

Davis Carves Out Path Towards Career Goals



Jessica Davis serves as an Intensive Care Unit RN at INTEGRIS Health Edmond. She is continuing her education pursuing her Doctor of Nurse Practice (DNP) and Nurse Practitioner degrees.

story by Van Mitchell, Contributing Writer

Jessica Davis didn't envision herself growing up and becoming a nurse like her mother.

But that career path eventually changed, and she found the calling for a career in the medical field, where she now serves as an Intensive Care

Unit RN at INTEGRIS Health Edmond.

"I never thought I would be a nurse," she said. "My mom (Susan) was a nurse growing up, and you know growing up

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Simulation Center Earns INACSL Endorsement

The Fran and Earl Ziegler College of Nursing at the University of Oklahoma earned one of the few worldwide inaugural endorsements by the International Nursing Association of Clinical and Simulations Learning (INACSL) new Healthcare Simulations Standards Endorsement Pilot Program. The INACSL Standards of Best Practice have guided the integration, use and advancement of simulation-based learning experiences used in academia, clinical practice and research since 2011.

The Healthcare Simulation Standard Endorsement Award was presented to OU Nursing Experiential Learning Center team members Julie Fomenko, Ph.D., MSN, RN, CHSE; Braydon J. Amidon, MSN, RN, CHSE; and Sarah White, NRP, CHSOS; at the INACSL's annual conference in Milwaukee.

"The recognition of our nursing simulation program demonstrates our high standards for simulation education at the college, the expertise of our simulation faculty and staff across all five College of Nursing sites, and our dedication to innovation and advancement of the science of nursing simulation," said Dr. Fomenko, executive director of simulation and experiential learning at the OU College of Nursing. "As the only endorsed program in the state of Oklahoma and only one of nine worldwide, this endorsement recognizes the leadership in nursing simulation and will push our program into the future. It takes the dedication and commitment to excellence of faculty and staff to provide the best educational experiences for our students."

INACSL's Healthcare Simulation Standards of Best Practice are designed to advance the science of simulation, share best practices and provide evidence-based guidelines for the practice and development of a comprehensive standard of practice. Endorsement

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DAVIS

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(I thought) I was going to do my own thing and be my own person. But it (nursing) eventually called to me too."

Davis earned her Associates degree from Oklahoma State University-Oklahoma City, and her Bachelor's degree from Southwestern Oklahoma State University in Weatherford. She is now enrolled through the University of South Alabama pursuing her Doctor of Nurse Practice (DNP) and Nurse Practitioner degrees.

Davis said she was drawn to intensive care work while doing her clinical rotations.

"My patients sometimes don't make it, but when they do, we celebrate that," she said. "It is really about finding that time with the patient, that you can make them the most comfortable in their last days, and helping the family come to terms with that. It is trying to make them feel ok if they aren't going to make it out of that situation. It is hard for the patient and the family. It is a tough thing, but I enjoy it."

Davis said being an Intensive Care RN allows her to have a closer connection with patients.

"You are more hands-on, because you usually have one-to-two patients at a time," she said. "You can laser focus on that patient and what they need, whether it is minute-to-minute or hour-to-hour depending on how sick they are. I really like that I get to have that more one-on-one quality time with the patient."

She continued, "You get to have those difficult conversations with the families and patients, and really try to understand what they want out of that care, and you have more ability to reach that care in the end goal. We can give you the highest rate of care, but it comes down to the patient's goal of care, and sometimes that is no medicine at all. Being able to be there for them and help them achieve the goal they want out of medical care is what I want to help them do."

Davis said working during the COVID-19 pandemic was challenging,

but found ways to relieve stress.

"Covid was tough," she said. "You cry. You laugh. You find joy in the little things you can, and then you get up and try again."

Davis said it will take her about another three-and-a-half years to complete her DNP and NP degrees, and will begin her clinical rotations this fall. She said those degrees will allow her work in both the Family Practice setting, as well as Acute Care.

"That way I can see from kids to geriatrics across the lifespan," she said.

Davis said her family and her Integris co-workers have provided her with a strong support system of balancing work, school, and motherhood.

"You have to make it work," she said. "Luckily, I have a really good support system in my family. They help me when I need to do school stuff or extra clinical preparation. I couldn't ask for a better team that I have, both family and at work."

Davis said her mother, who has been a nurse for 18 years, is both a role model as well as a sounding board.

"I talk to her every morning when I drive to work," she said. "She is the most dedicated person I know. If she needs to come in and help out, even if it's not her day to work, she will be there. She is definitely my role model in how to help patients and staff alike get what they need. I am very grateful to have her in my life. She amazes every day with what she does and her knowledge base, and how she continues to grow and learn and teach other people."

Davis also credits her husband for his support.

"My husband, Scott, has supported me through all the ups and downs of my career," she said. "I couldn't appreciate another person more for all he does to care for me when I need it the most."

Davis' hard work and dedication hasn't gone unnoticed after she was named Nurse of the Year for her department at INTEGRIS Health, by her fellow nurses.

"That was pretty awesome," she said. "It was a pretty nice surprise to get that," she said.

For more information visit: <https://integrisok.com/careers>



Jessica Davis, Intensive Care Unit RN at INTEGRIS Health Edmond says her husband Scott, is one of her biggest supporters as she pursues her medical career.

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INACSL

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recognizes the OU College of Nursing's adherence to the INACSL core four standards: prebriefing, debriefing, facilitation and professional integrity. Adoption of Healthcare Simulation Standards demonstrates a commitment to quality and implementation of rigorous evidence-based practices in health care education to improve patient care.

"Standardized simulated learning experiences provide OU nursing students with the opportunity to practice the application of new knowledge and skills in a safe and supportive learning environment," said Julie Hoff, dean of the OU College of Nursing. "OU Nursing is fortunate to have Dr. Fomenko's leadership in advancing the integration of simulation best practices into the nursing curricula in a manner that helps students build competence and confidence as they prepare to be nurses."

With a \$2 million donation, the OU College of Nursing is building a state-of-the-art, 11,000-square-foot



The Healthcare Simulation Standard Endorsement Award was presented at the INACSL's annual conference in Milwaukee to OU Nursing Experiential Learning Center team members: Julie Fomenko, Ph.D., MSN, RN, CHSE; Braydon J. Amidon, MSN, RN, CHSE; and Sarah White, NRP, CHSOS.

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CAREERS IN NURSING

A SPECIAL CALLING: HOME HEALTH NURSE ENRICHES LIVES

by James Coburn - staff writer

When a patient lives with congestive heart failure and is on a sodium restricted diet, Amanda Jaime, LPN, might notice if their trash shows they had canned soup and crackers for lunch.

"You're in the home and you can see what the patients are really like," said Jaime of Accentra Home Health, located in Edmond. "You can see what they're really doing instead of what they tell their doctors they are doing. You get to hold them a little bit more accountable for their health when seeing them on a weekly basis or however often you are in the home."

Accentra congratulated Jaime in 2021 for being their first recipient of the Accentra Core Values Award.

"Several people that I worked with nominated me without my knowledge. And so that was nice, especially being recognized by my

peers, not just management or anything, but it was people that I worked with," she said. "I've worked with all these people for so long that they know me."

Jaime said home health enables her to know patients better than she would if she worked in a hospital where patients come and go.

Jaime likes to visit with her clients to learn about their lives.

"They get to know you better, so they feel more comfortable and trusting to tell you, 'No, I'm really not taking my medicine,'" she continued.

Jaime can tell if someone looks a little different when she greets them at their front door. She even discovered someone who had fallen before she arrived at their home. Accentra always calls the night before as a reminder to their patients that they have an appointment.

"If we can't get a hold of them,

we try to call the emergency contact. If we can't get hold of them, we always do a drive by because there's fear they're on the floor," Jaime explained.

If there has been a fall, she does a quick assessment to determine whether to call 911 emergency or if they need help standing up on their own.

"That also shows us in a home setting that maybe we need to get physical therapy involved to help them with strengthening," she said.

Jaime always recommends to her patients to have a cell phone on them in case an emergency response is needed. There are also alert devices to wear that have proven to be handy in perilous situations.

Jaime has been loyal to Accentra Home Health for all of her 11-year nursing career. At age 17 she entered Platt College and chose Accentra

Home Health upon her graduation.

The flexibility of home health appealed to her as a young mother with children. She could schedule home health appointments to accommodate taking her kids to and from school. Plus, she found a lot of cooperation among the nursing staff. Jaime's sister, Mary Pridemore, RN and Accentra Home Health administrator, helped to mentor her when she was fresh out of nursing school.

Pridemore had been a home health nurse and told Jaime she would enjoy getting to know her patients. Other LPNs with longevity in the field helped her as well.

One of her patients she became close to was on and off service, depending on her health. She passed away from muscular dystrophy after Jaime had been her nurse for more

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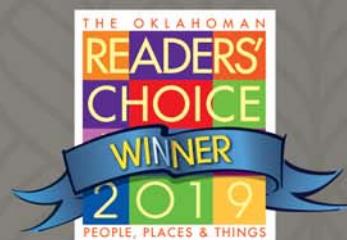


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JAIME

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than five years. Physicians told her she would likely die before age 17, but died in her 50s.

"Getting to take care of her and seeing all the struggles she had to go through and overcame — that was touching to see," Jaime said. "It was a sad thing about her."

The woman could barely use her hands, so she would use voice commands on iPhone to communicate.

"She never gave up on her health," Jaime said. "She tried to do everything to the very end."

She ended up going on to hospice services and Jaime was there to comfort her at the end of her life.

"Being there and seeing her take her last breath and being able to do the final care with her and being there with the family was touching," Jaime said.

It takes a special person to be a home health or hospice nurse, she said. Jaime admires hospice nurses but feels that it would be too difficult to turn her emotions off at day's end.

"I would be in tears," she said. "With home health, we teach them. We educate the patients and the family. And we do everything with that patient to get them as well as they can."

For more information on Accentra Home Health visit: <https://accentrahealthcare.com/>



Amanda Jaime, LPN, Accentra Home Health, has found her niche in caring for others as a nurse

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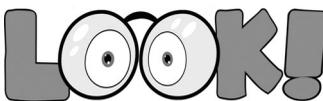
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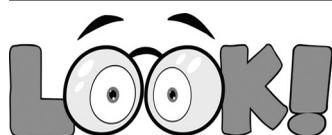
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"I enjoy scuba diving and watching softball."



Wendi Hedrick, CNA

"Outdoors, hiking, cooking and just hanging out."



Amy Walkup, RN

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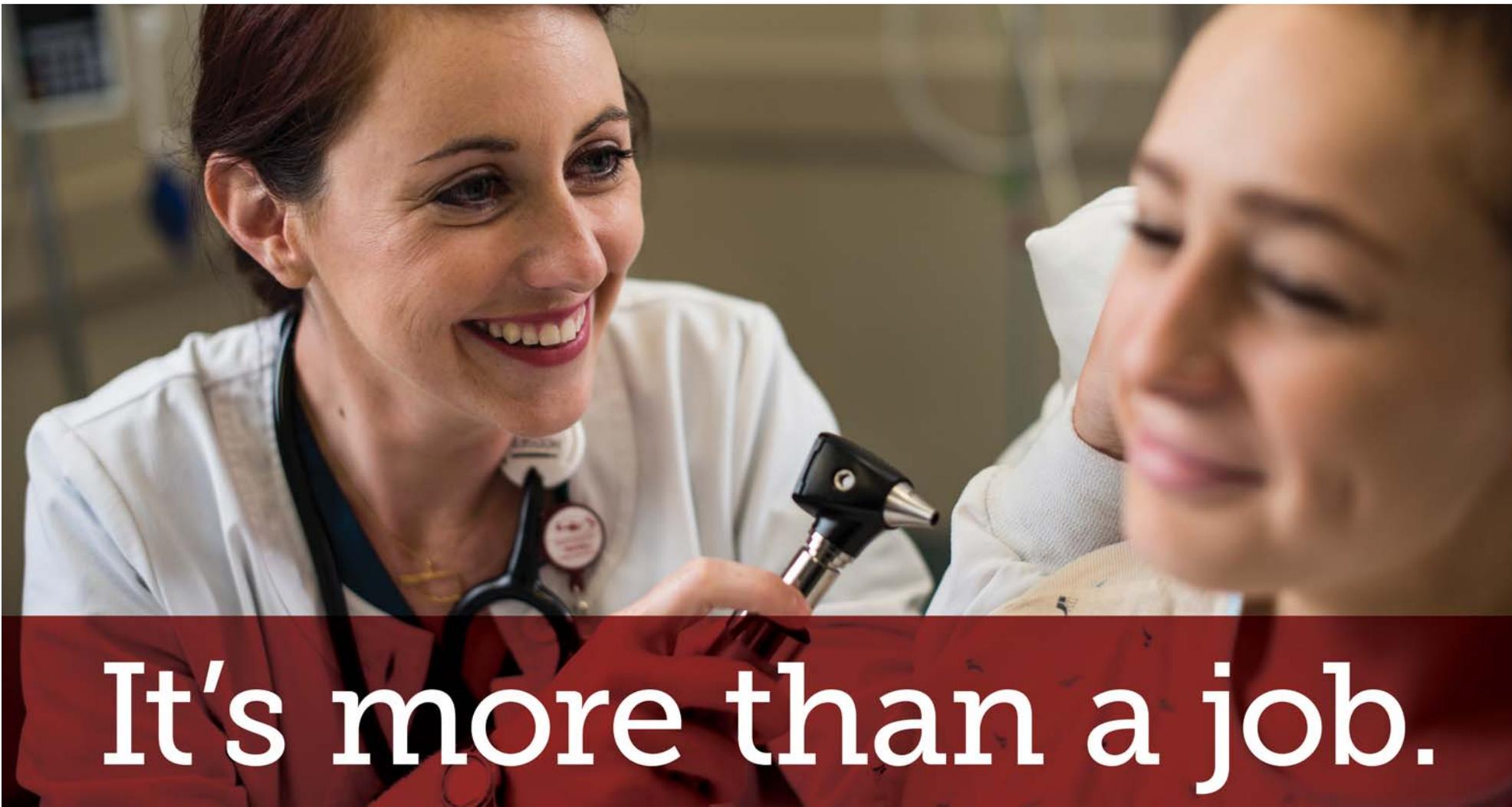
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Rewarding and Compassionate Care at Karman Legacy Hospice



Nursing is considered one of the most noble and compassionate professions in the world. Those who choose nursing as a career have a strong desire to help others heal and return to normal life. But what about those patients who will not be returning to a normal life, and instead have received a terminal diagnosis? How can taking care of patients at the end of their life be rewarding? The staff of Karman Legacy Hospice in Stillwater answer the questions that many healthcare providers have about the challenges and rewards of providing hospice care.

Sherry Crockett, Director of Karman Legacy Hospice, has been a nurse for 32 years. When asked how she became a hospice nurse, she said, "I was a home health nurse working in quality assurance. A friend called me to discuss the idea of joining her to work at a local hospice agency. After being allowed to shadow my friend on a few patient visits, I was hooked."

Sherry said that while she has worked in many aspects of nursing over her career, she feels most fulfilled when she has the honor to provide her patients with the best quality of life in their final days.

"Being a hospice nurse is the greatest job," said Sherry. "Our patients give us more than we give them. I have a sense of purpose working with hospice patients and their families."

With nearly 20 years of hospice experience, Mary Vanzant, LPN, has

found her passion serving as an urgent care/on call hospice nurse. She remembers that during her first year of hospice nursing, she experienced a whirlwind of feelings and emotions.

"You realize you are only here for a short time, and not invincible," she said. "It will humble you to see the importance of living life everyday as though it was your last, enjoying the little things and how precious time is."

Kristie Talley, RN, has been part of the hospice family at Karman Legacy for just over 5 years. She was first introduced to the hospice process after her grandmother was diagnosed with cancer and there were no longer any paths for active treatment. Kristie had heard of hospice but was not sure what all it entailed. She said she quickly realized that hospice is not where patients just go to die, but where they go to live.

"Let me clarify that my grandmother did die, but hospice helped her live out the remainder of her time on earth the way she wanted to, on her terms, with dignity and respect, with little to no pain, and surrounded by loved ones and not machines," said Kristie.

Tiffany Myers, LPN, has worked as a hospice nurse for 2.5 years. She was first introduced to hospice when her grandfather was a hospice patient.

"I saw the love, care and exceptional compassion that went into

keeping him comfortable, and my family was part of the nurse's concern as well," said Tiffany. "I wanted to be a part of that most important time in a person's life."

Tiffany said that she loves her job, and she is proud of the end of life care she is able to provide for her patients and their family.

Danielle Vargas, RN, has been providing hospice care for about 6 months. Like a lot of other hospice nurses, she was introduced to hospice care when a family member was receiving care.

"I had an uncle that was sick with cancer that was receiving hospice services," she said. "Something just clicked during that experience for me, and I felt drawn to it."

She said that after a difficult day at work, she refills her bucket by spending time with her family. "I have two little girls that are absolute

blessings."

Angela Garcia, RN, has been a hospice nurse for just 2 months after previously working as a CNA. She advises anyone considering hospice to make sure you are doing it for the right reasons.

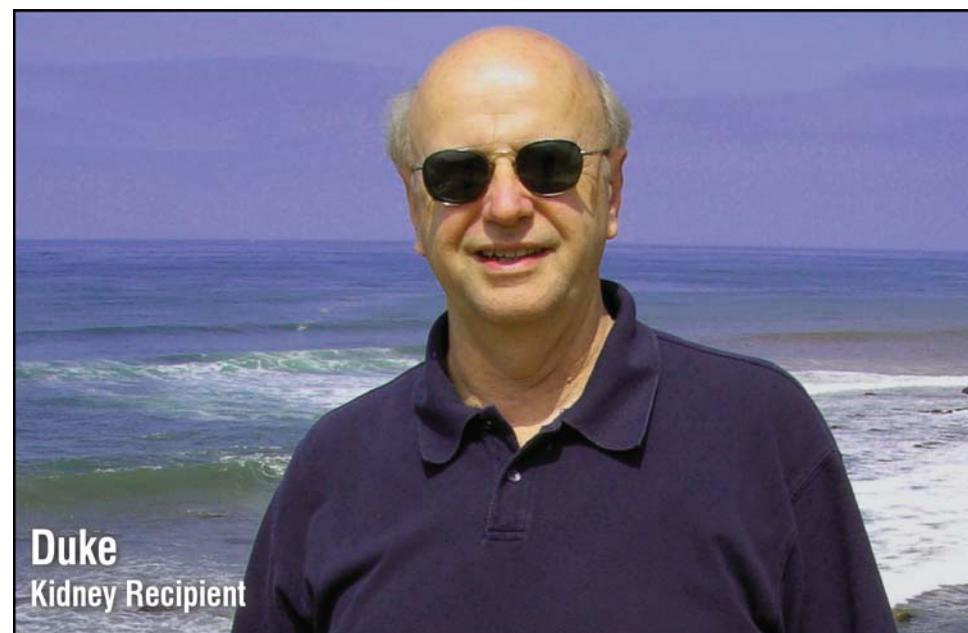
"You have to be open-minded to everyone's beliefs and center your care around what is best for each individual," said Angela.

She continued to say that hospice team members are special people with the ability to spread love and comfort to those most in need.

"There's no better reward or feeling in the world like being able to fulfill someone's dying wishes and letting their loved ones see them die peacefully," she said.

For more information visit:

www.stillwater-medical.org/locations/karman-legacy-hospice



Duke
Kidney Recipient

Imagine, 30 years old, beautiful wife, one child, another on the way, a great job and you go to the doctor and he says "This is the day you start dialysis, we have a chair ready for you."

Dialysis...possibly for the rest of your life. I couldn't start that day, I had to go home and refocus on this long journey of dialysis three times a week. The next day I started and was a dialysis patient for six years. I continued to work for several years and shortly after starting dialysis our second son was born. Our kids only knew a dad that was on dialysis three times a week, until I received a kidney transplant.



Thanks to the family of an accident victim, I received a kidney transplant in 1986. It's been over 27 years since my life was

changed. It's hard to imagine what my family's life would have been like without it. Imagine the difference you could make as an organ donor!

Organ, eye and tissue donation saves lives. Please make your decision to donate life and tell your family. Register to be an organ, eye and tissue donor on your Oklahoma driver's license or state ID card or register online at www.LifeShareRegistry.org. If you don't have a license or state ID card and do not have internet access, call **800-826-LIFE (5433)** and ask for a donor registration card.



Transition Decisions

How Seniors Can Trust They've Found a Reputable Contractor

Story by owner Dennis Helm, a True & Proven Senior Advocate

A lot of companies say they specialize in working with seniors. *(Hundreds of verifiable References from 35 Years)*

But as owner of **Smooth Finish Roofing & Construction** we've proven it since 1987!

I have been a Senior Advocate for as long as I've been in the business. I learned this from caring for those who were and are vulnerable to scammers.

My heart was developed to protect the vulnerable and was cultivated as a child of a single mother who faced many challenges and difficulties raising three boys alone.

Free Inspections: Most Oklahoma homes have hail damage not visible from the ground, unseen until inspection.

How Smooth Finish has helped Seniors: *(free consultations, decisions for scope, priority lists, free inspections and estimates)*

For seniors who are staying in their home, Smooth Finish can upgrade most all desired home improvements starting with **"A good roof over their head"** with a GAF Lifetime warranty and we have worked **successfully** with all insurance companies.

In homes of seniors who want or need to **age in place**, Smooth Finish can also help with other repairs, restorations and aging in place modifications. Besides roofing, Smooth Finish Roofing & Construction provides:

- **Exterior:** roofing, siding, carpentry, windows/doors, guttering, Garage Doors, Fence, Painting and more.

- **Interior:** Ceiling repairs, *(Leak Repairs)* mitigation, texturing, painting, flooring, carpentry and more.

As a Licensed* General

Contractor we manage the process of bringing in **Licensed Trades** for Plumbing, HVAC, electrical, etc.

If a senior is moving into a senior living center and needing to **sell their home**, they may likely need a new roof and/or other repairs. This is where our free advisory scope consultation, inspections and estimate(s) help create priority list(s).

Smooth Finish does excellent work at a fair price, so your home can pass all the inspections required for a sale.

Smooth Finish is not only certified & licensed* for roofing of residential homes, but also **senior living facilities**.

As a **true and proven Senior Advocate**, I have a sincere desire to help seniors and I always work to encourage people to use only local, licensed, and insured roofing contractors with hundreds of verifiable references. There are just too many terrible stories of things going wrong when people don't.

Warning: Roofers may not be who they seem!

I've heard many, many times, "most people don't trust roofers". That's understandable. In our industry there are a lot of fly-by-night roofers. They come in town, start a 'company,' get magnets on their car, (405) phone numbers and in 24-hours they look like a legitimate business. But they're not.

Undesirable scammers always rush into town after a storm has hit to solicit people who need roofing services.

These unscrupulous "companies" will claim to be local, even though



they're not. They may go to great lengths to look like hometown guys. We have had to replace many roofs installed incorrectly over 35 Years.

I want people with roofing needs in OKC to rest at ease. I want them to know that when they use Smooth Finish Roofing & Construction, they're getting an honest, proven and reputable company. I'm a lifelong resident and have over 35 years expertise in this business.

License Numbers:

Ask for license numbers and references. Then check them out! reputable roofers live and work in the same city where their business is located.

We don't go out of town, except for **previous and existing customers**. There is always more than enough work for us here in the 620 square miles of Oklahoma City and the metro area.

Your family, friends or clients will thank you for a Smooth Finish recommendation.

You can feel confident in recommending Smooth Finish Roofing & Construction to Family Friends or clients you're helping. For the homeowner, we can work on the rooftop, the floor and everything in between. I'm a licensed General Contractor through-out Oklahoma City and the metro area and, again,

I've been in business for 35 years.

Since 1987, we have been helping customers with decisions concerning their homes. Many times, we've found simple solutions for complex problems. We work to keep costs fair and reasonable and we live by the Smooth Finish motto: "Where quality craftsmanship meets fair pricing."

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*City of Oklahoma City **General Contractor license**
OKC 13705

For 35 years Smooth Finish has helped customers determine priority list(s) for what needs to be done to sell/improve their home. What do homebuyers see? **"Curb appeal"**. What do they see when they **first open the front door?**

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OKC Hospital Awarded Transportation Grant

A single mom with no extra money to fill up the tank to get to her cancer treatments. A 60-year-old man already struggling with finances diagnosed with metastatic cancer, his disability check not enough to cover the 40-mile round trip to receive the treatment that gives him relief from physical pain and provides more time with his family. These are the patients Mercy Hospital Oklahoma City is able to help thanks to a patient transportation grant recently awarded by the American Cancer Society (ACS).

"Receiving a cancer diagnosis is a burden for all of our patients, but for some, accessing specialized care is a significant challenge," said Tracy Higgs, executive director of cancer services for Mercy.



Over 55, Unemployed & Looking for Work?



Get the training and skills you need to compete in today's job market.

The AARP Foundation Senior Community Service and Employment Program (SCSEP) can help you keep pace with the changing nature of work and improve your ability to find employment, even in today's tough job market. AARP Foundation SCSEP places older workers in a variety of community service activities at nonprofit and public facilities like day care and senior centers, schools and hospitals. As a participant, you can sharpen your job skills and earn income — all while giving back to your community.

If you're 55 or over and unemployed, contact AARP Foundation SCSEP's local office at 405.879.3899 for more information.

AARP Foundation
For a future without senior poverty.

"Transportation programs are vital for these patients to get the treatments they need, and we're grateful for the support of the American Cancer Society."

ACS has awarded the \$6,000 grant to Mercy for several years, allowing Mercy's cancer navigators to provide more than 600 gas cards to approximately 250 patients.

"With the recent rise of gas prices, multiple patients have told me they simply don't have the means to make it to and from their scheduled appointments," said Irving Baccus, a Mercy social worker who works with oncology patients. "Two different single moms battling cancer told me they have to ration out funds every month just to buy food, get their kids to school and pay for daycare. Barely having enough to cover their bare necessities deterred them from starting the treatments needed to save their lives. When I tell them about the gas cards, they are so relieved and are able

to make it to their appointments."

According to ACS, an estimated 23,700 Oklahoma residents will learn they have cancer this year. To help patients get the critical care they need, the American Cancer Society's Patient Transportation Grants are awarded at a local level to health systems, treatment centers and community organizations in select communities through an application process.

"Disparities predominantly arise from inequities in work, wealth, income, education, housing and overall standard of living, as well as social barriers to high-quality cancer prevention, early detection and treatment services," said Anthony Wilson, senior program manager for the American Cancer Society. "ACS collaborates with community health partners to reach individuals in areas with higher burdens of cancer with little to no access to transportation because even the best treatment can't work if a patient can't get there."

Check Out Oklahoma's BEST Nursing and Health Care Jobs www.okcnursingtimes.com

TSET Health Promotion Research Center Awards Seed Grants

The TSET Health Promotion Research Center (HPRC) at OU Health Stephenson Cancer Center recently announced Fiscal Year 23 awardees for its seed grant program. Each grantee will receive up to \$50,000 for their innovative research project.

Dr. Amy Cohn, an associate professor in the department of Pediatrics at the University of Oklahoma College of Medicine and HPRC researcher, has been awarded a grant for her project titled, "Time-Sensitive Drug Abuse Research: Evaluating the impact of medical marijuana legalization on cannabis attitudes, substance use behaviors, and health outcomes in Oklahomans." This study will examine the prevalence, correlations, patterns and trends of medical and non-medical cannabis use in a large sample of youth and adults in Oklahoma.

Dr. Jason Oliver, an assistant professor in the department of Family and Preventive Medicine at the OU College of Medicine and HPRC researcher, has been awarded a grant for his project titled, "Translational research on beta-adrenergic medications as potential smoking cessation agents: A pilot efficacy study with mechanistic outcomes." Even with the best treatments currently available, two out of three smokers who quit relapse within six months. This project will build off translational research conducted in Dr. Oliver's lab examining whether propranolol – a widely prescribed blood pressure medication – can help with smoking cessation by targeting a different brain

pathway from current medications.

Dr. Ashlea Braun, assistant professor in the department of Nutritional Sciences at Oklahoma State University, has been awarded a grant for her project titled, "Examination of Implicit Drivers of Ultra-Processed Food Consumption According to Weight Status and Retail Exposure." This study will advance our understanding of factors that drive people to consume ultra-processed foods.

The mission of the HPRC is to reduce the burden of disease in Oklahoma by addressing modifiable health risk factors such as tobacco use, sedentary lifestyle, poor diet, and risky alcohol and other substance use through research, novel intervention development, and dissemination of research findings. Applicants for these grants were invited to submit research projects that could promote health in Oklahoma and align with the HPRC mission. Preliminary data resulting from these innovative research projects will enable investigators to successfully compete for national research grants in the future.

For more information on the TSET Health Promotion Research Center, go to www.healthpromotionresearch.org

The HPRC receives funding from the Oklahoma Tobacco Settlement Endowment Trust contract number R23-02 and the OU Health Stephenson Cancer Center via an NCI Cancer Center Support Grant (P30CA225520). The University of Oklahoma is an Equal Opportunity Institution.

Situation Update: COVID-19

New Cases 7 Day Average	1,081
New Cases Week of 6/26/22 - 7/02/22	7,570
Active Cases	14,600
Total Cases	1,082,397
CDC/NCHS Provisional Deaths	16,159
Acute Care OSDH Licensed Facilities/Location**	Recent 3 day Ave. Hospitalizations
	Cases (ICU)
Region 1 (NW)	2 (0)
Region 2 (NE)	10 (2)
Region 3 (SW)	19 (2)
Region 4 (EC)	13 (4)
Region 5 (SE)	3 (2)
Region 6 (Central)	13 (2)
Region 7 (Tulsa)	73 (35)
Region 8 (OKC)	79 (11)
Total	212* (58)
Other Types of Facilities	
Focus Facilities	7 (0)
Rehabilitation Facilities	1 (0)
Tribal Facilities	2 (0)
Other Facilities Total	10 (0)

*Includes 28 hospitalizations in pediatric beds.

**Focus, Rehabilitation and Tribal Facilities numbers are not assigned to a specific region as their patient populations reside across the state. Information provided through survey of Oklahoma hospitals as reported to HHS as of the time of this report. Response rate affects data. Facilities may update previously reported information as necessary.

Data Source: Acute Disease Service, Oklahoma State Department of Health.

*As of 2022-07-07 at 7:00 a.m.





LIFE IS A GIFT

In 2021, the United Way of Central Oklahoma and our more than 19,000 donors and 600 workplace campaigns selflessly contributed to the United Way Campaign. And to share the gift of a better life for thousands of Oklahomans.

And, as always, behind it all is your support. Your generosity is the heartbeat for us all. And we thank you.

TOP 20 CAMPAIGNS IN 2021:

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OGE Energy Corp.	MidFirst Bank	The Chickasaw Nation	Cox Communications	St. Anthony Hospital
Chesapeake Energy Corporation	Bank of Oklahoma	Ascent Resources	UPS	COSTCO Wholesale
American Fidelity	BancFirst	INTEGRIS Health	First Fidelity Bank	Jasco Products Company

Medium Business Contributors (50-249 employees)

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Clements Foods Company	Mustang Fuel Corporation	Tronox LLC	BC Clark Jewelers	Oklahoma City Thunder
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Hall Capital/Fred Jones	Wells Fargo Advisors - Downtown	Federal Reserve Bank of Kansas City	Kirkpatrick Oil Company	
Wiggin Properties LLC	Stetson Bentley Real Estate	DeatschWerks	Riggs, Abney, Neal, Turpen, Orbison	
Walter Duncan Oil	First National Bank of Oklahoma			

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UnitedWayOKC.org