



INTEGRIS

For you. For health. For life.

SEE OUR AD IN THE CLASSIFIEDS

integriskjobs.com

A Blessing in Disguise



Tracy Withrow, RN is a clinical nurse at Oklahoma Heart Hospital. She shares her story of her experience of a heart attack and how important it is to take action on the warning signs.

by Vickie Jenkins, Staff Writer

Oklahoma Heart Hospital is providing cardiovascular care and is physician-owned and designed by cardiologists. Here, you will find a hospital full of exceptional doctors, nurses and staff members. One particular nurse is Tracy Withrow, RN. Tracy is a clinical nurse for Dr. Williams and Dr. Valuck.

Growing up in Piedmont, OK, Tracy attended OSUOKC, Francis Tuttle and Platt College. "The Oklahoma Heart Hospital is the only place that I have ever worked. I started out as a medical assistant, then an LPN and now, I'm an RN," she said.

I asked Tracy if she could explain why she chose to go into the medical field and why she enjoys her job as an RN at OHH. "When I was a little girl, my parents helped take care of my grandma, Mary. I always admired my parents for the love and support they gave to her. They always encouraged her, telling her not to give up. That is why I knew that I wanted to go into the medical



OKLAHOMA
HEART HOSPITAL

See WITHROW Page 3

Jennifer Schmitt Receives AANA's 19th Annual Ira P. Gunn Award



Jennifer Schmitt, a Certified Registered Nurse Anesthetist (CRNA) from Edmond Will receive the 2019 Ira P. Gunn Award for Outstanding Professional Advocacy.

Jennifer Schmitt, a Certified Registered Nurse Anesthetist (CRNA) from Edmond, Okla. Will receive the 2019 Ira P. Gunn Award for Outstanding Professional Advocacy during the American Association of Nurse Anesthetists (AANA) Annual Congress in Chicago, Ill.

The Ira P. Gunn Award was established in 2000 to recognize the accomplishments of CRNAs or non-CRNAs who are involved in overcoming legislative, legal, and regulatory challenges to nurse anesthesia practice rights. The recipient of the award receives recognition by peers as a person who has made an important contribution to the advancement of nurse anesthesia practice rights.

Schmitt is in her 4th year on the Oklahoma Association of Nurse Anesthetists (OANA) Board of Directors. In addition, she has served as President of

See SCHMITT Page 2

NRH hiring event this week

by Bobby Anderson, RN, Staff Writer

Norman Regional Health System is experiencing dramatic growth and will continue to expand in both size and service offerings in the months to come.

In an effort to keep pace with the system's hiring needs a second recruiting event this year will be held this Tuesday, Aug. 27 from 6-8 p.m. at El Toro Chino, 2801 36th Ave NW in Norman.

NRHS Chief Nursing Officer Brittni McGill, MSN, RN, CCRN says the event provides a unique opportunity. The first event earlier this year was well attended, resulting in applicants receiving job offers on the spot.

"It was wildly successful," McGill said. "The organization is growing and expanding so much we wanted the opportunity for those interested to come learn about the nursing services and offerings we have in the system."

"It's a great opportunity for people to come learn about us and we can learn about them."

Some of the benefits to nursing at Norman Regional include a nurse residency program, multiple career advancement opportunities, registered nurse differentials, generous paid time off accrual, and tuition reimbursement of up to \$3,000 per year.

McGill said the event will be an opportunity for applicants to meet managers from every unit as well as HR representatives that will be able to process applications and even give conditional offers for employment.

"I love it from the organizational perspective because the clinical leaders got to work together as a team to pull off and execute a really great event," McGill said of the May event. "It helped everybody individually and also helped tremendously as an organization."

"Another side to that was we got to meet some great people and have great conversations."



Norman Regional Health System Chief Nursing Officer Brittni McGill will host a hiring event this week.

Many of those conversations focused on the health system's residency and extern programs.

Norman's extern program is offered to BSN students in their final year of school. Externs rotate through various departments based on their interest levels.

"The whole premise behind this extern experience is to match that future graduate with a department that is a good fit," McGill said. "Sometimes they may think they like something and then get into it and realize they don't. The purpose is to eliminate a potential mismatch."

The Vizient/AACN Nurse Residency Program at Norman Regional Health System is designed to bridge the gap between the student nurse and accomplished professional.

Norman Regional is committed to ensuring you have the necessary tools to make this transition a successful one. Norman Regional is the first hospital system in Oklahoma to offer the Vizient/AACN Nurse Residency curriculum.

The hospital is in its second year of the program with six cohorts.

Norman Regional has been

See NRH Page 4



SCHMITT

Continued from Page 1

OANA over the past year and her term will come to an end this September. She is also the chair of the government and public relations committees.

Her contagious passion for advocacy and leadership during the 2018-2020 election cycle led to a successful advocacy campaign that resulted in two senate bills moving successfully through the senate and house health committees. Both bills are active and eligible for a floor hearing in the Spring of 2020.

"It is such an honor to be recognized by the AANA and placed alongside the CRNA leaders who came before me," expressed Schmitt. "I would not have accomplished so much if I did not have the amazing team of CRNAs and OANA legislative champions around me. This team truly believes in placing Oklahoma patients first. Our mission to improve healthcare access in Oklahoma by removing supervision from CRNA practice is a cause worth fighting for."

Schmitt was appointed by the Oklahoma Attorney General to serve on the Oklahoma Commission on Opioid Abuse as well.

Schmitt is responsible for designing and publishing OANA's first election guide for pro-CRNA candidates for the 2018 cycle and created public relations booklets for use when speaking to members of the Senate health committee

and other legislators. As a resident of the 5th Oklahoma Congressional District, she's also serves on the Oklahoma County GOP Executive Committee representing the 5th Congressional District.

A CRNA for more than 5 years, Schmitt earned her Master of Science degree from the University of Wisconsin La Crosse/Mayo Clinic Health System, Franciscan Skemp School of Nurse Anesthesia in La Crosse, Wis., and her bachelor's in nursing from the University of Central Oklahoma in Edmond, Okla. In addition, she received a bachelor's in science from Oklahoma State University in Stillwater, Oklahoma.

Founded in 1931 and located in Park Ridge, Ill., and Washington, D.C., the American Association of Nurse

Anesthetists (AANA) is the professional organization representing nearly 53,000 Certified Registered

Nurse Anesthetists (CRNAs) and student registered nurse anesthetists across the United States. As advanced practice registered nurses and anesthesia specialists, CRNAs administer approximately 45 million anesthetics to patients in the United States each year and are the primary providers of anesthesia care in rural America. In some states, CRNAs are the sole anesthesia professionals in nearly 100 percent of rural hospitals. For more information, visit www.aana.com and anesthesia-caretoday.com and follow [@aanawebupdates](https://twitter.com/aanawebupdates) on Twitter.

WITHROW

Continued from Page 1

field so I could care for others. I guess you could say that I was influenced to be a nurse by my grandma Mary and my parents," Tracy replied.

Tracy's story didn't stop there. She had a special story to tell." It was the day before Thanksgiving, November 27, 2013; a very busy time. I was working at the Oklahoma Heart Hospital. I hadn't felt well all day but I just assumed it was because I was exhausted. At the time, I was a single mom and my eighteen year old had just moved out and I had a thirteen year old and eleven year old at home. I just needed some rest! I had heartburn which I chalked up to the fried food that I had at lunch. I had a feeling something was wrong I thought about going to the ER but that would be ridiculous! After all, I was a nurse! I went home to get some rest."

"I got to the car and that's when I had a dull pain in my chest. I sat in the car and stared at the ER that was about 100 yards away. Again, I knew it

wasn't anything to worry about. I made a twenty minute drive to my town's grocery store to pick up a few things for the kids. Now, my brain was cloudy and I felt nauseated."

"As I grabbed a few things in the store, my left arm began to cramp. I'm sure I had grabbed the six pack of soda wrong. I ignored the chest tightness. I don't remember the two mile drive home. I went straight to my bedroom and my head was in a fog. Then, the jaw pain started and it was excruciating. I knew I was in trouble but was still in denial. The next thing I knew, my dad was driving me back to the ER at the Heart Hospital. All of a sudden, there was a rush of IV's, EKG's, Nitro, medications and oxygen. I had no recollection of the angiogram. When the sedation wore off, I learned I had an uncommon heart attack, a coronary artery dissection. It was too small of an area for a stent without risking perforation; I would be on blood thinners long term."

I spent three days in the hospital for observation. I had a lot of time to reflect. I was a cardiac

"Up until that day, I had smoked a pack a day for twenty years. I ignored my high blood pressure and had not taken care of myself."

Tracy Withrow, RN

nurse and had done everything wrong! I ignored how I felt, did not seek evaluation in the ER, I did not call 911, I did nothing that I told my patients to do in all the years I worked there. It was an epiphany of sorts; I had no idea how strong denial can be."

"Up until that day, I had smoked a pack a day for twenty years. I ignored my high blood pressure and had not taken care of myself. Now, it was time for a drastic change in my life!"

That was six years ago. Now, I know that my heart attack was a blessing in disguise. I better understand my patients and can relate to their feelings. It started my journey to take better care of

myself and others.

"I still work at Oklahoma Heart Hospital as an RN. I have since gotten married to an amazing man, along with gaining two step-daughters and becoming a grandmother. I know how close to death I was that day. I am so very grateful that God's plan is bigger than ours and I am here to share my experiences and celebrate life!"



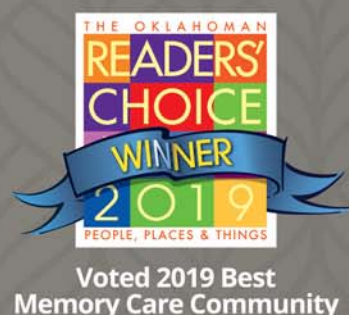
**JOIN US
ON
facebook**

LIVING IS NOT ONE-SIZE FITS ALL. SO, HOW CAN ASSISTED LIVING AND MEMORY CARE BE?

We serve the individual's need for purpose, independence and dignity. Our loving, expert staff improves life with innovative, individual programs and therapies. You really must see Legend® at Rivendell for yourself.

Call now and join us for lunch and a tour. **Discover the Legend Senior Living® difference today.**

Call to learn more: **(405) 703-2300**



LEGEND®
ASSISTED LIVING & MEMORY CARE
at Rivendell

LegendSeniorLiving.com
A Residence of Legend Senior Living®



CAREERS IN NURSING

WATCHING STUDENTS SUCCEED: SOUTHERN NAZARENE UNIVERSITY

by Vickie Jenkins - Writer/Photographer

Students at SNU are prepared to enter the profession as a generalist nurse. During the educational experience, clinical hours are spent in various specialty areas such as pediatrics, maternal health, medical-surgical, geriatrics, community health and intensive care. These experiences can help students determine what direction they might go after graduation. A leadership experience is arranged during the final semester to allow the student to begin to more fully engage in the role of the Registered Nurse. SNU School of Nursing promotes Christian values in patient interactions. All nursing care is based on the sanctity and dignity of every human being. The SNU BSN program is approved by the Oklahoma Board of Nursing.

Meet Mary Hibbert, PH.D., RN. She grew up in S.E. Kansas and has been a nurse for thirty-two years. In that time, she has earned many titles and has held many

distinguished nursing positions in several states; Oklahoma, Missouri and Kansas. She moved to Oklahoma City, OK in 1995 to teach at Southern Nazarene University and continues to teach in the nursing program. She is just one of the many outstanding professors at SNU. She received her Bachelor's degree from Pittsburg State in Pittsburg, Kansas, her masters from the University of Kansas and her Ph.D. from Texas Women's University. Dr. Hibbert was encouraged by several instructors while attending universities but wants to give a special thanks to two very special instructors; Ruth Ellen Hinton and Dr. Donna Saul.

Asking Dr. Hibbert what she wanted to be when she was little, she couldn't quite remember. "I always knew that I wanted to go into the medical field when I was in junior high. I wasn't real clear on exactly what I wanted to do, but

I did know that I wanted to help others, perhaps become a nurse. It wasn't much later, that I realized that I wanted to make a career in the medical field. I also like the fact that the medical field was always changing and I would have a choice of many areas if I wanted to switch. I love teaching my students about nursing because suddenly, I see all of the light bulbs come on with the students and they say, 'Oh, I get it!' especially when I see the student struggling or they have trouble understanding pathophysiology, and then it all clicks and they actually understand it," she said. "I like watching a student transform into a completely different person from the beginning of a program to the end. It's amazing when their light bulbs come on," she said with a smile.

Dr. Hibbert is a positive person; encouraging others along the way. She is inspired by her faith and

according to her, always has been. "I always try to encourage others, such as my students, no matter what. I tell them to 'keep on going' and 'don't give up!' I help them see their progress by identifying areas that best suits them. From here, they can learn, finding their strength in that area. This helps them get over the bumps and hurdles that they might be experiencing. I challenge them by letting them know that nursing is more than a task and it is actually an intellectual process that involves critical thinking, leadership and good decision making," she said. "In the long run, it is one of the greatest rewards around." It's no surprise as to what Dr. Hibbert's favorite thing about her job is; "It's watching my students succeed," she said.

Asking Dr. Hibbert what qualities

See HIBBERT Page 5



BE THE CHANGE
your nursing journey

2019 ONA Annual Convention
Be the Change: Your Nursing Journey

October 2 & 3, 2019
Embassy Suites, Norman
Call for Proposals Now Open!



Oklahoma Nurses Association
www.oklahomanurses.org | 405.840.3476

NRH

Continued from Page 2

developing a transformational plan to position the health system to meet future healthcare needs of patients and the communities it serves.

"I think our (hiring) needs are going to be all across the organization," McGill said. "The inpatient acuity is increasing. The ambulatory network is growing. As we more clearly define our processes and patient experience continues to excel patients are seeking us specifically which is a great thing.

"We saw growth this last fiscal year in almost every department."

Norman Regional Health System is a multi-campus system that provides for the health and wellness needs of its regional communities throughout south central Oklahoma.

NRHS is operated by Norman Regional Hospital Authority, a public trust, which serves the public interests and functions as a political subdivision of the State of Oklahoma.

The acute-care facility on the Porter Avenue Norman Regional Hospital is licensed for 219 beds and

offers a full range of services.

The HealthPlex campus at Interstate 35 and Tecumseh Road, licensed for 168 beds, features Cardiovascular Services, Spine and Orthopedic Surgery, and Women's and Children's Services. Norman Regional was the first in the Oklahoma City metro area to receive Chest Pain Accreditation with PCI (Percutaneous Coronary Intervention) from the Society of Cardiovascular Patient Care (SCPC).

Norman Regional Moore is a state-of-the-art \$32 million dollar healthcare facility in Moore housing physician offices, an emergency center open 24 hours a day, seven days a week and community meeting space.

Other services include diagnostic imaging, lab, and physical therapy.

Norman Regional Health System also provides outpatient diagnostic centers, medical transport services, physician services, centers of excellence, durable medical equipment supplies, a primary care network, community wellness service and employer health services.

The health system has grown to employ more than 3,000 people and has more than 350 physicians

credentia



Mary Hibbert, PH.D., RN is one of the professors that will be teaching in the School of Nursing at Southern Nazarene University. This will be her twenty-fourth year at SNU.

HIBBERT

Continued from Page 4

make a good nurse. "First and foremost, a nurse needs to be compassionate. They need to be able to think critically and they have to be an advocate for the patient and the families," she replied. "I think there is something very special that a nurse feels deep inside, a feeling from the heart that they want to help others," she added.

Asking Dr. Hibbert how many students she would have this semester when school starts, she replied, "We will have about ninety

students for the upper division nurse classes; that is the number of students that the nursing class will have with all of nursing classes combined."

On a personal note, Dr. Hibbert is married and has three sons, 18, 17 and 13. Her hobbies include cross-stitching, quilting, reading and spending time with her family. She has three pets; one dog and two cats.

Asking Dr. Hibbert to sum up her life in one word, she replied, "That word would be 'PERSISTENT'."

OU College of Medicine Researcher Discovers Gene Mutation That Contributes to Addiction

In the field of addiction research, one question looms large: Why do some people face a higher risk than others for alcoholism and drug abuse?

A researcher at the OU College of Medicine, William R. Lovallo, Ph.D., recently published one of the field's few studies focused on how a person's genes contribute to addiction. Lovallo's research showed that a tiny genetic mutation can put people at higher risk for alcohol or drug addiction. His research was published in the world's leading journal on alcoholism, *Alcoholism: Clinical and Experimental Research*.



William R. Lovallo, Ph.D.

Many people ask whether addiction is caused by person's genes or their family environment. The short answer is that it's both. However, Lovallo's research zeroes in on specific gene and how it responds to a person's environment.

COMT is the name of a gene that helps the body manage dopamine, a chemical that is released when a person drinks alcohol or takes a drug like amphetamine. Lovallo's research focused on a small mutation of COMT. What he discovered demonstrates the interplay between a person's genetic makeup and adversity during childhood. People with this mutation of the COMT gene are more vulnerable to the effects of stress in their early lives, such as divorce or emotionally distant parents. That heightened vulnerability often leads to consumption of alcohol and drugs younger than age 15, which is one of the biggest independent predictors of addiction.

"Early-life adversity doesn't make everyone an alcoholic," Lovallo said. "But this study showed that people with this genetic mutation are going to have a higher risk for addiction when they had a stressful life growing up."

Because the COMT gene is involved with how well dopamine works in the brain, the behavior of the genetic mutation is especially revealing.

"This one random mutation makes a difference in how the COMT gene

works fine in one person but not as well in another person," Lovallo said. "There is no such thing as a gene for addiction, but there are genes that respond to our environment in ways that put us at risk. You have to have the right combination to develop the risk factors."

Lovallo's discovery is a top achievement in his 20 years of well-funded research in this area. As a senior research career scientist at the VA Medical Center, he has conducted studies on veterans with alcohol addiction. However, those studies, like many others, concentrated on people after they became addicted to a substance. He knew he wanted to shift his research toward understanding the causes of addiction and how to prevent it.

"Many of us know people who drink alcohol moderately and never have any problems. And we know people who drink a little and then go down the path toward alcoholism," he said. "What's the difference between going down that path and not going down that path? Now we have a better understanding that it's not just exposure to alcohol or drugs that leads to problems; there is a genetic component."

"Addiction is a real health problem, and to be making progress toward

See OU Page 10

MUSTANG TAX SERVICE

45 W Armstrong Dr. Ste A, Mustang, OK 73064

- Bookkeeping • Payroll
- Personal & Business Tax Return

BRING IN THIS COUPON FOR

25% OFF NEW CUSTOMER DISCOUNT

(405) 376-5456 | mustangtax@aol.com

EOE



AllianceHealth
SEMINOLE

A Great Place to Work ~
Join Our TEAM Today

\$5,000 SIGN ON BONUS
FOR FULL-TIME POSITION

We're hiring FT/PT/PRN RNs for

- **Medical Surgical - RNs**
- **Emergency - RNs**

Applicants should apply at
www.alliancehealthseminole.com

Oklahoma's Nursing Times

Index to Classifieds

- 1 0 0 Ambulatory
- 1 0 8 Administrative
- 1 1 3 Case Management
- 1 1 5 Chemical Dependency
- 1 1 8 Clinical Instructors
- 1 1 9 Collection
- 1 2 1 Critical Care
- 1 2 3 Certified Medical Assistant
- 1 2 4 Certified Nurses Aide
- 1 2 7 CRNA
- 1 2 9 Dental
- 1 3 0 Dialysis
- 1 3 1 Dietary
- 1 3 7 Education
- 1 4 0 General Nursing
- 1 4 3 Geriatrics and Long Term Care
- 1 4 6 HMO
- 1 4 9 Home Health
- 1 5 2 Hospice
- 1 5 4 Housekeeping
- 1 5 5 Infection Control
- 1 5 6 Instructor
- 1 5 8 IV Therapy
- 1 6 1 Licensed Practical Nurse
- 1 6 4 Managerial
- 1 6 5 Massage Therapy
- 1 6 7 Medical/Surgical
- 1 7 0 Nurse Practitioner
- 1 7 3 OB/Gyn
- 1 7 6 Occupational Health
- 1 7 9 Office
- 1 8 2 Oncology
- 1 8 5 O.R./PACU
- 1 8 8 Orthopedic
- 1 9 0 Pediatric
- 1 9 1 Pharmacist
- 1 9 2 Physicians Assistant

123 CERTIFIED MEDICAL ASSISTANT

We are actively searching for a Certified Medication Aide (CMA)

Montevista Rehabilitation and Skilled Care is actively searching for a Certified Medication Aide (CMA). The CMA is to administer oral and topical medications to residents. These tasks are performed as ordered by a physician, under the supervision of a licensed nurse, in accordance with state and federal rules and regulations, and consistent with facility policies.
7604 Quannah Parker Trailway,
Lawton, OK 73505

We Are Seeking Certified Medication Assistants Who Have A Passion For Providing The Highest Quality Care In An Institutional Setting.

at CoreCivic. At CoreCivic, we do more than manage inmates, we care for people. CoreCivic is currently seeking Certified Medication Assistants who have a passion for providing the highest quality care in an institutional setting. The Certified Medical Assistant performs and assists with a variety of basic patient care activities under the direction of a physician and supervision of a licensed nurse. 6888 East 133rd. Road, Holdenville, OK 74848-9033

124 CERTIFIED NURSE ASSISTANT

**We are currently
looking for a
Certified Nurse Aide**
WILLOW HAVEN Nursing Home.
We are currently looking for a Certified Nurse Assistants for 6 to 2 weekdays. If you are interested please apply 1301 North Fifth, Tonkawa, OK 74653

We are accepting applications for Certified Nurse Aide for 9am-5pm shift, Monday - Friday.

GOLDEN VILLA Adult Day Care, 1722 North 4th, Suite B Ponca City, OK 74601 is accepting applications for C.N.A. for 9-5 shift, Monday - Friday. Prefer MAT and experience cooking for multiple persons. Will consider all applications. Contact Ramona Lantz at 580-762-0264 to schedule an interview.

We are currently looking for a PRN Certified Nurse Aide

WILLOW HAVEN Nursing Home.
We are currently looking for a PRN C.N.A. that will work on the 10- 6 shift when needed. Please apply 1301 North Fifth, Tonkawa Ok.

124 CERTIFIED NURSE ASSISTANT

We are seeking Certified Nurse Aide, Nursing-Adult 7pm-7am.

Assist patients with activities of daily living, provide basic nursing care and assists in maintenance of safe and clean environment under the direction and supervision of the Registered Nurse on unit. CNA certification in good standing in the State of Oklahoma. Current BLS certification. Preferred: Minimum of 2 years of successful work experience as a CNA. Pauls Valley General Hospital: 100 Valley Dr, Pauls Valley, OK 73075.

140 GENERAL NURSING

We are currently seeking Registered Nurses who have a passion for providing the highest quality care in an institutional setting.

At CoreCivic, we do more than manage inmates, we care for people. CoreCivic is currently seeking Registered Nurses who have a passion for providing the highest quality care in an institutional setting. The Registered Nurse (RN) plans and provides comprehensive nursing care including, but not limited to, executing Licensed Independent Provider's orders, dispensing and administering medications, and assisting Licensed Independent Provider in examinations and treatment of patients. Applies nursing and supervisory techniques required in the care, treatment and referrals of inmates/residents. Performs all technical/clinical procedures within the scope of his/her education and licensure. 6888 East 133rd. Road, Holdenville, OK 74848-9033

CEDAR RIDGE BEHAVIORAL HOSPITAL

FULL TIME & PART TIME REGISTERED NURSES

- **Competitive Wages**
- **Comprehensive Benefits Program**

**Full-Time RN
Sign-On Bonus:**
\$3000-\$7500

JOIN OUR TEAM

www.cedarridgebhs.com/careers

140 GENERAL NURSING

We Are Seeking Nurse Aides, Cooks and Licensed Practical Nurses

We Are Seeking Nurse Aides, Cooks And Licensed Practical Nurses for Brookhaven Extensive Care in Norman. Great benefits and competitive pay. Please apply in person at 1050 Rambling Oaks Drive, Norman, OK 73072

140 GENERAL NURSING

Full-time and Part-time Registered Nurse Needed For Local Home Health Office. Also, Licensed Practical Nurse needed Full And Part-time.

Full and part-time, duties include nursing assessments, medication reviews, lab draws, and case management. Also, LPN needed full and part-time, duties included skilled nursing visits, lab draws, medication planners, etc. Send resume to 580-762-6003 or bring in person to Precise Home Health Care, 900 East Hartford, Ponca City, OK.

We are currently seeking Registered Nurses and Licensed Practical Nurse

The OK Department of Veterans Affairs, a 24/7 long-term facility, is currently seeking Registered Nurses and Licensed Practical Nurse in Claremore, OK. We offer a wide array of benefits for full-time staff, including free health insurance after 60 days, competitive salaries, and creative scheduling. As an LPN you will be supervising and/or performing technical direct and indirect nursing care in an Oklahoma Veterans Center under the supervision or direction of a registered nurse or licensed physician. This includes taking temperatures, pulse, respiration, and blood pressure, and various other technical nursing tasks in providing health care to patients.

This is the basic LPN position where you will perform routine entry-level tasks under close professional supervision and in a training status to build your skills in providing nursing care as a licensed practical nurse. 3001 W Blue Starr Dr, Claremore, OK 74017

PICK A CARD

AMERICAN
EXPRESS



VISA

ANY CARD

Payment at Oklahoma's Nursing Times
can be made with any of the
above credit cards.

TO SUBSCRIBE OR ADVERTISE
CALL 405-631-5100

Oklahoma's
Nursing Times

Career Opportunities

FAX 405-631-5103 or CALL 405-631-5100
or email ads to advertising@okcnursingtimes.com

Oklahoma's
Nursing Times

INTEGRIS
For you. For health. For life.

**FIND YOUR
PURPOSE
AT INTEGRIS
...AND YOUR CALLING**



INTEGRIS
APPLY TODAY AT
integrityOK.jobs

INTEGRIS considers all qualified applicants regardless of protected status as defined by applicable law, including protected veteran or disability status. AA/EOE

161 LICENSED PRACTICAL NURSING**WE ARE SEEKING LICENSED PRACTICAL NURSE, NURSING-ADULT 7PM-7AM.**

Administers nursing care to designated patients under the direction and supervision of a RN. Performs a variety of direct and indirect patient care duties. Responsibilities: Provide patients and their families/friends with excellent customer service and quality patient care. LPN license in good standing in the State of Oklahoma. Current BLS certification. Successful completion of an accredited LPN training program. Preferred: 1 year of successful work exp. as a LPN. Pauls Valley General Hospital: 100 Valley Dr, Pauls Valley, OK 73075.

WE ARE SEEKING LICENSED PRACTICAL NURSE NURSE TECHNICIAN

at Pauls Valley General Hospital: 100 Valley Dr, Pauls Valley, OK 73075. The LPN Nurse Tech participates in nursing care for patients, participates in family teaching and provides leadership by working cooperatively with ancillary, nursing and other patient team personnel in maintaining standards for professional nursing practice in the clinical setting all under the sup. Required Education & Experience: High School diploma or equivalent. Education: Graduate of an accredited School of Nursing and/or Practical Nursing or University within six (6) months of employment.

204 REGISTERED NURSE**We are seeking an experienced Registered Nurse to join our nursing team**

Nurses-you won't find a more rewarding career than working with The Villages at Southern Hills! Right now, we are seeking an experienced Registered Nurse to join our nursing team. As one of our nurses, you will play a key role in creating a positive resident experience by providing quality compassionate healthcare. Don't miss out on this exciting nursing opportunity. Apply today at 5721 S Lewis Ave, Tulsa, OK 74105! As a Registered Nurse, you will participate in and direct the delivery of patient care in accordance with facility clinical systems, regulatory requirements, and physician orders. You will be responsible for ensuring that the highest quality services are delivered in a customer-service-friendly environment.

Fun Fact: Did you know Oklahoma's Nursing Times have more than 11,000 likes on FACEBOOK? To advertise, please call Oklahoma's Nursing Times at (405) 631-5100 or visit www.oknursingtimes.com!

OCOM

Oklahoma Center For Orthopaedic & Multi-Specialty Surgery, LLC

OCOM is Hiring! Join Our Team... "Every Day Giving Excellence"

- **RN/OR CIRCULATOR**
experience preferred but not required
- **PREOP/PACU RN**
1-2 years experience preferred
- **PHASE II RECOVERY RN**
1-2 years experience preferred

Interested Applicants, please submit resume to ephipps@uspi.com or apply online at www.ocomhospital.com/careers



ARE YOU READING THIS? SO ARE MORE THAN 25,000 RNS AND LPNS! FUN FACT: DID YOU KNOW OKLAHOMA'S NURSING TIMES HAVE MORE THAN 11,000 LIKES ON FACEBOOK? TO ADVERTISE, PLEASE CALL OKLAHOMA'S NURSING TIMES AT (405) 631-5100 OR VISIT WWW.OKNURSINGTIMES.COM!

**Oklahoma's
Nursing Times**

CLASSIFIED RATES!

Open	4x	12x	26x	48x
\$3.01	\$2.41	\$2.22	\$1.93	\$1.66

Classified Display: 14 lines to an inch.

**Add Facebook ad Boost for \$40!**

Find us and check out your ad on Facebook.
www.facebook.com/oklahomas.nursingtimes

WORLD-WIDE! YOUR AD ON OUR JOB BOARD FOR ONLY .32 EXTRA PER LINE!
www.oknursingtimes.com/jobs

For More Info: Contact us at advertising@oknursingtimes.com or by phone (405) 631-5100

Career Opportunities

FAX 405-631-5103 or CALL 405-631-5100
or email ads to advertising@oknursingtimes.com

**Oklahoma's
Nursing Times**

Room with a Pew

by Bobby Anderson, RN, Staff Writer

Nancy McCurdy smiles when the words come out of her mouth.

She smiles because she's comfortable in the fact that she's following in her mother's footsteps as a resident of Tealridge Retirement Community.

Nestled right on the 200-acre Oklahoma Chrisitan campus is Tealridge Retirement Community, a full-service, private and locally-owned community providing independent, assisted living & memory care services to the Community of Edmond.

Nancy McCurdy's mother, Velma LaFaver, was a charter member of the Tealridge Community back in 1990, likely the third or fourth resident to move in.

When she moved in there was a nondescript pew in the common area.

"Our grandkids thought it was great and they would go down and play on it and have a good time," McCurdy said.

A few years later, Tealridge held a garage sale to benefit the activity fund.

McCurdy and her husband noticed the pew was for sale. Nancy told John to load it up and the pew wound up in the couple's home and eventually playhouse.

The kids continued to play on it growing up.

When the time came to downsize and the McCurdys to make their next move it was the couple's decision to move to Tealridge.

It was John's idea to take the pew.

206D was McCurdy's mother's room. The McCurdy's now live a floor above.

"We have a similar view to what she had," she said. "We've come full circle."

Nancy McCurdy's mother hailed from southwestern Oklahoma - Lone Wolf to be exact. The move to the big city was a planned one.



John and Nancy McCurdy are keeping a legacy alive at Tealridge Retirement Community.

"We were very pleased and happy and so far we've been very pleased with Tealridge," Nancy McCurdy said.

The McCurdy's visited several places but they both kept coming back to Tealridge, which was only two miles away from their current residence. They've lived in Edmond for 33 years.

One of their daughters lives nearby.

They hired Senior Transitions, a local moving company catering to seniors making a move, to get everything - pew included - moved over.

ROOM WITH A VIEW

There's something special about looking out the window of the McCurdy's apartment.

Knowing her mother looked out over the same pond, filled with fish and ducks, has a calming effect on her.

Nancy McCurdy was a registered nurse by trade. She helped found the Hope Center Clinic of Edmond, an organization helping those in crisis

in the area.

"They decided they wanted to start a clinic and I had been in health education for a long time," she explained. "I got the job and we started this clinic. It helped people who didn't have insurance, mainly pregnant women."

McCurdy took care of hundreds of her fellow Edmondites.

She failed at retirement the first time, going back for another four years.


"I've always been in nursing," said the 40-plus-year nurse. "When I retired the last time I told them that was it."

John dated Nancy while she was attending the Mercy School of Nursing in downtown Oklahoma City at 12th and Walker. The Granite native met Nancy in southwestern Oklahoma but transferred to the University of Oklahoma to be closer to her.

He graduated with a degree in industrial engineering.

The two wed when he moved back after a semester. Nancy quit

See PEW page 10



Where do you find help when you're one in a million?

900,000 Oklahomans are in need of MENTAL HEALTH services.

Doing what's right isn't always what's easiest. But as part of the United Way of Central Oklahoma, you're not afraid of these questions. You're part of the answer. Raise your hand and stand with us. Give today at **StandUnitedOKC.com**

United Way

Exciting Times at SNU School of Nursing

Excellent Career Starts With Excellence in Education

The Southern Nazarene University (SNU) School of Nursing has graduated nurses since 1982. SNU graduates have established a reputation for not only being well educated but having those most important qualities of caring, empathy, and sympathy towards their clients. SNU graduates are known for their ability to address the spiritual or holistic aspect of patient care.

Over the 37 years of the SNU School of Nursing, many great faculty have contributed to the education of these students. Many have dedicated their professional life with passion and in-depth understanding of the profession and the healthcare system within which most nurses work.

SNU faculty recently reviewed and refreshed our curriculum to meet the current advanced state of education expected from the regional employers. In addition, the importance of recognizing the global health environment has come to the forefront. Nursing students at

SNU have a number of outreach opportunities, both local and international. These opportunities will expand in the upcoming years.

As far as the SNU campus, one of the most well-known "faculty" is housed in the School of Nursing. Tillie Mae, the Mini Australian Shepherd who has now worked for 8 years, continues her H.A.L.O Therapy Dog work with students on an almost daily basis. She can be found in the lobby of the Don Beavers Science Building greeting students, in the classroom prior to exams to bring a sense of calm, or waiting at the door to greet the next visitor to the office.

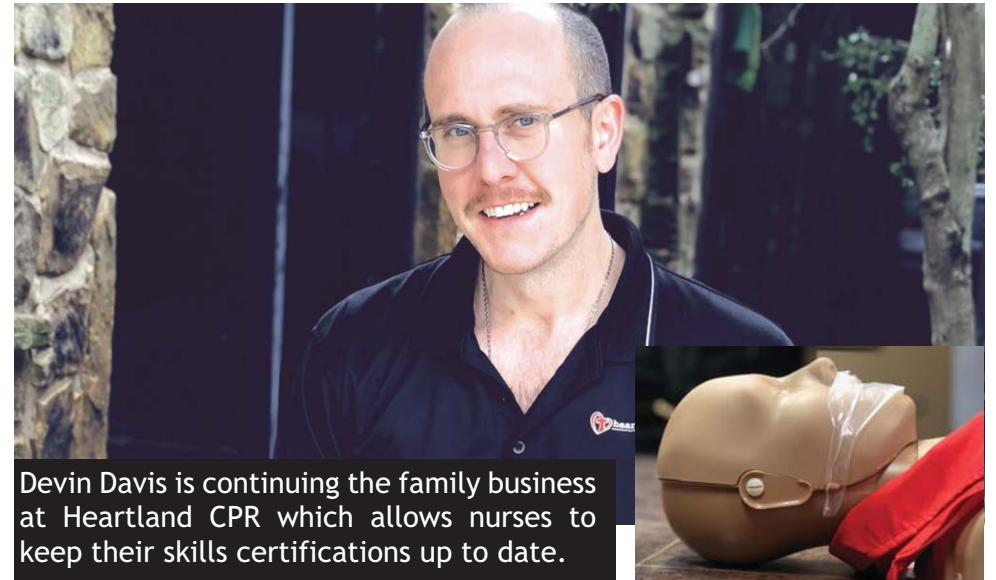
SNU currently meets state and national standards for Board Pass Rate and Accreditation.

Learn more about the Bachelor of Science in Nursing program and the value the of an SNU education at snu.edu/nursing. Schedule a campus visit at snu.edu/campus-visit.



SNU
1899
SCHOOL OF NURSING

BETHANY, OKLAHOMA | SNU.EDU/NURSING | 405.491.6365 | TBIEBER@SNU.EDU



Devin Davis is continuing the family business at Heartland CPR which allows nurses to keep their skills certifications up to date.

Heartland CPR offers American Heart Association (AHA) certified BLS, ACLS, PALS as well as lay-rescuer training (known as Heartsaver CPR/AED/First Aid) in the state of Oklahoma. A small, woman-owned, family-operated local business that offers more than just certification training, but unparalleled service every step of the way, taking training to the customer throughout Oklahoma and welcoming individuals that don't get training at their workplace to regularly scheduled classes at their OKC location.

By limiting class sizes and offering more class choices than anyone in the state, retaining instructors whose styles minimize anxiety while encouraging a genuine understanding of the material, an all-inclusive pricing structure, and taking every opportunity to exceed expectations, Heartland CPR engages participants with a fresh approach to training. It's why the business has such a huge following of medical professionals and an unmatched return rate of repeat customers and referrals.

Flexibility and customer responsiveness have always been the cornerstone of Heartland CPR's business model. One popular offering is the S.T.A.T. program, or "Sequentially Timed Accelerated Training" which offers discounts for customers that take multiple classes as well as stacked scheduling to best use precious time. Nurses and other medical professionals can renew the entire BLS, ACLS and PALS certification suite in a weekend or complete first-time 2-day ACLS or PALS along with pre-requisite BLS in a couple of days.

Heartland CPR was an early adopter of the new feedback manikin technology that becomes mandatory in all AHA classes in 2019; additionally they opted to begin issuing AHA near-immediate digital e-cards well ahead of the mandate to eliminate the issue of lost, destroyed or stolen cards and provide 24/7 access to training records for its customers. Customer requests led to the company expanding into AED equipment sales; a variety of quality AEDs from trusted manufacturers can be offered at pricing that can't be touched even by online distributors.

Among the contracted instructors, Heartland CPR has former lifeguards, professors, a military veteran, four firefighters, two EMTs pursuing paramedic educations, four paramedics, two firefighter/paramedics, a Level III paramedic, two first responders to the OKC bombing, an EMS Sergeant, an EMS Chief, a "Dinosaur of EMS" with a 30+ year (and counting) career in EMS, and a combined total of AHA instruction experience of over half a decade!

A minimum class size of six participants applies to training at customer locations in the OKC metro area; other minimums apply to customer locations statewide. Don't have 6? Join one of the public classes offered at Heartland CPR's OKC location. Emergency & individual classes are available as well.

Continually leading the way while striving to be the single solution for life-saving skills training and equipment, you are invited to experience the Heartland CPR difference!

10th Annual The Santa Market

Proceeds benefiting:

alzheimer's 
association®

(Donations Appreciated)

Sat, November 23rd
9am - 5pm

State Fair Park
(Pavilion Building)

Join the Fun with Festive Shopping!
Bring the Kids for Free Photos with SANTA!

Special Guest
SANTA

FREE ADMISSION!
FREE PARKING!
SILENT AUCTION!
200 VENDORS!



PLATINUM SPONSORS

BECKY IVINS MOVERS REAL ESTATE
CAREGIVER MAGAZINE
EUNICE KHOURY-1000 KTOK
EXTRA SPACE STORAGE
ROBIN GUNN-OK SENIOR JOURNAL
OKLAHOMA'S NURSING TIMES
SENIOR NEWS AND LIVING
SIMPSON SHIRT COMPANY

Joan Clarke (405) 314-1033 thesantamarket@gmail.com

PEW

Continued from Page 8

school briefly.

He worked for Phillips Petroleum in Bartlesville. He found a better fit at Tinker Air Force Base before earning his Master's degree from the Air Force Institute of Technology in Dayton, Ohio.

Wright Patterson Air Force Base was his next job site and also where Nancy finished her RN degree.

The two raised four children in the Dayton area.

After 15 years of cold weather the McCurdys moved back to Oklahoma and settled into Edmond.

"One of the reasons we moved back was to be closer to our parents and our relatives," said Nancy, who

sent two of her children through nearby Oklahoma Christian University. "This has been our home ever since."

John actually worked for Tealridge, putting his commercial driver's license to drive residents

"I enjoyed that," he said. "I don't know if the residents did but I did."

And so when the time care Tealridge seemed like a natural fit, for Nancy's mother and for her and her husband.

"She loved every minute of it," Nancy said. "We were really concerned about her making an adjustment but when she got here they played bridge and did all the things she liked to do and she really enjoyed it. We were really happy with that move."

"We plan to be happy with our move, too."

ADDICTION

Continued from Page 5

understanding it is one of the most exciting and worthwhile things I've ever done," he said.

Lovullo, senior author on the study, is also a professor in the Department of Psychiatry and Behavioral Sciences in the OU College of Medicine. He published the research paper in collaboration with several other OU

colleagues: Andrew J. Cohoon, Ph.D., from the Department of Psychiatry and Behavioral Sciences; Kristen H. Sorocco, Ph.D., from the Department of Geriatric Medicine; and Andrea S. Vincent, Ph.D., director of the Cognitive Science Research Center on the Norman campus. They had other collaborators at the University of Arkansas for Medical Sciences and the National Institute on Alcohol Abuse and Alcoholism.



José was born with chronic renal failure. His left kidney didn't grow. At age one, he was placed on the transplant waiting list but was only listed for about a month and he started getting better. He was removed from the list and did well until he was 10 years old.

At 10, his health started declining and he was placed back on the list in July 2013. His mom was also tested to be his donor, but within three weeks, a donor kidney became available and he was transplanted in August 2013. The doctors said it was a one in a million perfect match. José was only in the hospital for 5 days. He is now able to do almost anything a boy his age wants to do with the exception of contact sports.

His family feels so blessed to have met his donor's family and is so thankful for the wonderful life saving gift their son received.

Organ, eye and tissue donation saves lives. Please make your decision to donate life and tell your family. Register to be an organ, eye and tissue donor on your Oklahoma driver's license or state ID card or register online at www.LifeShareRegistry.org. If you don't have a license or state ID card and do not have internet access, call **800-826-LIFE (5433)** and ask for a donor registration card.

LifeShare 

NURSE TALK

I would rather fly in the sky.



Brooke Wix, RN

Fly



Bethany Green, RN

If you were an animal, would you rather live in the water or fly in the sky?

Oklahoma
Center for
Orthopaedic &
Multi-Specialty
Surgery

I would choose to fly.



Brittany Shelton, RN

Definitely fly.



Cindy Harding, RN

Surgeon General visits OUHSC students, staff

Dr. Jerome Adams, the 20th Surgeon General of the United States, visited with physicians, students and staff at the University of Oklahoma Health Sciences Center recently, sharing his insights on the state of healthcare in Oklahoma and the nation.

As Surgeon General, Dr. Adams holds the rank of Vice Admiral in the U.S. Public Health Service Commissioned Corps. In this capacity, he oversees the operations of approximately 6,500 uniformed health officers who serve in nearly 800 locations around the world, promoting, protecting and advancing the health and safety of our nation.

During his tenure as Surgeon General, Dr. Adams has created several initiatives to tackle our nation's most pressing health issues, including: the opioid epidemic, oral health, and the links between community health and both economic prosperity and national security. Additionally, Dr. Adams is focused on building a culture of health and prevention in all sectors.

He addressed some of these issues.

Dr. Adams received bachelor's degrees in both biochemistry and psychology from the University of Maryland, Baltimore County, a master of public health degree from the University of California at Berkeley, and a medical degree from Indiana University School of Medicine.

He has been a leader in numerous professional organizations, including the American Medical Association, the Indiana State Medical Association and the Indiana Society of Anesthesiologists. Dr. Adams is also the former Health Commissioner of Indiana, where he led the State's responses to Ebola, Zika, and to the largest ever HIV outbreak in the United States related to injection drug use.

Following Dr. Adams' presentation, the audience was invited to participate in a brief question and answer period. Jennifer Schultz, senior vice president of marketing and communications for OU Medicine, moderated that session.



SAFETY & THERAPY *for* LIFE

The best walk-in tub at the lowest possible price.



25%
DISCOUNT
in July and
August 2019

- Super-low door threshold for entry and exit
- Speedy Fill and drain
- Leakproof door with easy-grip handle
- Custom built-to-order, top-of-the-line hydrotherapy systems assembled using the highest quality name-brand components
- Mention this ad for a 25% discount in July and August 2019

FREE IN-HOME ESTIMATES. 1-2 DAY INSTALLATION! CALL NOW:

405-226-8424

A SAFE SOLUTION WALK-IN TUBS

*Local Family Owned and Operated
Authorized Dealer of*

BlissTubs
CHOOSE PEACE OF MIND



asafesolution@gmail.com • www.blisstubs.com

