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Sisters (left to right) Cindy Milam, MS, RN, Kay Wetmore, RN and Robin McMurry, PhD, RN, are leaving a lasting legacy training tomorrow's nurses at Oklahoma City Community College.

by Bobby Anderson, RN, Staff Writer

Go into any health care facility in the metro and you're bound to find at least one or two nurses trained by a unique trio of sisters that have quietly been inspiring the next generation for more than a decade now.

The Archer sisters - married and known as Kay Wetmore, Robin McMurry and Cindy Milam - have always been close. They began working in the family office supply business early in their middle school years.

And as each grew up and found their own paths into the nursing profession none are surprised they're working together again as faculty for the Oklahoma City Community College nursing program. Wetmore and McMurry came to OCCC 12 years ago.

At the time, McMurry was the CNO at Moore Medical Center when it was sold to Norman Regional.

She had a five-year-old and decided teaching was a better schedule.

"You can only individually touch so many patients but as a teacher I think that number is exponential," McMurry said. "We daily see people when we go into the hospital that we taught. I think that's really rewarding when they graduate and go on to be caregivers."

"I think one of the most rewarding things I've ever done is teaching. It's meaningful work."

See SISTERS Page 5

A Foundation for Life

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Susan Barnes, Chair of School of Nursing at Southern Nazarene University holds Tilly, her therapy dog that she has had for the last 8 years.

Meet Susan Barnes, RN, PhD, an associate professor of nursing and coordinator of the Masters of Science with a major in Nursing Education program at Southern Nazarene University's School of Nursing.

Susan grew up in Ponca City, OK. She went to school at Northern Oklahoma College in Tonkawa, OK, UT in Arlington, Texas, and UT Science and Health Center in San Antonio, Texas.

What a remarkable woman! Susan has been a nurse for 44 years. She entered as a faculty member 20 years ago. She has been at SNU since Page 2



OU Medicine nurses had a major presence at this year's annual Oklahoma Nurses Association convention, receiving five awards, presenting 22 posters and leading breakout sessions with two podium speakers. The two-day convention was Oct. 25-26 at the Hyatt Regency Hotel in Tulsa. Fifty registered nurses from OU Medicine attended, more than any other healthcare organization.

OU Medicine was honored with the Excellence in the Workplace Award, which carries a five-year designation. This award is presented to organizations that have developed a positive work environment, demonstrated development of an innovative and effective program, approach or overall environment that promotes excellent nursing care, and supports nurses in their practice.

Melinda Laird, RN, and Tammy McGowen, RN, both

received the Excellence in Nursing Award. This award honors ONA members who have developed an innovative, unique and creative approach utilizing nursing theory, knowledge and skills in any practice setting, including administration, education and/or direct patient care. Peers recognize these individuals as role models of consistently high quality nursing practice and as ones who enhance the image of professional nursing by creating an environment promoting professional autonomy and control over nursing practice.

Tracee Rose, RN, received the Nursing Research Award. This award honors the ONA member who has made a significant impact on nursing practice through research as a basis for practice innovation. Significant impact on nursing practice means that the nurse has contributed to the creation of new nursing knowledge through research findings, and has improved or created a plan for improving clinical nursing practice and/or patient outcomes in response to the findings.

The Friend of Nursing Award was given to Karen Kinney, M.D., of OU Physicians. This award honors non-nurses who have rendered valuable assistance to the nursing profession. The contributions and assistance provided to the nursing profession and healthcare in general are of statewide significance.

"I am extremely proud of all of the hard work our nurses put into their presentations at this year's ONA convention and of our outstanding award winners," said Cathy Pierce, Chief Nurse Executive at OU Medicine. "Our nurses represent the best of the profession and nursing practice here at OU Medicine, and we are thankful for the compassion and dedication they give our patients and families every day."

OU Medicine - along with its academic partner, the University of Oklahoma Health Sciences Center - is the state's only comprehensive academic health system of hospitals, clinics and centers of excellence. With 11,000 employees and more than 1,300 physicians and advanced practice providers, OU Medicine is home to Oklahoma's largest physician network with a complete range of specialty care. OU Medicine serves Oklahoma and surrounding states with the state's only freestanding children's hospital, the only National Cancer Institute -Designated Cancer Center and Oklahoma's flagship hospital, which serves as the state's only Level 1 trauma center. OU Medicine's mission is to lead healthcare in patient care, education and research. To learn more, visit oumedicine.com.



BARNES Continued from Page 1

January 2018.

Asking Susan what she wanted to be when she grew up, she answered, "A Veterinarian." Mv father wanted to me to become a nurse so I could make a contribution to humans. So, I set out to be a nurse. I didn't realize at the time how much contact a Veterinarian has with people," she said with a laugh. "I could have been a Vet," she added.

In the last several years, Susan has had quite a few accomplishments. Susan Barnes is one of the 100 BEST NURSES IN OKLAHOMA. Outstanding! She was the founding Dean of St. Gregory's University in Shawnee, (St. Gregory's University OK. was one of the oldest institutions of higher learning in Oklahoma.) She enjoyed being the Chair of Transformational and Global Learning at UCO. She enjoys doing the International studies with students in Africa, (she has been to Africa 5 times) soon to be developing a program here. She was also the matron of a wedding

November 5, 2018

ceremony in Africa (she gave a speech, blessed the couple and was given the first piece of cake) All in all, these are just a few of this amazing woman's accomplishments.

Susan has a bit of a 'sidekick' that stays close by her all the time. A cute, little dog named Tilly. Tilly is a therapy dog and has been for 8 years. Tilly was the first dog embedded in a nursing school in the Oklahoma region. Right now, there is another dog coming into the picture, named Snooky. Snooky is presently a dog-in-training. So far, both dogs are doing well and enjoy SNU.

I asked Susan to describe herself. With a solid and quick answer, she said. "I am willing to take risks for the profession. I love my students, enjoy people and enjoy developing programs."

What qualities make a good nurse? "A nurse needs to be highly skilled, intuitive and tenacious," she replied.

Asking Susan what her biggest asset is, she replied. "Oh, it has to be flexibility. I didn't have much flexibility at the beginning but I have developed quite a bit

of flexibility over the 40 years of nursing," she said with a laugh.

What makes a good instructor? "The best thing an instructor can do is listen to their students. We expect them to learn from us but likewise, we learn a lot from them," she replied.

Susan enjoys spending time with her husband of 45 years, her 4 children and her 8 grandchildren. Her grandchildren range from age 1-month to 16 years old. She also has 2 gentle and sweet horses, which she enjoys riding on the backroads of Oklahoma.

Susan lives by these words: James 1: 2-4 2 Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, 3 because you know that the testing of your faith produces perseverance. 4 Let perseverance finish its work so that you may be mature and complete, not lacking anything.

What is one word to describe your personality? "Ornery Everyone will know it's me," she laughed.

I asked Susan if there were any funny incidents about being a nurse that she would like to share. "There were quite a few funny

moments while I was in Africa but, what happens in Africa, stays in Africa," she replied. "There is one I can mention. When we went to Honduras, one of the students got the GI bug (Gastrointestinal) A.K.A. Diarrhea! We knew that she wouldn't be able to get on the plane if they knew about it, so, we wrapped her ankle, said she has sprained it and we got on the plane right away. Everything worked out fine in the END."

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DONATE AIDAN was a great big brother.

AIDAN had a way about him. He had a way of creating adventure out of everything he did. He wanted to do EVERYTHING and was fully intent on achieving that goal. He had a huge loving heart and was quick to share that love. He was conscious of the feelings of others and always made an effort not to hurt others feelings. He was messy. He was smart. He was a great big brother. It was his interest in church that brought our entire family back to the church. He loved God and he liked to share what he learned. For eight short years his light shone so brightly.

We are so honored that he was able to continue

to do EVERYTHING and to become a donor and save lives

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Meet Lacey Kyser, LPN, Director of Wellness, a pleasant, outgoing individual that stays busy with her many duties. She has been a nurse for 9 years, working at other Assisting Living facilities. Now, she is working at Emerald Square Assisted Living. "I enjoy working here and getting to work with the staff members, and CMAs on the floor. There are about 15 that work under me. I love every minute of my job," Lacey said. Growing up in Cushing, OK, Lacey soon moved to OKC, graduating at Platt College in Moore, OK. "I felt like it was my calling to be a nurse. I have always liked taking care of people and I'm pretty sure it was because I felt like I needed to be in charge," she said. "There were several incidents in my family and at one time, I took care of my sister, and then my grandfather. I helped take of them the best way I knew how and I am pretty sure that is what motivated me to be a nurse," she said.

When asked what qualities make a good nurse, Lacey replied, "A nurse needs to be compassionate and have a real desire to care for others. They need to have patience and make sure to follow through to the end, going far and beyond to make it comfortable for the other person. Always follow your heart. That is what I have learned to do," she added.

Lacey's favorite part of her job is

the fact that she gets to know all of the residents. "I love getting to know each individual, and listening to these little eighty and ninety year olds tell their stories as they reminisce from their past. It always makes me feel so good and I know the residents get a real kick out of telling their tales," she said with a smile.

I ask Lacey what her biggest challenge is at Emerald Square. "I think the biggest challenge is getting the staff and residents on the same level sometimes. Where both sides need to meet in the middle and compromise on a few things," she replied.

Asking Lacey to describe herself, she said, "Oh, I am very outgoing and outspoken. I've always been like that. I have a good sense of integrity and I pride myself in always following through to the end, never giving up on anything. I think that is why I consider myself a leader," she said. "Oh, also I am a fun person, just ask anyone," she laughed. "In all fairness though, I am a very compassionate, caring person and I love being a nurse for several reasons, all good reasons," she added.

"My biggest PLUS at work is my staff. I know that I couldn't do anything without the staff and the incredible job they do. I admire all of the CMA's and the others that work so hard. They all work together and it is very important that we have teamwork, which we do," Lacey stated.

"We are making quite a few changes in Emerald Square," Lacey said. "We are doing incentives for the staff members. We are changing a few rooms around and making sure everything is clean and fresh and making sure everything runs smooth on a daily basis," she said

Lacey has three children, 2 sons, See KYSER Page 5



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Lacey Kyser, LPN, Director of Wellness enjoys caring for the residents. "I especially enjoy listening to their stories as they tell of their past," she said.

KYSER Continued from Page 4

15 and 16 years old and a 13 year old daughter. Lacey's hobbies include camping, reading and watching *Walking Dead* as much as she can! She has three pets; 2 cats, Glitch and Clara and a doggie named Sunshine. Her favorite TV medical show is *The Good Doctor* when she gets a chance to watch TV, very rarely when you have

a job as a nurse.

Do you have any words of wisdom or words you like to live by? I asked Lacey. "Well, I will always remember what my grandfather said to me, long ago, The grass is always green on the other side but sometimes, the other side is full of Astroturf." I know that's not the best of words, but I will always remember that saying and think of my grandfather often," she replied.



SISTER Continued from Page 1

"Office supplies are good but when you go around in second grade and someone says 'what do you want to be when you grow up' no one wants to sell office supplies."

Both Wetmore and McMurry have backgrounds in OB.

Milam joined her sisters eight years ago and oversees the clinical skills lab.

"We've always worked together," Milam said. "I like the fact we are affecting future nurses and caregivers and trying to set the standard as high as possible for good, quality nurses."

Not only did they choose to become nursing professors but they chose to teach students in arguably the toughest program in the metro.

Baccalaureate to Associate Degree Nurse Accelerated Pathway - or BADNAP - takes students with existing bachelor's degrees and compresses all of the nursing processes into 10 consecutive months.

"They're coming back at a time in their life where they've probably stopped working so the stakes are very high for these students and so is the anxiety," McMurry said. "Sometimes it's more important for us to nurture than it is to teach."

"We say everyone gets one good cry in BADNAP. But students need to feel like they're in an environment where we care about them."

"It's the hardest way to get a nursing degree and there's so much at stake when they come to us."

BADNAP grad Nick Hargis remembers that initial meeting with the feisty McMurry.

"Robin walked up to me and said 'I can turn you into a nurse in 10 months," remembers Hargis, now an ICU nurse at SSM Health St. Anthony. "I thought it was a nice offer, but it was actually a command."

REACH OVER 20,000 RNs & LPNs WITH A SINGLE AD ---- PRINT ---- EPUBLICATION ---- FACEBOOK ---- JOB BOARD Graduate Emerson Oden said he was constantly amazed at how much the sisters would pour into students.

"Those sisters could be making way more money in nursing by doing other things, but they've decided to dedicate an incredible amount of their time, energy, and sanity towards making us into nurses," he said. "(BADNAP) was equal parts caffeine, smarts, encouragement and butt whoopins." It's how the Archer girls were raised.

After their father, Jim, passed last November, the sisters were instrumental in helping make sure future nursing students would always have help from their family at OCCC.

A scholarship was established by their mother, Judy Archer, and the four daughters. Sister Chris Eskew is a librarian at a Yukon elementary school.

OCCC Nursing students now benefit from the endowed Jim & Judy Archer and Ed & Eva Pope Nursing Scholarship, currently valued at more than \$111,000.

There are eight nurses in the Archer family, and four of them started their training at OCCC. Those eight nurses have earned two master's degrees, a PhD and one doctor of nursing practice degree.

Their specialties include labor and delivery, education, pediatrics, surgery, intensive care, emergency medicine, oncology, community health and adult and pediatric sexual assault forensic nursing.

Eskew, the librarian, also earned her master's degree.

"It leaves a legacy," Wetmore said. "It not only leaves a legacy in the healthcare profession by creating more nurses it also leaves a legacy within those individual families because we're affecting their ability to support their families in a way that's flexible and workable."

"When you only have to do three 12's a week you can be involved in your children's lives."

Oklahoma's Nursing Times -One Stop Recruiting 405-631-5100 Page 6



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leaders," said Kate Judge, exect director of the American Nu Foundation "An ever-changing by

American Nurses Foundation and United Health Foundation

Newly created fund honors health and business trailblazer Jeannine Rivet through nursing fellowship grant awards

The American Nurses Foundation, the charitable and philanthropic arm of the American Nurses Association. and the United Health Foundation, a not-for-profit, private foundation recently dedicated to improving health and health care, announces the establishment of the Jeannine Rivet National Leadership Fund. The newly created fund honors the contributions of trailblazer Jeannine Rivet, RN, MPH, FAAN, retired executive vice president of UnitedHealth Group, to health care and business by making annual fellowship grant awards available to nurses to foster and integrate nursing health knowledge, leadership development and expertise in community and business leadership. The Jeannine Rivet National



Leadership Fund will provide an annual \$10,000 fellowship for 10 years to encourage more nurses to follow in Rivet's footsteps as leaders in health care.

"We are grateful to the United Health Foundation for recognizing not only Jeannine's vast contributions as a nurse, business expert and human being, but acknowledging the importance of supporting future nurse



leaders," said Kate Judge, executive director of the American Nurses Foundation. "An ever-changing health care landscape increasingly calls for highly capable, educated nurses to provide both quality patient care and business leadership."

Rivet has been a pivotal player in challenging the health care industry to enhance the health and well-being of communities through information, collaboration and advancement of optimal care delivery. Fortune Magazine named her one of the fifty most powerful women in American business for three consecutive years. Rivet was central in creating the UnitedHealth Group Center for Nursing Advancement and its External Nursing Advisory Board to retain and hire nurses in expanding roles that address and solve pressing health care issues.

"This collaboration with the American Nurses Foundation is a testament to Jeannine Rivet's 28 years of service to the people UnitedHealth Group serves, and the health care system overall," said Chris Stidman, president of the United Health Foundation. "Through the Jeannine Rivet Leadership Fund, her impact will live on in the next generation of transformational health care leaders. We are honored to support Jeannine's legacy, the American Nurses Foundation and the important impact nurses make across the country."

The American Nurses Foundation is a founding member of the Nurses Boards Coalition, a national on initiative committed to enabling the appointments of 10,000 nurses to boards of directors of corporate and nonprofit health related organizations by 2020. The Jeannine Rivet National Leadership Fund further underscores this commitment to help increase nurses' contributions to health care and the organizations and communities in which they lead and serve. The first fellowship will be awarded in March of 2019.

OSDH Chief Medical Officer Named Recipient of National Award

Newly appointed Oklahoma State Department of Health (OSDH) Chief Medical Officer Dr. Edd Rhoades has been selected as the 2018 Ray Helfer, MD, Award honoree.

The award, sponsored by the National Alliance of Children's Trust and Prevention Funds and the American Academy of Pediatrics' Section on Child Abuse, is named for the man considered the "father of children's trust and prevention funds". Established in 1993, it is presented each year to a distinguished pediatrician for his or her contribution to the prevention of child abuse and neglect.

Dr. Rhoades will be honored at the National Alliance of Children's Trust and Prevention Funds conference being held November 13-15 in Charleston, SC.

In his 40 year career at OSDH, Dr. Rhoades has held a variety of leadership positions and has most recently served as the OSDH Medical Director for Family Health Services. He spearheads the state's Infant and Child Health Advisory Task Force and the Children's Health Group. He was nominated for the award by Annette Jacobi, former OSDH Family Support and Prevention Director, who is now the director of the Oklahoma Commission on Children and Youth.

"For many years, Dr. Rhoades has provided guidance for all of us involved in child abuse prevention and children's health," said Jacobi. "He is a bridge builder and has used his experience to build consensus on many critical issues key to preserving child prevention funds. I can think of no better example of Dr. Helfer's legacy than Dr. Edd Rhoades."

"I am overwhelmed and extremely honored to be receiving such a prestigious award," said Dr. Rhoades. "Dr. Helfer's work set the standard for all of us to follow and I appreciate being recognized for trying to uphold that standard."

A graduate of the University Of Oklahoma School Of Medicine, Dr. Rhoades also holds a Masters of Public Health in Health Administration from the University Of Oklahoma College Of Public Health. He is a Diplomate of the American Board of Pediatrics and has received numerous awards for his work in maternal and child health and environmental protection. Among his other honors are the Joan K. Leavitt, M.D. Award from the Oklahoma Public Health Association and the Mike Synar Environmental Excellence Award.

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- 6. Idabel Campus (McCurtain) Ph: 580-286-7555
- 7. Poteau Campus Ph: 918-647-4526 8. Stigler Campus Ph: 918-967-2801
- 9. Talihina Campus Ph: 918-567-2264

Meridian Technology Center www.meridian-technology.com Stillwater, OK 74074

Ph: 405-377-3333 Ext 324

Metro Technology Center www.metrotech.org Oklahoma City Ph: 405-605-4610

Mid-America Technology Center www.matech.org Wayne Ph: 405-449-3391 Ext 265

Mid-Del Lewis Eubanks Technology Center www.mid-del.tec.ok.us Midwest City Ph: 405-739-1713

Moore Norman Technology Center www.mntechnology.com Norman Ph: 405-364-5763 Ext 7349

Northeast Technology Centers

www.netechcenters.com 1. Pryor Division Ph: 918-825-5555 2. Afton Division Ph: 918-257-8324 3. Kansas Division Kansas, OK Ph: 918-868-3535 4. Claremore Division Ph: 918-342-8066

Northwest Technology Center www.nwtech.edu Alva Ph: 580-327-0344

Pioneer Technology Center www.pioneertech.org Ponca City Ph: 580-762-8336 Ext 251

Platt College www.plattcollege.org (Conditional Approval) 1. Tulsa Campus Ph: 918-663-9000 2. Oklahoma City Campus Ph: 405-946-7799 3. Moore Campus Ph: 405-912-2777 4. Lawton Campus Ph: 580-355-4416

Pontotoc Technology Center www.pontotoc.com Ada Ph: 580-310-2258

Red River Technology Center www.redriver.tec.ok.us Duncan Ph: 580-255-2903 Ext 237

Southern Okla. Tech. Center www.sotc.org Ardmore Ph: 580-223-2070 Ext 239

Southwest Technology Center www.swtc.org Altus Ph: 580-477-2250 Ext 257

Tri County Technology Center www.tctc.org Bartlesville Ph: 918-331-3223

Tulsa Tech, HSC www.tulsatech.com Tulsa Ph: 918-828-5000/828-1043

Western Technology Center www.wtc.tec.ok.us Burns Flat Ph: 580-562-3181 Ext 2264

Wes Watkins Technology Center www.wwtech.org Wetumka Ph: 405-452-5500 Ext 277

REGISTERED NURSING PROGRAMS

Carl Albert State College www.carlalbert.edu 1. Poteau Campus Phone: 918-647-1350-1355 2. Sallisaw Campus Phone: 918-775-6977

Connors State College www.connorsstate.edu Muskogee Campus Phone: 918-684-5436

Eastern Oklahoma State College www.eosc.edu 1. Wilburton Campus Phone: 918-465-2361

ext. 796

2. Idabel Campus Phone: 580-286-9431 3. McAlester Campus Phone: 918-302-3607

Murray State College www.mscok.edu 1. Tishomingo Campus Phone: 580-371-2371 ext. 337 2. Internet-Based Campus Tishomingo Phone: 580-371-2371 ext. 337

Northeastern OK A&M College www.neo.edu Miami Phone: 918-540-6312

Northern Oklahoma College www.noc.edu 1. Tonkawa Campus Phone: 580-628-6679 2. Enid Campus Phone: 580-242-6300 3. Stillwater Campus Phone: 405-372-1480

Oklahoma City Community College www.okc.cc.ok.us Oklahoma City Phone: 405-682-7507

Oklahoma State University www.osuokc.edu Oklahoma City Phone: 405-945-3295

OSU Institute of Technology Okmulgee www.osuit.edu Phone: 918-293-5337

Redlands Community College www.redlandscc.edu El Reno Phone: 405-422-1262

Rogers State University www.rsu.edu 1. Claremore Campus Phone: 918-343-7635 2. Bartlesville Campus Phone: 918-338-8000

Rose State College www.rose.edu 1. Midwest City Campus Phone: 405-733-7546 2. Internet-Based Campus Midwest City Phone: 405-733-7546

Seminole State College www.ssc.cc.ok.us Phone: 405-382-9205

Tulsa Community College www.tulsacc.edu 1. Tulsa Campus Phone: 918-595-7188 2. Owasso Campus Satellite Site Phone: 580-595-7188

Western Oklahoma State College www.wosc.edu

1. Altus Campus Phone: 580-477-7830 Altus Campus Phone: 580-477-7830
 Lawton Campus Phone: 580-477-7830
 Elk City Campus Phone: 580-477-7830 4. Internet-Based Campus Altus Phone: 580-477-7830

BACCALAUREATE DEGREE PROGRAMS

East Central University www.ecok.edu 1. Ada Campus Ph: 580-332-8000 Ext 433/434 2. Durant Campus Ph: 580-924-0121

3. Ardmore Campus Ph: 580-223-1441 Langston University www.lunet.edu

1. Langston Campus Ph: 405-466-3411 2. Tulsa Campus Ph: 918-594-8070

Northwestern OK State Univ. www.nwosu.edu

1. Alva Campus Ph: 580-327-8489 2. Enid Campus Ph: 580-233-3101 3. Woodward Campus Ph: 580-327-8489

4. Ponca City Campus Ph: 580-718-5600

Oklahoma Baptist University www.okbu.edu Shawnee Ph: 405-878-2081

Oklahoma City Ph: 405-425-5000

Oklahoma City University Kramer School of Nursing www.okcu.edu

1. Oklahoma City Campus Ph: 405-208-5900 2. Duncan Campus Ph: 405-208-5900

Oklahoma Wesleyan University www.okwu.edu Bartlesville Ph: 918-335-6276

Oral Roberts University www.oru.edu Tulsa Ph: 918-495-6198

Rogers State University www.rsu.edu 1. Claremore Campus Phone: 918-343-7635 2. Bartlesville Campus Phone: 918-338-8000

Southern Nazarene University www.snu.edu Bethany Ph: 405-491-6610

Southwestern OK State Univ. www.swosu.edu Weatherford Ph: 580-774-3261

University of Central Oklahoma www.uco.edu Edmond Ph: 405-974-5000

University of Oklahoma www.ouhsc.edu 1. Oklahoma City Campus Ph: 405-271-2428 Tulsa Campus Ph: 918-660-3950 2.

Lawton Campus Ph: 580-591-8094 3.

The University of Tulsa www.cab.utulsa.edu Ph: 918-631-2619

The following programs admit only Registered Nurses to Upper Division Courses and Grant a Baccalaureate Degree in Nursing.

Information on these programs is provided here as a service to the public; however, approval by the Oklahoma Board of Nursing is not required for RN-BSN programs. Please check with the Accreditation Commission for Education in Nursing (ACEN) or the Commission on Collegiate Nursing Education (CCNE) for information on the accreditation status of the programs.

Bacone College www.bacone.edu Muskogee Ph: 918-781-7325

Northeastern State Univ. www.nsuok.edu Muskogee Ph: 918-781-5410

Oklahoma Panhandle State Univ. www.opsu.edu Goodwell Ph: 580-349-2611 Ext 269

Oklahoma State University www.okstate.edu Stillwater, OK Ph: 405-744-1998

University of Phoenix www.phoenix.edu 1. Tulsa Campus Ph: 918-622-4981 2. Oklahoma City Campus Ph: 888-888-8166 3. Norman Campus Ph: 405-842-8007

- Page 9
- Oklahoma Christian University www.oc.edu

Heart Hospital Second in US and First in State to Implant Eluvia Drug-Eluting Vascular Stent System



George Chrysant, M.D., an interventional cardiologist with INTEGRIS Heart Hospital in Oklahoma City, is the second in the country and first in the state to utilize the Eluvia Drug-Eluting Vascular Stent System. He completed the state's inaugural implant at INTEGRIS Baptist Medical Center on Oct. 5. The therapy received U.S. FDA approval on Sept. 18.

Eluvia Drug-Eluting The Vascular Stent System is specifically developed for the treatment of peripheral artery disease (PAD). Approximately 8.5 million people in the United States are affected by PAD, which occurs when fatty or calcified atherosclerotic material, called plaque, builds up on the walls of the arteries of the legs, restricting blood flow and causing pain, swelling and a diminished quality of life. If blood flow is not restored and maintained, severe

cases of PAD can lead to pain, ulcers and even amputation of the affected limb.

The Eluvia stent utilizes a drug-polymer combination to offer sustained release of the drug paclitaxel for a one-year timeframe, designed to prevent tissue regrowth that might otherwise block the stented artery.

With the FDA's approval of the Eluvia stent, we can now bring the transformative power of sustained drug release to our patients suffering from this terrible disease," says Chrysant. "The Eluvia stent is a breakthrough therapy that has the potential to make an immediate impact on the quality and value of care that physicians can provide."

The Eluvia Stent has been commercially available in select countries since 2016 with exceptional outcomes.

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405-631-5100



Vicki L Mayfield, M.Ed., R.N., LMFT Marriage and Family Therapy Oklahoma City If you would like to send a question to Vicki, email us at news@okcnursingtimes.com

Q. I need to vent some frustration and I thought your column might be a good place. I am a health care worker, a frustrated, tired health care worker. I don't know what to do about some of the deadbeat co-workers that I find myself working with. Is quitting the only option?

A. Well quitting might be an option but you are going to find "deadbeat co-workers" everywhere. They are like a virus that has no vaccine. And it does seem that they multiply and divide very quickly.

There are many people who work in health care that are extremely dedicated, very involved in the care of their patients and do not have to be told what to do. Thank goodness!!!

But the ones who "just show up" and put in only the minimum, the ones who must be "policed" throughout their shift are totally a drain. And I'm not sure who came up with the belief that just having a body sitting in a chair is a good thing, might have been smoking crack.

When you have people working with patients who do not understand the value of oral hygiene, the dangerous effects of dehydration or the need to toilet often should not be in health care.

This is a serious situation. I totally understand your concern. You are doing your best to provide quality care and serve as a great role model. There are many health care workers like you.

It is also difficult to give quality care if there are not enough quality care givers available. Sometimes just having a body to meet the staffing requirement can mean more work for you and create more frustration and fatigue.

If you follow the chain of command you can report these situations to your manager both verbally and in writing. If you have a strong manager they should have a conversation with the employee who is not pulling their weight. It is so important to address the issue promptly. Waiting too long removes the importance of corrective action.

The lack of communication is a big hurdle to overcome. I hear people doing a lot of complaining but don't see as much proactive intervention.

What we must remember is the health of the patient is our number one priority. The behavior of deadbeat employees must be promptly dealt with or everyone suffers and the health care facility will lose quality people who just can't take it anymore AND that will be a travesty.

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What are you looking forward to this Fall? Integris Canadian Valley Hospital Labor & Delivery

I'm looking forward to getting married November 10 in Perkins.

Connie Brasier, RN

I like sweater weather. It's better running weather, too. And everything pumpkin.

t's Each week we visit with health care professionals throughout the Metro



Kaci Brosh, RN



Email: news@okcnursingtimes.com or mail to Oklahoma's Nursing Times P.O. Box 239 Mustang, Ok. 73064



Lacy Leaf, RN





Michelle Stone, RN



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