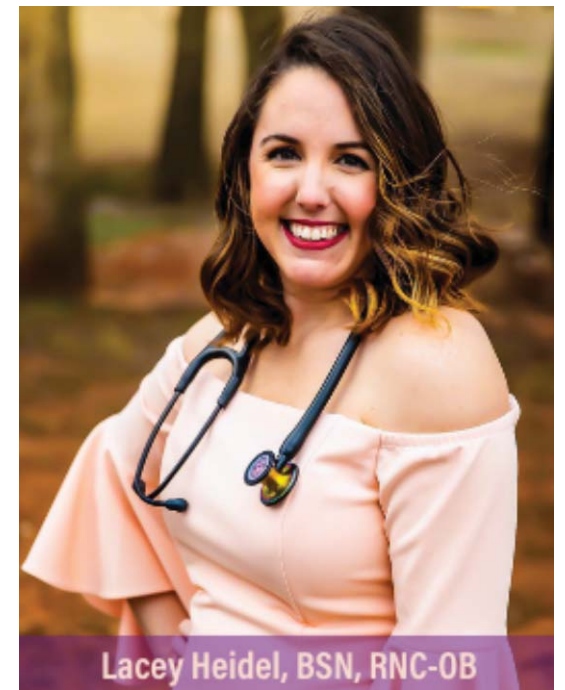
The patient and their healthcare provider can work together to find the right treatment, or combination of treatments, to best help with their symptoms.

How can I get help for myself or a loved one experiencing PTSD?

There are many resources available both internally within Norman Regional Health System and externally. If you or a loved one may be experiencing PTSD, the most important first step is to seek help from a mental health provider.

Norman Regional has multiple resources for its healers, and also has its Outpatient Counseling Clinic, which offers outpatient counseling for adults 18 and older. To schedule an appointment, call the clinic at 405-912-3495.

There are also many resources



Lacey Heidel, BSN, RNC-OB

outside of Norman Regional, including support groups through the NIMH.

Visit: <https://www.nimh.nih.gov/health/find-help> for additional resources.

Aside from professional help for PTSD, which is necessary, those suffering with PTSD can also help themselves by:

- Following the treatment plan.
- Exercising, meditating or participating in other activities to help reduce stress.
- Trying to maintain routine for meals, exercise and sleep.
- Setting realistic goals and doing what they can.
- Spending time with trusted friends and family, and informing them upfront about things that may trigger symptoms.
- Expecting symptoms to improve gradually, not immediately.
- Avoiding use of alcohol or drugs.

Even if you are not experiencing PTSD, you can help by spreading awareness – knowing and sharing that healthcare workers may experience work-related PTSD and it is important to pay attention to your symptoms after experiencing a traumatic event.

It is okay to not be okay.

ANA Applauds Passage of the Bipartisan Gun Safety Legislation

The American Nurses Association (ANA) applauds the U.S. Congress for passing landmark gun safety legislation that will take meaningful action to address serious public health crises in the United States. The bill heads to President Biden and it is anticipated that he will sign it into law soon. The following statement is attributable to ANA President Ernest Grant, PhD, RN, FAAN:

"The passage of the Bipartisan Safer Communities Act marks one of the most significant steps Congress has taken to reduce gun violence in decades. As the nation's largest group of health care professionals, nurses know firsthand the horrible toll that guns have taken on our families and communities. This bill begins to address some of the core issues underlying the public health issue of gun violence by implementing common-sense policies that nurses and other health care professionals have long supported. Critically, this legislation is the result of bipartisan compromise. I want to thank its champions in the United States Congress who worked tirelessly across the aisle to ensure this package crossed the finish line."

The legislation includes significant investments in mental health, school safety, and school mental services. Notably, it will provide \$250 million for the Community Mental Health Services Block grant which enable States, the District of Columbia, and territories to expand access to mental health care. It will provide funding to increase awareness of mental health issues among school aged children; and to train school personnel and other adults who interact with school aged children to detect and respond to mental health issues. The American Nurses Association (ANA) is the premier organization representing the interests of the nation's 4.3 million registered nurses. ANA advances the profession by fostering high standards of nursing practice, promoting a safe and ethical work environment, bolstering the health and wellness of nurses, and advocating on health care issues that affect nurses and the public. ANA is at the forefront of improving the quality of health care for all. For more information, visit www.nursingworld.org.

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Situation Update: COVID-19

New Cases 7 Day Average	1,207
New Cases Week of 7/3-9/22	8,449
Active Cases	16,591
Total Cases	1,092,706
CDC/NCHS Provisional Deaths	16,189
Acute Care OSDH Licensed Facilities/Location**	Recent 3 day Ave. Hospitalizations
	Cases (ICU)
Region 1 (NW)	9 (2)
Region 2 (NE)	16 (2)
Region 3 (SW)	25 (4)
Region 4 (EC)	24 (6)
Region 5 (SE)	8 (0)
Region 6 (Central)	19 (2)
Region 7 (Tulsa)	77 (29)
Region 8 (OKC)	122 (21)
Total	300* (66)
Other Types of Facilities	
Focus Facilities	12 (0)
Rehabilitation Facilities	1 (0)
Tribal Facilities	10 (1)
Other Facilities Total	23 (1)

*Includes 37 hospitalizations in pediatric beds.

**Focus, Rehabilitation and Tribal Facilities numbers are not assigned to a specific region as their patient populations reside across the state. Information provided through survey of Oklahoma hospitals as reported to HHS as of the time of this report. Response rate affects data. Facilities may update previously reported information as necessary.

Data Source: Acute Disease Service, Oklahoma State Department of Health. *As of 2022-07-14 at 7:00 a.m.

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