

Learning on the front lines



COLLEGE OF
**EDUCATION AND
HUMAN SCIENCES**

Already an experienced nurse, Verena Turner is furthering her career in public health by pursuing her bachelor's degree in nursing through OSU's online RN to BSN completion program.

Her passion for serving patients who need her most has been elevated amid the coronavirus pandemic. Turner, who is typically a nurse in a neurology intensive care unit (ICU), transitioned to caring solely for coronavirus patients over the last several months. The day-to-day patient care is an opportunity to apply her coursework.

"I love being a nurse, although I wouldn't say being a COVID nurse was my goal for this year," Turner said. "Seeing these patients recover, getting text messages and cards and emails from families of patients we've seen at the absolute worst and not knowing if we're going to keep them alive makes it all worth it."

Due to isolation restrictions, Turner said she may be the only person her COVID patients see for 13 hours. She endures layers of uncomfortable personal protective equipment (PPE) to spend extra time with the patients.

"Our patients a lot of the time are intubated and sedated, but they know there's somebody there," Turner said. "This has definitely opened my eyes that nurses



have a really big impact."

Serving in a COVID care unit builds on Turner's past work as a licensed professional nurse on a surgical floor and more recently in the ICU. Not only does she apply hands-on experiences from working full time to her coursework, but she also learns from classmates who are working in diverse healthcare

See OSU Page 2

Forbes Names Mercy One of America's Best Employers



Forbes has named Mercy to its America's Best Employers for New Graduates 2021 list, ranking Mercy in the top 150 and above companies such as IKEA, Facebook and Johns Hopkins Medicine.

Forbes and Statista Inc., an international market data provider, surveyed more than 20,000 young U.S. professionals who work for companies with at least 1,000 employees. The independent survey focused on work-related issues and experiences in the workplace.

Participants were asked to rate the likelihood they would recommend their employer to family and friends. The professionals also assessed their employers according to the following: atmosphere and development, diversity, image, salary and wage, working conditions and workplace. Additionally, participants were asked to evaluate other employers in their respective industries that stand out either positively or negatively.

"We work very hard to make sure our benefits and compensation packages draw new hires, but more than that, Mercy provides an almost 200-year heritage of meaningful work," said Scott Sell, vice president of Mercy's talent selection and recruitment. "Our goal is to serve people and make this world a better place. During the pandemic, our more than 40,000 co-workers across several states made a critical difference in our communities every single day."

See MERCY Page 3

OSU

Continued from Page 1

environments.

Dr. Mary Malaska, OSU RN to BSN program coordinator, said the OSU curriculum, which consists of eight nursing classes and two health classes, is specifically designed to enhance nurses' professional skills.

"Students expand their professional nursing lens from the practical, foundational skills they learned to become a registered nurse," Malaska said. "Our coursework provides higher level thinking that teaches the 'why' behind their past education."

Students are challenged with topics ranging from leadership and goal-setting, to public health policy and nursing theory. During the COVID pandemic, the epidemiology course has been especially applicable.

"Factors like causation, testing and data analysis are key tenets of the course," Malaska said. "Their application now in a global pandemic just underscores the relevance of our program."

Balancing COVID nursing responsibilities with classwork has

certainly not been easy. Some OSU RN to BSN students working in COVID units travel to as many as four healthcare facilities in one metropolitan area tending to patients, in addition to managing coursework and responsibilities at home.

Malaska is working with Dr. Alana Cluck, RN to BSN clinical faculty, to study the impact of COVID on nurses' mental health. While respondents reported positive aspects, like spending more time with family due to canceled personal events, they also reported increased stress.

"Many nurses feel like they are placed in impossible situations, having to decide which patient to tend to first when two patients are crashing at the same time," Malaska said. "This isn't a decision nurses usually have to make."

Oklahoma State nursing faculty understand that stress, and they are committed to supporting their students academically and professionally. As the world continues to social distance in order to combat the spread of coronavirus, nursing faculty have remained connected to students through weekly video

updates and discussion boards.

This is part of a culture of support Turner observed even before the COVID pandemic, something she is thankful for as a full-time working mom. The 100-percent online program also added flexibility.

"My professors realize we're all in this together and have been super flexible and supportive," Turner said. "They even send emails checking to see if we're safe and okay."

For Turner, who expects to graduate in May 2021, the hands-on experience of caring for COVID patients during a pandemic as well

as the healthcare applications learned from her RN to BSN program are preparing her to achieve her dreams.

"I think COVID is going to be something we're dealing with for a long time," Turner said. "The experience of working on a COVID floor, coupled with the higher-level concepts I am learning in the RN to BSN program, will shape my career." For this nurse - whether treating COVID patients or furthering her education - each task is a labor of love. Visit: <https://education.okstate.edu/>



405-924-4248

FIND US ON

TRANSPORTATION FOR EVERYONE!

MEDICAL APPOINTMENTS, SHOPPING, ERRANDS & MORE!

GROW • LEARN • CONNECT

ONLY \$15 PER MONTH

JOIN TODAY

GET TWO GREAT MEMBERSHIPS AT ONE LOW PRICE. JOIN ONA & ANA TODAY

We are empowering nurses with resources, programs and standards that help you advance your career.

Discounts On
Continuing Education Modules

Advocacy
Protect Your Practice and Improve the Quality of Care

FREE Webinars
Navigate Nursing Webinars with free CE

FREE Subscriptions
to ANA Journals and Newsletters

Exclusive Savings
On Certification Through the American Nurses Credentialing Center



JOINANA.ORG

I began my second life on Mother's Day, 1997. I began to feel extreme fatigue in the spring of 1996 and by the following spring, my exhaustion was constant. My family and I were stunned when lab results showed that 90% of my liver function was gone, and that if I was to live, I would need a liver transplant. They gave me three months to live. My family was faced with dealing with my possible death and raising money for the surgery, because we had no insurance. I was in ICU at INTEGRIS Baptist Medical Center on the Saturday before Mother's Day, and our prayers were answered when I received a new liver the next day. My donor was a middle-aged man who died very suddenly. What he and his family did was a sacred, selfless act. There's no way to say thank you for that.

Organ, eye and tissue donation saves lives. Please make your decision to donate life and tell your family.

Register to be an organ, eye and tissue donor on your Oklahoma driver's license or state ID card or register online at www.LifeShareRegistry.org. If you don't have a license or state ID card and do not have internet access, call 800-826-LIFE (5433) and ask for a donor registration card.

DONATE LIFE

CARMEN
Liver Recipient

LifeShare

MERCY

Continued from Page 1

"More than 70% of millennials and Generation Z employees value purpose as the most important aspect of their careers. There is nothing more fulfilling than being part of a team providing quality, compassionate health care."

Mercy's talent scouts and recruiters are dedicated to bringing the best of the best to Mercy. New hires complete an onboarding class to welcome and introduce them to Mercy's organizational culture. Mercy continues to refine its program and has piloted several projects to find out what new graduates expect from employers.

"Once someone joins Mercy, they

tend to stay with Mercy because of our mission, opportunities for advancement and culture," Sell said. In addition to the Forbes list, Mercy also was recently recognized by Rally, the largest online community of recruitment practitioners, for its use of cutting-edge artificial intelligence technology in recruitment.

Forbes America's Best Employers for New Graduates 2021 list includes a diverse array of employment sectors, including health care, government, higher education, finance, service industries and information technology, among many others. Learn more about the list here:

www.forbes.com/best-employers-for-new-grads/#1b824ab567e5.

**AMERICA'S
BEST LARGE
EMPLOYERS**

**Forbes
2021**

POWERED BY STATISTA

SPECIAL OFFER FOR NURSES AT TIFFANY

**ONE
MONTH
FREE**

ON 13 MONTH LEASE!



BRING MID-CENTURY MODERN TO THE 21ST CENTURY

FEATURES

- STAINLESS-STEEL APPLIANCES
- GRANITE COUNTERTOPS
- IN-UNIT WASHER & DRYERS
- PRIVATE BALCONY

OUR COMMUNITY AMENITIES

- BEAUTIFUL ELEVATED POOL
- DOG PARK & WASH STATION
- MOVIE THEATRE
- STATE-OF-THE-ART FITNESS CENTER

TIFFANY
RETRO APARTMENTS

5505 N. BROOKLINE • OKC, OK 73112

405.601.1931 | TIFFANYRETRO.COM

YOUR TRUSTED MEDICARE RESOURCE

INCREASE BENEFITS • REDUCE COSTS • NO COST CONSULTATION



Christina Sibley

Medicare Specialist

405-655-6098

csibleyinsures@gmail.com

Steven Sibley

Healthcare in Retirement Planning

405-850-1569

ssibleyinsures@gmail.com



Steven and Christina Sibley are licensed, independent Medicare Brokers. Their focus is finding the best products to insure their client's healthcare needs are fully and affordably met. With her 20 years of healthcare experience and his 20 years of business and financial experience, they are ready to offer you the information and personalized service you expect and deserve. There's never any pressure, just help.



sibleyinsures.com



**A Mass Mutual of Oklahoma
Healthcare in Retirement Planning Partner**

Disabled Veteran | Native American | Woman owned company

SERVING OKLAHOMA & SE KANSAS

CAREERS IN NURSING

HELPING HANDS: COMPASSION AND TEAM SPIRIT WORK WONDERS

by James Coburn - staff writer

Older and younger residents fill the halls at Wildewood Skilled Services and Rehab in Oklahoma City. This is part of the change that Assistant Director of Nurses, Tracie Parks, experiences since she was hired at Wildewood nearly seven years ago. Some of the residents are in their 50s and some have been in their 20s.

"It's a variation of residents," said Parks, who focuses on wound care.

She is a leader among the nursing staff after earning her LPN license at Platt College in Moore 11 years ago. Nurses learn basic best practices in nursing school. Hands-on care brings leads to a wealth of knowledge.

"It's a lot to learn when it's hands-on, instead of what's in a book," Parks explained. "That's where someone who has been a nurse for a while can educate that

nurse and let them know there is more to it than what lab work is. You have to look at that resident as an individual and see how to help."

Parks lets new nurses know that she is there for them if they need anything. She makes herself available while noticing their skills level.

"You don't just throw things at them and expect them to do it. Get out there and see what they do need help with," she said. "Be there for them."

Parks was a CNA for 20 years in oncology, therapeutic rehabilitation and telemetry before becoming a nurse. She worked on a psychiatric nursing ward at St. Anthony Hospital. Her observation skills combine to make for a better nurse. Empathy is one of her main ingredients.

Hearing how thankful the

residents are, motivates her with inspiration.

"They appreciate you service and what you do for them," Parks said. "How they tell you is a really good benefit when waking up every morning and going to work — knowing you're benefitting and getting your blessings knowing you're appreciated."

Dietary, housekeeping, nursing, and administration join together as a team to make a healthy home for the residents.

"We're pretty much family here. We see each other as family," Parks said. "We are very dedicated to our residents, and we are loyal to our residents. We try to do the best we can for them, and they know that. I think we all just come together to take care of them."

Parks appreciates that there is not a lot of turnover at the health care center.

"We have all been here for so long that we all know our residents," she said.

It can be stressful when a family member leaves their home to move into a strange place. But the Wildewood staff, family members, and other residents offer a friendly voice of encouragement to make life comfortable and inviting as new residents settle into their new homes.

The nursing staff is sensitive to the bonds built between residents. They know not to change the settings when residents want to share a room together.

"We all come together and figure out something. It's not one person that decides stuff," she said.

Communication is key between social workers, nursing and the dietary staff so that all facets

See PARKS Page 5



LIVING IS NOT ONE-SIZE FITS ALL. SO, HOW CAN ASSISTED LIVING AND MEMORY CARE BE?

We serve the individual's need for purpose, independence and dignity. Our loving, expert staff improves life with innovative, individual programs and therapies. You really must see Legend® at Rivendell for yourself.

Call now and join us for lunch and a tour. **Discover the Legend Senior Living® difference today.**

Call to learn more: **(405) 703-2300**

Voted 2019 Best Memory Care Community

ASSISTED LIVING & MEMORY CARE
at Rivendell

[LegendSeniorLiving.com](https://www.LegendSeniorLiving.com)
A Residence of Legend Senior Living®

PARKS

Continued from Page 4

of the home benefit the residents' needs through shared governance. Residents have a voice in their care plan as nurses listen to their needs.

"I can only speak for me but being in wound care you see them individually. You don't see them as a number. You see them as a resident and someone that depends on you. And once you hit that threshold of when they come in with a big sore that's healed, and you see tears in their eyes, you know that you had something to do with that."

She developed her wound care skills by learning something new every day. It takes a team to do wound care. And it's more than applying a patch to a wound, she said. A nurse needs to know why they place a patch to determine what caused the wound.



Tracie Parks has a wealth of knowledge to share as the Assistant Director of Nurses at Wildewood Skilled Services and Rehab in Oklahoma City.



JOIN US
ON
facebook

Stride 
BANK Healthcare
Banking

**Thank you, healthcare
workers, for your
hard work in these
trying times.**

Call us today and let us help you find
a solution for your business needs.
(918) 508-2020



Member
FDIC

Oklahoma's Nursing Times

Index to Classifieds

- 1 0 0 Ambulatory
- 1 0 8 Administrative
- 1 1 3 Case Management
- 1 1 5 Chemical Dependency
- 1 1 8 Clinical Instructors
- 1 1 9 Collection
- 1 2 1 Critical Care
- 1 2 3 Certified Medical Assistant
- 1 2 4 Certified Nurses Aide
- 1 2 7 CRNA
- 1 2 9 Dental
- 1 3 0 Dialysis
- 1 3 1 Dietary
- 1 3 7 Education
- 1 4 0 General Nursing
- 1 4 3 Geriatrics and Long Term Care
- 1 4 6 HMO
- 1 4 9 Home Health
- 1 5 2 Hospice
- 1 5 4 Housekeeping
- 1 5 5 Infection Control
- 1 5 6 Instructor
- 1 5 8 IV Therapy
- 1 6 1 Licensed Practical Nurse
- 1 6 4 Managerial
- 1 6 5 Massage Therapy
- 1 6 7 Medical/Surgical
- 1 7 0 Nurse Practitioner
- 1 7 3 OB/Gyn
- 1 7 6 Occupational Health
- 1 7 9 Office
- 1 8 2 Oncology
- 1 8 5 O.R./PACU
- 1 8 8 Orthopedic
- 1 9 0 Pediatric
- 1 9 1 Pharmacist
- 1 9 2 Physicians Assistant
- 1 9 7 Public Health
- 2 0 0 Rehabilitation
- 2 0 4 Registered Nurse
- 2 0 7 Research
- 2 1 0 Sales Representative
- 2 1 3 Service
- 2 1 7 School Nurse
- 2 2 0 Spec Producers
- 2 2 3 Support Staff
- 2 2 5 Traveling Nurse
- 2 2 6 Miscellaneous

Fun Fact: With over 50 years of combined newspaper publishing, editing, graphic design, sales and marketing experience, Oklahoma's Nursing Times welcomes the opportunity to work with you! To Advertise, Please Call Oklahoma's Nursing Times at (405) 631-5100 Or Visit www.oknursingtimes.com!

140 GENERAL NURSING

We are seeking Medical Specialist EMT - Paramedic, LVN/Licensed Practical Nurse, or Registered Nurse

at BPL Plasma, Inc. Stillwater, OK. The Medical Specialist performs donor medical qualifications, determining donor suitability and handling donor reactions.

Performing medical screening to determine if the donor is suitable to safely donate plasma. Educating donors and staff on donor suitability and medical related questions.

Responding to donor adverse reactions and providing medical care as needed. Counseling donors with reactive or positive viral marker test results. Supporting medical screening and phlebotomy areas by performing duties as needed. BPL Plasma. 315 S Washington St, Stillwater, OK 74074

We Are Seeking Minimum Data Set Nurse (Licensed Practical Nurse and Registered Nurse) Needed.

Apply at Beacon Ridge Senior Mental Health. 102 E. Line Ave. Sapulpa, OK 74067

We are Hiring a Medical Director/ Psychiatrist to provide inpatient and outpatient services.

St. Mary's Regional Medical Center, located at 305 S 5th St, Enid, OK 73701 is now hiring a Medical Director/ Psychiatrist to provide inpatient and outpatient services. Enjoy providing much-needed services in an attractive Midwestern location work while benefiting from the support of a progressive administrative team that values a strong work/life balance.

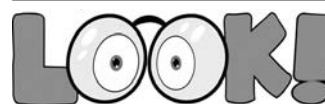
140 GENERAL NURSING

We are seeking Director of Clinical Services/Director of Nursing

Education: Registered Nurse - Must possess, as a minimum, a Nursing Degree from an accredited college or university.

Experience: Must have, as a minimum, 3 years of experience as a supervisor in a hospital, nursing care facility, or other related health care facility. Must have, as a minimum six (6) months experience in rehabilitative & restorative nursing practices. North County Nursing and Rehabilitation.

2300 W Broadway St, Collinsville, OK 74021



We are looking to hire a Full-Time Receptionist.

Kiamichi Medical Clinic is looking to hire a Full-Time Receptionist. Must be hard working, friendly and eager to serve the public. 204 East Jackson. Hugo, OK.

Family Health Care & minor EMERGENCY CLINIC

LICENSED PRACTICAL NURSE

We are looking for one great nurse to join our team. We are a group of family clinics seeing patients from pediatrics to geriatrics. Our office hours are Monday through Friday and Saturday Mornings. Send Resume with References and Salary History to hr@fhcmec.com

140 GENERAL NURSING

We are Looking To hire new staff who have a servants heart and are dependable. Openings for Certified Nursing Aides for all shifts and Certified Medication Aide for night shift.

We offer health insurance to full time employees and shift differential for evenings and nights. Apply today at 915 N. 7th Ave., Purcell, OK. Sunset Estates. EOE



We are seeking Aide to join our team.

Reports directly to the Director of Operations and function under the supervision of the Registered Nurse and/or Clinical Supervisor. New Century Hospice, 4111 South Darlington Avenue, Suite #650, Tulsa, OK 74135.

Oklahoma's Nursing Times



Per Line, Per Insertion

Open

\$3.01

4x

\$2.41

12x

\$2.22

26x

\$1.93

48x

\$1.66

Classified Display: 14 lines to an inch.



Add Facebook ad Boost for \$70!

Find us and check out your ad on Facebook.

www.facebook.com/oklahomas.nursingtimes

WORLD-WIDE! YOUR AD ON OUR JOB BOARD FOR ONLY .32 EXTRA PER LINE!

www.oknursingtimes.com/jobs

Career Opportunities

FAX 405-631-5103 or CALL 405-631-5100
or email ads to advertising@oknursingtimes.com

Oklahoma's
Nursing Times

140 GENERAL NURSING

We Are Looking To Hire Exceptional People That Have A Passion For The Senior Living Industry. Current Positions Available: Licensed Practical Nurse (Full-time) Certified Nursing Assistants/Certified Medical Assistants, Dining Room, Cook, Servers.

If you are interested in working with an amazing team, come by and complete an application at Belfair of Shawnee. 1723 N. Airport Dr. Shawnee, OK. 405-275-1199

Providers needed immediately for assistance to elderly and disabled persons in their homes in the Shawnee and Seminole areas. Training requirements provided by ONHL Homecare Services. Come join a home care agency on the move. Direct deposit payroll, paid vacation after one year of service, employer sponsored insurance package. Call Patty Lambert or Cheryl Larson at: (405) 257-3003. 615 E 7th St, Wewoka, OK 74884

161 LICENSED PRACTICAL NURSING

WE ARE SEEKING Licensed Practical Nurse

Home Health - Weekends PRN at Encompass Health - Home Health and Hospice in Stillwater, Oklahoma. At Encompass Health - Home Health, the LPN administers skilled nursing services to clients requiring intermittent professional services.

These services are performed in the clients' home in accordance with the physician's orders and the established plan of care, under the direction and supervision of the Branch Director and Supervising RN, and teaches the client, family and other members of the health care team. 2318 West 7th Street, Stillwater, OK 74074.

Fun Fact: Did you know Oklahoma's Nursing Times has more than 12,000 likes on FACEBOOK? To advertise, please call Amanda Miller at (405) 631-5100 or visit www.oknursingtimes.com!

204 REGISTERED NURSE

We are seeking Registered Nurses (ICU)- Full-time Nights - Sign-on Bonus! (LTACH)

at Post Acute Medical, LLC. 3219 South 79th E Ave, Tulsa, OK 74145. Qualifications: In order to work at our facility, our RN's need: Current RN license by the Board of Nurse Examiners of the State in which the facility is located. To have and maintain a current CPR and ACLS certification. *New team members will have 6 mths from date of hire to obtain an ACLS certification if they do not currently have one. Prefer requirements: Having prior experience in LTACH/Acute/Med-Surg/ICU/HOU environments. Wound care and/or critical care experience. A higher comfort level working with vents/trachs/PICC lines, etc. Working knowledge of IV therapies including vasoactive drugs, antibiotics, heparin drips, insulin drips, and blood transfusions.

WE ARE LOOKING FOR Registered Nurses - Adult Unit - Full-time Evenings at Parkside Inc. 1620 E 12th St, Tulsa, OK 74120. Current Oklahoma Registered Nurse without restrictions. Demonstrates knowledge of nursing process - behavioral and medical assessments and interv. Ability to revise treatment plans as indicated by the patient's response to treatment and evaluates overall plan daily for effectiveness. Performs patient care responsibilities considering needs specific to the standard of care for patient's age. Coordinates and supervises patient care as necessary. Affordable Medical and Dental Insurance. 15 days PTO in the first year (23 days PTO year 6) and 7 paid holidays. 401-K match provided by Parkside after 1 year of FT work, which is 100% vested. We have other exceptional benefits (e.g., Life Insurance, Extended Illness Benefit, Long Term Disability).



Learn more about our limited time sign-on bonus program!

OU Health is offering up to \$20,000 for Respiratory Therapists!

OU Health's Respiratory Care department is an AARC Quality Care recognized department with a strong focus on quality, safety and patient satisfaction. Join a team striving to treat and provide a range of pulmonary interventions and therapies for the various needs of our fellow Oklahomans!

Together, we are answering the call of our community like never before.

..... Adult Respiratory | Pediatric Respiratory

The bonus pays out in 6 payments:

*Continuous full-time employment within Respiratory Therapist positions for each payout period below will result in the full bonus payout.

2-5 years of applicable experience: *at time of hire:

\$5,000 upon hire
\$1,500 after 6 months
\$1,500 after 12 months
\$1,500 after 18 months
\$1,500 after 24 months
\$4,000 after 30 months

Earn up to \$15,000 total!

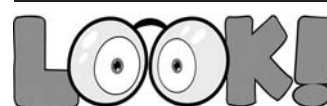
6 or more years of applicable experience: *at time of hire:

\$7,500 upon hire
\$2,500 after 6 months
\$1,500 after 12 months
\$1,500 after 18 months
\$1,500 after 24 months
\$5,500 after 30 months

Earn up to \$20,000 total!

For more information, please email: talent@oumedicine.com
careers.oumedicine.com

OU Medicine, Inc. is an equal opportunity provider.

204 REGISTERED NURSE

We are seeking Registered Nurse - Full-time Days (LTACH)

at Post Acute Medical, LLC located at 3219 S 79th E Ave, Tulsa, OK 74145. In order to work at our facility, our RN's need: To hold a current license as a RN by the Board of Nurse Examiners of the State in which the facility is located. To have and maintain a current CPR and ACLS certification. *New team members will have 6 months from date of hire to obtain an ACLS certification if they do not currently have one.

204 REGISTERED NURSE

We are looking for Registered Nurse.

OSAGE HOME HEALTH
721 Kihekah Pawhuska,
OK. 918.287.5645

We are seeking Registered Nurse Case Manager

Aspire Home Care and Hospice in Stillwater, OK. (855) 527-7473. A RN administers skilled nursing care to patients on an intermittent basis in their place of residence. This is performed in accordance with physician orders and plan of care under the direction and supervision of the Director of Clinical Services/Branch Manager. Supervises care of Licensed Practical Nurse and Home Health Aide.

204 REGISTERED NURSE

We are looking for Registered Nurse Admission Nurse

Grace Hospice of Oklahoma LLC located at 6218 S Lewis Ave, Tulsa, OK 74136

Are you Reading This? So are more than 26,000 RNs & LPNs. Call (405) 631-5100!

We are seeking Full-Time Night Shift Registered Nurse

at Lindsay Municipal Hospital. Full-time Night Shift. LMH pays 100% medical, dental & vision insurance premiums. Only online applications are accepted. No phone calls.

PICK A CARD**ANY CARD**

Payment at Oklahoma's Nursing Times can be made with any of the above credit cards.

**TO SUBSCRIBE OR ADVERTISE
CALL 405-631-5100**

**Oklahoma's
Nursing Times**

Career Opportunities

**FAX 405-631-5103 or CALL 405-631-5100
or email ads to advertising@oknursingtimes.com**

**Oklahoma's
Nursing Times**

STATEWIDE SECOND HALF EXPO 2021

Everything for the
Second Half of Life

WHEN

October 16th, 2021 | 9am-4pm

WHERE

The National Cowboy &
Western Heritage Museum

Oklahoma City, OK



Something for Everyone 50+

Boomers • Seniors • Adult Children of Seniors

200+ EXHIBITORS • SENIOR LIVING & CARE • HEALTH & FITNESS
FOOD & MUSIC • HEALTH SCREENINGS • TRAVEL • & MORE!

RSVP for FREE Admission
SecondHalfExpo.com

Now Confirming Exhibitors. Details at SecondHalfExpo.com

Our Featured Sponsors



Contact Us: (316) 299-8272 | Info@SecondHalfExpo.com

NURSE TALK



What do you enjoy about helping the elderly at Willow Creek



Willow Creek
Healthcare,
Guthrie

"I enjoy watching my residents get healthier and happier from the care I can provide."



Kyra Long, CNA/CMA

"Pretty much everything. I love taking care of them when they're smiling. They are very playful."



Brittany Nash, CNA

"Getting to know them and really being able to take care of them. Just knowing I could help someone."



Phoenix Walker, CNA/CMA

OU Health to Close Public COVID-19 Oklahoma City Testing Site

Due to declining demand for public COVID-19 testing, OU Health will be closing its public testing site on May 31. OU Health's Tulsa public testing location closed a month ago. COVID-19 pre-procedure testing for OU Health patients will continue.

"OU Health was proud to be a leader in public COVID-19 testing this past year," said Erin Walker, assistant vice president of Operations at Oklahoma Children's Hospital OU Health. "At one point, we were conducting more than 800 tests in one day. As COVID-19 cases continue to decline in Oklahoma, our community testing numbers have gone down to less than 50 a day. With physician offices and Oklahoma City County Health Department providing testing, having a public testing site on our campus is no longer necessary."

From August, 2020, to the end of April, OU Health in Oklahoma City has tested more than 71,000 community members at its public testing site. This included drive through testing sites that were set up on weekends in underserved Oklahoma City locations.

Anyone in central Oklahoma who needs testing, can find a testing site at the Oklahoma City County Health Department website:

<https://www.occhd.org/okctestsites>



The Future of Health is Here.

Meridian Market
RESTAURANT · WINE · COFFEE · GIFTS
2037 S. Meridian Ave. OKC 73108
(405) 604-0789
Offering those unfamiliar twists on everyone's familiar favorites

HEALTHCARE WORKERS DISCOUNT!

30 Menu Items under
\$10.00!

OKLAHOMA SENIOR CABARET PRESENTS
CABARET DINNER SHOW
JUNE 7, 2021
DINNER AT 6PM
SHOWTIME AT 7PM
RESERVATIONS REQUIRED
(405) 604-0789

- Full Service Restaurant
- Made in Oklahoma Retail area
- Wine and Coffee Bar
- Scratch Kitchen,
- Local and Veteran owned
- Meals to go/Heat & Serve/Online Ordering

www.meridianmarketokc.com

PROUD ITEX MEMBER

844.709.6956
oklahomacity.itex.com

20% OFF

EXP 6/30/2021. ONE COUPON PER TABLE. NOT COMBINABLE WITH ANY OTHER OFFERS. NOT APPLICABLE FOR RETAIL, LIQUOR, BEER, OR WINE - FOOD PURCHASE ONLY. NO CASH VALUE. (405) 604-0789.

INTEGRIS Cancer Institute Celebrates National Cancer Survivors Day Through Social Media


National Cancer Survivors Day® is Sunday, June 6. This year's annual celebration of life will be recognized in hundreds of communities worldwide for cancer survivors, as an inspiration for those recently diagnosed and as a gathering of support for families, caregivers, friends and health care professionals to unite and show that life after a cancer diagnosis can be meaningful, productive and inspiring.

Members of the community are welcome to join the INTEGRIS Cancer Institute on social media at the INTEGRIS Cancer Institute's Facebook page each day beginning Monday, May 31, through Sunday, June 6, for inspiring videos and pictures commemorating this special day.

Although the INTEGRIS Cancer Institute will not meet in person this year to celebrate due to the COVID-19 pandemic, our hope is come together in person again to celebrate in 2022.



NATIONAL CANCER SURVIVORS DAY®



Oklahoma City

UNIVERSITY

PROFESSIONAL ADVANCEMENT OPPORTUNITIES

LPN-BSN

- Qualified students can complete in as little as 12 months
- Part-Time and Accelerated Options

RN-BSN

- 9 months to completion - ½ day per week
- No nursing exams - No Prerequisites - Competitive Price
- Portfolio credit for certifications, nursing experience, and CE

Master of Science in Nursing

- Nursing Education • Nursing Leadership • Community-Based Public Health
- Now offering HyFlex course delivery
- Post Master's Certificates: Education and Leadership
- Post Master's Certificates: FNP, AGACNP and PMHNP

Doctoral Programs

- Doctor of Nursing Practice (BSN-DNP): FNP, AGACNP and PMHNP
- Doctor of Nursing Practice Completion (MSN-DNP): Executive Leadership Track, Clinical Track and Community-Based Public Health Track
- PhD and BSN-PhD

www.okcu.edu/nursing

OCU pledges to recruit, select and promote diversity by providing equality of opportunity for all persons

Wheelchair and Scooter Lifts • Wheelchair Accessible Vans
Adaptive Driving Devices • Transfer Seat Bases & Hand Controls

Oklahoma's Only All-Inclusive Sales & Service Centers.



BraunAbility



NEWBY VANCE & COMPANY

MOBILITY SALES AND SERVICE

"We exceed expectations every day"

Located at John Vance Auto Group
Exit 153 & I-35 • Guthrie, Oklahoma
(405) 282-2113 • Toll Free (800) 375-4471

Serving NE OK, AR, KS & MO
510 N. Main • Miami, Oklahoma
(918) 919-3686 • Toll Free (855) 558-1909

www.newbyvancemobility.com





FREE IN-HOME ASSESSMENT

- ✓ Certified Home Health Aides & Companions
- ✓ Bathing, Dressing & Hygiene Assistance
- ✓ Meal & Snack Preparation
- ✓ Light Housekeeping & Laundry
- ✓ Services Provided up to 24 Hours Per Day



Stay Home, Stay Well!

CALL US | 405.769.2551
24 Hours | 877.744.2551

"Family owned, operated & serving Central Oklahoma since 1993"

www.CarePlusatHome.com

(AS PUBLISHED IN THE 2021 EDUCATION GUIDE TO NURSING)

Southern Nazarene School of Nursing

The Fastest-Growing Program at SNU

The traditional **Bachelor of Science in Nursing** program is the fastest-growing program at SNU! Since 1982, Southern Nazarene University's Liberal Arts-based program has been preparing well-rounded graduates to work as professional nurses in today's fast-paced, technologically advanced healthcare environment.

Given the increasing complexity of patients in a rapidly transforming healthcare system, preparing nurses to enter the profession and be successful in the field is vital. A goal of the university and the SNU School of Nursing (SON) is to prepare nurses to be servant leaders, focusing on the growth and well-being of the people and the communities where they live and work. Feedback from

employers about SNU graduates include that they are well prepared, compassionate, caring, and have a drive to learn how to best take care of their patients. SNU graduates embody the philosophy of the School of Nursing, which can be summarized in the words **"THINK. DO. LOVE!"**

"To be a part of the SNU School of Nursing is to be part of a family. There are many great characteristics that the SNU SON encompasses. The faculty advocate for students and make us feel valued. We are fortunate enough to attend a nursing program that not only helps us become great nurses, but also well-rounded people. "I feel confident that my education at SNU has equipped me to serve others and lead in love. There is so much compassion that is felt while attending the SNU School of Nursing." ~ Student Nurses' Association President and Senior Nursing Student, Ciara Lackey.

SNU welcomes all inquiries about the program!

To learn more, please visit our website at snu.edu/nursing, or schedule a campus visit at snu.edu/campus-visit.

**SNU**
1899**SCHOOL OF
NURSING**

**PREPARING
SERVANT
DRIVEN
PROFESSIONALS**



BETHANY, OKLAHOMA | [SNU.EDU/NURSING](https://snu.edu/nursing) | 405.491.6365 | NURSING@SNU.EDU

Opening up to life

Tealridge Independent Living begins new normal

With COVID numbers dropping and the increasing number of vaccines that have been given in the state of Oklahoma, one could say that senior living communities are opening up! What wonderful news it is! Many people who were almost ready to make the decision to move during 2020 but placed their plans on hold have decided it is time to return to their search and make their final selections. Tealridge Retirement community has seen a significant influx of inquires and move-ins during the last 60 days!

During the pandemic, Tealridge Retirement Community in Edmond followed the recommendations of county and state health departments. As the state began relaxing some of its COVID-19 recommendations, so did Tealridge.

Gov. Kevin Stitt recently signed Executive Order 2021-11 to withdraw and rescind the COVID-19 State of Emergency.

We are open! Residents are able to accept guests in their apartments. In fact, we are conducting tours in person. We feel very fortunate that we are able to provide that place where residents can socialize and get back to normal", said Melissa Mahaffey, Tealridge executive director.

The community continues to follow guidelines recommendations set by the county health department.

Currently, residents continue to wear masks in common areas. However, Tealridge Independent Living is offering full dining again while maintaining an area in the dining room for residents who choose to eat by themselves or whenever an individual is not fully vaccinated.

"All in all, we are back and stronger than ever. Our community has continued to be the choice for so many seniors, we are growing!" Mahaffey said.

Joe and Sandra Ward, along with resident Jose Diaz, are among the residents who recently moved to Tealridge Independent Living.

"I think Tealridge has managed the CDC guidelines very well," Jose said. Retirees are eager to be a part of the Tealridge Family. The opening of the community encouraged Jose and the Wards to not waste a lot of time to make the decision to move. Jose said he wants to find ways to volunteer at Tealridge and meet all the residents.

In fact, people are wanting to make sure that they are somewhere that they will not feel isolated. When the pandemic was at its highest peak, Jose and Sandra were unable to socialize with friends or neighbors during darker days of the pandemic. They didn't go out because everybody was scared. They didn't want to get sick, but they were impressed by the safety standards and amenities they found at Tealridge. Sandra said life at Tealridge Independent Living has made her feel safer during the pandemic.

"I was flabbergasted when I came down to visit the community. I looked around and saw a nice living room and super dining room," Jose said. "They showed me a couple of apartments and one that we finally settled on. People would wave to me or tell me hi. It was just open and wide, clean and smelled good. Everybody you talked with was happy. themselvesI observed people sitting and visiting with one another. It appeared that everyone got along great and welcomed me. It was super."

Sandra said she became impressed with Tealridge when driving up to the front door. From the very beginning it started off so nice," Sandra said. "I was so pleased that people were there to help me so soon when we arrived. I just can't tell you how much I love the place. I am impressed with it. People



Jose Diaz, at left, enjoys the company of his new friends, Joe and Sandra Ward, as new independent living residents at Tealridge Retirement Community in Edmond.

here help you and they're great."

The sales staff made a great impression on Jose, he said. He told his son that he was looking for a good place to relocate. He checked out a couple of other independent living centers, but they were not for him. Tealridge Independent Living best suited his needs, including health care concerns, he said.

Sales Coordinator Cathy McComas said the long-established residents at Tealridge are ready to get back to familiar ways of life whenever possible.

"They understand things have to open up slowly," McComas explained. "I have people say, 'Can my daughter have lunch with me,' or 'when can we do this or that'. We're just as excited as they are. We're ready to get back to family night. We're ready to get back to lunch tours. We're ready to get back to things we were doing before, but we're being very cautious. We're opening up a little bit at a time."

COVID never really excluded people in the community from reaching out to Tealridge in previous months, said Kristen Moss, retirement counselor. Now many of those individuals who put their moving decisions on hold are approaching the retirement community saying they want a new tour. The next day, they call and let me know they are ready to make the move, Moss said.

While people were in their own homes during the pandemic we were seeing more people that see were not able to see their families. And families

are even calling saying. 'My gosh, I had no idea what was going on with mom, because we chose not to go inside their home for fear that we could potential create a health risk to them.'

COVID vaccinations changed everything. Families are no longer feeling they need to stay put in their home. It's exciting for the Tealridge staff to be able to share the community, build on success, and be a resource for people, Moss said.

They even help people navigate to find resources they need. Moss has also counseled people as to where to get COVID shots.

"We are delighted that so many people have chosen to make a decision to move to our community. This is family, we are all here at Tealridge to create a great environment where everyone feels welcome!," Moss said.

Tealridge Retirement Community, located conveniently located in NW OKC/S. Edmond, offers the full spectrum of senior living options including independent living, assisted living and memory care. Through these continuing levels of care, our residents are able to remain among loved ones, friends, and familiar staff members if their need for assistance or healthcare increases.

With spacious floor plans, affordable monthly rates, and a wide range of included amenities, Tealridge Retirement Community is an exceptional combination of service and value. To learn more about the Tealridge Retirement community call (405) 604-5433 or visit our website www.tealridge.com. Visit us at 2200 NE 140th St, Edmond, OK 73013.

Will pets need Covid-19 vaccines?

The coronavirus has never been a problem limited to people. Since the pandemic's start, the virus's potential to impact pets, livestock and wildlife has been a global concern.

But will the four-legged friends we share our homes with need vaccines? It's unlikely in the short term, said Oklahoma Medical Research Foundation attending veterinarian Jennie Criley, D.V.M.

"Although there are a few reports of dogs and cats testing positive for SARS-CoV-2, the virus that causes Covid-19, they typically show no or very mild symptoms," said Criley, who is also the director of comparative medicine at OMRF. "Currently, there is no evidence that dogs and cats play a significant role in transmitting the virus to humans or other animals."

According to the American Veterinary Medical Association, livestock like horses, pigs and poultry don't appear to be naturally susceptible to SARS-CoV-2. While results of studies of the virus in cattle are conflicting, the AVMA notes it doesn't appear they can be easily infected either.

But there is one notable exception, said Criley: Mink. Millions of the small, weasel-like mammals are bred on farms worldwide, and they can be infected by and potentially transmit the coronavirus to humans.

"The concern is that the virus could thrive in animals, mutate, and then pass back to humans," said OMRF physician-scientist Hal Scofield, M.D. "Given that the probable origin of Covid-19 was an animal — likely a bat — it's important that this be monitored."

In response, numerous vaccines for mink are in development. If the U.S. Department of Agriculture and health experts determine a companion animal SARS-CoV-2 vaccine is necessary, a vaccine developed for mink could eventually be adapted and approved for household pets.

Criley added that if research shows a Covid-19 vaccine for our pets is needed to protect animal and human health, it wouldn't be the first time.

"Rabies is a classic example of a vaccination given to our pets that keeps them safe and that saves human lives," said Criley. But, she added, it's best not to worry. Current work is all preliminary when it comes to man's best friends.

"Keep your pet up to date with all preventative health care recommended by your veterinarian," said Criley. "And remember, pets have become used to people being home more while we have been working remotely. Be sure to give them some extra TLC if you are transitioning back to working outside of the home office."



Oklahoma Medical Research Foundation attending veterinarian Jennie Criley, D.V.M.

SITUATION UPDATE: COVID-19

COVID-19 Cases	453,243
New Cases	44
New Cases 7 day Average	124
Active Cases	1,081
CDC/NCHS Provisional Deaths	8,471
Acute Care OSDH Licensed Facilities/Location*	Recent 3 day Ave. Hospitalizations
	Cases (ICU)
Region 1 (NW)	1 (0)
Region 2 (NE)	4 (2)
Region 3 (SW)	12 (1)
Region 4 (EC)	5 (0)
Region 5 (SE)	2 (1)
Region 6 (Central)	8 (4)
Region 7 (Tulsa)	45 (11)
Region 8 (OKC)	60 (17)
Total	137 (36)
Other Types of Facilities	
Focus Facilities	4 (1)
Rehabilitation Facilities	0 (0)
Tribal Facilities	4 (0)
Other Facilities Total	8 (1)

Focus, Rehabilitation and Tribal Facilities numbers are not assigned to a specific region as their patient populations reside across the state. Information provided through survey of Oklahoma hospitals as reported to HHS as of the time of this report. Response rate affects data. Facilities may update previously reported information as necessary.

Data Source: Acute Disease Service, Oklahoma State Department of Health. *As of 2021-06-01 at 7:00 a.m.



ONLINE RN TO BSN APPLY NOW!

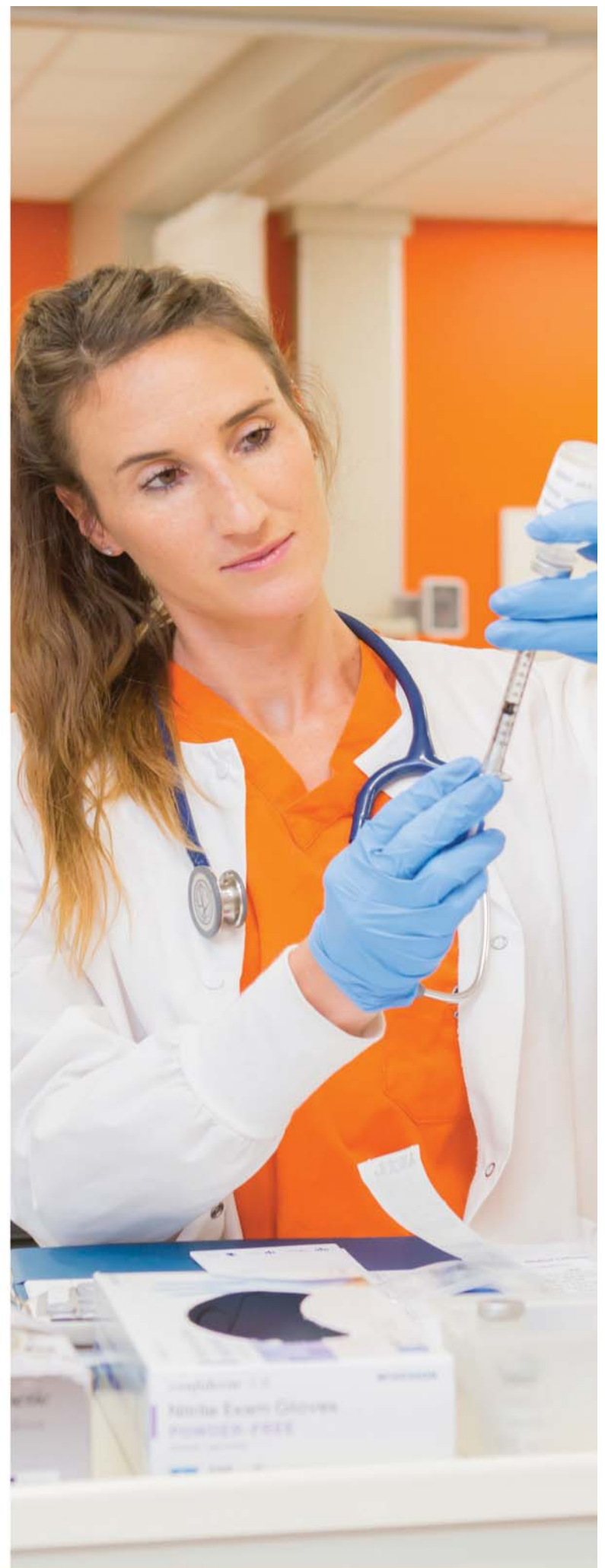
Advance your nursing career with our RN to BSN completion program. Now accepting applications.

- Fully online program
- Full or part-time enrollment options
- Two-semester degree completion for full-time students
- Flexible and collaborative learning environment
- Faculty committed to student success
- Transfer scholarships available



"I was truly blown away by the level of professionalism and commitment from the faculty and staff. The knowledge and support I received are unparalleled."

- Kayce (Tuter) Brown, RN to BSN student



nursing.okstate.edu