Oklahoma's Nursing Times

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Joy Carpenter, RN, is a medical surgical nurse at Integris Health Edmond that is helping the facility grow.

by Bobby Anderson, RN, Staff Writer

Few nurses have the opportunity to open a new hospital.

But Joy Carpenter, RN, may just get the opportunity to do it twice in one career at Integris Health Edmond.

"This is an amazing facility to work for and Integris is just home, it's family. I have grown here in my career and they have opened many, many doors for me to advance in my career," she said.

Carpenter has opened a few doors of her own, namely the ones to the widely-successful

Integris Edmond campus.

Carpenter joined the med/surg team in 2011. She floated from Integris Southwest in order to open the hospital Oct. 3 of that year.

It was actually a longer commute, but she didn't mind. The opportunity to build something from the ground up really appealed to her.

She roamed the hallways before patients were admitted. She had a hand in developing not only the look and feel of the new facility but how nursing would be done on the floor.

"It was amazing to see the plastic on the See JOY Page 3



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John P. Zubialde, M.D., Executive dean of the University of Oklahoma College of Medicine.

John P. Zubialde, M.D., a family medicine physician and longtime academic medicine leader, has been named executive dean of the University of Oklahoma College of Medicine.

The OU Board of Regents approved Zubialde for the position at its May 10 meeting. Zubialde has been serving as interim executive dean since July 2018, providing leadership during a period of transformation for the college and campus.

"Dr. Zubialde is a leader among leaders," said Jason R. Sanders, M.D., MBA, senior vice president and provost of the OU Health Sciences Center. "He is a

ZUBIALDE Continued from Page 1

proven leader for the OU College of Medicine and is well-respected among colleagues at the OU Health Sciences Center and OU Medicine."

Zubialde joined the OU College Medicine in 1991 and is a of professor in the Department of Family and Preventive Medicine. He served as program director of the Family Medicine Residency Program from 1994 to 2000, guiding new physicians through the next stage of their training. Zubialde was next promoted to associate dean for Graduate Medical Education, during which time he oversaw all residency programs for the OU College of Medicine. In 2015, he was promoted to senior associate dean and, for nearly a year, has been serving as interim executive dean.

Zubialde has received multiple grants, authored numerous publications and has conducted presentations at national and international meetings on topics ranging from medical education to health systems planning to leadership development. For his work in helping pioneer fundamental principles for the care of patients with chronic illness, he was appointed adjunct professor at Dartmouth Medical School. He is a member of the OU College of Medicine Academy of Teaching Scholars and received the group's M. Dewayne Andrews Excellence in Teaching Award.

Zubialde is active in state and community service. He serves Oklahoma as a member of the Health Workforce Subcommittee of the Governor's Council on Workforce and Economic Development. He has served nationally on a number of humanitarian organizations, and at the local level has been a 25-year volunteer at the Good Shepherd Clinic, a program that serves the city's underserved patient population. For his longtime commitment to humanitarian service, in 2008, he was presented with the Leonard Tow Humanism in Medicine Award from the Arnold P. Gold Foundation.

He is a member of national and state professional organizations, including the American Medical Association, the American Academy of Family Physicians, the Oklahoma Academy of Family Physicians and the Oklahoma State Medical Association. His professional interests focus on educational program development, leadership development, care for the

chronically ill adult, and health care administration and policy.

Zubialde completed both his medical degree and residency in family medicine at the University of New Mexico School of Medicine. After residency he served in the United States Air Force, attaining the rank of major and serving as chief of Family Medicine Services at the U.S. Air Force Clinic and Hospital at Tinker Air Force Base. He received the Air Force Commendation Medal for Meritorious Service.

Zubialde will lead the OU College of Medicine across all of its missions, including training the next generation of physicians, advancing new research and treatments, and guiding the work of OU Physicians, the state's largest group practice. He will continue to work with leadership and faculty across the College of Medicine, both on the Oklahoma City campus and the regional School of Community Medicine campus in Tulsa. He also looks forward to continuing the College's long-term partnership in caring for America's veterans with the Veteran's Administration Medical Center.

Zubialde also will serve on the board of directors for OU Medicine Inc. Since February 2018, OU Medicine has been a locally owned and operated nonprofit health system, marking a closer working relationship between the OU Health Sciences Center and the clinical enterprise.

"John Zubialde is a proven, trusted and dedicated physician leader. I am very excited about his appointment to this role and know that he is the perfect choice during this time of healthcare transformation at OU Medicine," said Chuck Spicer, CEO of OU Medicine.

Zubialde brings a deep understanding of the academic health enterprise, and he will play a key role in the ongoing growth and transformation of Oklahoma's comprehensive academic health system, said Spicer.

About the appointment, Dean Zubialde said, "I am truly honored to have this opportunity to lead such an outstanding group of faculty and staff in our missions because Oklahomans deserve the best in healthcare. OU Medicine is committed to helping the people of Oklahoma have exactly that. We can achieve this through the efforts of our dedicated care providers, educators that are training the next generation of providers, and our researchers who are discovering innovations that advance both healthcare and medical education."



National Black Nurses Association Announces 2019 Presidential Awardees

The National Black Nurses Association is pleased to announce its 2019 Presidential Awardees. The NBNA Life Time Achievement Awardee are Sandra Evers-Manly, Dr. Ernest Grant and Gloria Ramsey. The Trailblazer Award recipients are Dr. Scharmaine Lawson, Dr. LaRon Nelson and Dr. Larider Ruffin.

"All of the recipients chosen are stellar nurse leaders in their respective fields", stated Dr. Eric J. Williams, the NBNA first male President. "I am honoring and recognizing these nurses for their extraordinary contributions in academia, research, practice and administration."

The Presidential Awards will be bestowed on Saturday, July 27, 2019 at the President's Gala, at the Hilton Riverside New Orleans Hotel, New Orleans, LA, during the NBNA 47 th Annual Institute and Conference. NBNA 2019 Life Time Achievement Awardees

Sandra Evers-Manly

Vice President Corporate Responsibility, Northrop Grumman and President, Northrop Grumman Foundation -McLean, VA

Ernest Grant, PhD, RN, FAAN

President, American Nurses Association - Silver Spring, MD

Gloria Ramsey, JD, RN, FNAP, FAAN, Associate Dean, Diversity, Equity and Inclusion - Johns Hopkins University School of Nursing - Baltimore, MD., Member, Black Nurses Association of Greater Washington, DC Area

NBNA 2019 Trailblazer Awardees Scharmaine Lawson, DNP, RN, FNP, FAANP, FAAN, CEO, Advanced Clinical Consultants New Orleans, LA., Member, New Orleans Black Nurses Association.

LaRon Nelson, PhD, RN, FNP, FNAP, FAAN, Associate Dean for

JOY **Continued from Page 1**

chairs and we had an IV pump class," she said. "I got a fiveminute tutorial (starting out as a new nurse) and they got a whole class."

This June Integris past announced a massive expansion that will more than double the complex in size, adding 64 new inpatient rooms.

The campus - nestled in a treeline stretch just east of I-35 - will grow five stories in some areas.

"Our commitment, from the time we opened our Integris Health Edmond campus six years ago, was to grow our facilities and its services to meet the needs of a growing community," said Avilla Williams, president of Integris Health Edmond, in a release.

The project will add some 143,000 square feet of additional space in three sections of the main hospital.

The hospital currently has 40 inpatient beds that include 24 private surgery rooms, six intensive care units and 10 beds in the women's unit.

bed capacity to 104 beds once construction is finished.

There are also plans for two additional emergency rooms in the expansion.

For Carpenter, it's yet another opportunity to help put her stamp on the facility.

"It's going to be amazing to be a part of that, just like it was when they opened the doors," Carpenter said. "We grew so fast from having four patients to have four holding. It's so quick and so amazing. The community is amazing. It's helped me expand in my career to watch Integris go."

"I really didn't think that it was going to take off as quick. I thought we were going to be sitting down for three years. As soon as the lights went on it's been wonderful ever since."

Carpenter started her career in 2005 as an LPN, graduating from Canadian Valley Technology Center.

"I love people. I love fixing things. I love problem solving,' Carpenter said. "I love the challenge. Every day you walk in it's a different challenge. It could be

Expansion will increase total the same diagnosis but it's always a different challenge. It's always different and it's always helping."

"People are glad to see you when you walk in the door. Something about working in the health care field people appreciate you and they trust you."

Carpenter was named by her peers as the 2018 med/surg nurse of the year.

It earned her a spot on the hospital's unit-based council.

"It's an opportunity to present ideas and things that we are growing, things we'd like to help the community with," she said. "It's a wonderful time to be on the council to help make decisions."

In May, the campus saw the completion of Arcadia Trails, 60,000-square-foot а addiction recovery center with 40 beds.

multidisciplinary А staff including psychiatrists, psychologists, social workers, nurses, dietitians, therapists and clergy will offer individualized treatment programs ranging from 60 to 90 days.

In April, Integris Health Edmond was recognized by the National Safe Sleep Hospital Certification Program as a "National Certified Bronze Safe Sleep Hospital" for their commitment to best practices and education on infant safe sleep.

They are one of the first hospitals in Oklahoma to receive this title.

The National Safe Sleep Hospital Certification Program was created by Cribs for Kids, a Pittsburghbased organization dedicated to preventing infant, sleep-related deaths due to accidental suffocation.

NTEGRI Health

klahoma's Nursing Times

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In December 2014, Brandi had a case of Organ, eye and tissue donation saves strep throat which resulted in the diagnosis of dilated cardiomyopathy. to treat it, she was told that ultimately a heart transplant would be needed to save her life. Her health began to decline daily, and she spent nearly a month in the Intensive Care Unit before she received a new heart. Brandi's life was saved by a selfless donor, and is now able to exercise, travel and enjoy time with her friends and family.

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PASSION IN NURSING CHANGE FOR THE BETTER: EMERALD SQUARE ASSISTED LIVING by Bobby Anderson, RN, Staff Writer

H

There's a buzz going on right now at Emerald Square Assisted Living Center in Oklahoma City.

Planned renovations, expansion of services and new ownership have the entire community talking.

And at the center of it all is Pepe Sanchez, RN, C-AL.

The certified assisted living registered nurse is helping put in place processes that residents are beginning to love.

Sanchez is excited to be coming in to Emerald Square right now.

Executive Director Polly Milligan hand-picked her staff when she came to Emerald Square as part of new ownership Heart Living Centers.

With two decades spent in senior living, Milligan was comfortable right where she was at, leading a local residence owned by a nationwide company.

That was before the owners of



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Heart Living Centers called.

"I'm not one for small corporations much but there's just something about this husband and wife that started this that I just knew was right," Milligan said of the Colorado-based Heart Living Centers.

people she called.

"He's amazing," she said. "Ever again if I have to move - he's mine."

Milligan raves about Sanchez. He's been her nursing security blanket for more than two years.

Sanchez loves the fact Milligan always has his back.

"She's actually willing to take

care of things instead of school. just leaving it and saying 'Oh, that's clinical. You need to take care of it.' She's more hands-on." Sanchez said.

Sanchez doesn't just work in the assisted living arena he's certified in it.

While working on his bachelor's in nursing, his professors stressed being specialized in whatever area he works.

"After working in this field Sanchez was one of the first for three years I decided just go ahead and get to that done," said Sanchez, a 2011 graduate of Oklahoma City Community College's traditional nursing program.

Sanchez remembers taking care of his grandmother when he was young. That spurred him to go get his Certified Nursing Assistant license while he was still in high

He started that job as soon as he graduated high school.

He spent eight years in hospice as a home health aide along the way.

He worked flex pool CNA several years for St. Anthony while going through nursing school.

Once he graduated he started working medical-surgical with renal and pediatric patients.

The move to assisted living fit. "It gave me everything I enjoyed doing without having to travel so much and having to go into different homes all the time," said Sanchez. "Not having to do all the on-call stuff was much easier to come to one place. I knew if I had to come in at 2 a.m. I could bring my kid with me."

Smaller company, more opportunity, greater independence See SANCHEZ Page 5

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Pepe Sanchez, RN, C-AL, is bringing a personalized care approach to residents at Emerald Square Assisted Living.

SANCHEZ Continued from Page 4

- everything that went along with that was what drew Milligan and Sanchez to Heart Living Centers.

"She convinced me to come," Sanchez said.

Less than a month on the job, Sanchez has a list of things to do. That first day in a new building was a lot.

"Overwhelmed," he said. "I'm OCD so that does not go well with me just walking (into a new) building."

Walking through and putting pen to paper, Sanchez had so many things he wanted to accomplish for Emerald Square residents.

There were processes he wanted to implement, things he wanted to change and an overall level of excellence he wanted staff to aspire to.

"There were lots but just the overall organization for residents," Sanchez said of his planned process improvements. "There was no support at that point. What I really wanted do was make sure the staff was taken care of. If the staff are happy the residents are usually happy."

Sanchez directs a staff of 15 under him.

"We have state survey coming in October and I would like to see zero deficiencies because that's what I'm used to. I need clinical to be where it needs to be and that's kind of my goal."

So there will be a few longer days than normal up ahead.

"I think it's hectic right now but I know what it's going to be which will be calm and fun coming to work," Sanchez said. "That's what Polly and I are used to. We see smiles. We usually don't see grumpy faces and dreading to come to work."

"(The residents) have been positive. I had a resident just the other day start crying because she was happy to see things changing."

And Sanchez is right in the middle of it all.

NBNA Continued from Page 2

Global Health and Equity Independence Foundation Professor and Associate Professor Yale University School of Nursing New Haven, CT., Founding Member, Rochester Black Nurses Association

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the voice for Black nurses and diverse

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development,

National Black Nurses Association, Inc.

EMSA and SSM Health St. Anthony Launch PulsePoint App Empowers CPR-Certified Bystanders with the Chance to Save Lives

In 2009, Gary Buscombe was saved by CPR—but not in the ambulance or at the hospital—he was resuscitated in the very spot where he experienced sudden cardiac arrest. Buscombe was saved because someone close by stepped in, and he knows how fortunate he was.

Not everyone is so lucky. Sudden cardiac arrest (SCA) is one of the leading causes of death in the United States. In fact, SCA is responsible for more than 300,000 deaths annually—and Buscombe wasn't saved by chance, he was saved by a willing individual who knew how to initiate CPR.

So, what if there was a tool that could take out the luck, and replace it with technology and preparation? There is. And it's called PulsePoint Respond.

"PulsePoint is a new, powerful tool to raise awareness of SCA and improve survival rates in our community," said Dr. Kevin L. Lewis, Regional President of SSM Health Medical Group.

"SCA occurs when the heart malfunctions and suddenly stops beating. Current national survival rates for SCA are less than 8%," said Dr. Lewis. "The PulsePoint Respond app empowers CPR-trained bystanders to assist, and the American Heart Association estimates that this immediate effort can double or triple a patient's chance of survival."

In a press conference on May 16, 2019, leaders from SSM Health St. Anthony and EMSA announced the release of the app and their partnership to improve survival rates for local victims of SCA. "A collaboration of this nature is important, as an individual organization cannot do it alone," stated Joe Hodges, Regional President of SSM Health Oklahoma. "Together, we are able to bring this valuable resource to our community."

PulsePoint requires a connection to a local public safety communications center to function, so it is only available when employed by a local fire or EMS agency. Through EMSA's implementation, the app is now fully functioning in both Oklahoma City and Tulsa, ready for download and use. Today, Buscombe is happy and healthy, and he's using his experience

to alert others to the importance of CPR. "The lesson is that everybody—everybody—needs to know CPR," said Buscombe. And for those that do, please download PulsePoint today. Learn more about PulsePoint: https://www.pulsepoint.org/



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OSDH Confirms Measles Case in Okmulgee County

Oklahoma The State Department of Health (OSDH) and the Okmulgee County Health Department are investigating a confirmed case of measles in Okmulgee County. This is the first confirmed case measles of in Oklahoma since May 2018. As of Jan. 1,

there have been at least 839 cases of measles reported in the United States from 23 other states. This is the highest number of cases reported in the U.S. since 1994.

Measles was identified in a person who returned to Oklahoma after traveling to various domestic and international destinations. The virus is still common in many parts of the world with outbreaks occurring in Europe, Israel, Ukraine, and the Philippines.



These outbreaks have resulted in travelers who develop illness in the U.S. following their return. In addition to the high number of cases, there are outbreaks ongoing in several states.

Based on collected information about the measles case during

the time the patient was contagious, public health officials want to alert anyone who visited Saint Francis Glenpool emergency room, May 11, from 8 a.m. – 11:15 a.m. about potential exposure to the measles virus. Public health officials are collaborating with Saint Francis Glenpool to identify anyone who may have visited the facility to inform them of their exposure and provide recommendations.

People are protected if they



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are immunized with two doses of a measles-containing vaccine after the first birthday, or if they were born during or before 1957. Those who think they may have been at risk of exposure should review their immunization records and contact the Okmulgee County Health Department at 918-756-1883 during regular business hours, their local county health department or the OSDH epidemiologist-on-call at 800-234-5963.

Measles is a highly contagious respiratory disease and spreads through the air when an infected person coughs or sneezes. The virus may remain airborne up to two hours in a room after the person with measles has left an indoor area. Those who are susceptible to measles usually develop symptoms about 10 days after exposure with a range of 7-21 days.

Symptoms of measles begin with a mild to moderate fever, runny nose, red eyes, and cough. A few days later, a rash appears starting on the face spreading to the rest of the body accompanied by a fever that can reach up to 105 degrees. Measles can lead to pneumonia and other complications, especially in young children and adults over 20. The disease can also cause serious problems in pregnant women and those with weakened immune systems. A person with measles can spread the virus up to four days before the onset of the rash and until four days after the rash begins.

Approximately 90 percent of U.S. cases reported so far this year were either unvaccinated or had an unknown history of vaccination against measles. Measles can be prevented with the measles vaccine usually given in combination with rubella and mumps, called MMR vaccine, and is recommended for all children at 12 to 15 months of age and again at 4 to 6 years of age. If a person has not received a second dose of the vaccine between 4 to 6 years of age, the booster dose may be given at any age thereafter. Two doses of vaccine normally provide lifelong immunity.

Individuals who were exposed and are not experiencing symptoms of illness do not need to be evaluated by a health care provider. Anyone who does have symptoms should contact a health care provider before presenting for care to discuss instructions for check-in and registration.

For more information about measles, visit https://go.usa.gov/ xmR3X. To receive the MMR vaccine, contact a health care provider or a county health department.

Mercy Hospital Earns A Grade for Patient Safety National nonprofit ratings group recognizes commitment to safety

Mercy Hospital Oklahoma City was among only 832 hospitals nationally awarded an A from The Leapfrog Group's spring 2019 Hospital Safety Grade.

The designation recognizes Mercy's efforts in protecting patients from harm and meeting the highest safety standards in the United States.

The Safety Grade assigns A, B, C, D and F letter grades to hospitals nationwide based on their performance in preventing medical errors, infections and other harm among patients in their care. Those scores were announced by

Mercy Hospital Oklahoma City The Leapfrog Group, a national s among only 832 hospitals nonprofit patient safety advocate.

"This award is a direct reflection of our incredible co-workers and physicians and their dedication to quality, safety and always doing what's best for our patients," said Jim Gebhart, president of Mercy Hospital Oklahoma City and regional strategy officer for Mercy.

Leapfrog's Hospital Safety Grade recognizes hospitals that focus on advancing patient safety.

"Hospitals that earn an 'A' grade are making it a priority to

May 20, 2019

(AS PUBLISHED IN THE 2019 EDUCATION GUIDE TO NURSING)

Oklahoma Christian University features premier program

Oklahoma Christian University combines three key features to create a unique program. OC's School of Nursing helps registered nurses achieve a bachelors of science in nursing degree that is competency-based education (CBE), 100% online and offers a GPA transcript to create a RN-to-BSN program that has thought of everything.

CBE means a registered nurse's training, education and work experience allow them to earn college credits for what they already know. Skip class for skills mastered on the job by testing out of that segment and earning college credit. Start an online, four-month subscription to the course material and test out of as many classes as possible for \$4,000! Most students graduate within 12 months or three subscription periods.

Online degrees are for flexibility and convenience, not independent study! An Oklahoma Christian academic coach supports each student in all aspects of gaining a degree. Coaches are faculty members of the School of Nursing who communicate with students at least once each week to provide resources, answer questions and challenge deeper thought. Nurses use online classes to accommodate work schedules and hospital shifts, but still develop relationships within Oklahoma Christian's online community of nursing students.

Oklahoma Christian's RN-to-BSN perfectly prepares students for graduate school. Your courses will require writing scholarly papers and preparing professional presentations to fully equip you to pursue a master's degree. Many schools offer BSNs using a pass/fail grading system, OC students earn grades and graduate with a cumulative grade point average (GPA) and a full transcript. Graduate schools require a GPA for admittance and Oklahoma Christian makes sure students graduate with all they need to advance their careers even further.

Oklahoma Christian helps undergraduates gain admittance into prestigious



graduate schools around the world. It's something we're really good at. Share your dreams and goals with your mentor so we can join you on your journey and celebrate your successes.

OC Financial Services can help you navigate the cost of education. If you are currently employed as a nurse, check with your human resources department about tuition benefits that your employer may offer. Oklahoma Christian's caring staff will help direct you to federal student loans, nursing grants or nursing scholarships, and payment plans.

Oklahoma Christian earned national nursing accreditation after meeting high standards of quality, peer review, and establishing self-regulation. A degree from an accredited program makes graduates more competitive in the job market. Employers prefer to hire accredited practitioners who are trained under nationally established standards for nursing education. Graduates from accredited nursing school programs qualify to attend other accredited schools to pursue advanced studies and master's programs.





MERCY Continued from Page 8

protect patients from preventable medical harm and error," said Leah Binder, president and CEO of The Leapfrog Group.

Developed under the guidance of a national expert panel, the Leapfrog Hospital Safety Grade uses 28 measures of publicly available hospital safety data to assign grades to more than 2,600 U.S. hospitals twice per year. The Hospital Safety Grade's methodology is peerreviewed and fully transparent. Results are free to the public.

To see Mercy's full grade details and to access patient tips for staying safe in the hospital, visit www.hospitalsafetygrade.org and follow The Leapfrog Group on Twitter and Facebook.

Founded in 2000 by large employers and other purchasers, The Leapfrog Group is a national nonprofit organization driving a movement for giant leaps forward in the quality and safety of American health care. The flagship Leapfrog Hospital Survey collects and transparently reports hospital performance, empowering purchasers to find the highest-value care and giving consumers the lifesaving information they need to make informed decisions. The Leapfrog Hospital Safety Grade, Leapfrog's other main initiative, assigns letter grades to hospitals based on their record of patient safety, helping consumers protect themselves and their families from errors, injuries, accidents, and infections.

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WOMEN'S CENTER RECOGNIZED BY NATIONAL CERTIFICATION PROGRAM



INTEGRIS Baptist Women's Center was recently recognized by the National Safe Sleep Hospital Certification Program as a "National Certified Bronze Safe Sleep Hospital" for their commitment to best practices and education on infant safe sleep.

They are one of the first hospitals in Oklahoma to receive this title. INTEGRIS Health Edmond received the recognition earlier this month.

Oklahoma has one of the highest rates of infant mortality in the nation.

Infant mortality is often used as a measure of the overall health of a population. Nearly 21% of all infant deaths in Oklahoma for 2013-2015 were attributed to SIDS (sudden infant death syndrome) and other sleep-related conditions.

The National Safe Sleep Hospital Certification Program was created by Cribs for Kids®, a Pittsburgh-based organization dedicated to preventing infant, sleep-related deaths due to accidental suffocation. In addition to being Cribs for Kids® partners, INTEGRIS Baptist Women's Center was recognized for following the safe sleep guidelines recommended by the American Academy of Pediatrics (AAP), and providing training programs for parents, staff and the community.

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