



*Femur,  
Tibia,  
Fibula, Oh  
My!*

Amy Ambrose, RN House Supervisor at McBride Orthopedic Hospital. She takes on many responsibilities, continuing to stay calm and composed in the many situations that arise.

by Vickie Jenkins, Staff Writer

McBride Orthopedic Hospital is nationally recognized as a leader in orthopedics and sports medicine. Our expertise and experience allow us to deliver the highest level of comprehensive care to orthopedic patients. -McBride Orthopedic Hospital-

Among the many nurses, you will find one very special nurse; Amy Ambrose, RN House Supervisor. Amy has many responsibilities

as she oversees all of the nurses in the hospital.

Growing up in Michigan, Amy moved to Oklahoma sixteen years ago. "Oklahoma is so different from Michigan and I love the weather here," she said. "Michigan is cold and dark and I was thrilled to see so many sunny skies," she added. When attending Rose State College, Amy realized that she would enjoy the medical field.

See AMBROSE Page 2

## Mewbourne Wins Daisy Award at CTCA



Gloria Mewbourne was recently recognized at Cancer Treatment Centers of America (CTCA) Tulsa as winner of this quarter's DAISY Award.

Nurses don't just offer their time, compassion and care to patients – they also make a deep impression in their lives. Then there are nurses like Gloria Mewbourne, who go above and beyond to truly get to know the people they

See DAISY Page 3





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## AMBROSE

Continued from Page 1

"I chose nursing because of the limitless paths I could follow," she commented. "I had no idea how quickly I could learn so much every year, building on experiences before and learning something new every single day, putting it in my back pocket, carrying it forward. I went into nursing nine years ago and just when I felt that I had mastered my realm in orthopedic; a different situation occurs and I am constantly learning, along with building confidence too," Amy stated.

"While attending Rose State, I had some of the best professors/mentors. I dove right into the medical field; I learned to have great bedside manners from my professors and absorbed all of the information I could. I am so thankful for my professors for being so real, caring and passionate. I feel like I learned from the best," Amy commented.

"As a supervisor, I feel like I go towards the need, helping whenever I can. One of my favorite things about my job is the interaction that I have with the patients on a daily basis. I love being a floor nurse, yet I feel like the position of nurse house supervisor has given me leadership. We have great teamwork throughout the hospital. We stay busy around here and even though a nurse can be mentally and physically exhausted at the end of the day, it is the most rewarding job that anyone can find. Just ask any nurse," she said with a smile. "As the numbers of patients grow, along with their needs, we are here for them, making the patients the most important part of our job. I like to be the extra eyes to see, ears to hear and the extra hands to help."

What makes your job as a nurse special to you? "There are several reasons that make me feel special but the main one is the fact that I feel valued. It is important to feel wanted and needed. It makes me want to push forward and do even more," Amy said. "Here at McBride, we are treated with the utmost respect, which makes us feel good. In return we treat the patients well and isn't that what we all want? To be treated with respect and courtesy."

Amy is definitely a hard worker. "I like to stay busy and I like to make others happy. I am a happy person myself and I definitely don't like conflict. I am cheerful, thankful and grateful that I have a job such as this."

Asking Amy if there is any advice she would give to someone going into the medical field, she replied, "I would tell them to work hard and go as far as they can. Be willing to work hard; if you work hard, you can go as far as you like and you will see the reward."

Amy is married to her wonderful husband, Chad. "We have been married for twenty years," she said with a bit of pride in her voice. "We have six kids ranging from ages five to twenty-years old. We have a mama and a papa English bulldog mix and we now have four little puppies, as we continue to look for new homes for them. As far as hobbies go, I guess you could say that my hobby is raising kids. I like to exercise when I can and I also like anything that has to do with water. We recently purchased some kayaks for the whole family, even the younger ones. We connect them all by tying ropes to them. It is quite the site but very fun!"

If you were going to sum up your life in one word, what would it be? "I would say, blessed."



# McBRIDE

## ORTHOPEDIC HOSPITAL



## DAISY

Continued from Page 1

care for.

Gloria was recently recognized at Cancer Treatment Centers of America (CTCA) Tulsa as winner of this quarter's DAISY Award. The DAISY Award is an international program that rewards and celebrates the extraordinary, compassionate and skillful care given by nurses every day. CTCA Tulsa is proud to be a DAISY Award Partner and have the chance to regularly recognize one of its nurses with this special honor.

Gloria's passion and interest in healthcare started when she was in high school. She wanted to do something that was practical and that she would be able to do anywhere. Nursing was a career that encompassed her interest in cultures and global missions.

Prior to CTCA, she worked as a pediatric hematology/oncology nurse at the University of Oklahoma's Children's Hospital in Oklahoma City. She came to

CTCA four years ago and has loved her work and interaction with patients.

"The best part of being a nurse is when a patient tells you that you helped alleviate their fears, or that you made something very difficult, like cancer, bearable," she said. "I also love hearing people's stories – not just their cancer story, but their life story – how they met their spouse, about their childhood, their job, their struggles. People will really tell you a lot if you are willing to listen," said Gloria.

One of Gloria's patients shared her experience and appreciation of Gloria in her recent DAISY award nomination:

"I received my first infusion treatment with Gloria, and it lasted 7½ hours. I felt very lucky to have had Gloria as my nurse. She was caring, knowledgeable, efficient, witty, understanding, and made my wife and me completely at ease. Even though she was busy with other patients, she made us feel that we were

her only priority.

"Emotionally, Gloria comforted us, but she also answered our questions. We felt that after the stressful month we had experienced, we could take a break for a moment and be cared for. I have requested that Gloria be my nurse at each infusion every three weeks. Even on the visits when she isn't available, she takes the time to come by and say hello and check on my wellbeing. I am doing and feeling

better and I want to thank Gloria for being a big part of that. We look forward to seeing her on every trip, as she has been a calming factor in our lives."

Gloria and her husband, Kraig, have two boys and a dog. In her spare time, she loves to read, work on DIY projects and cook. They are active in their church and enjoy spending time with friends and family, eating at fun restaurants in Tulsa and traveling.



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# CAREERS IN NURSING ALWAYS A NEED - OCOM

by Vickie Jenkins - Writer/Photographer

No matter what kind of job a person has, it is always a good feeling to know that there is a feeling of being needed. Sometimes, we think about what kind of job we are going to have when we are young, but then again, we wait until we are a little older and that certain job pops into our head as we seek out that dream position of the working world, knowing good and well, it may dominate our life. Then suddenly, we are out of school and we have reached a milestone in our life.

That is what happened to Brooke Wix, RN at Oklahoma Center for Orthopedic & Multi-Specialty Surgery, LLC, Southwest Ambulatory Surgery Center. OCOM SWASC. "I grew up in Union City, a small town about fifteen miles from El Reno, Oklahoma. When I was little, I just knew that someday, I would be a singer and an actress. I never thought about being a nurse," she

said. "Plans change. Oh, I am a singer, only in the shower and I'm an actress when I want something from my husband," she said with a laugh. After graduating high school, I knew my dream of being a super star was NOT going to happen. Thankfully, I chose to be a nurse! I attended nursing school at Redlands Community College in El Reno, OK. I think I had a real wake-up call and had a strong desire to go into the medical field," Brooke added.

Brooke's favorite part of her job is dealing with the patients that she cares for every day. "I really like the routine of an inpatient surgery center over a hospital setting," she said. "My very first job was at Mercy, in El Reno. I had a desire to work in the ER or Med Surge, which I did. I worked there for about four years and have been here for a little over a year. I couldn't ask for a better job; we believe in

teamwork and we are all willing to help each other. My co-workers are the best. I feel like they are my best friends and yes, I feel like they are a part of my family," Brooke explained.

"One of my biggest rewards is when the patients are here and after a few minutes, they get to relax and not worry about anything. Each nurse has the same patients from when the patient arrives until they leave. I love the fact that it is not unusual to receive so many positive compliments and feedbacks after the patients are better. They come back and give all of us big thank-you's and hugs, even flowers and chocolates. It is nice to be appreciated for our work. Sometimes, it just makes our day!" Brooke said.

How would you describe yourself? "Well, it is kind of hard to talk about myself, like that, but I'll try," she said. "I feel like I am

a very loyal person. I am kind and considerate to everyone I meet. Being loyal, I like to make sure my patients know how much I care for them."

Asking Brooke what qualities make a good nurse, she replied, "I think a nurse needs to have that certain feeling of wanting to care for others. With nursing having so many avenues to go into, they can try several areas and they will know for sure which area they are leaning towards. I think a nurse needs to be a people-pleaser, be responsible and have a sense of humor. They should have a caring mentality and be a good observer. Most patients come in scared of the unknown. If a nurse can get them to smile, it's always off to a good start," she stated.

When Brooke is not working full-time at OCOM, she is working at Visiting Angels, Home Health

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## Oklahoma Healthy Aging Initiative to Host Statewide Tai Chi-A-Thon

Oklahoma Healthy Aging Initiative will host its second annual Statewide Tai Chi-A-Thon fundraiser on World Tai Chi Day, Saturday, April 25th, at five locations across the state -- Oklahoma City, Durant, Enid, Catoosa and Lawton.

Tai Chi is a series of gentle physical exercises and stretches. Generally safe for all ages and fitness levels, Tai Chi can help older adults reduce their risk of falling, while also increasing balance and flexibility. Health benefits include reduced blood pressure, better sleep, improved muscular strength and enhanced mental well-being. It does not matter how strong, flexible or active a person is, Tai Chi is designed for all ages and levels of health.

OHAI is committed to enhancing the health and quality of life of older Oklahomans and their caregivers through community classes, workshops and professional trainings. Proceeds of the Tai Chi-A-Thon will help OHAI continue to reach all 77 counties across Oklahoma with health education classes and resources.

The Tai Chi-A-Thon is open to participants 18 years and older. It will be held from 9:00 a.m. to Noon in each city. Registration is \$40 and includes a free event t-shirt for those registered by April 3rd.

To register and find the event location near you, go to [www.ohai.org](http://www.ohai.org). On-site registration will be available at the event. For more information, please contact the Oklahoma Healthy Aging Initiative at [ohai@ouhsc.edu](mailto:ohai@ouhsc.edu) or by phone at (855) 227-5928.

OHAI is a program of the Donald W. Reynolds Section of Geriatric Medicine at the University of Oklahoma Health Sciences Center, and is supported by the Donald W. Reynolds Foundation.



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Brooke Wix, RN works at Oklahoma Center for Orthopedic & Multi-Specialty Surgery, LLC, caring for the patients. Brooke is loyal, kind and considerate to all.

## WIX

Continued from Page 4

Care. Brooke is also a SANE (Sexual Assault Nurse Examiner). Brooke's day start early as she enjoys going to the gym in the early hours of the morning before work. She enjoys reading, weight lifting and napping. "I am a creature of habit and I have to stay busy," Brooke said.

Brooke and her husband, Zach (a nurse at the Veteran's Administration) met while they were in nursing school. "We were lab partners," Brooke said. We enjoy traveling whenever we can get away. Their three four-legged friends consist of three dogs; a yorkie, Gizmo, a black lab, Avery, and last but not least, a rat-terrier Chihuahua, Nax.

# AAN Places a Focus on Wellness During the 2020 Year of the Nurse and the Midwife

As nations around the world celebrate 2020 as the International Year of the Nurse and the Midwife, designated by the World Health Organization, the American Academy of Nursing (Academy) has released policy briefs highlighting the connection between nurse wellness at work and the health of their patients. Throughout the messaging for the 2020 Year of the Nurse and the Midwife designation is the undeniable commitment and emotional support nurses and midwives provide to the patients they serve.



Promoting nurse well-being is a priority of the Academy as it relates to our 2019-2020 Policy Priority: Reduce Provider, Patient, and System Burden. In order to place the patient at the center of care delivery, policies must be supportive of the providers and systems within the care team as well. In the policy brief, Nurse fatigue, sleep, and health, and ensuring patient and public safety, published in the September/October 2019 edition of Nursing Outlook, the Academy advocates for research into nurse fatigue risk mitigation and related provider wellness and patient safety issues. In addition, the Academy supports policies and efforts that promote sleep health and reduce fatigue in the workplace for the safety of nurses and their patients.

However, addressing sleep health and fatigue is only the tip of the iceberg when it comes to truly realizing nurse wellness and joy at work. Published in the November/December 2019 edition of Nursing Outlook, the policy brief Improve nurses' well-being and joy in work: Implement true interprofessional teams and address electronic health record usability issues demonstrates the inextricable link between nurse and patient health. The Academy maintains its position that in order to address a healthy and joyful work environment, the healthcare system must take care of its workforce through the creation of true interprofessional teams and a practical electronic health record.

Overburdened nurses, who have daily high-stress encounters, which can take heavy emotional tolls, are at a higher risk for depression and suicide. "Suicide is a significant mental health issue nationally and globally. In our interest for the health of the nation, the Academy is particularly invested in the health of our providers and support research and tangible solutions into the risks for suicide among nurses," said Academy President Eileen Sullivan-Marx, PhD, RN, FAAN.

The Academy commends the national discussions among the nursing community and our Fellowship urging for additional research into the issue of nurse suicide. It is our commitment to promote the findings of their work and to continue to find a way to end this heartbreaking trend. In celebrating the world's nurses and midwives, we must also strive to relieve the inevitable burdens they face while delivering care.

More updates on the Academy's work to promote nurse wellness and to support the International Year of the Nurse and the Midwife will come over the course of 2020.

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204 REGISTERED NURSE

We are currently seeking Registered Nurses who have a passion for providing the highest quality care in an institutional setting.  
Registered Nurse at CoreCivic located in 3200 S Kings Hwy, Cushing, OK 74023. At CoreCivic, we do more than manage inmates, we care for people. CoreCivic is currently seeking Registered Nurses who have a passion for providing the highest quality care in an institutional setting. The Registered Nurse (RN) plans and provides comprehensive nursing care including, but not limited to, executing Licensed Independent Provider's orders, dispensing and administering medications, and assisting Licensed Independent Provider in examinations and treatment of patients. Applies nursing and supervisory techniques required in the care, treatment, and referrals of inmates/residents. Performs all technical/clinical procedures within the scope of his/her education and licensure.

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# Be My Dr. Valentine

On Valentine's Day, Drs. Courtney and Tim Griffin drove to work together like they always do. When they arrive at the Oklahoma Medical Research Foundation, where they've both been scientists since 2008, they'll head to their labs. Their separate labs.

You see, Courtney is a cardiovascular biologist who investigates the development of blood vessels. Meanwhile, Tim, a physiologist and bioengineer, studies obesity and its relation to the most common form of arthritis.

"We each have our own research interests and our own independent labs, but we've actually never been closer scientifically than when OMRF brought us on together," said Courtney.

That 'together but separate'

approach, they say, has served their careers and family well.

The couple met in 1994 as undergraduates at Harvard. "We were both working alumni events, and Courtney was more the figurehead that kind of brought us together," Tim said.

"He's saying I was his boss," Courtney interrupted, jokingly. "We were setting up bars for reunion events, and I'd risen through the ranks to be in charge of organizing a group of trustworthy 'manual laborers' to haul heavy boxes of liquor around."

Tim, a member of the football team, was one such laborer. But it turned out the pair had more in common than a student job: Both had their hearts set on careers in research.



Left to right: Dr. Tim Griffin, Oliva Griffin, Delancy Griffin and Dr. Courtney Griffin

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The two aspiring scientists started dating, and they married in 1997. With Courtney already pursuing her Ph.D. at the University of California, San Francisco, Tim enrolled in graduate school at Cal-Berkley, traveling via bus or subway every day for five years from the couple's San Francisco apartment. When both subsequently landed postdoctoral fellowships in North Carolina, it was Courtney's turn to commute. For the next half-dozen years, they lived in Durham, where Tim worked at Duke University, while Courtney drove and biked nearly an hour to her job in Chapel Hill.

In 2008, OMRF offered both scientists the chance to start their own independent labs in Oklahoma City. "There was definitely high-fiving going on when we landed jobs at the same institution," said Courtney.

They've built successful research careers at OMRF in the dozen years since, while also raising twin daughters, now high school juniors at the Classen School of Advanced Studies. But balancing parenting with demanding professional lives

can prove exhausting.

"Especially in the early years, we were perpetually tired," said Tim.

At home, the couple divvies up tasks like cooking, cleaning and taking the kids to doctor's appointments, while trying to do as much together as a family as possible, like traveling to the girls' out-of-state volleyball tournaments. "It's always been a partnership," he said.

For more than two decades, that teamwork has proved the key ingredient to professional and personal fulfillment. "This is a challenging and time-consuming career, and the benefit of having your most trusted, closest person in life nearby as a sounding board and support system is incredible and empowering," said Courtney.

As Courtney spoke, Tim nodded in agreement. "One of the roles of being a scientist is being the cheerleader for everybody in your lab. But we need cheerleaders, too," he said. "And we each get to see our biggest and most loyal supporter every single day. It's amazing."



(AS PUBLISHED IN THE 2019 EDUCATION GUIDE TO NURSING)

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Oklahoma Christian University combines three key features to create a unique program. OC's School of Nursing helps registered nurses achieve a bachelors of science in nursing degree that is competency-based education (CBE), 100% online and offers a GPA transcript to create a RN-to-BSN program that has thought of everything.

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Online degrees are for flexibility and convenience, not independent study! An Oklahoma Christian academic coach supports each student in all aspects of gaining a degree. Coaches are faculty members of the School of Nursing who communicate with students at least once each week to provide resources, answer questions and challenge deeper thought. Nurses use online classes to accommodate work schedules and hospital shifts, but still develop relationships within Oklahoma Christian's online community of nursing students.

Oklahoma Christian's RN-to-BSN perfectly prepares students for graduate school. Your courses will require writing scholarly papers and preparing professional presentations to fully equip you to pursue a master's degree. Many schools offer BSNs using a pass/fail grading system, OC students earn grades and graduate with a cumulative grade point average (GPA) and a full transcript. Graduate schools require a GPA for admittance and Oklahoma Christian makes sure students graduate with all they need to advance their careers even further.



Oklahoma Christian helps undergraduates gain admittance into prestigious graduate schools around the world. It's something we're really good at. Share your dreams and goals with your mentor so we can join you on your journey and celebrate your successes.

OC Financial Services can help you navigate the cost of education. If you are currently employed as a nurse, check with your human resources department about tuition benefits that your employer may offer. Oklahoma Christian's caring staff will help direct you to federal student loans, nursing grants or nursing scholarships, and payment plans.

Oklahoma Christian earned national nursing accreditation after meeting high standards of quality, peer review, and establishing self-regulation. A degree from an accredited program makes graduates more competitive in the job market. Employers prefer to hire accredited practitioners who are trained under nationally established standards for nursing education. Graduates from accredited nursing school programs qualify to attend other accredited schools to pursue advanced studies and master's programs.

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# OKDHS seeks volunteer guardians to support adults

The Oklahoma Department of Human Services Developmental Disabilities Services (DDS) offers guardianship assistance to adults with developmental disabilities who are receiving services. DDS is seeking caring volunteers interested in supporting the health and safety of these individuals.

"Our volunteer guardians really make a positive difference in the lives of those they serve," said Beth Scrutchins, Director of DDS. "In addition to promoting the rights of the individual with intellectual disabilities and helping to ensure their health and safety, the volunteer guardian develops an important relationship with that individual to support as much independence as possible."

The need for a guardian is based upon a person's ability to give informed consent. A person is considered incapacitated when he or she has a mental impairment that affects his or her ability to receive and evaluate information and make choices. Only a judge can determine whether or not a person is incapacitated through a guardianship hearing. DDS staff takes great care and caution in assessing the need for a guardian and in recommending an appropriate volunteer to serve in that role.

**What is Guardianship?** Guardianship is a legal relationship that is established by a judge through a legal process. It can be general allowing the guardian to make certain major decisions for that person, or it may be limited giving decision-making authority to the guardian in only a few areas of a person's life. It may be ordered for only a limited time or even for a single decision. Guardianship need not be life-long, nor is it an all-or-nothing deal. The guardianship relationship is designed to fit each person's needs and still allow the person to make as many life decisions as possible.

For more information about becoming a volunteer guardian, please contact DDS at [dds.volunteerguardian@okdhs.org](mailto:dds.volunteerguardian@okdhs.org) or by phone at 918-921-3694. Interested individuals may also learn more at <http://www.okdhs.org/services/dd/Pages/GAp.aspx>



I was 21 and healthy, I thought, until I suddenly found myself in complete liver failure. Within hours of the diagnosis, I slipped into a coma and my family was told I would die in a couple of days if a liver wasn't found. Thanks to the family of a sweet lady, who had my rare blood type, I'm alive and have a future again. I will never know how to thank them enough for giving me my life back.

Organ, eye and tissue donation saves lives. Please make your decision to donate life and tell your family. Register to be an organ, eye and tissue donor on your Oklahoma driver's license or state ID card or register online at [www.LifeShareRegistry.org](http://www.LifeShareRegistry.org). You may also call **800-826-LIFE (5433)** and request a donor registration card.



Ann





# NURSE TALK



*I would be Wonder Woman, Lasso of Truth!*



Maleah Edmonds, LPN

*Definitely Batman, making every day work to his advantage.*



Brandi Niccole, LPN

*If you were a super hero, who would you be?*



Oklahoma  
City Indian  
Clinic

*I would have to say, Wonder Woman, for her strength!*



Anna Adams, RN,  
BSN, Case Manager

*I would choose, Captain Marvel, eliminating danger before it happens.*



Bendi Keller, LPN

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# New Year, New Life: Naadi patient gets ultimate gift

It's a new year and June Brown is celebrating her new lease on life.

"They said there was really nothing they could do. It was just damaged muscle," Brown said, recalling a July 2006 injury to her left leg that left her living in pain.

Over the next 13 years, that injury gave way to a vicious cycle of pain, redness and swelling followed by antibiotics.

And building oilfield equipment for a living, that meant Brown spent long days on her feet which just made problems worse.

She managed the best she could until she noticed a hole forming in her leg, about the size of a pencil eraser.

Her doctor put her on another round of antibiotics hoping it would curb the growing infection.

"The doctor was real nice but said he had never seen anything like this and wouldn't touch it," Brown remembers.

Finally deciding she had had enough, Brown pressed the issue and sought a second opinion.

Pathology samples showed dead tissue in her leg due to no blood flow.

"It was basically just dying," she said.

She was horrified and in need of help.

## GIFT OF HEALING

That's when she found Dr. C.V. Ramana and Naadi Healthcare Vascular and Interventional Center.

Dr. Ramana was able to restore blood flow for the first time in more than a decade.

"Within two weeks I was released from wound care. You wouldn't believe the difference," Brown said. "It's got a scar but it's a totally different leg. I'm just so happy there's no pain, no nothing. I can forget about it."

Naadi specializes in peripheral vascular disease and venous insufficiency.

From pain in the calf while walking to non-healing wounds, Naadi works on getting people back to their former selves.

"Ultimately, the end goal is if somebody has a really bad



The staff at Naadi Healthcare Vascular and Interventional Center helped give June Brown a new lease on life.

wound we don't want them to lose their limb. We want to save their limb, save their life. People who have amputations have a very high mortality rate," said Shelby Dudley, a radiology technologist at Naadi.

Naadi Vascular and Interventional Center is the first outpatient center in Oklahoma City dedicated to vascular and interventional radiology.

Interventional radiology (also known as IR) is the minimally invasive, image-guided treatment of medical conditions that once required open surgery.

Breakthroughs in technology and imaging have created new treatment choices for patients. In this new era of medicine, there is no longer one "right way" to handle your condition.

Personalized medicine means doing the right thing for each individual patient. More than ever, it's imperative for you to know and understand all of the available options to treat your condition or disease. In many cases, there is a

minimally invasive approach that could dramatically reduce your pain, risk and recovery time.

"A lot of people have pain in their legs and they think it's normal and it's not," Dudley said. "A lot of people have peripheral vascular disease and they don't know. It's a misdiagnosed disease. This can be treated and there are things that can be done to prevent it." Controlling diabetes and blood pressure, exercise and maintaining a healthy diet are some of the biggest modifiable risk factors that can help prevent peripheral artery disease.

After the injury, Brown resigned herself to her current condition. She didn't know things could be better.

Not until she visited Naadi and Dr. Ramana.

"He was great. He was real sweet and real concerned," Brown said of Dr. Ramana. "He was patient with me. He didn't try to push. He let me go at my own pace. I appreciated that. He made it to where I would understand

what was going on to help relieve some of my anxiety."

"His staff is really sweet. You couldn't ask for better, more concerned people that want to make sure you're comfortable, relaxed and healthy."

Patients are able to self-refer to Naadi. Taking her health into her own hands was the best gift Brown could have given herself.

"That's something I hope we can make a change in the culture," Ramana said. "People see all of that as a normal part of growing old and kind of accept that and don't think there is anything they can do to impact that."

"One of the nice things about being in a facility like this is you get to see those patients over and over and you get to see how you've impacted their lives," Ramana said. "It's very rewarding."

And now Brown has a new lease on life.

Visit Naadi Health at 1 NW 64th Street in Oklahoma City or call (405)-608-8884. [www.naadihealthcare.com](http://www.naadihealthcare.com)





# PREPARE TO BE SURPRISED.

Meet the Maddox family. Their thirteen-year-old daughter, SaNiyah, has cerebral palsy and is confined to a wheelchair. SaNiyah's entire life – her happiness, her health, her every need – all depends on her family and help from the team at Special Care. But they also have two adorable young sons, demanding jobs and – on top of everything else – they foster an infant who needed a home, too. It's more than most of us could handle.

But here's the big surprise. The Maddoxes not only receive help from United Way agencies, they find room in a budget stretched to its limit and they give to the United Way. **Can you?**

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