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Comfort and care LPN experiences growth in career



photo by James Coburn

Timisha Haywood, LPN, Bradford Village Retirement Community, loves learning about the histories of her residents she cares for at their place called home

by James Coburn
Staff Writer

Timisha Haywood, LPN, had spent her entire career in long-term care and skilled nursing. She has worked at

Bradford Village Retirement Community for a year and a half and this is the first time she has worked in assisted living.

Today she serves as

the health and wellness coordinator at Bradford Village Retirement Community, located in Edmond. Her first nursing job was at Bradford Village's nursing home.

Bradford Village in general offers independent living, assisted living, long-term care and skilled nursing.

"I just love the elderly. I love taking care of people," she said of what inspires her career. "It's my passion and I've

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See CAREER Page 3

SSM Health, OU Medicine Unite to Create a Comprehensive Integrated Health Care Delivery Network

*Working in partnership to enhance
quality of care for all Oklahomans*

story and photos provided

To best serve the current and future health care needs of Oklahomans, SSM Health's St. Anthony Hospitals and Physicians Group are partnering with the University of Oklahoma (OU) and the University Hospitals Authority and Trust (UHAT) to create a premier health care network. This combined network will partner with physicians to not only deliver exceptional health care, but also to advance transformative clinical research and provide innovative educational experiences for future physicians and health professionals.



SSMHealth

"This is an exciting time for health care in Oklahoma," said William P. Thompson, president and CEO, SSM Health. "As a part of SSM Health, the St. Anthony Hospitals and St. Anthony Physicians Group have a long history of providing high-quality, compassionate and personalized care. By coming together with OU Medicine, we will build upon our collective heritage of serving this community, while also striving to ensure that Oklahomans receive exceptional care for years to come."

The combined resources of OU Medicine, UHAT and SSM Health include more than 23 Oklahoma hospitals and affiliates, including OU Medical Center, The Children's Hospital and OU Medical Center Edmond, as well as St. Anthony Hospital in Oklahoma City, Bone and Joint Hospital at St. Anthony, and St. Anthony Shawnee Hospital.

As a part of the integrated delivery network, OU Physicians and St. Anthony Physicians Group, with a combined total of more than 1,100 physicians and providers, will work together to share best practices and clinical expertise with the goal of best coordinating patient care.

"Today, we begin a new era, focused on further elevating

See PARTNERSHIP Page 2

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PARTNERSHIP

Continued from Page 1

patient care, clinical research and health professions education for the benefit of all Oklahomans," said OU President David L. Boren. "We will continue to bring Oklahomans the best health care throughout the state with the ongoing support of University Hospitals Authority and Trust and by combining OU's highly respected Health Sciences Center with a leading health system, SSM Health."

This new network brings together organizations that each represent more than 100 years of caring for Oklahomans. Established in 1898 as the first hospital in Oklahoma territory, St. Anthony Hospital's community-based network of services includes St. Anthony Physicians Group as well as a network of 17 rural hospital affiliates. Founded just two years later, in 1900, the OU College of Medicine and its faculty physicians began training future doctors and conducting leading medical research. UHAT has supported the state's teaching hospitals in Oklahoma City since 1993, helping to build state-of-the-art medical and research facilities.

"We are excited to open this new chapter with SSM Health," said Mike Samis, chairman of the University Hospitals Authority and Trust. "During its history, the Trust has invested in health care in Oklahoma to advance the mission of our state teaching hospitals, helping to provide quality

care to patients and train the doctors of tomorrow. We are appreciative to our HCA colleagues for a nearly 20-year relationship, during which we have expanded our range of services and enhanced our quality of care. Now, we look forward to continuing our role in collaboration with the University of Oklahoma and SSM Health."

UHAT and SSM Health are committed to making significant investments in this new integrated network to ensure patients and caregivers continue to have access to the latest technology and state-of-the-art facilities. A capital plan is already under development and includes a new patient tower at OU Medical Center.

SSM Health and UHAT will share governance and financial responsibility in the network, with SSM Health managing the day-to-day operations. The transaction should be finalized within the first half of 2017, pending regulatory and other approvals. No state-appropriated funds will be used to create the new network.

The OU Medical System is currently managed by HCA, an investor-owned company based in Nashville. UHAT and HCA plan to end their relationship within the first half of 2017.



Medicine

Academy Among First to Use Smart Technology to Stop Flu in School

As schools everywhere gear up to fight flu season, Stanley Hupfeld Academy in Oklahoma City hopes to remain ahead of the bug this year, and keep more kids healthy with the help of Kinsa Smart Thermometers.

Selected from thousands of applications for Kinsa's FLUency™ program, Stanley Hupfeld Academy families will be given smart thermometers donated from Kinsa for early detection and containment of the flu. The thermometers will allow families to see aggregated, anonymous information on any symptoms and illnesses going around the school.

"Sick days are disruptive to learning, challenging for parents who must find childcare, and costly to schools that are already struggling with strapped resources," explains Kinsa founder and CEO Inder Singh. "In addition to the disruption, it is heartbreaking for both parents and kids when the household is hit with the flu. Since the thermometer is the first thing a parent reaches for when their child falls ill, we designed Kinsa to be smarter, capturing symptoms earlier, and providing guidance on what to do next. We are thrilled to offer select schools a tool to keep more children healthy and in school."

Stanley Hupfeld Academy is a charter school supported by INTEGRIS. The health care system provides a full time clinic at the school to take care of the students, their families and the staff. "Our top priority is keeping our students in class learning," explained Susan Ward, APRN, director of the clinic at Stanley Hupfeld Academy. "With this innovative program, we hope to see the trends affecting our classrooms so that we can contain the spread of illness, increase attendance, and continue giving our students the education they deserve."

CAREER

Continued from Page 1

wanted to be a nurse since I was a kid. So I just love helping others."

Her 89-year-old grandmother is a retired registered nurse. She worked in labor and delivery at Presbyterian Hospital, what is now Presbyterian Tower at OU Medical Center, located on N.E. 10th Street in Oklahoma City.

"She graduated from OU years ago," Haywood added.

Her grandmother, Ruby Tolliver, is excited and can't wait for Haywood to become a registered nurse, Haywood said. Haywood is a 2010 graduate of Platt College in Oklahoma City. She will celebrate her sixth year as a nurse in December. Platt College worked out well for her education needs, she said. Now she is enrolling at Rose State College to earn her registered nurse status.

"They have an excellent program that I am trying to get into," Haywood said. "I like the program. Hopefully I'll get an acceptance letter."

Nursing is a family affair, her sister is also a nurse. Renesha Haywood is also a licensed practical nurse like Timisha working in the

geriatric realm of nursing. The sisters like to exchange ideas.

"Our conversation is always about nursing," Haywood said.

Bradford Village has been good to Haywood. The staff was very welcoming when she first came to the assisted living center. They would help her out with answers to anything she needed to learn.

"They are pretty good coworkers," she continued.

Everyone works together as a team for the common good of the residents. She said this environment of excellence includes the dietary staff, housekeeping, secretaries, among others. She works under the direction of Lydia Stewart, LPN, Health and Wellness director.

"We worked together up front. She had seen me and said, 'I have an opening.' And I was like, 'Okay, I'll try it.' And I love it," Haywood said.

She said the senior population of residents are encouraging and have a lot of wisdom. When she's in their rooms she will ask residents to tell her a story.

"They will talk back about the war days. I love that type of stuff," she continued.

Her elders are like an open book in a library with a myriad of diverse

"If I'm not at work or school, I'm usually traveling with them to different places. They play basketball and football." Timisha Haywood, LPN

chapters. Haywood will tell them about the changes in today's world.

They will say, "Oh, when I was younger this was only 20-cents," speaking of grocery items.

She helps on a daily basis by keeping the nursing charts together and treating any health problem the residents experience as far as wounds or maybe a skin tear. Haywood is a patient advocate who will notify a physician when there is a sign of distress.

She follows the doctor's orders and follows up by making appointments and "all that good stuff," she explained. The residents become close to her at times.

"I provide emotional care one-on-one," Haywood said. Some of the residents are excited when they have not seen her for a couple of days.

When Haywood is not working she spends her time with her family. She is very family oriented with her two sons who are active in sports.

"If I'm not at work or school, I'm usually traveling with them to different places. They play basketball and football.

And they always turn to their mom when bruised from a game. They will say, "Mom, you should know this stuff. You're a nurse."

All components of Bradford Village are beneficial to senior citizens, Haywood said. If someone has fallen and broken a leg, they are admitted to skilled nursing after a hospital discharge.

"The rehab facility is wonderful. They work with you and get you on your feet," Haywood said. "If you want to live in assisted living or independent living, you have those choices," she said.

New residents are greeted warmly to be accustomed to living at Bradford. They are given a tour of the building and make them feel welcome.

"If there's anything they need, we're there," Haywood said.

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Ann



CAREERS IN NURSING

NURSING AN EXTENSION OF CARING HOME: WILLOWOOD OF MUSTANG

by Traci Chapman - Writer/Photographer

For LPN Juliet Bowers, nursing is a very personal thing, something that hits close to home every day of her life.

"Every day it's about the stories of the people we are helping, making their lives better and them happier," Bowers said. "I know firsthand how important it is to offer that kind of help, that support and comfort, and how much of a difference it really can make."

Bowers' knowledge of nursing's impact lies as close to her heart as possible. As the mother of a special needs child, now 17, she deals everyday with someone who cannot communicate, who will never live an independent life – and that experience has helped Bowers in her chosen field of more than 25 years, not only as a nurse, but also as an assisted living facility wellness director.

"It's amazing how many parallels there are to my child and many of our residents, particularly with

those who suffer from dementia and Alzheimer's, conditions like that," Bowers said.

Bowers in February joined Willowood at Mustang, an assisted living and memory care facility where she became director of wellness. While the job was new, it wasn't completely unfamiliar – in fact, it was kind of like going home, as she joined new Willowood Executive Director Kim Bowles in her latest endeavor.

"We have worked together for more than 17 years, we started together in Waureka, and she is just someone who really brings the staff together and allows all of us – nursing staff and everyone else – to do our best every day," Bowers said.

Bowers' longtime career was exactly what she was meant to do, she said – but it didn't start out as her first choice.

"I was living in Comanche and working at the U.S. Customs Service in Lawton when there was a downturn,"

Bowers said. "I was at a crossroads and we had the chance to take part in the displaced worker program and study nursing, so that's what I did."

"I've never for one moment regretted the change, and love helping people every single day more than I could ever say," she said.

That dedication made Bowers a perfect fit as Willowood's wellness director, executive director Bowles said. In that capacity, Bowers supervises a nursing staff of about 25 members and is charged with a myriad of issues involving residents' health.

"Whether it's coordinating with home health, looking at their medications, making sure they're happy and engaged, how they are feeling – just all of it is what I really handle," Bowers said. "It's my job to make sure all of our residents have the best health they possibly can."

While that job description might sound basic, it's not so simple. Willowood's recent transition to a Meridian Senior Living facility posed

the usual challenges associated with an ownership change; a newly completed expansion of its memory care unit meant the chance to offer services to more seniors. When Bowers moved to the Mustang facility in February, it was about one-third full; now, it is "almost completely full," she said.

"Right now we have 45 residents in assisted living and another 21 in memory care," Bowers said. "We've made a lot of changes bottom to top from Kim (Bowles) to housekeeping and everybody in between."

Caring for seniors is always a balancing act, posing a particular challenge to nursing staff, who always want to see their patients happy and interacting with others, Bowers said. Add to that the memory problems that come with those in assisted living, not to mention memory care, and it can become emotional, she said.

"While some of them are social

Continued on next page

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For LPN Juliet Bowers, nursing is a very personal thing, something that hits close to home every day of her life.

butterflies, others really just want to stay in their rooms and have their privacy, and we respect their wishes – but that's not always easy because we want our residents and patients to be happy and active," Bowers said. "For some of them, though, that kind of isolation is what they want or need, as difficult as it might be for us as caregivers to see or understand."

To be part of a nursing – or really any other – assisted living or memory care staff means having just lots and lots of patience, even more than some other nursing situations, Bowers said.

"For most of our residents, it really boils down to memory – and they need to be monitored 24 hours a day," she said. "But, it's really more than that because there are times they just don't understand what we're trying to do in their care or even where they are or what they're doing."

"That can be very difficult," she said. "But, then you see how rewarding it is, that you are helping to give these people a new home, a change that you can make things easier and better for them – and that's just an amazing feeling."

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Vampires: Sink your teeth into the origins of this Halloween legend



Oklahoma Medical Research Foundation President Stephen Prescott, M.D., sinks his teeth into the medical conditions behind vampire legend.

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Vampires are as deeply embedded in pop culture as their fangs are in the necks of their victims.

But before vampires became the darlings of TV and movies, their legends haunted folklore for centuries. According to Oklahoma Medical Research Foundation President Stephen Prescott, M.D., the origin of these creepy beliefs likely rises from a legitimate medical basis: disease.

"When a large group of people would die in a village, the true villain wasn't a pale-skinned blood-sucker. It was something even more terrifying: microorganisms," said Prescott, a vascular biologist and physician. "Vampires were often used as an explanation for diseases like smallpox or tuberculosis and other conditions that couldn't be diagnosed at that time."

This resulted in a huge swell of belief in vampires in the Middle Ages in Europe, as fast-moving diseases with no explanation swept through towns and villages.

"Without formal educations and modern science to clarify the situation, people grabbed onto something that made sense to them," said Prescott. "People struggled with causes for

illness and death long before we had medical research or modern science to make heads or tails of it."

The most common physical depictions of vampires share a number of similarities with people who suffered from a rare group of blood diseases called porphyria.

"There are multiple manifestations, but in most cases, people are extremely light sensitive," said Prescott. "A lot of them couldn't tolerate the sun at all without severe blistering and deformities, enough to cause them to lose their fingertips or produce facial scarring."

In addition, the facial mutilation often caused the skin to tighten and pull back, resulting in the appearance of fang-like teeth.

"There were bizarre things going on: They had abnormally long teeth, they slept during the day and came out at night because they couldn't take sunlight," said Prescott. "It serves to reason that this would play a role in the origin of the vampire legend. People would have seen them around and drawn their own conclusions of what was happening."

See **VAMPIRES** page 9

Oklahoma's Nursing Times Hospice Directory

- another free service provided by Oklahoma's Nursing Times -

Alpha Hospice: 7512 N Broadway Ext., suite 312
Okc, 405-463-5695 Keith Ruminer/volunteer
coordinator/chaplain

Autumn Bridge Hospice: 405-440-2440

Autumn Light Hospice: 580-252-1266

Carter Healthcare & Hospice: OKC - OKC
Pat McGowen, Vol. Coordinator, 405-947-7705, ext.
134; Tulsa - Samantha Estes, Vol. Coordinator,
918-425-4000

Centennial Hospice: Becky Johnson,
Bereavement Coordinator 405-562-1211

Choice Home Health & Hospice:
405-879-3470

Comforting Hands Hospice: Bartlesville:
918-331-0003

Companion Hospice:
Steve Hickey, Vol. Coordinator, Guthrie:
405-282-3980; Edmond: 405-341-9751

Compassionate Care Hospice: Amy Legare,
Bereavement/Vol. Coordinator, 405-948-4357

Cornerstone Hospice: Vicky Herrington, Vol.
Coordinator, 918-641-5192

Crossroads Hospice: Elizabeth Horn, Vol.
Coordinator, 405-632-9631

Cross Timbers Hospice: Ardmore-
800-498-0655 Davis-580-369-5335 Volunteer
Coordinator-Shelly Murray

Excell Hospice: Toni K. Cameron, Vol.
Coordinator 405-631-0521

Faith Hospice of OKC: Charlene Kilgore, Vol.
Coordinator, 405-840-8915

Frontier Hospice: Kelly Morris, Vol.
Coordinator, 405-789-2913

Golden Age Hospice: 405-735-5121

Good Shepherd Hospice: 4350 Will Rogers
Parkway Suite 400 OKC OK 73108 405-943-0903

Grace Hospice Foundation: Sharon Doty, Dir
of Spec. Projects - Tulsa 918-744-7223

Harbor Light Hospice: Randy Pratt, Vol.
Coordinator, 1009 N Meridian, Oklahoma City, OK
73107 405-949-1200

Horizon Hospice: LaDonna Rhodes, Vol.
Coordinator, 918-473-0505

Heartland Hospice: Shawnee: Vol. Coord. Karen
Cleveland, 405-214-6442; OKC: Vol. Coord. Tricia
Woodward, 405-579-8565

Heavenly Hospice: Julie Myers, Coordinator
405-701-2536

Hope Hospice: Bartlesville: 918-333-7700,
Claremore: 918-343-0777 Owasso: 918-272-3060

Hospice by Loving Care: Connie McDivitt,
Vol. Coordinator, 405-872-1515

Hospice of Green Country: Tulsa:
918-747-2273, Claremore: 918-342-1222, Sapulpa:
918-224-7403

**INTEGRIS Hospice, Inc. & the INTEGRIS
Hospice House:** Ruth Ann Frick, Vol.
Coordinator, 405-848-8884

Hospice of Owasso, Inc.: Todd A. Robertson,
Dir. of Marketing, 877-274-0333

Humanity Hospice:
Kay Cole, Vol. Coordinator 405-418-2530

InFinity Care of Tulsa: Spencer Brazeal, Vol.
Director, 918-392-0800

Indian Territory Home Health & Hospice:
1-866-279-3975

Interim Healthcare Hospice: 405-848-3555

Image HealthCare : 6116 S. Memorial Tulsa,
Ok. 74133 (918) 622-4799

LifeChoice Hospice: Christy Coppenbarger,
RN, Executive Director. 405-842-0171

LifeSpring In-Home Care Network: Terry
Boston, Volunteer and Bereavement Coordinator
405-801-3768

LifeLine Hospice: April Moon, RN Clinical
Coordinator 405-222-2051

Mercy Hospice: Sandy Schuler, Vol.
Coordinator, 405-486-8600

Mission Hospice L.L.C.: 2525 NW Expressway,
Ste. 312 OKC, OK 73112 405-848-3779

Oklahoma Hospice Care: 405-418-2659
Jennifer Forrester, Community Relations Director

One Health Home Health in Tulsa:
918-412-7200

Palliative Hospice: Janet Lowder, Seminole, &
Sabrina Johnson, Durant, 800-648-1655

Physician's Choice Hospice: Tim Clausing,
Vol. Coordinator 405-936-9433

Professional Home Hospice: Sallisaw:
877-418-1815; Muskogee: 866-683-9400; Poteau:
888-647-1378

PromiseCare Hospice: Angela Shelton, LPN -
Hospice Coordinator, Lawton: (580) 248-1405

Quality Life Hospice: 405 486-1357

RoseRock Healthcare: Audrey McCraw,
Admin. 918-236-4866

Ross Health Care: Glenn LeBlanc, Norman,
Chickasha; April Burrows, Enid; Vol. Coordinators,
580-213-3333

Russell Murray Hospice: Tambi Urias,
Vol. Coordinator, 405-262-3088; Kingfisher
405-375-5015; Weatherford-580-774-2661

Seasons Hospice: Carolyn Miller, Vol. /
Bereavement Coordinator, 918-745-0222

Sequoyah Memorial Hospice:
Vernon Stone, D. Min. Chaplin, Vol. Coordinator,
918-774-1171

Sooner Hospice, LLC:
Matt Ottis, Vol. Coordinator, 405-608-0555

VAMPIRES

Continued from Page 8

Some of scarring and physical characteristics were also observed in exhumed corpses of the recently deceased, furthering the rise of the legend in Europe.

Natural decay caused the lips and gums to lose fluid and contract, creating (or further exaggerating) the

illusion of fangs. The skin also contracts in other parts of the body, causing a claw-like appearance to fingernails and longer hair.

"Vampires came from needing an explanation for why bad things were happening, and blaming disease and death on something that comes out at night and sucks your blood isn't actually that far off," said Prescott. "Just look at mosquitoes."

INTEGRIS Introduces Innovative Micro-Hospitals to Central Oklahoma



INTEGRIS today is announcing a major initiative to build and operate micro-hospitals in a number of locations across central Oklahoma. The first INTEGRIS micro-hospital will open in south Moore in 2018 with at least three other facilities planned to open in different quadrants of metro Oklahoma City within the next 24 months.

Micro-hospitals are small-scale, fully licensed inpatient hospital facilities that are open 24-hours a day, seven days a week. Micro-hospitals house between eight and 10 inpatient beds for observation and short-stay use, and include a similar number of emergency treatment and triage rooms, along with primary care and specialty care physicians, diagnostic and other outpatient clinic services.

"We are pleased to be the first health system in Oklahoma to build a hospital of this kind," says INTEGRIS President and Chief Executive Officer Bruce Lawrence, "because we recognize central Oklahomans expect us to lead the way in providing even more choice, convenience and value when their health care needs arise. Our new micro-hospitals will bring to local neighborhoods 90 percent of the health care services our patients and families may ever need."

Lawrence believes these new micro-hospitals will further strengthen the

already strong continuum of care INTEGRIS provides, and offer another way INTEGRIS helps accomplish its goal to provide high-quality, easy-to-access health care in central Oklahoma. He calls the micro-hospital concept transformative and has watched similar facilities work very well in places like Dallas, Denver and Houston.

As part of this expansion initiative, INTEGRIS is entering into a partnership with Emerus, an innovator in the delivery of efficient medical care and the partner of choice to major health care brands across the nation, to build and manage micro-hospitals.

"We are honored to partner with INTEGRIS as it expands its footprint throughout central Oklahoma," said Emerus Chief Executive Officer Toby Hamilton, M.D. "Micro-hospitals offer an innovative approach to providing quality, accessible medicine. By partnering with INTEGRIS, an award-winning, highly respected health system brand, patients know they will receive premier medical care from doctors and staff they can trust."

Each INTEGRIS micro-hospital will be fully licensed and accredited, housed in state-of-the-art facilities and equipped to respond to almost any medical issue including those that may be life threatening and require complex, critical care.

The Hospice Directory above does not represent a list of all Hospice facilities statewide. For a complete list visit www.ok.gov/health



**Vicki L Mayfield, M.Ed., R.N.,
LMFT Marriage and Family
Therapy Oklahoma City**
*If you would like to send a
question to Vicki, email us at
news@okcnursingtimes.com*

Q. I finally decided to end my severely dysfunctional marriage with a man that I now realize is a sociopath. He is making this extremely difficult because he is stalking my every move. I am scared he is going to hurt me. What is wrong with him?

A. There are probably several things wrong with him. Being married to a sociopath is an experience you never forget and some of the scars will be with you for the rest of your life.

When your sociopathic husband realized you were going to divorce him: the very act of rejection sends him into a loss of control. Stalking often occurs because of the following:

- inability to deal with rejection
- inability to relinquish control over their targets (ex-wife)
- inability to lose. WINNING means catching their targets into their spider's nets and destroying them. (It was never about love.....they cannot love.)
- they want to exact vengeance and intimidate those who no longer worship them, want them, or obey them blindly.

Stalking behavior is a common strategy that sociopaths use to intimidate their non-compliant victims and an effort to punish them and regain control. For their victims this is particularly difficult to deal with because stalking laws vary from state to state.

It may not be easy to prove it is the stalker who slashes your tires, knocks down your mailbox or sends threatening letters. It is advised to take pictures, keep letters and inform the police that these situations are occurring.

If your ex-husband has directly threatened you then it should be reported to the police. Do not play with this behavior. No one can successfully play with sociopaths.

Here are some tips to follow when dealing with a stalking sociopath:

1. Always report suspicious or threatening messages to the police. You can file for a victims protective order (VPO) if he has threatened to harm you.
2. Avoid being alone in parking lots or places where he can approach you.
3. Be aware of your surroundings.
4. Tell your family and friends what is going on, especially co-workers. He might show up at your job or be waiting for you in the parking lot.

This situation is more common than you might think. MANY women have suffered from a relationship with a sociopath who sought revenge through stalking. Do everything you can to keep yourself safe and stay as far away from him as possible.

OBITUARY: Sharon Gragg Hayes

June 17, 1930 - September 28, 2016 Oklahoma City

Lorene (Shannon) Bolin passed away on September 28, 2016. The eldest of eight children, Lorene was born on June 17, 1930, in Foss, OK to Lonnie Allen & Audrey Alethe (Richard) Shannon.

She spoke of a childhood filled with hard work, such as hoeing the garden, canning vegetables, cooking on a wood-fired stove, pulling cotton in the summer heat; and fond memories of her grandmother, Maggie Bell; a pet rooster (that got its head stuck in the fence, so she couldn't eat the fried chicken that was served for dinner that night); playing games with her siblings, who called her Sis and 'Rene; and a senior trip to San Francisco. In 1948, she moved to OKC and enrolled in the St. Anthony Hospital School of Nursing. She finished the program in 1951 and began working as a registered nurse in the surgical unit at St. Anthony. One evening, a gentleman called for a date with her roommate who wasn't there and the gentleman asked if she'd go out with him instead. She refused to date a man she hadn't met, but she agreed to meet him the next day.

She said that she looked into those sparkling blue eyes and shining white teeth and fell in love with him on the spot. Lorene married Eulice Edward Bolin six months later on February 15, 1958, becoming both a wife to him and a mother to his 9-year-old daughter, Linda, on that day.

In 1960, they were blessed with another daughter, Patti. Lorene continued to work as a nurse in the pediatric unit and later in the neonatal unit at St. Anthony. In fact, she was the first to care for both of her granddaughters when they were born. She retired from St. Anthony in 1995. Lorene was a member of Walker Avenue Baptist Church and later Brookwood Baptist Church, both in OKC. She was a devout Christian who loved her family and her Lord and served them both with tireless devotion. She loved to read, work crossword puzzles, paint her fingernails, cook, practice her penmanship, sing, plant flowers, play with her daughters and granddaughters, talk to her friends, and dote on her husband. Lorene was preceded in death by her parents; and her husband, whose blue eyes were still sparkling 51 years later; as well as her sister and brother-in-law, Syble (Bolin) and Alvin Adams. She is survived by her daughters, Linda Story and Patricia Bolin Ratliff (spouse Carl); her granddaughters, Angela Finney and Kelsea Burch (spouse Nathan); two great-grandsons, and three great- great-grandchildren; her sisters, Audria (Shannon) Arnett (spouse Len) and Florella Mae (Shannon) Bashaw; and brothers, Lonnie Shannon, Odell Shannon (spouse Charlotte), Vernon Shannon (spouse Margie), Bill Shannon (spouse Gracie), and Tony Shannon; and numerous nieces and nephews, including Lois (Adams) and Marion Byrd, and James Adams. The family is grateful for the kindness and care provided to Lorene by Integris Southwest Medical Center, Grace Living Center, and Autumn Leaves Memory Care Residence.

Oklahoma Health Campaign Featured at Smithsonian in New York

Oklahoma Text4baby Campaign is represented as one of the featured designs at a new exhibition in the Cooper Hewitt, Smithsonian Design Museum in New York City.

The exhibit is called "By the People: Designing a Better America" and Text4baby, the largest mobile health initiative in the nation, is featured as an innovative solution that expands access to education and health care. Text4baby is a free service of ZERO

TO THREE and Voxiva, and uses the power of cell phone technology to share important health and safety information with expectant women, new mothers, their partners and loved ones.

Text4baby participants receive customized health information, safety tips, and appointment reminders through text messages - timed to the user's due date or baby's birthdate

See FEATURED next page



NURSE + TALK

Read what other health care professionals have to say...

What are you looking forward to this holiday season? Integris Canadian Valley Hospital

I want to look at Christmas lights in Chickasha.



Sheila Weber, RN

Food, family and friends - not necessarily in that order.



Debbie Smith, RN

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Lots of family coming from Georgia and Missouri



Jana Davis, UA

Spending time with my family.



Dr. James Davis

FEATURED

Continued from Page 10

- at no charge. Participants sign up by texting BABY (or BEBE for Spanish) to 511411 and receive at least three free text messages a week containing information reviewed by leading national medical organizations and federal partners. Participants who also download the free Text4baby app receive more in-depth information each week.

In Oklahoma, Text4Baby is being promoted by the Oklahoma Health Care Authority, the Oklahoma State Department of Health (OSDH), OKC-County Health Department (OCCHD), Tulsa Health Department, George Kaiser Family Foundation, Smart Start Oklahoma, and nearly 50 community partners across the state. Text4Baby fits with Oklahoma's "Preparing for a Lifetime - It's Everyone's Responsibility" initiative which is focused on reducing Oklahoma's poor birth outcomes.

"It is exciting to have innovative and creative methods utilized by the state Preparing for a Lifetime: It's Everyone's Responsibility initiative and partners highlighted at the Smithsonian," states Joyce Marshall, OSDH Maternal and Child Health

Director. "However, even more exciting is the benefit the Text4Baby campaign has given to expectant and new mothers with real-time information provided as needed and at critical periods of development to assist in achieving optimal health of Oklahoma mothers and babies."

The "By the People: Designing a Better America" exhibit highlights the statewide Preparing for a Lifetime campaign and local OCCHD Fetal and Infant Mortality Review (FIMR) program efforts utilizing Text4baby as a way to help reduce some of the risks associated with high infant mortality.

"Being healthy before, during and in between pregnancies is one of the key factors to reducing infant mortality," states Kelli McNeal, FIMR Supervisor. "By sending positive health messages to pregnant women all during their pregnancy, they have real time information and resources at their disposal. Text4baby is a valuable tool we use to help educate our pregnant moms. We couldn't be more excited to have our efforts highlighted at this exhibit."

The "By the People: Designing a Better America," exhibit features 60 design projects from every region across the U.S. and runs until February 26, 2017.



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