Recruiter Showcase

Oklahoma's **Nursing Times**

TECHNOLOGY CENTER

Your Potential, Our Promise

PRACTICAL NURSING INSTRUCTOR

For more information or to apply, visit www.mntc.edu

See Our Ad in the Classifieds!

www.oknursingtimes.com

May 6, 2019 Vol. 20 Issue 18 Information for the Oklahoma Nursing & Health Care Professional

Celebrate National Nurses Week!

~ Look inside for the special pull out section honoring today's nurses for their many contributions! ~



Kathleen Gray, RN is the Oncology Case Manager at the Oklahoma City Indian Clinic. Kathleen is there for the patients through each step of cancer and is a big comfort to

by Vickie Jenkins, Staff Writer

The Oklahoma City Indian Clinic was established in 1974 and is a nonprofit organization that provides a wide variety of behavioral health and pharmacy related services primarily for Native Americans.

Kathleen Gray, RN has been a nurse for over twenty-two years. She is the Oncology Case Manager at the Oklahoma City Indian Clinic. She was also the first American Indian Nurse

Navigator in Oklahoma. She is the only nurse that works in Oncology at the OKC Indian Clinic. "I go through the whole cancer process with the patient; From the minute they come in to have tests done, to hearing the news, good or bad, to being with them through to the end. If they need medications or going through radiation treatments to chemo, I am here for them and I know that I

See GRAY Page 3



Nurses Week to Be Celebrated May 6-12

By Jane Nelson, CAE ONA CEO

Nurses need to celebrate! May 6 – 12th is the week that is designated to recognize and celebrate the work Nurses do every day, 24/7. We hope you will begin the week off wearing your "RN pin" on May 6th in honor of RN Recognition Day and finish the week celebrating Florence Nightingale's birthday on May

This year's theme is 4 Million Reasons to Celebrate, giving a nod to the sheer numbers of nurses that enrich the world we live in. I ONA Executive Director Jane realize that there is much Nelson. to do in the way of safe



staffing, patient safety, workplace violence. However, it is important to look back and see what has been accomplished and enjoy it. Let's take a minute, step back and think about what you do have to celebrate, consider the following:

- Let's celebrate nurses' commitment to addressing many public health challenges to transform health care to focus on health and wellness, in addition to illness care.
- Let's celebrate nurses' commitment to delivering culturally competent care and increasing diversity and inclusion in nursing.

See NELSON Page 2



NELSON Continued from Page 1

- Let's celebrate nurses' groundbreaking work as researchers, executives, educators and innovators on national and global initiatives.
- Let's celebrate nurses' influence in shaping health policy decisions that ensure all Americans have access to high-quality, affordable health care coverage.
- Let's celebrate nurses' role as a trusted advocate to ensure that individuals, families, groups, communities, and populations receive quality patient care and services.
- Let's celebrate nurses' voice on important issues like immunization, health behaviors, natural disaster preparedness, education, and violence prevention.
- Let's celebrate nurses' leadership in their organizations, on boards of directors and as elected officials at the local, state and federal levels.
- Let's celebrate nurses' stories of strength, resilience and determination while navigating an ever-changing and complex health

care landscape.

• Let's celebrate nurses' ranking as the professionals with the highest honesty and ethical standards for the last 17 consecutive years. These results underscore the deep trust that the public has in nurses.

So this week as you celebrate Nurses Week consider how you can make a difference in your life and in the life of your patients. Let ONA know how we can help you and other nurses advocate for change. ONA works to advocate for nurses, the profession and your patients, but we need to hear from you to know your needs first hand. Let's Celebrate Nurses Week!

About ONA's Chief Executive Officer—Jane Nelson, CAE was named the CEO of the Oklahoma Nurses Association in March 2002. She has more than 30 years of association management and marketing experience with a variety of organizations. She holds a bachelor's degree from Purdue University and a master's degree from Michigan State University.

Nelson is a member of the American Society of Association Executives and the Oklahoma Society of Association Executives.



2019 ONA Annual Convention
Be the Change: Your Nursing Journey

October 2 & 3, 2019 Embassy Suites, Norman Call for Proposals Now Open!



Oklahoma Nurses Association www.oklahomanurses.org | 405.840.3476

NURS





Brenda Cole

2010 Dodge Nitro Heat



Dakota Grandara

Nursing Times A community of the party of th

What was your first car?



The Veraden
Senior Living
Edmond

2008 Chevy Cobalt



Brittney Duncan

1997 Chevy Camaro



Tycha Pullen



GRAY **Continued from Page 1**

am a big comfort to them in so many ways," she commented.

Born in Oklahoma, Kathleen went to school at Rose State College. Her first job as a nurse was at OU Trauma Center. "I couldn't believe that was my first job as a new nurse. There were so many critical things going on. We would listen to the news about a shooting, etc. and the next thing we knew, we were working on that patient. I liked the unexpected, never knowing who or what we would see. I am so glad that I was at OU Trauma Center because it was definitely a learning hospital. I didn't realize at the time, that job prepared me for my job in Oncology. I look back now and think to myself, how did I manage all of the chaos and that trauma?" Kathleen laughed.

Kathleen told me why she likes working at the Indian Clinic. "My mother is full blood Muskogee Creek Indian and my

dad was Caucasian. Since I am half Creek Indian, I can relate to the patients and they can relate to me. They trust me."

"When I was a little girl, if my dad got a splinter, I would help him take care of it. My dad always said, Kathleen, you are my little nurse." Asking Kathleen what she wanted to be when she was little, she said, a nurse. "I loved playing with dolls and taking care of them. Believe it or not, I actually tore apart the dolls, doing my version of surgery, only to put them back together with tape, glue and Band-Aids. My younger brother had a Stretch Armstrong and as he stretched it out as far as it would go, I grabbed my scissors and cut it right in two. I just had to find out what was on the inside and how did Stretch Armstrong stretch that way? I'm sorry to say, good ole Stretch Armstrong did not survive. It's really funny how I was so into dolls. Literally."

Asking Kathleen to describe herself she said, "I like to take and I am not afraid to try new things," she replied.

What qualities make a good nurse? "A nurse has to be compassionate and be able to They need to be multi-task. sensitive to their patients' feelings and expect the unexpected," Kathleen said.

"The biggest challenge for me is explaining to the patient that they have some kind of cancer and telling them how to take care of themselves; a lot of them don't fully understand how to follow the steps to getting better appointment. Sometimes, it can be such a struggle," she said.

Kathleen is married to her wonderful husband, John and they have two sons; Tyler - thirty and his wife Kelly, and son Elliott who is twenty-four. They

also have two Kyson - ten and Ava -three. Their fourlegged family

care of people. I love adventure friends consist of a Chinese Pug named Luther, a Rottweiler, Roxy, a terrier named Bella and a cat that goes by the name Wahoo.

> When not working at the Oklahoma City Indian Clinic or spending time with her family, Kathleen likes to garden. "I love to plant flowers, watching them blossom from nothing into something beautiful. With me working in oncology, I see a lot of death. I feel like if I plant something it is my way of showing new life beginning," she said with a smile.

Kathleen's favorite Bible verse or not showing up for their is: Because you have so little faith. Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you. 17:20 NIV



Published each Monday And Locally Owned And Operated by Metro Publishing L.L.C.



www.oknursingtimes.com

Phone (405) 631-5100 Fax (405)631-5103 P.O BOX 239 MUSTANG, OK 73064

Editor and Publisher, Steven R. Eldridge - news@okcnursingtimes.com Recruitment Advertising - Amanda MIller - amiller@okcnursingtimes.com Advertising Services Lisa Weigel - advertising@okcnursingtimes.com Writers: Bobby Anderson, Vickie Jenkins, Vicki L Mayfield, M.Ed., R.N. Send all news, story requests, letters to the editor and press releases to news@okcnursingtimes.com

Articles and advertisements in Oklahoma's Nursing Times do not necessarily reflect the opinions of the newspaper or Metro Publishing, L.L.C. We do not assume responsibility for statements made by advertisers. The acceptance of advertising by Oklahoma's Nursing Times does not constitute an endorsement of the products, services or information. We do not knowingly present any product or service, which is fraudulent or misleading in nature.

Opinions expressed in columns and letters to the editor are not necessarily the opinions of employees, ownership of this newspaper or the publishing company.

Print and digital distribution may vary from time to time at the publisher's discretion due to growth and market changes that are dependent on location influence and market conditions necessary at the time of publication.



OAHCR is a statewide organization of professionals who have joined together to:

- 1) promote and exchange sound and ethical principles and values of recruitment
- 2) network/share pertinent information on recruitment and retention of healthcare professionals.



OAHCR meets bimonthly. For more info, please contact Shawna Feezor, Healthcare Recruiter at 918-599-5228 | shawnafeez@aol.com



OKLAHOMA ASSOCIATION OF HEALTHCARE RECRUITERS



SPECIAL TO OKLAHOMA'S NURSING

Surprising, Practical and Significant Rewards of Earning Master's Degree in Nursing

By Kathleen O'Grady Winston, PhD, RN, College of Nursing Dean at University of Phoenix

in Nursing (ADN) or Baccalaureate of Science in Nursing (BSN) is the pre-licensure pathway to becoming a Registered Nurse (RN). This is the required academic path for entering into the Nursing profession. Earning a Master's in Nursing (MSN) leads to many new paths and opportunities.

An MSN prepares practicing Registered Nurses (RN) for advanced practice by developing and knowledge specialized areas of nursing. The nurse's scope of practice expands with increased autonomy and expanded practice roles. The healthcare delivery arena broadens beyond acute care hospitals and other traditional healthcare settings. The MSN contributes to the financial, social, emotional and professional worth of the individual. The experience will both challenge and change you.

Some practical and significant rewards associated with the MSN include:

Employment options increase. With an MSN degree, a wide variety of career opportunities become available. A nurse can specialize in a particular area or take a leadership role. If you being the boss and leading others is appealing, than strongly consider earning a master's in nursing. MSN programs teach the advanced clinical skills and management strategies that can an individual supervise help employees.

prepared Master's degree nurses will lead nursing teams manage departments and may become part of the hospital's executive team. Many MSN degree

Obtaining an Associate Degree holders choose to become nurse educators. Nurse educator's work in nursing schools, universities, hospitals, and vocational schools. The shortage of Nurse Educators is increasing with the average age for Nurse Educators being approximately 50. A Nurse Educator will directly influence professional nursing is practiced in the future as they direct and guide the pre-licensure education of future RN's. These individuals mentor others who are just beginning their nursing career. As a Nurse Educator there is an opportunity to positively influence an entire generation of novice nurses.

A MSN who prefers to advance their clinical practice opportunities will be able to consider Certified Nurse Midwifery, or Nurse Anesthetist. In these, and other clinical specialties, the nurse works closely with medical physicians to serve women's health needs or administer anesthesia for surgical patients. Many MSN programs offer specialized tracks that prepare students to apply their advanced skills to psychiatric nurse practitioner, acute care nurse practitioner, or family nurse practitioner. Job opportunities Master's educated nurses expanding rapidly an expected increase for MSN graduates to exceed 30% by 2026.

flexible and extended career. RN's who hold MSN degrees rank among the most experienced nurses in workplace, they can enjoy more flexibility at work than most RNs or LPNs. MSN practice settings might resemble nontraditional settings that operate during regular business hours. The MSN often is able to perform their job remotely, during shifts that are more convenient and with the freedom to determine workday schedule. With greater flexibility and greater responsibility associated with an MSN, there is also an opportunity to extend the life of the nursing career as RN's perform the less physical tasks without the advanced education who will be charged with less physically demanding job duties.

Professional Respect and Networks increase. With graduate degree, more earning power, greater job flexibility and opportunity comes added respect from colleagues, other healthcare professionals and peers. Nurses are among the most trusted of professionals in the nation and that trust and admiration extends and expands as the nurse extends and expands his/her educational and professional career. Master's programs in nursing help students establish valuable relationships with other nurses and professors. The connections and relationships established during graduate school can lead to a new job, identify an interesting new field, or help to discern a doctoral program.

Learning. Lifelong Master's degree often becomes the gateway to the Ph.D. in nursing or a Doctor of Nursing Practice (DNP) to further expand career opportunities or achieve new personal goals. Returning to school can seem daunting, but there are strategies that can minimize the fear. Typically, the MSN is a two-year program of



Kathleen O'Grady Winston, PhD,

study but there are accelerated options to explore. Prospective students might consider online programs, or take advantage of bridge programs that help students go directly from the prelicensure program into a graduate program. Future graduate students should explore programs with affordable tuition options as well as the employer tuition assistance.

Make a difference. Often nurses enter the profession to make a difference in the lives of others. While financial compensation, flexibility and job variety are impressive advantages, most nurses find fulfillment in their ability to influence healthcare and affect the lives of individuals, families and communities. Expanding knowledge through advanced education will serve as inspiration to others including others in the profession. The fulfillment personal and professional satisfaction accompanies the MSN is not measured in the salary increase or multiple job choices but rather in the sense of accomplishment and improved self-esteem.

Kathleen O'Grady Winston, PhD, RN is the College of Nursing Dean at University of Phoenix. She is an accomplished nurse clinician, educator and academic Dean.



Oklahoma's Nursing Times

www.oknursingtimes.com

May 6, 2019 Vol. 20 Issue 18





To the organizations taking part in this year's very special section by showing appreciation for current and future nurses and expressing their gratitude~

we salute you!

Saying **Thanks** to those who care!

Saving the day

Heartland stands tall

Being there when it matters the most has always been a rule in the Davis household.

From nurses to firefighters, Devin Davis saw it all around him growing up.

It's no wonder the family business revolves around keeping those front line professionals on the front lines when it matters the most.

Davis is a driving force behind Heartland CPR, a business his mother and father began more than 15 years ago.

The Davis family has built Heartland CPR into a successful business that revolves around providing lifesaving skills in a fun, friendly environment.

Heartland CPR offers courses in CPR, AED, First Aid, Basic Life Support (BLS) for Healthcare Providers, Advanced Cardiovascular Life Support (ACLS), Pediatric Advanced Life Support (PALS) as well the addition of Pet First Aid + CPR.

Flexibility and customer service drive Heartland.

Devin's mother, Ginger, coordinates with individual travel nurses and travel nursing agencies who appreciate that Heartland provides training in multiple disciplines in a single weekend. Heartland even partners with nearly hotels to offer discount accommodations to out-of-town overnight customers.

But that's what Heartland specializes in, getting medical professionals the training and documentation they need when they need it.

One in-demand course is the S.T.A.T. program which stands for Sequentially Timed Accelerated Training. Nurses can renew the entire BLS, ACLS and PALS certification suite in a weekend.

Despite the demand, classes are limited to 10 people each.

It's a Heartland tenet to ensure the quality of the training and the ability for students to ask questions and truly grasp the material.

To keep up, Heartland simply adds more classes. And the company's ability to deliver training wherever the client needs it has made Heartland a nurse favorite

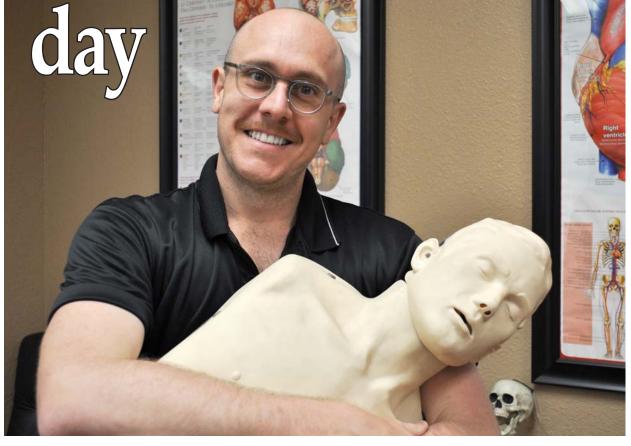
From doctors to dental assistants to oil field companies, Heartland can put together a training package that fits the need.

Heartland has also become a leading supplier of AED equipment to local businesses, covering both training and equipment sales.

Devin dove deep into the family business, understanding the why as well as the how behind life-saving skills.

Not only did he enjoy teaching, he enjoyed what he was teaching.

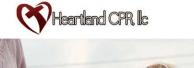
"I like to make sure people understand the science behind it," Davis said of the CPR classes he teaches. "You'd be shocked at how many people who don't understand – especially ones first going into EMT or nursing school – the basic principles of CPR and what we're actually doing. They know how to do it, they just don't know we're trying to fill that heart up with blood and pump that oxygenated blood into the brain and then back down to the heart." Along the way he's learned how to reach students that range from 18 to 80-year-olds.



Devin Davis and his family help nurses stay on the floor with their flexible certification courses.

Do you need CPR or FIRST AID training?Are you a Healthcare Provider required to have BLS, ACLS, or

Are you a Healthcare Provider required to have BLS, ACLS, or PALS certification with the American Heart Association (AHA)?



Heartland CPR can help! Yes, we can come to you!

- · Committed to small class sizes, offering more class choices than anyone else
- We provide everything for your AHA training! No more trying to find the right book for our customers
- All-inclusive pricing No additional purchase for required materials or certification cards and no surprise charges that aren't disclosed upfront
- Immediate AHA certification digital eCards eliminates lost/stolen cards and allows 24/7 access to your training records
- · Package Deals save with a single source for AED sales and related training
- STAT Program allows certification in multiple disciplines in a single weekend
- Professionals in emergency medicine make up our staff of experiences instructors, boasting of over half a decade of combined instruction experience
- Small woman-owned, family-operated
 Oklahoma business with A+ rating and former
 Torch Award winner for OKC

Serving OKC & surrounding areas!

Just ask if we can come to your area!

Nurses, stop by during Nurses Week

Monday - Saturday 10a-4p to spin the

wheel for a FREE Appreciation Gift!

Heartland CPR, LLC | 405-603-6666 | contact@HeartlandCPR.com 8101 NW 10th St, Suite #C3. Oklahoma City, OK 73127

www.HeartlandCPR.com



2014 Torch Award

















INTEGRIS



Hour Every Day Every Moment Every Hour Every Day Every Moment Every Hour Every Day Every Hour Every Day Every Hour Every Hour Every Day Every Moment Every Day Every Day Every Moment Every Day Every Day Every Moment Every Day Every Day Every Moment Every Day Every Eve

In the moments that matter, our dedicated nurses are there. Take a walk through any INTEGRIS facility and you'll witness. The Most Challenging Healing from the most dedicated nurses. So as we celebrate Nurses Week, we take a moment to say thank you to our nurses for the hours, days, and years you have given in devotion to the high call of nursing.

Take a moment and consider joining the INTEGRIS Team!

To view a complete job description and apply online, visit:

integrisOK.jobs

INTEGRIS considers all qualified applicants regardless of protected status as defined by applicable law, including protected veteran or disability status. AA/EOE

Team building

SSM focuses on relationships

For more than 25 years now the healthcare industry has celebrated National Nurses Week.

Cakes, cookies, water bottles, pens - swag in all shapes, sizes and colors are routinely given out to nurses as small tokens of appreciation.

But for SSM Health St. Anthony Nurse Manager Jessie Lekites, BSN, RN, she wanted to go deeper while planning the health system's recognition events this year.

The week will begin with a traditional blessing of the hands.

"We're really trying to reach as many of our St. Anthony nurses. nurses personally at their place of work, at their campus to really insure everyone is involved," Lekites said. "It will be a renewal of our purpose and the spirit of what we do."

Lekites explained the system's professional nurse practice model includes five elements of "I am an SSM Nurse."

• I am accountable • I am a partner • I am an advocate • I am a professional • I am a leader.

"Typically in the past we've had one day we devoted to whether it's appreciating them with gifts, cookies or snacks—this year we decided that we would make it the entire week and do an event every day.

"We really wanted to keep our emphasis on appreciating our nurses every day of the week."

Lekites explained nurses will still be treated throughout the week - from pet therapy to popcorn - but the theme is more about celebrating and fostering deeper relationships.

"I think what we do every day is more than just a job like going to an office," she said. "I think we've seen in the press and media nurses are doing more things, taking on bigger roles in healthcare. They're putting themselves in harm's way more than ever.

"I think it's important this year we really recognize just the daily tasks are not what they used to be. The gravity of what we do is so big."

When she's not planning National Nurses Weeks, Lekites is the nurse manager of two medical surgical units. She's been with St. Anthony since 2005.

The vision for Lekites is a simple one.

"The culture I want is I want our patients to feel safe and I want our patients to feel every person on that floor whether it's



Nurse Manager Jessie Lekites, BSN, RN, has helped coordinate a weeklong celebration for SSM St. Anthony nurses.

myself, the housekeeper, the nurses, the tech that they are all there with the same purpose and there's no other patient in the hospital but them.

"Everyone is willing to give that extra bit. No one is clocking out and leaving one behind. I think when you have that with the nursing staff it resonates straight to the patients.

They feel that and it's tangible."

She points to the system's nurse residency program that walks nurses through their first year as a success.

The residency puts new nurses in touch with resources they can turn to and lets the know they are supported.

"That really gives them a sense of safety. There are people they can talk to other than just their manager. It's an extensive network of people they can go to for support and help," Lekites said. "I think more so now in the generations coming up it's not just let me do my job it's give me feedback and tell me how I'm doing. There's a lot more give and take and constructive criticism.

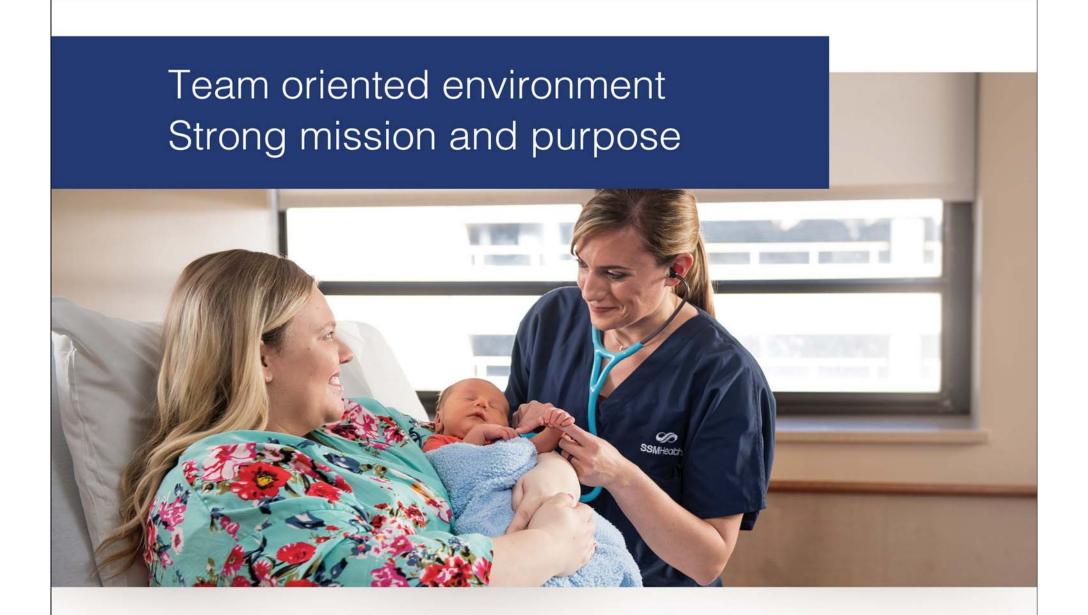
"We try to be extremely inclusive in giving new nurses the opportunity to be on the unit based councils, make those decisions and guide where the process is going and have a hand in it."

That translates into something nurses can feel.

"I think we do amazingly well," she said "I've worked here for 15 years and I've seen the same faces. And the new ones who've come in the last five. The nurse techs I have on my floor when I opened the med surg unit I'm on now two and a half years ago I'm helping them find a floor that fits them.

"Once you know someone is doing the right thing the right way and they're good for your organization you find a spot whether it's with you or not."





SSM Health St. Anthony wishes to thank our exceptional nursing staff for their unwavering dedication to our patients. You not only exemplify excellence in nursing but you also show compassion. You are an important part of our success and an equally important part of our future.

We are seeking experienced RNs to join our team across a variety of care settings in Oklahoma City, Shawnee and El Reno.

Up to \$7,500 Sign On Bonus | Comprehensive Benefit Package



SSM Health St. Anthony Hospital – Oklahoma City

SSM Health Bone & Joint Hospital at St. Anthony

SSM Health St. Anthony South

SSM Health St. Anthony Hospital - Shawnee

SSM Health St. Anthony Healthplex

SSM Health Medical Group

SSM Health St. Anthony El Reno

Apply at ssmhealthcareers.com or call 405-272-6671.

SSM Health St. Anthony is an Affirmative Action/Equal Opportunity Employer

©2018 SSM Health, All rights reserved.













Honoring Nurses National Nurses Week May 6-12

"Nurses of Oklahoma, we honor you for the magnificent job you do for us and our families."



Come in for your special gift compliments of the Uniform Shoppe.
No purchase necessary. While supplies last.



Uniforms • Accessories • Shoes • Scrubs & More



Bring in this ad for

20%

Includes Special Orders



10503 N. May Ave. ·Oklahoma City, OK 73120 405-755-6600

6044 S. Sheridan Road · Tulsa, OK 74145 918-494-7682

www.theuniformshoppe.com · www.jodysscrubs.com · http://cherokeescrubs.theuniformshoppe.com

Coupon Expire: May 12, 2019

A nursing treasure

Uniform Shoppe still the best



For 57 years, no one in Oklahoma has helped nurses look their best better than The Uniform Shoppe in Oklahoma City and Tulsa. Since 1962, The Uniform Shoppe has been a family affair.

Albert and Jodi Weise began the Uniform Shoppe in Tulsa in offers personalized services such as into a better company for their customers. Jodi

They traversed the Oklahoma highways and backroads bringing comfortable, affordable quality to nurses at their facilities.

Riding in the back seat was daughter, Jodi.

She learned the business from the best and now co-owns and needed, staff will go to a worksite to fit communities they serve. manages the Tulsa location.

While the styles on the rack may change, little else has changed about this Oklahoma gem.

The Tulsa location moved around the corner to 6044 S. Sheridan all customers they work with in order to Road a while back but the Oklahoma City store is still located at know what their uniform program is at in Oklahoma so our businesses and tax dollars 10503 N. May Avenue.

Odds are you'll see many of the same staff members when you visit again.

"The staff are knowledgeable, experienced and they care about functional, Weise said. They combine the company," Jodi said.

In a day of being able to order everything online nothing compares to the touch and feel of what you're buying. And being able to ask questions and get advice from someone who knows the important things. Really, price just comes

"We have competitive pricing, too," Weise explained. "And we're for something that's going to last and their patients and we can't get their services online."

The Uniform Shoppe has hands-down always had the largest stock of scrubs for nurses, health care workers, daycare workers every profession that requires durable-yet-professional attire while working with people.

Service has always been the focus.

The Uniform Shoppe represents most manufacturers while offering quality at the best price possible. It also monogramming and logos.

Hospital logos can be applied at customer request

Hand steaming is also offered and, if an entire group.

The Uniform Shoppe also caters to a number of offices and keeps records of any time for them.

Nurses today want to look fashionable in ready-to-wear uniforms that are fashion with function and fabric.

"They want comfort and then they want style. Those are the two most down to the end when they're looking feel comfortable," Weise said. "When they feel good about themselves and they look good, they perform better on the job."

White is still worn during nursing school graduations. However, the only white that is prevalent today is on lab



coats, she said.

People are wearing solid colors, fun prints and styles inspired by your favorite medical TV

The Uniform Shoppe continues to evolve and her mom, Elaine, attended the Uniform University in Dallas to network with the uniform industry around the U.S.

They bring that knowledge back to the

"We want our community to appreciate the fact that we are a local business and are trying to provide a service as well as a product they need," Jodi said. "We want to keep our dollars will go to work for us."

Jodi said she feels fortunate that customers come to both stores. She loves seeing them again and working with them to help fill their next

"We love the communication and rapport that we've established with a lot of our customers that are repeat customers," Jody said.

New people are always coming into the nursing field, and the Weise family is proud to provide them with a good experience. They appreciate everyone who walks through their

It's something you can feel when you walk in the door. And that comfort lasts during your



LifeSpring nurses leading the way



LifeSpring CEO Karen Vahlberg, BSN, RN, certified home care administrator, and her nursing leadership are ready for today's changing health care environment.

here's little doubt the bulk of health care delivery is rapidly moving out of the hospital and into the home.

With 38 years in nursing, Karen Vahlberg, BSN, RN knows nurses will once again be called on to provide that care no matter where it's needed.

That's why the CEO of LifeSpring Home Care is focused on ensuring her nurses are fulfilled in order to fulfill the needs of their clients.

LifeSpring is a faith-based company with primary values.

We believe both in the Golden Rule - treating others as you would like to be treated - and also having a learning culture, a culture of growth and education," Vahlberg said. "For that reason I think we stand out amongst many other employers."

Being nurse-owned keeps the focused squarely on the patient and their families. And it allows Vahlberg to mentor her nurses and make sure they are being served as

"We are here to serve," she said. "We're here to serve our staff who serve our patients. I do believe if you take care of your staff they will take care of your patients."

LifeSpring has served the community for 16 years, all the while owned by Vahlberg.

"We believe that health care will continue to move away from the four walls of the hospital and into the community," Vahlberg said. "That means there will be more people and more demand. We're also the least expensive setting of care so that's appropriate in a world where we are trying to control health career as a nurse in the field.

"We are here to serve," she said. "We're here to serve our staff who serve our patients. I do believe if you take care of your staff they will take care of your patients."

- Karen Vahlberg, BSN, RN

health care costs. With so much GDP going to health care it's only natural home-based care will be more desirable both to payors and those who receive the care."

According to the Centers for Medicare and Medicaid Services, U.S. health care spending increased 3.9 percent to reach \$3.5 trillion, or \$10,739 per person in 2017. Health care spending growth in 2017 was similar to average growth from 2008 to 2013, which preceded the faster growth experienced during the 2014-15 period that was marked by insurance coverage expansion and high rates of growth in retail prescription drug spending

Vahlberg started her home

She understands the challenges.

The paperwork and windshield time can add up. But the unhurried time spent with one patient at a time in their home can be the most fulfilling of a nurse's career.

"Sometimes those can be challenging for nurses and yet I believe home health and hospice care are some of the purest forms of nursing," she said. "In nursing school we spent our time developing care plans and trying to determine what are the things to do for our patients. That's absolutely what you do in home health and hospice."

Instead of operating under a generic order set created by a committee of physicians, nurses in the home are able to use the skills

they've learned and create tailored plans for each client.

It's a holistic approach designed to keep that patient living safely in their home as opposed to just getting them off a hospital unit.

Nursing in the home also means there's control over a nurse's schedule, with largely day time

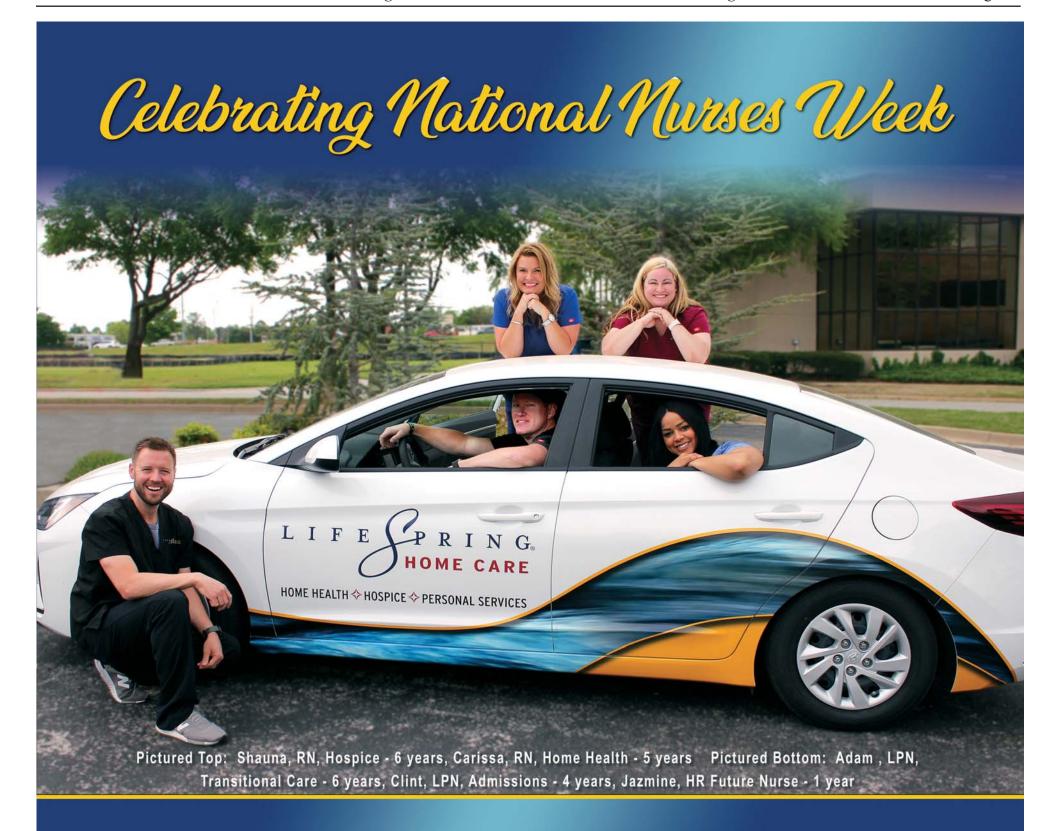
"For nurses who are organized and like to control their lives home health and hospice are good places to go," Vahlberg said. "What hooked me on home health from the very first day was this was where my patient wanted to be. We see the real challenges they face with their health."

That's one reason Vahlberg's nurses stay with her so long.

Her home health chief clinical officer is closing in on 10 years with the company. Her hospice and personal services chief clinical officer has spent the last six years with LifeSpring.

With the focus on both nurse and patient, LifeSpring is ready for the changing face of health care, no matter what direction it takes.





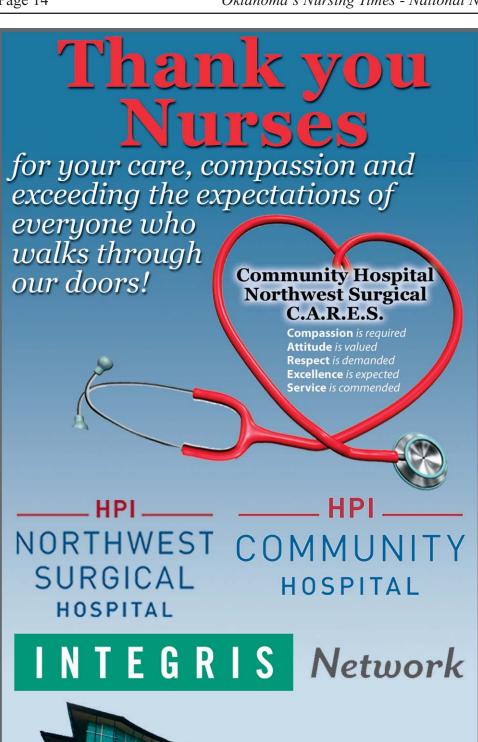
Our patients tell us that it is our Nurses that make the difference -- And we couldn't agree more. Your dedication, commitment to quality care, and professionalism has helped make LifeSpring a leader in home care. For this we say "thank you".

We are proud to call you "our nurses"!



405.329.4545

www.lifespringhomecare.com

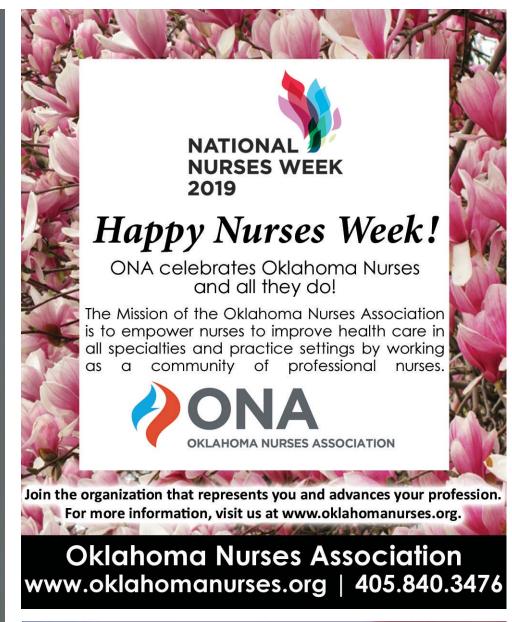




Community Hospital & Northwest Surgical Hospital offer nursing care in a close-knit, compassionate community. With low nurse-to-patient ratios, our nurses have the time to provide excellent service to our patients and families. Compassion, attitude, respect, excellence and service characterize our every interaction whether it is with our patients or among fellow practitioners & team members.

Please see our website
www.communityhospitalokc.com/job-postings
and www.nwsurgicalokc.com/job-postings
for a list of open positions for
employment opportunities!

Community Hospital/Northwest Surgical Hospital complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Community Hospital/Northwest Surgical Hospital is a facility in which physicians have an ownership or investment interest. The list of physician owners or investors is available to you upon request.





Happy Nurses Week WE L@VE NURSES!

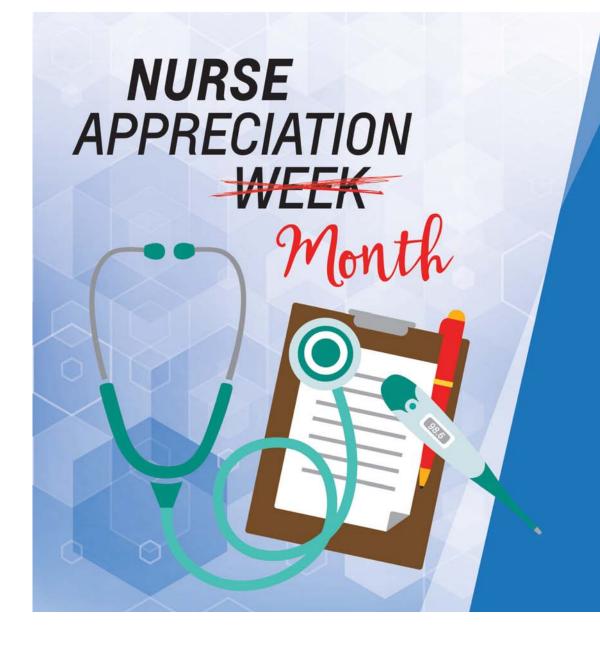
"It's the biggest privilege you'll ever have, to be somebody's nurse at the bedside."

PK Scheerle, RNCEO, GIFTED Healthcare

www.GIFTEDhealthcare.com



GIFTED CLINICIANS. COMPASSIONATE CARE.



HAPPY NURSES MONTH!

In honor of all the nursing professionals who contribute to the wellness of our community, Smicklas Chevrolet would like to extend you the following special offers during the ENTIRE month of May!

BUY ANY NEW OR PREOWNED VEHICLE AND RECEIVE \$500 TOWARDS TTL

\$9.95 OIL CHANGES AND 20% OFF ANY SERVICE OR PART FOR YOUR EXISTING VEHICLE

20% OFF CUSTOMER PAY PAINT OR BODY REPAIR

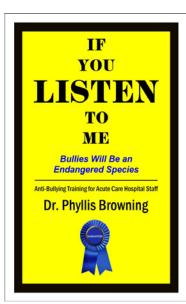
WE APPRECIATE ALL YOU DO!

Offer not valid on insurance claims for body repair.

Must present offer at time of arrival. Offers are not combinable.



SMICKLASCHEVROLET.COM | (405) 445-4185



Preventing bullying at your workplace starts with YOU!

Available in E-book and Paperback Format

For more information or to place an order, please visit us at:

brass-edu.com

MUSTANG TAX SERVICE

45 W Armstrong Dr. Ste A, Mustang, 0K 73064

- Bookkeeping Payroll
- Personal & Business Tax Return

BRING IN THIS COUPON FOR

25% OFF DISCOUNT

(405) 376-5456 | mustangtax@aol.com

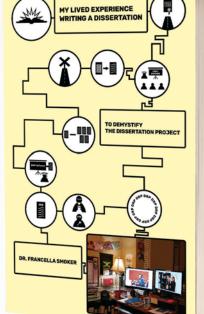


MY LIVED EXPERIENCE WRITING A DISSERTATION

"This book is straightforward and engaging about my experience writing a dissertation. Also, findings from my research about factors that influence the nurse preceptor role when teaching and evaluating BSN student offers valuable information to nurses from all walks of life."

- Dr. Francella Smoker www.feelgoodnurse.org

on sale now on amazon



A one of a kind inspiring book written by a nurse for nurses who are ready to take their nursing career to the next level.



Happy Nurses' Week!

We appreciate you – as do your patients, medical staff, support staff and all others who work with you. We are grateful for the care, dedication and professionalism you bring to work every day.

Thank you for standing between the hurt and the healing and providing lifesaving care. Norman Regional joins you in celebrating nursing!

NormanRegional.com







Nurses bring together knowledge, skills, and caring. Thank you for your expertise and dedication.

- OU College of Nursing offers bachelor's, master's and doctoral degrees with diverse learning opportunities including 100% online programs
- · Individual access to world-class faculty who mentor, guide, and facilitate
- Competitive tuition and fees: \$125,000 scholarships available for PhD studies
- Ranked #1 in the nation for the RN-BSN program by Best College Reviews
- · Ranked in the TOP 20 for online nursing graduate programs by U.S. News and World Report
- Ranked one of the BEST NURSING SCHOOLs for the master's and doctor of nursing practice programs by U.S. News and World Report

Visit nursing.ouhsc.edu to learn how you can earn your degree from the flagship state university; locations in Oklahoma City, Tulsa and Lawton.

Sooner Nursing: Oklahoma Education. Global Impact.

The University of Oklahoma is an equal opportunity institution. www.ou.edu/eoc

SWOSU Southwestern Oklahoma State University

Finish in 12 months!

Online RN to BSN

Must be a Registered Nurse or in last semester of ADN program – Must have a 2.5 GPA

Online BSN to MSN

Must be a Registered Nurse or in last semester of BSN program – Must have a 3.0 GPA (SWOSU grads with 3.0 or above are guaranteed admission)

- 8-week Courses with 5 Starting Points Per Year on RN/BSN; 3 for MSN
- Affordable Monthly Tuition Payment Plan Available
- No Clinicals Required

Traditional BSN Program Available - Weatherford, OK

For more info, call 580-774-3261 or email nursing@swosu.edu





PRACTICAL **NURSING** MOORE NORMAN INSTRUCTOR Your Potential. Our Promise.

Position will support Moore Norman's Mission, Vision and Core Values through educating, motivating, inspiring and supporting students.

Please visit www.mntc.edu for complete job description, requirements and benefits details. Open until suitable candidate is identified. Apply Online at www.mntc.edu or fax application to (405) 701-6718.

• klahoma's Nursing Times

Index to Classifieds

- 0 0 Ambulatory
- 108 Administrative
- 1 1 3 Case Management
- 1 1 5 Chemical Dependency
- 1 1 8 Clinical Instructors
- 1 1 9 Collection
- 1 2 1 Critical Care
- 1 2 3 Certified Medical Assistant
- 1 2 4 Certified Nurses Aide
- 127 CRNA
- 1 2 9 Dental
- 1 3 0 Dialysis
- 131 Dietary
- 1 3 7 Education
- 1 4 0 General Nursing
- 1 4 3 Geriatrics and Long Term Care
- 1 4 6 HMO
- 1 4 9 Home Health
- 1 5 2 Hospice
- 1 5 4 Housekeeping
- 1 5 5 Infection Control
- 1 5 6 Instructor
- 1 5 8 IV Therapy
- 1 6 1 Licensed Practical Nurse
- 1 6 4 Managerial
- 1 6 5 Massage Therapy
- 1 6 7 Medical/Surgical
- 1 7 0 Nurse Practitioner
- 173 OB/Gyn
- 176 Occupational Health
- 1 7 9 Office
- 182 Oncology
- 1 8 5 O.R./PACU
- 188 Orthopedic
- 190 Pediatric
- 191 Pharmacist
- 192 Physicians Assistant
- 197 Public Health
- 200 Rehabilitation
- 2 0 4 Registered Nurse
- 207 Research
- 2 1 0 Sales Representative
- 2 1 3 Service



RN's & LPN's **Acute Care**



NURSING FACILITY Long-Term Care and Skilled Nursing

- Historic downtown Guthrie.
- Short drive from Edmond & OKC.
- Positive team environment with leaders who value our staff.
- Serve to make a difference
- Family-owned and operated.

✓ Competitive Pay ✓ Insurance Benefits ✓ Paid Time Off ✓ Matching 401K ✓ Incentive Time Off

Apply on-line at www.companionhealth.net

23 CERTIFIED MEDICAL **ASSISTANT**

We are actively searching for a **Certified Medication**

Aide (CMA)

Noble Health Care Center is actively searching for a Certified Medication Aide (CMA). The CMA is to administer oral and topical medications to residents. These tasks are performed as ordered by a physician, under the supervision of a licensed nurse, in accordance with state and federal rules and regulations, and consistent with

facility policies. 1501 North 8th Street, Noble, OK 73068.

We are currently

looking for a PRN

Certified Nurse Aide

WILLOW HAVEN Nursing Home. We are currently looking for a PRN C.N.A that will work on the 10-6

shift when needed. Please apply 1301 North Fifth, Tonkawa Ok.

Are you Reading This?

So are more than 30,000

Registered Nurses and

Licensed Practical

Nurses. To advertise,

please call Oklahoma's

Nursing Times at

(405) 631-5100 or visit

www.oknursingtimes.com!

24 CERTIFIED NURSE

ASSISTANT

124 CERTIFIED NURSE **ASSISTANT**

We are accepting applications for for 9am-5pm shift, Monday - Friday.

GOLDEN VILLA Adult Day Care, OK 74601 is accepting applications for C.N.A. for 9-5 shift, Monday - Friday. Prefer MAT and experience cooking for multiple persons. Will consider all applications. Contact Ramona Lantz at 580-762-0264 to schedule an interview.

140 GENERAL NURSING

Openings for Dietary Cook for weekends, **Certified Medical** Assistant evenings and immediate openings for Certified Nursing Assistants.

LOOKING TO HIRE new staff that have a servants heart and are dependable. Openings for Dietary Cook for weekends, CMA evenings and immediate openings for CNAs for day, evening and night 8 hour shifts. Shift differential for evenings and nights. Apply today at 915 N. 7th Ave., Purcell, OK. Sunset Estates. EOE.

Call Amanda Miller at 405-631-5100 ext. 6 to advertise with OKNT!

140 GENERAL NURSING 140 GENERAL NURSING

We are currently seeking Registered Certified Nurse Aide Nurses and Licensed **Practical Nurse**

The OK Department of Veterans Affairs, a 24/7 long-term facility, is currently seeking Registered Nurses and Licensed Practical Nurse in Claremore, OK. We offer a wide array of benefits for full-time staff, including free health insurance after 60 days, competitive salaries, and creative scheduling. As an LPN you will be supervising and/or performing technical direct and indirect nursing care in an Oklahoma Veterans Center under

the supervision or direction of a registered nurse or licensed physician. This includes taking temperatures, pulse, respiration, and blood pressure, and various other technical nursing tasks in providing health care to patients.

This is the basic LPN position where you will perform routine entry-level tasks under close professional supervision and in a training status to build your skills in providing nursing care as a licensed practical nurse. 3001 W Blue Starr Dr, Claremore, OK 74017

We are seeking **Licensed Practical** Nurse and Certified Nursing Assistants

Sequoyah Manor is now accepting applications for LPN 2pm-10pm o \$21 per hour 10pm-6am o \$22 per hour CNAs. Different Pay Available for 2nd & 3rd Shifts. WE OFFER MAJOR MEDICAL. Please in person at: 615 E. Redwood. Sallisaw, OK.

We are currently accepting applications for Certified Nursing Assistant and **Licensed Practical**

Nurse positions. Town of Vici Nursing Home is currently accepting applications for CNA and LPN positions. We have an excellent benefit package and flexibility in scheduling. Apply at: 619 Speck in Vici, OK.

We are seeking **Licensed Practical** Nurse, Registered Nurse, Advanced Certified Medical Aide, **Certified Nurse Aides**

Claremore Veterans Cent Immediate Openings Licensed Practical Nurse 12-Hour Shifts/creative scheduling Unclassified Appointment/State Benefits. Registered Nurse 12-Hour Shifts/creative scheduling Unclassified Appointment/State Benefits. Advanced Cert Med Aide

Evening Shift (3p-11:30p)
Classified Appointment/State
Benefits. Must have all
advancements plus 3 years patient
care experience. Certified Nurse
Aides. Evening Shift (3p-11:30p). Less than 1 year exp - \$14.00/hr. More than 1 year exp - \$15.00/hr

*Appointment through GALT Foundation. For more information please contact: 3001 W. Blue Starr Dr. (P.O. Box 988). Claremore, OK 74018. 918-342-5432(p)

selficultoggo reers

FAX 405-631-5103 or CALL 405-631-5100 or email ads to advertising@okcnursingtimes.com





6950 South Utica Ave. Tulsa, OK 74136

918-742-6415









Patient Care Coordinator

(DON Experience · Critical Care · Hospice)

Weekend Nurse

(Hospice Experience)

FULL BENEFIT PACKAGE | APPLY IN PERSON

Millerhospicetulsa.com

140 GENERAL NURSING

140 GENERAL NURSING

We are looking for We Are Seeking full time Licensed Nurse Aides, **Practical Nurses** Cooks And and Registered Licensed Nurses to work Practical Nurses

Monday-Friday Seminole Care and Rehabilitation Center is looking for full time LPN's and RN's to work Monday -Friday 3:00 PM to 11:00 PM. 1200 E Wrangler Blvd, Seminole, OK 74868

We Are Seeking Nurse Aides, Cooks And Licensed Practical Nurses for Brookhaven Extensive Care in Norman. Great benefits and competitive pay. Please apply in person at 1050 Rambling Oaks Drive,

161 LICENSED PRACTICAL NURSING

LPN, Nursing-Adult 7pm-7am. Administers nursing care to designated patients under the direction and supervision of a RN. Performs a variety of direct and indirect patient care duties. Responsibilities: Provide patients and their families/friends with excellent customer service and quality patient care. LPN license in good standing in the State of Oklahoma. Current BLS certification. Successful completion of an accredited LPN training program. Preferred: 1 year of successful work exp. as a LPN. Pauls Valley General Hospital: 100 Valley Dr, Pauls Valley, OK 73075.



Open

\$3.01

4x

S2.41

12x

\$2.22

26x

S1.93

48x

\$1.66

Classified Display: 14 lines to an inch.



Add Facebook ad Boost for S40!

Find us and check out your ad on Facebook. www.facebook.com/oklahomas.nursingtimes

WORLD-WIDE! YOUR AD ON OUR JOB BOARD FOR ONLY .32 EXTRA PER LINE!

www.oknursingtimes.com/jobs

For More Info: Contact us at advertising@okcnursingtimes.com or by phone (405) 631-5100

NIGHT SHIFT RNs NEEDED!

Excellent Benefit Package Provided

Licensed Nurses to work with our special needs pediatric patients 0-21 years of age. Our campus consists of 6 rehab hospital units with 6 pediatric patients in each unit. Nurses will monitor assigned hospital unit to ensure quality of patients' health and the care that is given by Direct Care staff.

Must have current OK Drivers license · Must be able to lift 25 lbs

J. D. McCarty Center



Looking for something fun to do this summer? Camp ClapHans Nurse NEEDED!

Individualized care for 12 campers per session and support from camp staff for the nightly activities.

Hours are 7 p.m. to 7 a.m. Sunday, Monday, Tuesday nights 5 weeks of Camp starting June 9. Training week of June 3rd-6th

For more info, contact Jennifer Giamelle! Email resume to: resumes@jdmc.org

J. D. McCarty Center

2002 E. Robinson Norman, OK 73071 405-307-2800 | Fax: 405-307-2801

Visit our webpage at http://www.jdmc.org/ Take a tour at http://www.jdmc.org/video2.shtml

161 LICENSED PRACTICAL NURSING

LPN NURSE TECHNICIAN

at Pauls Valley General Hospital 100 Valley Dr, Pauls Valley, OK 73075. The LPN Nurse Tech participates in nursing care for patients, participates in family teaching and provides leadership by working cooperatively with ancillary nursing and other patient team personnel in maintaining standards for professional nursing practice in the clinical setting all under the sup. Required Education & Experience: High School diploma or equivalent. Education: Graduate of an accredited School of Nursing and/or Practical Nursing or University within six (6) months of employment.

WE ARE SEEKING A LICENSED PRACTICAL NURSE - WEEKEND SHIFTS TO JOIN **OUR TEAM!**

You will be responsible for delivering high quality care to assigned patients. NEW ASSISTED LIVING OPENING IN BARTLESVILLE, OKLAHOMA! COMPETETIVE PAY RATES BASED OFF EXPERIENCE MEDICAL INSURANCE, 4605 Price

AllianceHealth

A Great Place to Work ~ Join Our TEAM Today

SIGN ON BONUS FOR FULL-TIME POSITION

We're hiring FT/PT/PRN RNs for

Medical Surgical - RNs Emergency - RNs

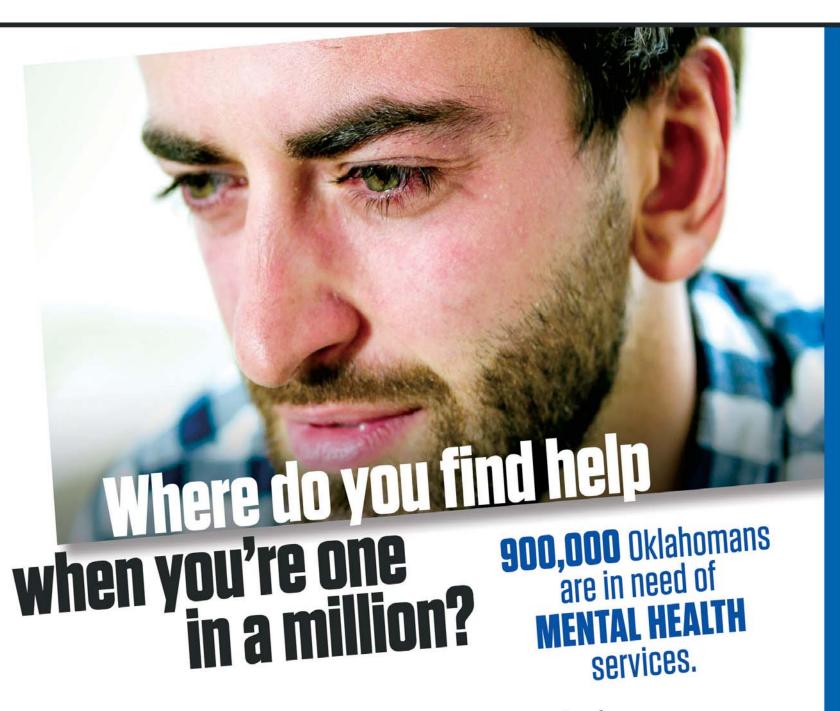
Applicants should apply at www.alliancehealthseminole.com

PICK A CARD: Oklahoma's Nursing Times now accepts American Express, Visa and Master Card. www.oknursingtimes.com!



FAX 405-631-5103 or CALL 405-631-5100 or email ads to advertising@okcnursingtimes.com





Doing what's right isn't always what's easiest.

But as part of the United Way of Central Oklahoma,
you're not afraid of these questions.
You're part of the answer. Raise your hand and
stand with us. Give today at

StandUnitedOKC.com

