

Recruiter Showcase



Community
Hospital



Northwest
Surgical Hospital

SEE OUR AD IN THE CLASSIFIEDS

Visit us on our website at www.communityhospitalokc.com or www.nwsurgicalokc.com for NWSH positions. Fax resumes to (405) 378-3991 or email to: jobs@chcares.com or call (405) 606-2600.



photo by James Coburn

Faith is an intrinsic quality of nursing, says Sue Gibson, RN, nurse manager of Mercy Home Health, Oklahoma City and Midwest City.

by James Coburn
Staff Writer

Sue Gibson was ready for a change in her nursing career before she found her niche with Mercy.

"Fate brought me here. This is where I was meant to be," said Gibson, RN, nurse manager of Mercy Home Health, Oklahoma City and Midwest City.

She discovered that Mercy

shares her values when she first interviewed at Mercy with one of the hospital's vice presidents, she said.

"He opened the interview with a prayer," Gibson said. "At that point, I knew I was home. They really focus on the patient. That's the most important thing. We've lost that a little bit in corporate America. It boils down to money sometimes and Mercy

has made it all about the patient."

Gibson has seen how faith can reinforce a person's resilience in life, adding to its texture and quality.

Gibson was a licensed practical nurse in 1978 when she decided to go back to school to earn her Bachelor of Science in Nursing degree in California. Her husband was in the military, which brought her nursing career to many places.

"I've worked med-surg, orthopedic. In Germany I worked in the emergency room there for three years," Gibson said. "I flew with the Medevac crew and went out with the ambulance crew."

Follow Your Heart First and Foremost



Joe Marbell, LPN and Ladik check out their Karaoke skills at the Pediatric Medical Rehab Unit at the Children's Center Rehabilitation Hospital.

story and photo by Vickie Jenkins

Walking back to the therapy unit, I meet Joe Marbell, LPN. I am watching him interact with one of the children that he cares for, a cheerful boy named Ladik. The two of them are in the sound room doing Karaoke. Ladik sings as Marbell plays the keyboard. It looks like both of them are having a good time. It's easy to see this is just one of the teachable moments that Marbell shares. Watching from the side is a pretty teenager, Thava, listening to the music and waiting for Ladik to finish so they can play air-hockey.

Marbell is one of the Therapy nurses at the Pediatric Medical Rehab Unit at the Children's Center Rehabilitation Hospital; where goals are made and lives are changed. This is where miracles happen.

Marbell comes from a family that has multiple members in the medical field. "I have three aunts and a grandmother that are nurses, an uncle and a brother that are dentists

Presorted Standard
U.S. Postage
PAID
Permit #1
Oklahoma City, OK 731

OKLAHOMA'S NURSING TIMES
P.O. BOX 239
MUSTANG, OK 73064

See GIBSON Page 3

See THERAPY Page 5

INSIDE OUT

AN EVENT FOR
WOMEN WHO
CARE ABOUT
THEIR HEALTH

Saturday,
March 28, 2015
Petroleum Club,
Downtown OKC

Experience a day full of inspiration, hope and health, as we discuss how stress, hormones and other contributors affect your well-being.

Day Seminar Topics: All Stressed Out • Dental Connection • Hot and Bothered • Navigating Our Toxic World • Love Junkies

Post-Seminar Workshop Topics: Know Your Numbers • Ask the Doctor

Keynote Speaker: Christy Johnson, author of "Love Junkies"

Additional Speakers: Dr. Laura Miles, Vitruvia • Dr. Deborah Ozment, OK. Dental Wellness Cntr

Inside Out Package: 8:30-4 PM | Early bird \$99 • Reg \$119
(price includes Day Seminar & Post-Seminar Workshop)

Day Seminar: 8:30-1:30 PM | Early bird \$79 • Reg \$99

Register at insideout.register110.com

before March 6 to receive early bird rates.

Oklahoma's
NURSING TIMES

Cancerfree VITRUVIA
DR. LAURA MILES

BRAUM'S



An MBA in health care from SNU is the next step.

MBA | **MBA-Health Care** | MSM | Online & On-Campus Courses



405-491-6628
snu.edu/mba-msm

Southern Nazarene University
Think with Clarity | Act with Integrity | Serve with Purpose | Dream with Confidence

Southern Nazarene University does not discriminate on the basis of race, sex, age, color, national or ethnic origin, marital status, or disability in the recruitment, admission, and treatment of students or access to university programs or activities including the operation of all university programs, activities, services and employment. The following person has been designated to handle inquiries regarding non-discrimination policies including Title IX, Section 504 of the Rehabilitation Act of 1973, and Age Discrimination: University Provost, Southern Nazarene University, Bresee Hall, 6729 NW 39th Expressway, OK 73008, 405-491-6300



ON-SITE X-RAY & DIAGNOSTIC HEALTH MANAGEMENT



WE OFFER THE FOLLOWING SERVICES:
Portable X-Ray • Ultrasound • EKG
Bone Density • Holtor Monitoring and



PREVENTCLINIC®
ON-SITE MONITORING FOR HEALTH MANAGEMENT

2410 W Memorial, Suite C #156. OKC 73134
405-232-9729 | WWW.XRAYMMS.COM



Oklahoma Respiratory Care is a Medicare Competitive Bid Winner in OKC Metro:



- **FREE Delivery!**
- Wheelchairs • Walkers
- Rollators • Scooters
- Oxygen • Respiratory
- Enteral Nutrition

Oklahoma Respiratory Care, Inc.
Medical Mart, Inc. 1-800-262-9857

623 N. Porter Ave., Suite 100. Norman, OK | www.oklahomarespiratory.com

GIBSON

Continued from Page 1

Gibson worked in home health in California twice, serving the farmlands and diverse metropolitan areas. She has worked in home health for 21 years in Oklahoma, where she has encountered a diversity of weather conditions.

"Even this week when you have ice, or when you're having tornadoes, they're out in this all the time," Gibson continued. "They're so committed. No matter what's going on -- no matter the environment -- it's not like working in the hospital where everything is clean and everything is a certain temperature."

"Home health is not for everyone," she said. "It's difficult sometimes. You're driving in weather, getting bit by dogs and things -- things of that nature, and you have to love what you do by having that faith and being able to pray with your patients."

Mercy Home Health pays close attention to the weather forecast, sometimes five days before turbulence arrives in Oklahoma. They begin to prepare the patients to have enough medicine and food

in the house. This is to ensure the patients will be alright if an ice storm prohibits travel or delays a visit, she said.

"Some of them are on oxygen and they have to have extra oxygen bottles. We have to make sure the company that provides that -- we would contact them and make sure they can provide that."

If a patient is in a place where there is a prolonged black-out of electricity, the nurses make sure the patient can stay with a family member or go to a community center, Gibson said.

This commitment to outstanding patient care is reassuring to Mercy's home health patients. Some patients that she has gotten to know do not have anyone else in their lives but themselves and a friendly home health nurse bringing some home and cheer into their lives.

"The only person they may see that week is the home health people," Gibson said. "So you really play such an important role in their well-being and their recovery."

Mercy Home Health nurses share a common thread of faith in what they are doing, she said. Her confidence was instilled long ago

when she considered a nursing career.

"I guess I don't remember not wanting to be a nurse. I grew up around my grandparents. You know care giving was just what you did," she explained.

Being a nurse is a calling and those who think of it as merely a job are in the wrong business, Gibson continued. What keeps her dedication primed in home health is a continuity of care, not a snap-shot of a patient's life that comes with working in a hospital, she said.

"When they're home, they're in their own environment," Gibson noted. "And that's where the healing kind of takes place."

Home is a place where nurses can offer one-on-one care and witness a difference in a patient's recovery. Sometimes there are patients who do not get better, who can be offered palliative care and comfort measures as they transition, Gibson said. Mercy Home Health has a seamless relationship with Mercy Hospice when a terminal illness presents itself.

"It makes it an easier transition for the patient," she said.

Gibson also brings her caring

spirit to the love of leading a full life.

"You know I'm kind of an outdoors person," she said. "I hunt. We have property in southwestern Oklahoma where I hunt with my husband and my son."

It's not the act of hunting that she enjoys. It's being on a deer stand before daylight, watching the sunrise beckoning a new day of possibilities, Gibson said.

"It's just a calm, quiet time with all the animals coming out," she said.

Complete Tree Service



CTS

LANDSCAPING AND
STUMP REMOVAL



The Membership
Trading Community
405.524.4839
oklahomacity.itex.com

colemman.ronald54@yahoo.com
or
ronalddcolemanjr81@hotmail.com

405-842-4717

Oklahoma's NURSING TIMES

**Published each Monday And Locally Owned
And Operated by Metro Publishing L.L.C.**



**JOIN US
ON
facebook**

www.oknursingtimes.com

Phone (405) 631-5100

Fax (405) 631-5103

P.O BOX 239 MUSTANG, OK 73064

Editor and Publisher, Steven R. Eldridge - News@okcnursingtimes.com

Advertising Director Annette Deckard - Annette.Deckard@usnursingnews.com

Advertising Services Lisa Weigel - Advertising@okcnursingtimes.com

Writers: James Coburn, Bobby Anderson, Vickie Jenkins

Send all news, story requests, letters to the editor and press releases to news@okcnursingtimes.com

Articles and advertisements in Oklahoma's Nursing Times do not necessarily reflect the opinions of the newspaper or Metro Publishing, L.L.C. We do not assume responsibility for statements made by advertisers. The acceptance of advertising by Oklahoma's Nursing Times does not constitute an endorsement of the products, services or information. We do not knowingly present any product or service, which is fraudulent or misleading in nature.

Opinions expressed in columns and letters to the editor are not necessarily the opinions of employees, ownership of this newspaper or the publishing company.

In Loving Memory of Randy and Owen Eldridge and Gay Eldridge Hannan

Nurses, let your voices be heard at the Capitol this coming Legislative Session!



Opportunities include:

Nurse of the Day: February - May 2015

**Nurse of the Day at
the Capitol: February
24, 2015**

Find more information at www.oklahomanurses.org

Did you know that you can be an ONA/ANA Member for as little as \$24 a month? Visit the ONA Website for details.



Oklahoma Nurses Association

6414 North Santa Fe • Suite A • Oklahoma City, OK 73116
Email: ona@oklahomanurses.org • www.oklahomanurses.org
1-800-580-3476 • 405.840.3476 • Fax 405.840.3013

CAREERS IN NURSING

FRIENDLY FACE, GOOD HEART: LPN HELPS PRESERVE QUALITY OF LIFE

by James Coburn - Writer/Photographer

The smiles on the residents' faces as they walk down the hall of the Lakes Care Center keeps John Cupp in the field of nursing, he said.

Cupp was hired by the Lakes Care Center in December, he brought years of experience to the arena of long-term care and skilled nursing.

Today he serves as the staffing coordinator for the Lakes Care Center in Oklahoma City. He has been a licensed practical nurse for almost 20 years and graduated from the bygone DeMarge College in Oklahoma City, he said.

He learned about the opportunity of working at the Lakes Care Center from his sister, Karen Shelton, who works in the human resources department.

"Oh, I love working with the elderly," Cupp said. "It's a passion. You've got to have the right mentality to work with people living with dementia as well. It takes a special person."

Cupp is in charge of hiring new

employees and staffing at the Lakes Care Center. He must ensure there are enough nurses and other staff members for the three shifts of work at the Lakes Care Center.

"I try to keep everybody happy as far as the residents and staff," he said. "The residents get to know the staff as well. If something is wrong, they'll let the staff know about it."

At places where there is continuing new staff coming in, it takes a while for the residents of those places to warm up and get used to them, he said.

There are neighborhood councils. And when a staff member goes in to a room to perform routine checks, residents always have opportunities to express themselves, he said.

"The CNAs know if their head hurts or they're not feeling good," Cupp said. "Then they'll go and let the nurse know and the nurse will go in and check them out and figure out what's going on."

Whenever there is a nurse who is

sick, he will work on the floor quite a bit.

"That's the only way you are going to know the residents," he said. Many of them tell them about what has been important in their lives through their many years.

"Some of them are very special and unique on how they grew up," he said. "They didn't have anything but what they had on their back as they worked in the fields to get their food."

Cupp said he is gratified to see the nursing staff working well together as a team for the common goal of optimal patient care.

"They are dedicated," he said. "As for nurse-wise, I don't have any complaints as far as not happy. You've got to love the elderly and you've got to be dedicated to want to care for them."

Nursing is not a field to enter with the expectations of becoming rich, he said.

"You come in to help people," he

said.

Twenty years ago, Cupp embarked on a nursing career with the inspiration of his mother, who was also a nurse. She worked as an LPN at South Community Hospital. She provided many opportunities for Cupp to learn about being a nurse during his formative years.

"So I decided to follow in her footsteps and become a nurse," he said.

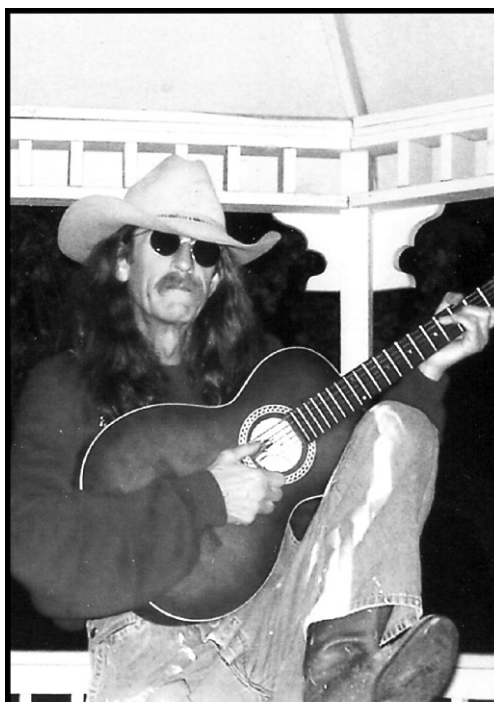
He has always served in nursing homes. When he first graduated from school, Cupp worked in Wyoming for almost five years as a nurse on an Indian reservation before moving to Oklahoma.

"You are always going to need nursing. It's part of life," he said of why it's a good time for people to consider a nursing career.

"Baby boomers are getting older," he said. "There is much demand for nursing right now."

A good attitude is an essential

Continued on next page

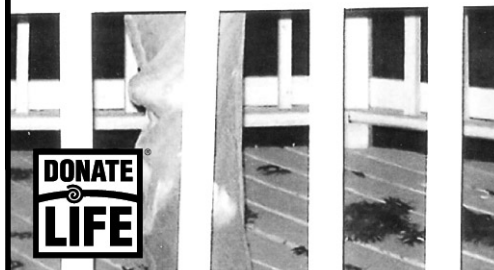


Tommy was more like my brother than a cousin. We played together when we were little, went to the movies, and I even got to ride his horse, Silver. Tommy was sensitive, caring and positive. He enjoyed writing and singing his own songs, pursuing his musical dream as far as Nashville. He always performed at local events, including the Blackberry Festival in McLoud, where he lived for more than 12 years. I got a call from the hospital when Tommy passed away, and that's when I found out he had chosen to be a donor.

Since then I have also marked my Driver's License to be an organ and tissue donor. We miss Tommy and his love for family, friends and music.

Organ, eye and tissue donation saves lives. Please make your decision to donate life and tell your family. Register to be an organ, eye and tissue donor on your Oklahoma driver's license or state ID card or register online at www.LifeShareRegistry.org. If you don't have a license or state ID card and do not have internet access, call **800-826-LIFE (5433)** and ask for a donor registration card.

LifeShare



OKLAHOMA ASSOCIATION OF HEALTHCARE RECRUITERS

OAHCR is a statewide organization of professionals who have joined together to:

- 1) promote and exchange sound and ethical principles and values of recruitment
- 2) network/share pertinent information on recruitment and retention of healthcare professionals.

OAHCR meets bimonthly. For more information, please contact Shawna Keith, Healthcare Recruiter at 918-599-5228 SKeith@osumc.net or visit our website at: www.oahcr.com



John Cupp is in charge of staffing at the Lakes Care Center in Oklahoma City. The LPN enjoys the team spirit at work.

quality for a nursing career, he said.

"If you have a good attitude, and the residents see that, then they'll have a good attitude and will be more willing to get up and get out, participate in therapy and get stronger," Cupp said.

He likes spending his time off from work with this wife and children, he said.

"We goof off, play around the house. It's family time," he said. "On Sundays I love my Nascar. And then in April I plan on going to the Texas

Motor Speedway."

There's a difference between going to the races and watching it on television," said Cupp, who has been a Nascar fan for 15 years.

"You get a totally different aspect of how much power those cars have, when you're in the stands, than from the television," he said.

At the Lakes Care Center, Cupp is still trying to see who are the football fans, Nascar fans and which residents prefer something else other than sports.

THERAPY

Continued from Page 1

and a brother that is a Physician in Guyana, West Africa. When I was young, it was pretty much determined that I would grow up to be in the medical field. I knew it," he says with a laugh. "I wasn't sure but I knew that I would end up caring for others. I've been a nurse since 1999. My first job was in private practice, taking care of a gentleman that was an actor. His sister was one of the first Zig Field Follies. It was a very interesting job at the time," he comments.

Marbell got his LPN at Moore, Norman Technology. He is currently working on his Associate from Rose State and plans on going to UCO in the fall to further his education.

Asking Marbell what three qualities make a good nurse, without hesitation he replies, "A nurse has to be loving, first and foremost. Second, a nurse has to be flexible and third, a nurse has to be focused." "What is your best quality as a nurse?" I ask. "Oh, it's definitely being disciplined. I have to stay disciplined to myself."

Asking Marbell what his most rewarding part of his job is, he replies, "I don't have any regrets about my job and I have never dreaded coming to work. In fact, I look forward to waking up and coming to work each day. I look forward to working as a team and seeing the kids progress each and every day," he answers with a look of assurance about him. "I can honestly say that I love my job."

"How would others describe you?" I ask. One of his co-workers, Micah, volunteers to give his opinion about Joe. "You couldn't ask for a

better guy. Joe is a hard worker. Working with the kids, he pushes kids in a way that entertains them, pushing them towards a goal. The kids are always smilin' and laughin' around Joe. Joe is disciplined for himself and others, motivating to achieve greater things. He is really into fitness too," Micah adds. "Not only for the patients but also for the staff if they want to join in. Joe keeps us in line. The only time I don't want to see Joe is when I'm eating something I'm not supposed to," Micah says with a laugh.

"Are you into any sports?" I ask Marbell. "I'm into Martial Arts. I'm also into exercise. I am a bit into both of those. Most of all, I love spending time with my family." Asking Marbell what inspires him, he replies, "My biggest support is my family. My wife is such an encourager about everything I do here. The nursing, speech, PT, OT and dietary. I feel like I have to reach out to these children and I see things evolving more each year. I see the progress growing all the time."

"What advice would you give to someone going into the medical field?" With a sincere answer, Marbell replies, "I would tell that person to follow their heart and do their job for the right reason. Don't do it for the pay or the hours, just make sure they care about what they are doing; do it for the patients they are caring for. Follow your heart, first and foremost. Everything else is just a bonus."

Watching Joe and Micah interact with the children is quite a treat. Karaoke, air-hockey and high-fives. Smiles and laughs and 'Joe watch me,' come from Ladik. What a great place to watch miracles happen.

COMMERCIAL/RESIDENTIAL ELECTRICAL SERVICES

Light switch not working?
Need new ceiling fan installed?
Want motion lights installed
for added security?

Simple electrical work to
complete remodels, new homes,
commercial projects.

We specialize in weekend and
after hours work for no extra
charge! We work around your
schedule so you don't
have to take off work!

Call Rob @ (405)833-9411.
Licensed. Bonded. Insured.

The Right Way Janitorial Services Commercial Cleaning

Call 405-821-2557

or visit us online at
www.therightwayjanitorial.com
for your free quote.

MUSTANG TAX SERVICE

45 W Armstrong Dr. Ste A, Mustang, OK 73064

• Bookkeeping • Payroll
• Personal & Business Tax Return

BRING IN THIS COUPON FOR

25% OFF NEW CUSTOMER DISCOUNT

(405) 376-5456 | mustangtax@aol.com



We are looking for YOU!

RNs FT 12 hour shifts

CNAs FT 12 hour shifts

Wound Care Specialist

New Pay Rates for RN's & CNA's

\$5,000 SIGN ON BONUS for ICU or CCRN nurses

Nurse Graduate students for Nurse Intern Program



Select offers employees outstanding career opportunities & an excellent compensation & benefits package, including group medical, dental, vision, & prescription benefits, life & disability insurance, tuition reimbursement, generous Paid Time Off and a company matched 401(k) plan.

Select Specialty Hospital- a different kind of hospital-uniquely designed to meet the needs of medically complex, critically ill, and catastrophically injured patients. One patient at a time, we make a difference in our patients' lives and our own. Our 72-bed acute care hospital in Oklahoma City has a number of important positions to fill. The setting is small, the work is vital, the rewards are immeasurable.

Help us rebuild lives by making us a part of yours.

Apply online at www.SelectSpecialtyHospitals.com

Contact: **John Merkey, Select Specialty Hospital, 3524 NW 56th St. Oklahoma City, OK 73112** Phone: (405) 606-6902 Fax: (405) 606-6110 E-mail: jjmerkey@selectmedical.com

Select Specialty Hospital is committed to affirmative action, equal opportunity & the diversity of its workforce



Full Time Nursing Professor

Oklahoma Wesleyan University is accepting applications for a full time Nursing Professor. Applicants should be mission focused with a background in pediatrics, critical care, community health, or med-surg. To inquire or apply, please visit our website at <http://www.okwu.edu/employment/school-of-nursing-faculty-position/>



140 GENERAL NURSING

Now taking applications for Certified Nurse Assistant and Certified Medical Assistant positions for all shifts. We are also taking applications for 11-7 Licensed Practical Nurse

FORREST MANOR NURSING CENTER is now taking applications for CNA and CMA positions for all shifts. We are also taking applications for 11-7 LPN. Come join a team of long term employees who take pride in providing excellent care to our residents. WE NOW OFFER the following: Medical, dental, vision, life, disability, cancer insurance, vacation and holiday pay. Bonus Pay for extra shifts, weekly and monthly awards for performance. Rate of Pay is as follows: 3p to 11p-\$11/11p to 7a-\$11.25/ Weekend \$12. Please apply at 1410 N Choctaw Street, Dewey, OK

124 CERTIFIED NURSES AIDE

We are looking for Certified Nurses Assistant Evening/night And Weekend Double Shifts

Make A Difference In The Lives Of Others! Heritage Villa Nursing Center Invites You To Apply For Cna Evening/night And Weekend Double Shifts. Ask About Our Flexible Hours And Student Scholarship Program. We Offer Medical, Dental, Vision, 401k And Payroll Deduct Benefits. Please Apply In Person: 1244 Woodland Loop Bartlesville, Ok 74006

Now accepting applications for Full-time/Part-time 7-3, 3-11 and 11-7 shifts Certified Nursing Assistants and Certified Medical Aides. We offer competitive benefits/wages in a positive, friendly work environment.

Corn Heritage Village is now accepting applications for FT/PT 7-3, 3-11 and 11-7 shifts CNA's and CMA's. We offer competitive benefits/wages in a positive, friendly work environment. Contact Melissa 580-343-2295 or 106 W Adams in Corn, OK

140 GENERAL NURSING

We Are Looking To Add Licensed Practical Nurses For 2-10 And Night Shift. Also Hiring Certified Nursing Assistants.

The Bartlesville Health And Rehab Community Family Is Looking To Add Lpns For 2-10 And Night Shift. Also Hiring CNAs. We Offer Major Medical, Dental And Vision To Full Time Employees, As Well As Payroll Deductions Such As Scrubs And Shoes. Come Apply At 3434 Kentucky Place, Bartlesville, OK 74006



Serving Oklahoma City for more than 112 years.
Healing begins here.

Current openings:

- RN - ER (all shifts) ICU
- Intermediate Care (4 North)
- RN Heart Team
- Med Tech (afternoons)
- Scrub Techs
- Medical Assistants

Apply online:
www.deaconessokc.com

Deaconess Hospital is directly or indirectly owned by a partnership that proudly includes physician owners, including certain members of the hospital's medical staff.

140 GENERAL NURSING

We have an immediate opening for a PRN Nurse Practitioner Muskogee/Tulsa, Oklahoma and Surrounding Area

CIMA HOSPICE (formerly Professional Home Hospice) has an immediate opening for a PRN Nurse Practitioner for face-to-face encounters. Hospice/ Home Health experience is preferred but not required. Qualified applicants can apply by faxing their resume to 918-516-0700. 907 S. Detroit Avenue, Suite 905, Tulsa, OK 74120

Certified Home Health Aide, Nurse Aide or Standby Assistant

GROWING HOME HEALTH AGENCY in search of qualified staff to meet the needs of private duty clients in their places of residence. If you are a Certified Home Health Aide, Nurse Aide or Standby Assistant looking for satisfying employment, apply in person today at Caregiver Services of Bartlesville, a locally owned business serving the community with distinction for the past 30 years. Drug screening and background check required. New Hire wage increases. 100 SE Frank Phillips Blvd Suite #302 Bartlesville, OK 74003

140 GENERAL NURSING

We are taking applications for Licensed Practical Nurses and Certified Nurse Assistants.

Heavener Manor is taking applications for LPNs and CNAs. Come by and talk to Wyvonne Wright, DON. 204 W. 1st Street, Heavener, OK. No phone calls please.

Now Hiring!! Full Time Certified Nurse Assistants - All Shifts, Restorative Aide, Activity Director

Now Hiring!! Full Time CNAs - All Shifts and Restorative Aide (Ask for Connie) Also an Activity Director Apply in person at: Highland Park Manor 1410 W. Willow, Enid OK 73703 EOE

Certified Nurse Aides & Certified Medication Aides can earn up to \$11.00 to \$11.50 an hour. All shifts available.

IMMEDIATE ON site training for DDCNA's at Billings Fairchild Center. Certified Nurse Aides and Certified Medication Aides can earn up to \$11.00 to \$11.50 an hour. All shifts available. Call Doris McAbee at 580-725-3533. E Maple St, Billings, OK 74630. EOE

GREAT TEAM ENVIRONMENT WITH EXCELLENT BENEFIT PACKAGE!



RN Circulator- \$2000 Sign on Bonus for Full Time position

(Four 10 hour shifts), 1Per Diem position, Variable days/hours, Circulating experience required, Ortho experience preferred.

Med Surg Patient Care Tech

Full Time, Variable days, 7am-7pm, CNA, AUA or MA training or 1 yr clinical hospital exp. preferred.

Surgical Tech (2 positions) \$1000 Sign On Bonus

Full Time, M-F Days, Days/Hours may vary, Ortho or Spine exp. & certification preferred. Call required.

Radiology Tech \$1000 Sign On Bonus

One full time day shift position and one full time 3-11pm position, ARRT registry required. Experience in surgery preferred.

Patient Access Representative (MRI)

Full Time, 8:30am-5pm. Full Time, 11:30am-8:00pm, Occasional weekends, Hospital registration & insurance exp. preferred. Must have excellent customer service skills & type 40wpm.



RN Circulator \$2000 SIGN ON BONUS (2 positions - 1 will be floater for North Campuses)

Full Time, M-F Days, Circulating experience required, Ortho experience preferred.

RN Pre Op Clinic

Full Time, M-F Days, Duties include preparing charts for surgery, obtaining lab work and testing, assessing patients for surgery readiness, communicating with surgery offices, and performing surgical teaching.

Visit us on our website at www.communityhospitalokc.com or www.nwsurgicalokc.com for NWSH positions. Fax resumes to (405) 378-3991 or forward resumes to: jobs@chcares.com or call (405) 606-2600.

140 GENERAL NURSING

WE ARE ACCEPTING APPLICATIONS FOR: MED AIDE 2-10 MONDAY-FRIDAY

Apply at: SPLC 8515 N.123rd E. Ave. Owasso, OK

We are accepting applications for Dietary personnel.

DIETARY AIDE NEEDED Brookridge Retirement Community is accepting applications for Dietary personnel. Must have some experience in food service. Please apply in person at Brookridge Retirement Community located at 7802 NW Quannah Parker Trailway, Lawton, OK 73505. No phone calls please.

140 GENERAL NURSING

We Are Looking For A Certified Nurse Assistant Days and A Certified Nurse Assistant For Weekend Doubles. We Also Have An Licensed Practical Nurse Open For 10 To 6 Shift.

WILLOW HAVEN Nursing Home. We are looking for a C.N.A days and A C.N.A for weekend doubles. We also have an L.P.N open for 10 to 6 shift. If you are tired of not being a team, come work for us. We are a small home with a home like atmosphere. 1301 N 5th, Tonkawa, OK 580- 628-2529

We are a growing leader in the hospice community.

Come see what we're all about!



CHECK OUR AVAILABLE POSITIONS AT AMERICANHOSPICE.COM

We are seeking full time compassionate professionals to complete our circle of support for our patients and families. We offer a full benefits package including tuition reimbursement.

3817 NW EXPRESSWAY, #780. OKC 73112
(405) 789-2913 | FAX (405) 949-1476



EOE

124 CERTIFIED NURSES AIDE

Certified Nurses Assistant: Full-time and Part-time positions available. Certified Nurses Assistant must be able to work the 7am-3pm shift, 3-11pm shift or 11pm-7am shift; available weekends.

GREEN COUNTRY VILLAGE ASSISTED LIVING: CNA: Full-time and Part-time positions available. CNA must be able to work the 7am-3pm shift, 3-11pm shift or 11pm-7am shift; available weekends. Experience in geriatric care-giving environment a plus. Starting wage is \$9.50 per hour. All interested parties should send a resume to the attention of Libby or apply at 1025 Swan Drive, Bartlesville, OK 74006. Green Country Village conducts pre-employment screening; to include alcohol and drug screen, background and reference check. An Equal Opportunity Employer

124 CERTIFIED NURSES AIDE

We are looking for Full Time Certified Nurses Assistant.

No Phone Calls. Fax: 580-351-0248. 631 Sw "E" Ave. Lawton, OK 73501

We are now hiring Certified Nurses Assistants on our 3-11 and 11-7 shifts.

Please apply in person at The United Methodist Health Care at 2316 W. Modelle, Clinton, OK

REGISTERED NURSES AND DIRECT CARE SPECIALISTS NEEDED

- Must have current Oklahoma Drivers license
- Excellent Benefits Provided:
- Insurance
- Dependent Insurance
- Retirement Plan
- Longevity Bonus
- PTO
- Tax Deferred Annuity



Send applications or resumes to:
JD McCarty Center
2002 E. Robinson.
Norman, OK 73071
405-307-2800

Fax: 405-307-2801 • resumes@jdmc.org

J. D. McCarty Center
for children with developmental disabilities



We are a tobacco and drug free campus. We do pre-employment drug testing. EOE

140 GENERAL NURSING



WEATHERFORD
LIVING CENTER

WHERE CARE
Comes First

DIRECTOR OF NURSING

Seeking immediate placement of DON (RN only). Fulltime position with benefits. Apply in person at 2200 N. Lyle Rd. Weatherford, OK or call Ashley Cooper at 580.774.1239

We are taking applications for Registered Nurses, Licensed Practical Nurses, Certified Medical Assistants and Certified Nurse Assistants.

Artesian Home of Sulphur is taking applications for RNs, LPNs, CMAs and CNAs. Please apply in person at 1415 W 15th between 8:00AM to 4:00PM Monday thru Friday. Ada, OK 74820



Team-oriented environment
Strong mission and purpose

JOIN US FOR A NURSE RECRUITMENT EVENT.

Thursday, March 26th • 2pm - 6pm

Local Dish, 322 W Macarthur St.
Shawnee, OK 74804



Onsite interviews • Refreshments • Door prizes
Sign on bonuses for experienced nurses
Competitive wages • Shift differential



St. Anthony
SHAWNEE HOSPITAL™

StAnthonyShawnee.com

SoonerAcute
DIALYSIS SERVICES

ACUTE DIALYSIS RNS NEEDED IN NORMAN, OK.



Full Time & PRNs

Call to schedule
an interview:
580-695-1306

1553 North Porter Ave.
Norman, OK 73071

Apply online:

www.sooneracutedialysis.com/careers

SIENNA

EXTENDED CARE & REHAB

YOUR HOME FOR DIGNIFIED LIVING

We are seeking to hire experienced

- 1st & 2nd shift double weekend Nurses & CMA's
- 3-11 Nurse Aides
- Business Office Manager

Apply in person

9221 Harmony Drive

Midwest City, OK or Email

resume to hr@siennacare.net

(405) 869-0700

www.siennacare.net

140 GENERAL NURSING

Experienced Nurse or Registered Medical Assistant needed

for Ardmore Medical Practice. Contact Information: Neil Small. Ardmore Orthopedics 2007 N Commerce Ste 201 ARDMORE, OK 73401 Phone: (580)226-4599

REWARDING JOB OPPORTUNITIES

working with people with disabilities. Full time, part time, evenings and weekends.

Springs Inc., 222 N. Main, Sand Springs, OK 74063. 918-241-0236

140 GENERAL NURSING

Now hiring Nurses. Competitive salaries and benefits including BC/BS. All shifts are available. We are looking for nurses with strong leadership skills to join our team. Come join our dynamic staff!

Great Working Environment! Cimarron Pointe Care Center is now hiring Nurses. Competitive salaries and benefits including BC/BS. All shifts are available. We are looking for nurses with strong leadership skills to join our team. Call 918-865-7701 and ask for Debora or Tammy. 404 Cimarron Dr, Mannford, OK 74044

140 GENERAL NURSING

We Are Looking For Full Time Certified Nurse Aide/Mat's AND Certified Medical Assistants.

TEN OAKS. We are looking for full time CNA/MAT's and CMA's. Please apply at the community at 3610 SE Huntington Cir., Lawton, OK. No phone calls please. EOE.

We are seeking a Dietary Manager with 5 plus years dietary experience.

Heavener Manor is seeking a Dietary Manager with 5 plus years dietary experience. Apply in person at the business office at Heavener Manor. 204 W 1st St, Heavener, OK

140 GENERAL NURSING

We Are Currently Accepting Applications For These Positions:

Director Of Nursing, 7am-3pm Certified Nurse Assistant, 7 A-3p Certified Medical Assistant, 7 A-3p Licensed Practical Nurse, 3pm-11pm Overnight Nurse, Licensed Practical Nurse, Sunday-thursday Prn Staff Part Time Certified Nurse Assistant, Saturday and Sunday

University Village Retirement Center 8555 S. Lewis, Tulsa, OK 74137. Equal Opportunity Employer

140 GENERAL NURSING

Looking To Add Licensed Practical Nurses & Certified Nurse Assistants And Weekend Registered Nurse For All Shifts.

The Bartlesville Health And Rehab Community Family Is Looking To Add Lpns And Cnas And Weekend Rn For All Shifts. We Offer Major Medical, Dental And Vision To Full Time Employees As Well As Payroll Deductions Such As Scrubs And Shoes Come Apply At 3434 Kentucky Place Bartlesville, OK 74006

We Are Taking Applications For Certified Nurse Assistants, Charge Nurse And Part Time Activities Director.

Apply in person: Broken Arrow Nursing Home 424 N Date Ave, Broken Arrow, OK 74012

140 GENERAL NURSING

Now hiring full time and part time Licensed Practical Nurses, Registered Nurses, and Certified Nurse Assistants.

HERITAGE COMMUNITY, a skilled nursing/assisted living facility is now hiring full time and part time LPNs, RNs, and CNAs. Please apply in person at: Heritage Community 1401 North Lelia Street, Guymon, OK 73942 EOE

We are Seeking Nurse Aides, Cooks, Licensed Practical Nurses and Weekend Housekeeper

for Brookhaven Extensive Care in Norman. Great benefits and competitive pay. Please apply in person at: 1050 Rambling Oaks Drive, Norman, OK 73072 or call (405) 292-2273.

204 REGISTERED NURSE

We are seeking Registered Nurse for weekends.

Heritage Villa Nursing Center is seeking RN for weekends. Flexible hours. Come join our caring team. Please apply in person 1244 Woodland Loop. Bartlesville, OK 74006

161 LICENSED PRACTICAL NURSING

We are looking for a qualified Licensed Practical Nurse to join their growing team in the Tulsa, Oklahoma area.

ONHL MEDICAL HOME Health, LLC is looking for a qualified LPN to join their growing team in the Tulsa area. ONHL offers competitive benefits and pay. Please send resume to: fax 918-352-9626. East 7th Street, Wewoka, OK 74884

204 REGISTERED NURSE

We Are Seeking A Psychiatric Registered Nurse For Busy Facility.

Nursing experience in psychiatric facilities preferred. Please submit resume and salary requirements to 3334 W. Main, PMB 414; Norman, OK 73072.

161 LICENSED PRACTICAL NURSING

WE ARE ACCEPTING APPLICATIONS FOR: LICENSED PRACTICAL NURSE 2-10 MONDAY-FRIDAY SIGN-ON BONUS

Apply at: SPLC 8515 N.123rd E. Ave. Owasso, OK

Career Opportunities

FAX 405-631-5103 or CALL 405-631-5100
or email ads to advertising@okcnursingtimes.com

Oklahoma's
NURSING TIMES

OKState Dance Marathon Raises More Than \$134K for Oklahoma's Kids

*Gift to benefit Children's Hospital Foundation and
its work to improve the health of children*

Oklahoma State University students participating in OKState Dance Marathon raised \$134,304.15 for Children's Hospital Foundation, an affiliate of Children's Miracle Network Hospitals. The event kicked off Sat., Feb. 21 at 10 a.m. and concluded at 10 p.m. Students were up on their feet dancing the entire 12-hour event to raise money to help Oklahoma's kids.

"If I had to sum up this year's OKState Dance Marathon into one word, it would definitely have to be historic. We not only had more than 1,500 people register and increased our fundraising by 79%, but we also managed to create a one-of-a-kind event that has outdone anything else at Oklahoma State University. The best part about this year was the team's dedication to the kids at every point

of the journey. With keeping the kids as the main focus through everything, we were able to make history at OSU," said Chris Stockton, executive director, OKState Dance Marathon.

During the opening ceremonies, students formed a long tunnel for each Miracle Kid to run through. A total of eight Miracle Families, families with children who have received care through programs supported by Children's Hospital Foundation, attended the event. Activities for the kids ranged from dancing, playing basketball and jumping on giant inflatables to making craft projects.

Attending the event for the first time was Miracle Kid Ryder, 5, from Edmond. His family describes him as

See GIFT page 11



Enroll Now in St. Gregory's NEW RN to BSN Program

Advance your career in our Nursing Program that concentrates on the development of the whole nurse – ***mind, body and spirit.***

- Classes meet only one night a week
- Special focus on spiritual formation, leadership development & critical thinking skills
- Complete your BSN in as little as 12 months

Classes Forming in Oklahoma City, Tulsa & Shawnee



For more information on the
RN to BSN Degree Completion program,
contact our Admissions team today!

1-844-BE EXTRA | nursing@stgregorys.edu
www.stgregorys.edu

Firmly Catholic, Proudly Benedictine, Welcoming to All

St. Gregory's University is an affirmative action, equal opportunity institution.

OU STUDENTS GO ABOVE AND BEYOND FOR OKLAHOMA'S KIDS

*Soonerthon Raises Over \$561,000 to
benefit Children's Hospital Foundation*



Soonerthon Morale with Miracle Child Brock Hart

The 19th annual Soonerthon, presented by The University of Oklahoma Campus Activities Council and Love's Travel Stops held on Saturday, March 7, raised a record-breaking \$561,268 to benefit Children's Hospital Foundation.

"This year was record breaking for Soonerthon; the official Dance Marathon of the University of Oklahoma. Due to the combined efforts of over 2,500 students we have catapulted to the top Dance Marathon in the Big 12 and the 8th largest Dance Marathon out of over 300 colleges across the nation," said Jessica Freeman, Soonerthon chair. "We appreciate everyone who helped make this year such a success, and we cannot wait to continue striving for the kids."

While nonstop dancing kept the students entertained, interaction and activities with Miracle Children kept them inspired. For 12 straight hours, students participated in a spirit tunnel, a Miracle Kid's talent show, morale dance, children's carnival and rave to name a few.

While the participants of Soonerthon strive to set record-breaking totals, they never lose sight of the true purpose of the event, which is to stand for kids who can't. Soonerthon is able to raise awareness for Children's Miracle Network Hospitals and all the families of children who are impacted by life-threatening illnesses.

The Many Faces of Multiple Sclerosis

March is National MS Awareness Month

Multiple sclerosis is a disease of the central nervous system and is the most common neurological disorder diagnosed in young adults, but it affects men and women of all ages and all walks of life.

This disorder damages or destroys the protective covering (known as myelin) surrounding the nerves, causing reduced communication between the brain and nerve pathways. Common symptoms include visual problems, overwhelming fatigue, difficulty with balance and coordination, and various levels of impaired mobility. MS is not contagious but is often misunderstood and may lead to a disability.

The Multiple Sclerosis Association of America recognizes March as MS Awareness Month. In an effort to help raise awareness here locally, INTEGRIS is sponsoring a Faces of MS event.

The event will be Tuesday, March 24th from 9 a.m. to Noon at the James L. Henry Auditorium at INTEGRIS Baptist Medical Center, 3300 NW Expressway. A physician panel of neurologists Husain, Porter, Masih and Salins; psychiatrist Murali Krishna; urogynecologist Arielle Allen; sleep disorder specialist April Merrill; and fitness expert Nancy Shidler will all speak and answer questions.

Topics will include cognitive disorders; urological and sexual issues associated with MS; how MS affects your mood and can cause depression and how mindfulness and relaxation can improve these symptoms; positive effects of exercise on fatigue caused by MS; sleep disorders and strategies for managing sleep issues with MS; and infusion therapy and possible side effects.

The event is free and open to the public. For more information or reservations, please call the INTEGRIS HealthLine at 405-951-2277.

Alpha Hospice:
7512 N Broadway Ext., suite 312
Okc, 405-463-5695 Keith Ruminer/
volunteer coordinator/chaplain

Alleve Hospice: 405-605-7787

Autumn Bridge Hospice:
405-440-2440

Autumn Light Hospice:
580-252-1266

Carter Healthcare & Hospice:
OKC - Adam Colvin, Vol. Coordinator,
405-947-7705, ext. 134; Tulsa - Mike
Gregory, Vol. Coordinator,
918-425-4000, ext. 114

Centennial Hospice:
Becky Johnson, Bereavement
Coordinator 405-562-1211

Chisholm Trail Hospice:
Tiffany Thorne, Vol. Coordinator,
580-251-8764

Choice Home Health & Hospice:
405-879-3470

City Hospice:
Beth Huntley, Vol. Coordinator,
405-942-8999

Comforting Hands Hospice:
Bartlesville: 918-331-0003

Companion Hospice:
Steve Hickey, Vol. Coordinator, Guthrie:
405-282-3980; Edmond: 405-341-9751

Compassionate Care Hospice:
Amy Legare, Bereavement/Vol.
Coordinator, 405-948-4357

Cornerstone Hospice:
Vicky Herrington, Vol. Coordinator,
918-641-5192

Hometown Hospice:
Robin Boatman, Com. Relations, Broken
Arrow: 918-251-6441; Muskogee:
918-681-4440.

Crossroads Hospice:
Elizabeth Horn, Vol. Coordinator,
405-632-9631

Cross Timbers Hospice:
Ardmore-800-498-0655
Davis-580-369-5335 Volunteer
Coordinator-Shelly Murray

Excell Hospice:
Toni K. Cameron, Vol. Coordinator
405-631-0521

Faith Hospice of OKC:
Charlene Kilgore, Vol. Coordinator,
405-840-8915

Freedom Hospice:
Tulsa: 918-493-4930; Claremore:
918-343-0493; Tollfree: 866-476-7425

Frontier Hospice: Kelly Morris, Vol.
Coordinator, 405-789-2913

Full Life Hospice:
Vicki Barnhart, Vol. Coordinator,
405-418-2659

Good Shepherd Hospice:
4350 Will Rogers Parkway Suite 400
OKC OK 73108 405-943-0903

Grace Hospice Foundation:
Sharon Doty, Dir of Spec. Projects -
Tulsa 918-744-7223

Harbor Light Hospice:
Randy Pratt, Vol. Coordinator,
1009 N Meredian, Oklahoma City, OK
73107 405-949-1200

Horizon Hospice:
LaDonna Rhodes, Vol. Coordinator,
918-473-0505

Heartland Hospice:
Shawnee: Vol. Coord. Karen Cleveland,
405-214-6442; Norman: Vol. Coord. Lisa
Veauchamp, 405-579-8565

Heavenly Hospice:
Julie Myers, Coordinator 405-701-2536

Hope Hospice:
Bartlesville: 918-333-7700, Claremore;
918-343-0777 Owasso: 918-272-3060

Hospice by Loving Care:
Connie McDivitt, Vol. Coordinator,
405-872-1515

Hospice of Green Country:
Tulsa: 918-747-2273, Claremore:
918-342-1222, Sapulpa: 918-224-7403

**Hospice of Oklahoma County
& the INTEGRIS Hospice House**
Ruth Ann Frick, Vol. Coordinator,
405-848-8884

Hospice of Owasso, Inc.:
Todd A. Robertson, Dir. of Marketing,
877-274-0333

Hospice of the Cherokee:
918-458-5080

Humanity Hospice:
Kay Cole, Vol. Coordinator
405-418-2530

InFINITY Care of Tulsa:
Spencer Brazeal, Vol. Director,
918-392-0800

**Indian Territory Home Health &
Hospice:** 1-866-279-3975

FACEBOOK FUNNIES - SHARED - JOIN US!

REGULAR MONDAY



MONDAY AFTER DAYLIGHT SAVING TIME







Brilliant Irish Text Message

“Mary, I’m just having one more pint with the lads. If I’m not home in 20 minutes, read this message again.”

I sent that 'Ancestry' site some information on my Family Tree.

They sent me back a pack of Seeds, and suggested that I just start Over.

Oklahoma's Nursing Times

Hospice Directory

- another free service provided by Oklahoma's Nursing Times -

Interim Healthcare Hospice:
405-848-3555

Image HealthCare :
6116 S. Memorial Tulsa, Ok. 74133
(918) 622-4799

LifeSpring In-Home Care Network:
Terry Boston, Volunteer and
Bereavement Coordinator 405-801-3768

LifeLine Hospice:
April Moon, RN Clinical Coordinator
405-222-2051

Mays Hospice Care, Inc.
OKC Metro, 405-631-3577; Shawnee,
405-273-1940

McCortney Family Hospice
OKC/Norman metro 405-360-2400
Ada, 580-332-6900 Staci Elder Hensley,
volunteer coordinator

Mercy Hospice:
Steve Pallesen, Vol. Coordinator,
405-486-8600

Mission Hospice L.L.C.:
2525 NW Expressway, Ste. 312
OKC, OK 73112 405-848-3779

Oklahoma Hospice Care
405-418-2659 Jennifer Forrester,
Community Relations Director

One Health Home Health in Tulsa: 918-412-7200

Palliative Hospice:
Janet Lowder, Seminole, & Sabrina
Johnson, Durant, 800-648-1655

Physician's Choice Hospice:
Tim Clausing, Vol. Coordinator
405-936-9433

Professional Home Hospice:
Sallisaw: 877-418-1815; Muskogee:
866-683-9400; Poteau: 888-647-1378

PromiseCare Hospice:
Angela Shelton, LPN - Hospice
Coordinator, Lawton: (580) 248-1405

Quality Life Hospice:
405 486-1357

RoseRock Healthcare:
Audrey McCraw, Admin. 918-236-4866

Ross Health Care:
Glenn LeBlanc, Norman, Chickasha;
April Burrows, Enid; Vol. Coordinators,
580-213-3333

Russell Murray Hospice:
Tambi Urias, Vol. Coordinator,
405-262-3088; Kingfisher 405-375-5015;
Weatherford-580-774-2661

Seasons Hospice:
Carolyn Miller, Vol./Bereavement
Coordinator, 918-745-0222

Sequoyah Memorial Hospice:
Vernon Stone, D. Min. Chaplin, Vol.
Coordinator, 918-774-1171

Sojourn Hospice:
Tammy Harvey, Vol. Manager
918-492-8799

SolAmor Hospice:
Lisa Riggs, Vol. Coord. 405-842-0171

Sooner Hospice, LLC:
Matt Ottis, Vol. Coordinator,
405-608-0555

Tranquility Hospice:
Kelly Taylor, Volunteer Coordinator
Tulsa : 918-592-2273

Valir Hospice Care:
Dee Fairchild , Vol. Manager OKC Metro:
405.609.3636 Chandler
Shawnee/Cushing: 405.258.2333 Toll
Free: 888.901.6334

Woodard Regional Hospice
580-254-9275 Cathy Poe, RN Director



**Vicki L Mayfield, M.Ed., R.N.,
LMFT Marriage and Family
Therapy Oklahoma City**

*If you would like to send a
question to Vicki, email us at
news@okcnursingtimes.com*

Q. I'm confused about why I get this strange feeling when I am talking to one of my co-workers. She has created chaos at work and seems to set people up, then act like she has no idea what is going on. I think my gut is trying to tell me something. Is that possible?

A. The "gut feeling" you are talking about is indeed trying to tell you something. It could be saying:

she is lying, stay away from her, danger, limit your conversation with her and do not share your personal information with her.

That feeling is your intuitive voice alerting you that something is not right. It happens for a reason, a very good reason. We don't always see danger coming especially in people. They can be very good at hiding their true selves.

Most of us have had that "gut feeling" but dismissed it or did not really connect with what it was trying to tell us. It is our body alarm. When your alarm goes off around your co-worker it is definitely happening for a reason. Not everyone we work with is our friend, even though we may think it is a friendship. So you have this intuitive part of yourself to help you out.

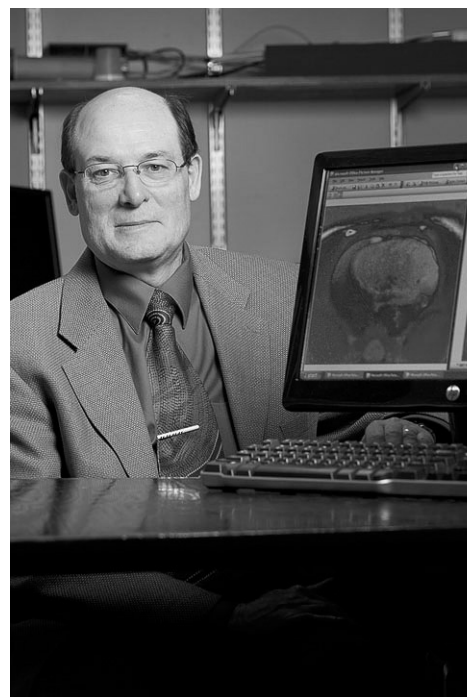
It does not go off unless something is wrong. Notice the next time it goes off. Take an inventory of what is going on. What is happening at the time you feel it? What is your co-worker doing or saying? Since it is a warning system, something is not right.

This gut feeling scenario plays out in many different ways. Linda got this gut feeling when she "all of a sudden" needed to check her husbands cell phone records. Mark "all of a sudden" needed to check the balance in the checking account. Donna "all of a sudden" received a phone call from a woman she did not know. All of these people received information that was upsetting and damaging to their relationships. They all had a "feeling" something needed to be checked out.

It is possible that we get this feeling and purposely ignore it. We may need to make a plan about what to do or we may not know what to do. In the work place it is not always easy to remove yourself from someone who is toxic but you can avoid sharing too much about yourself and try to limit some of your interaction.

The good news; this alert is designed to warn us of impending danger, pay attention.

OMRF scientist develops new method for diagnosing bladder pain syndrome



Rheal Towner, Ph.D.

An Oklahoma Medical Research Foundation scientist has made groundbreaking strides in research using models developed by his colleagues at the University of Oklahoma Health Sciences Center that could ultimately lead to a reliable diagnostic method for a painful bladder disease.

In a paper published by the Journal of Urology, lead author and OMRF scientist Rheal Towner, Ph.D., reveals an innovative method to diagnose bladder leakage, which is a major symptom for patients with interstitial cystitis, also known as "bladder pain syndrome."

Towner said doctors normally look for about 20 different clinical signs that point to the presence of the condition. But, as of now, there is no reliable method for diagnosing interstitial cystitis. It is often misdiagnosed as a urinary tract infection.

Towner and his colleagues are out to change that by taking a new approach to an old method of testing.

Towner took a chemical agent that is currently being used to enhance contrast in an MRI image and injected it directly into the bladders of rodents, rather than

administering the contrast agent intravenously, which is the standard method.

"After injecting it directly into the bladder through a catheter, we look for any leakage of that contrast agent," said Towner. "If the bladder wall is permeable, then that contrast agent will leak out into the peritoneal cavity, and that helps identify a key symptom of the disease."

Following positive results in laboratory experiments, clinical trials were launched in human patients under the direction of Robert Hurst, Ph.D., at OU's Stephenson Cancer Center.

The research, which has been underway for two years, was done in collaboration with OUHSC's Hurst and Amy Wisniewski, Ph.D., of the Department of Urology; Abbas Shobeiri, M.D., Department of Obstetrics and Gynecology; and Beverley Greenwood-Van Meerveld, Ph.D., director of the Oklahoma Center for Neuroscience.

Bladder pain syndrome affects an estimated 4 million people in the U.S. and is primarily found in women. It can seriously impact quality of life; in addition to chronic pain, the disease can force some people to urinate as often as 60 times per day. The condition can take months or even years to diagnose.

"When children are born with non-functioning bladders or people lose their bladder due to cancer, it has a major impact on their quality of life," said Towner.

The research scientists are also working on additional projects using the new technique with OUHSC researchers Bradley Kropp, M.D., and H.K. Lin, Ph.D., who are studying bladder regeneration.

"Disease-relevant research takes time and hard work, and fresh ideas like this can open doors to a wide range of possible discoveries that have us excited for the future," said OMRF Vice President of Research Paul Kincade, Ph.D. "We are enthusiastic about these findings and the impact they could have for treatment."



NURSE + TALK

Read what other health care professionals have to say...

In 2015 I promise to ... ? Oklahoma Wound Center

To become a case manager or not get fired.



Cole Chapman, RN

To get my first child out of college.



Arika Tate, RN

Each week we visit with health care professionals throughout the Metro



Please Let us know Your Thoughts

Email:
news@okcnursingtimes.com
or mail to
Oklahoma's Nursing Times
P.O. Box 239
Mustang, Ok. 73064

To follow through with everything I get started.



Karen Ritchie, RN

To get my RN license.



Mark Shelby, LPN

ER

Continued from Page 8

"a huge OSU fan." Although Ryder has Spina Bifida, nothing slows him down. Throughout the event, Ryder played basketball, interacted with students, blew bubbles and more. Ryder's parents, Brian and Christy, shared his story with the crowd. They encouraged everyone to stay on their feet and keep dancing. The National Dance Marathon motto is to "stand for kids who can't" and that is exactly what the students did for Ryder.

"We are grateful for the tremendous passion and energy these OSU students displayed," stated Kathy McCracken, executive director, Children's Hospital Foundation. "To see such a commitment and such a genuine spirit of philanthropy was truly inspiring."

This was Oklahoma State University's fourth Dance Marathon event. Students helped to raise the money throughout the year by hosting silent auctions, benefit nights, two-stepping events, letter writing campaigns and online fundraising.

Sponsors for the 2015 Dance Marathon included: Integrity Audiology and Hearing Center, Aspen Heights, OSU Student Alumni Association,



Miracle Kid Ryder puts his "guns up" with some of the OSU cheerleaders.

Keystone Food Service, Dough Pokes, Oklahoma State University Resident's Hall Association, Stillwater Flats, Renaissance Schools, Whataburger, Edward Jones- Matt Hull, Sudden Link, Oklahoma State University Fraternity & Sorority Affairs, WW Builders Inc., The Odyssey, Oklahoma State University Campus Recreation & Wellness, Madison Miles Media and Oklahoma State University Student Government Association.

Make a Smart Investment in Your Future

Earn a Nursing degree from UCO

Advance your career with one of our programs designed for busy adults:

- Master of Science (Nursing)
- Bachelor of Science (Nursing)
- Ladder program for RNs & LPNs to complete BS (Nursing)

Flexible. Affordable. Convenient.
Get started today!



UNIVERSITY OF CENTRAL OKLAHOMA
Edmond, OK • (405) 974-5000 • uco.edu/cms/nursing



BECAUSE YOU GAVE,

THE WHOLE COMMUNITY

— WILL KEEP THE —
CHANGE

You and thousands of others contributed an incredible \$21,574,097 to our 2014 campaign. Your kindness and compassion will continue to help United Way of Central Oklahoma create lasting change in our community.

We are extremely grateful for you!

unitedwayokc.org

United Way
of Central Oklahoma

