



the children's center
REHABILITATION HOSPITAL

Learn more and apply:
miracleshappenhere.org

SEE OUR AD IN THE CLASSIFIEDS



Equal Opportunity Employer

March 4, 2019

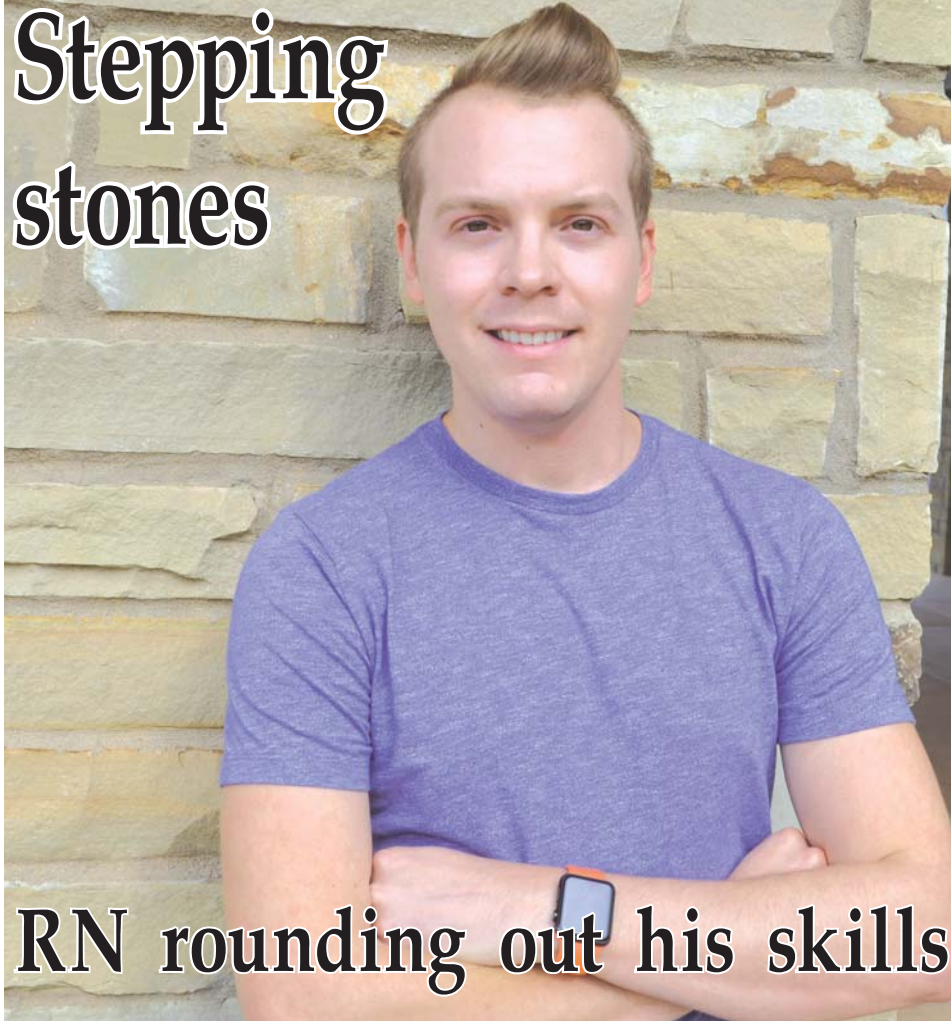
Information for the Oklahoma Nursing & Health Care Professional

www.oknursingtimes.com

Vol. 20 Issue 9

Published Weekly. Locally Owned and Operated by Metro Publishing L.L.C.

Stepping stones



RN rounding out his skills

Chance Perry-MacNeill works in the ICU at Integris Edmond.

by Bobby Anderson, RN, Staff Writer

If you're friends with Chance Perry-MacNeill, RN, you know you have to catch him when you can.

When he was interviewed for this story he was working his first 13-week contract in Tennessee, coming back to Oklahoma for 2-3 PRN shifts in the ICU at Integris Edmond.

His sights were set on his next travel location - maybe the Big Apple, Las Vegas or even the Tampa Bay area.

He loves to travel and he loves to learn,

but most of all he loves where he's at right now at Integris Edmond and he loves the direction his career is headed.

ON THE ROAD

A Claremore native, Perry-MacNeill earned his nursing degree at Southwestern Oklahoma State University in Weatherford.

The plan, from very early on, was for him to become an OB/GYN.

"I decided originally to get my degree in nursing and then go on to medical school,"

INTEGRIS Celebrates Opening of New Community Hospital in Moore

INTEGRIS Community Hospital

The new INTEGRIS Moore Community Hospital, which brings a transformative concept of health care to Central Oklahoma, is officially open and accepting patients.

A Grand Opening ribbon-cutting event was held Feb. 26 to introduce the new hospital, at 1401 SW 34th St. in Moore. Speakers included Glenn Lewis, mayor of Moore, Kathy Gillette, president and CEO of the Moore Chamber of Commerce, Jamie Crow, membership director of the South Oklahoma City Chamber of Commerce and State Senator Darrell Weaver.

The 60,685 square-foot INTEGRIS Moore Community Hospital, which opens to the public today (Feb. 27), is part of a major initiative in which INTEGRIS will, in 2019, open four new community hospitals - small-format facilities also known as micro-hospitals or neighborhood hospitals - in the Oklahoma City metropolitan area.

The INTEGRIS Community Hospital at Council Crossing, 9417 N. Council Road., opened Feb. 6. The INTEGRIS Del City Community Hospital at 4801 SE 15th St., is scheduled to open March 6, and the INTEGRIS OKC West Community Hospital at 300 S. Rockwell Ave., will open in May.

As part of its expansion initiative, INTEGRIS, the state's largest nonprofit health care system, entered into a joint venture partnership with Emerus, the nation's first and largest operator of micro-hospitals, to build and manage the facilities.

"Each new community hospital is an innovative way to create more access points for people who are seeking care," said Timothy Pehrson, president and chief executive officer at INTEGRIS. "We think the citizens of Moore will find this facility to be

See MACNEILL Page 3

See HOSPITAL Page 2

HOSPITAL

Continued from Page 1



more convenient, more affordable and if they need higher levels of care, they'll be connected to all the great things people have come to expect from INTEGRIS."

Emerus Chief Executive Officer Craig Goguen said the company is honored to partner with INTEGRIS, an award-winning, highly respected health system brand, as it expands its footprint throughout central Oklahoma. "Our transformative concept of health care allows great health systems like

INTEGRIS to expand its reach into the community to provide a variety of patient services that are fast, convenient

and economical."

These new community hospitals will serve a variety of patient needs including emergency medical care, inpatient care and other comprehensive health services. While the ancillary services vary, each community hospital has a set of core services including the emergency department, pharmacy, lab and imaging.

The rest of the services depend on the needs of the community, but common examples include primary

care, dietary services, women's services and low-acuity outpatient surgeries. The community hospitals offer:

- Health system integration — allowing for care coordination, consultation and seamless transition across the care continuum
- Fully licensed as a hospital and subject to all hospital conditions of participation and regulatory requirements
- Emergency-trained physicians and outpatient ambulatory clinical services on site — ensuring patients

receive the highest quality care, when they need it

- Inpatient bed capacity — allowing patients to stay closer to home when lower level admissions/recoveries are needed
- All patients accepted without regard to insurance or ability to pay, including Medicare, Medicaid and Tricare
- Community-based hospitals open 24 hours a day, seven days a week — offering ease of access to our patients

CMS Awards OFMQ Healthcare Quality Improvement Contract

OFMQ has recently been selected by the Centers for Medicare & Medicaid Services (CMS), as one of 58 awardees on a \$25B healthcare quality improvement support contract. As part of CMS' Indefinite Delivery, Indefinite Quality (IDIQ) contract, the Network of Quality Improvement and Innovation Contracts (NQIIC) will support quality improvement efforts across settings and programs to maximize impact to healthcare and value to taxpayers.

"We are very excited to be selected as a NQIIC contract holder," said Gregg Koehn, Chief Executive Officer for OFMQ. "OFMQ has been a recognized leader and trusted contractor, not only in the state of Oklahoma but also on national level quality improvement projects. We look forward to bidding on this work and using our expertise and professional resources to make a positive impact in healthcare communities."

The NQIIC contract will include opportunities, over a 10-year period, for OFMQ to bid on specific quality improvement projects including the Quality Improvement Organization (QIO) program as well as those related to hospital-focused large-scale improvement and clinician-focused technical assistance. Under the NQIIC, these projects will continue CMS' objectives to improve care for Medicare beneficiaries and to improve the overall quality and efficiency of the U.S. healthcare system.

For more information on OFMQ's services and current contract work, please contact us at (405) 840-2891 or visit us online at www.ofmq.com.



Oklahoma City

UNIVERSITY

PROFESSIONAL ADVANCEMENT OPPORTUNITIES!

RN-BSN

- 9 months to completion
- No nursing exams
- No additional math or science courses
- Portfolio credit for certifications, nursing experience, and CE
- 1/2 day per week
- Competitive Price

MSN

- Education
- Leadership
- Clinical Nurse Leader (CNL)
- Post-Master's Certificates: Education and Leadership
- Post-Master's Certificates: FNP and AGACNP
- Live Streaming available

Doctoral

- Doctor of Nursing Practice (DNP)
- BSN-DNP: Family Nurse Practitioner (FNP)
- BSN-DNP: Adult Gerontology Acute Care Nurse Practitioner (AGACNP)
- PhD and BSN-PhD - new price!

www.okcu.edu/nursing

OKCU pledges to recruit, select and promote diversity by providing equality of opportunity for all persons.

2020 Named "Year of the Nurse" Endorsed By W.H.O

Over the last few decades, the field of nursing has grown by leaps and bounds, with the importance of its role in the healthcare system more and more exemplified. And things are just elevating further.

Nurses Are The "Bridge" Of Healthcare

In January of 2019, the World Health Organization (WHO) had a meeting where the director-general of the W.H.O., Dr. Tedros Adhanom Ghebreyesus, made the official proposal to declare 2020 the year of the nurse and the midwife. Dr. Ghebreyesus spoke of how nurses are the "bridge" of healthcare, a crucial link between the people of the community and the complex healthcare system. Nurses are on the "front lines" of healthcare, he says, and because of this, they are the key factor in achieving universal health coverage, which is an initiative the W.H.O is spearheading for the sake of bringing adequate healthcare to humans across the globe.

Dr. Ghebreyesus, who is an incredibly accomplished and impactful public health advocate, spoke with much pride and endearment of the nursing body, expressing how the role of nursing shall be "amplified and promoted" as the work of W.H.O. and Nursing Now moves forward.

Towards the end of his declaration, he sealed the deal by bringing attention to the fact that 2020 is also the 200th anniversary of Florence Nightingale, and according to Dr. Ghebreyesus, "we need to celebrate people like her who have contributed greatly to humanity." READ MORE AT <https://nurse.org>

MACNEILL

Continued from Page 1

he laughed. "But now I want to become a nurse anesthetist."

He still wants to work with the mother-baby population. He sees himself administering epidurals and working closely with children.

The road from Claremore to Edmond began when Perry-MacNeill was accepted into the University of Central Oklahoma for his undergraduate work. He chose SWOSU to round out his career.

"I felt a close feel to the (SWOSU) staff when I had my interviews. I felt more at home there than at a larger school," he said.

Living in Yukon at the time, he made the hour-long commute two to three times a week to earn his nursing degree in Weatherford.

That was while he worked full-time at Integris Edmond as the health unit coordinator Fridays, Saturdays and Sundays.

The pull to remain at Integris was strong.

"You know, I think it's the people I work with and the patients

we serve here," he said. "I feel like I get a mixture of calm days and a mixture of exciting, fast-paced days. It's not always very fast-paced where you can get tired of your job. I don't feel like I'm getting burnt out."

"I feel like it's a very good work-life balance."

Just to make sure - and to round out his skills - he tried his hand at travel nursing.

"It's definitely interesting and has made me appreciative of Integris definitely as a system," he said.

Going in, he was geared up for whatever his new facility might throw at him coming in as a higher-paid contract nurse.

But he was pleasantly surprised.

"I really think that is a big myth," he said. "I honestly think it depends on your attitude. I go in smiling and I'm nice to people. The charge nurses on the units that I'm floated to are fair to me and they treat me like staff."

"They're very thankful (I'm there) but honestly it could be the facility I'm at. But I have heard there are facilities out there that

throw you to the wolves."

He's seen his fair share of war stories on the online travel group chats.

That's why he's a big believer in mandated nurse-to-patient ratios.

"I think evidence-based practice has shown that safety (is correlated) to patient load," he said. "I think we really need to focus on that."

He's floated to step-down all the way down to med-surg.

"It's a little overwhelming at times but I make them aware that I'm going to need some help," Perry-MacNeill said. "A big part of it is letting them know I'm not used to taking five patients all the time and I'm probably going to need some help. They're very understanding of it."

"I find that here too where they float out ICU nurses to intermediate care and it's no different. It's really nice having a charge nurse saying 'Hey, do you need anything.'"

With most CRNA schools requiring two years of ICU experience, Perry-MacNeill is honing up his resume while working on his student loans.

"I think I'm probably ready to apply in the fall," he said.

And a lot of planning goes into his travel assignments, which are helping cut into that debt before he has to accumulate more.

"A lot of it is pay driven," he said. "Depending on where you're staying a bedroom can go for \$750 a week to \$1,200-\$1,500 a week just for a bedroom. It really depends on the pay package and if you want to be freezing your butt off in the winter or in a warm environment."

**SERVING MORE THAN
30,000 RN's AND LPN's
EVERY WEEK!**

AND NOW...

**WITH MORE THAN
11,000 FOLLOWERS ON
FACEBOOK!**

**Let us find your next
team member!**

**PRINT - JOB ALERTS -
FACEBOOK - JOB BOARD -
WEBSITE**

Oklahoma's Nursing Times

**Published each Monday And Locally Owned
And Operated by Metro Publishing L.L.C.**



**JOIN US
ON
facebook**

www.oknursingtimes.com

Phone (405) 631-5100

Fax (405) 631-5103

P.O. BOX 239 MUSTANG, OK 73064

Editor and Publisher, Steven R. Eldridge - news@oknursingtimes.com
Recruitment Advertising - Amanda Miller - amiller@oknursingtimes.com
Advertising Services Lisa Weigel - advertising@oknursingtimes.com
Writers: Bobby Anderson, Vickie Jenkins, Vicki L Mayfield, M.Ed., R.N. Send all news, story requests, letters to the editor and press releases to news@oknursingtimes.com

Articles and advertisements in Oklahoma's Nursing Times do not necessarily reflect the opinions of the newspaper or Metro Publishing, L.L.C. We do not assume responsibility for statements made by advertisers. The acceptance of advertising by Oklahoma's Nursing Times does not constitute an endorsement of the products, services or information. We do not knowingly present any product or service, which is fraudulent or misleading in nature.

Opinions expressed in columns and letters to the editor are not necessarily the opinions of employees, ownership of this newspaper or the publishing company.

Print and digital distribution may vary from time to time at the publisher's discretion due to growth and market changes that are dependent on location influence and market conditions necessary at the time of publication.



Anna Marie was a big blessing to her family. She was an energetic diva who liked to play dress up, do her makeup and curl her hair - but was also a tomboy who liked to dig in the mud for worms and go fishing. She had a big heart - sharing that if she had \$100, she would spend her money on buying clothes for the homeless.

After a tragic event, her parents knew that her kind and loving soul would want to donate to enhance the lives of others. She was able to be a heart valve and cornea donor. Her family hopes that her heart of gold and beautiful view of the world carries on through the recipients of her donation.

Organ, eye and tissue donation saves lives. Please make your decision to donate life and tell your family. Register to be an organ, eye and tissue donor on your Oklahoma driver's license or state ID card or register online at www.LifeShareRegistry.org. You may also call 800-826-LIFE (5433) and request a donor registration card.



LifeShare

CAREERS IN NURSING LIFESHARE... SAVING LIVES

by Vickie Jenkins - Writer/Photographer

The LifeShare Mission: Giving life and hope back with care and compassion through excellence in organ and tissue donation.

Have you ever saved a life? Did you know that 487 lives were saved in 2018 by LifeShare donors in Oklahoma? That is what LifeShare is all about; their commitment to saving lives through the gift of organ, eye and tissue donations. In 2018, more than 1,000 people have become heroes by giving the gift of life and healing through donation.

LifeShare Transplant Donor Services of Oklahoma is dedicated to recovering organs and tissues for individuals needing transplants. LifeShare and its hospital partners, serves men, women and children in 77 counties and more than 100 hospitals in Oklahoma.

Meet Janice Hudgins, BSN, RN, Organ Recovery Coordinator. Janice is just one of the many excellent nurses at LifeShare. Janice grew up in Yukon, OK and attended nursing

school at UCO in Edmond, OK.

Asking Janice what her favorite part of working at LifeShare is, she replied, "My favorite part is saving lives. Our jobs here are complex. One thing that drew me to LifeShare is that I know that God allowed me to be here to use my skills. It was definitely a God thing! I am thankful every day and I have a true passion for the reason I am here; saving lives. We focus on the way people's lives and relationships change and those are our strategic anchors. We are highly involved with the donor's families. This is such a pivotal time for all involved. Being a critical care nurse in the past, I can relate to the way the families are feeling. There is something special about working here; not only does it give the nurses a sense of caring but it also gives that family hope. We have to make it a team effort to take care of the families. When the family member is gone, we hope to save lives, giving their family

a glimmer of hope of that family member becoming a legacy," Janice commented.

What qualities do you think a nurse at LifeShare should have? "I think a nurse should have a strong drive and passion for saving lives. They need a lot of compassion for the loss of a loved one along with and sympathy and empathy. It is important to have the empathetic standpoint to truly honor that patient's life and to help their family," Janice replied.

"LifeShare is 24-7. We are always available. There is so much involved in each case. From the patients meeting certain criteria for referrals, numerous phone calls, going on site to check the patient, evaluating, acting as an ICU nurse, working with the hospital staff, ordering meds, labs and diagnostics, recovery teams, organ placements, transportation to and from the airport, checking equipment, assisting doctors during surgery, scheduling times and recovery teams. Each person is

specifically skilled in their given area. We travel throughout Oklahoma plus we have another office in Tulsa, OK," Janice replied. "As a nurse at LifeShare, yes, I stay busy and I love my job," she added.

The person that influenced Janice to become a nurse was her mother. "My mother has always been my biggest supporter and encourager. Even though I was strong in nursing school, she was always there to motivate me to go a little farther. She still gives me that extra push I need sometimes," Janice said, with a smile.

Janice's hobbies include baking, reading, working out and running. "My favorite thing to do is spend time with my family," Janice said. Any words of wisdom? I ask Janice. "It would be some words that my grandmother always told me: In the end, everything will be okay. If it's not okay, it's not the end so keep going," she added.

See ADAMS Page 5

We have reached
11,000 Likes
on 


**Thank you for your kind support
and for subscribing to our page!**

<https://www.facebook.com/oklahomas.nursingtimes>

**Oklahoma's
Nursing Times**

**ONA is serving the
community of Oklahoma Nurses...**

**Empowering
Nurses in Oklahoma**

**...working every day,
advancing your practice, protecting your job.** 

Join today,
visit www.oklahomanurses.org
and take advantage of the
professional support you deserve.

Oklahoma Nurses Association
www.oklahomanurses.org | 405.840.3476



Janice Hudgins, BSN, RN, Organ Recovery Coordinator has a true calling for working at LifeShare; saving lives through organ, eye and tissue donation.

ADAMS

Continued from Page 4

When I asked Janice to describe herself, she said, "I am hard working individual and I love my job here. Where do I see myself in five years? Here at LifeShare, continuing my mission. To sum up my life in one word: GRACE. "God has shown me a lot of grace."

There are three ways to sign up to be a donor.

- On your license or state ID card- You will have an opportunity to say yes to organ, eye and tissue donation.

- Online- Go online and register in just minutes at www.LifeShareRegistry.org

- On the phone- Call 800-826-LIFE and request a donor registration to be sent to you.

Organ donors are LIFE donors.

For questions about LifeShare and information about organ and tissue donation, contact 888-580-5680 or visit www.LifeShareOK.org

SSM Health St. Anthony Hospital - Shawnee Recognized by The Chartis Center for Rural Health as a 2019 Top 100 Rural & Community Hospital

SSM Health St. Anthony Hospital - Shawnee has announced it has been named one of the Top 100 Rural & Community Hospitals in the United States by The Chartis Center for Rural Health. Regarded as one of the industry's most significant designations of performance excellence, the annual Top 100 Rural & Community Hospitals award is based upon the results of the Hospital Strength INDEX® from iVantage Health Analytics.

Hospitals recognized as a Top 100 facility scored in the top 100 among all rural and community hospitals nationally. Now in its ninth year, the INDEX leverages 50 rural-relevant indicators across eight pillars of hospital strength (i.e. Inpatient Market Share, Outpatient Market Share, Cost, Charge, Quality, Outcomes, Patient Perspective and Financial Stability) to determine an overall score for each hospital. Each of the INDEX's 50 indicators is culled from publicly-available data sources.

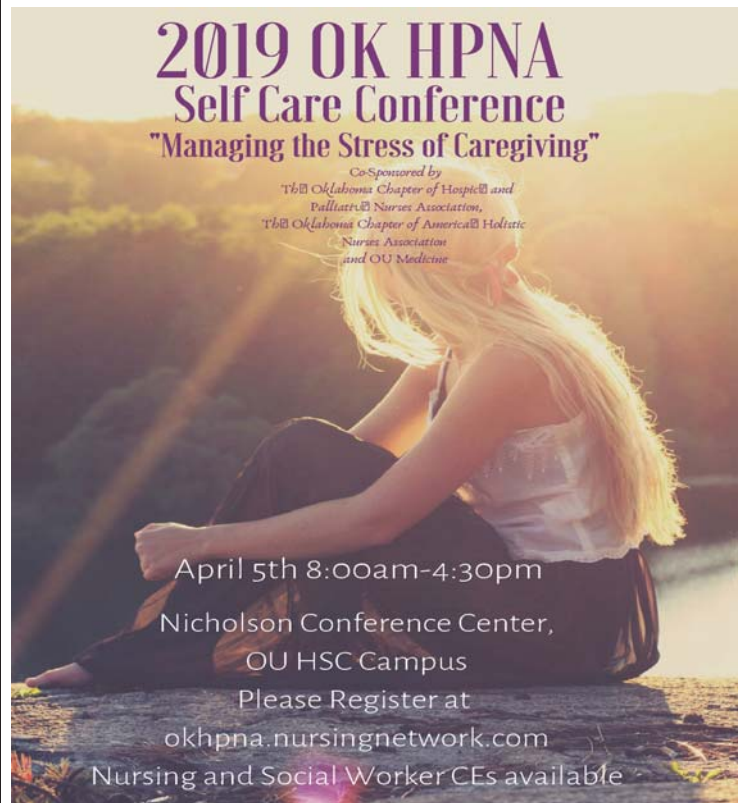
"In an era of increased complexity and uncertainty, Top 100 hospitals have established themselves as a bellwether for rural provider performance," said Michael Topchik, National Leader of The Chartis Center for Rural Health. "Top 100 status is a real indicator of how proactive these hospitals are when it comes to pushing for performance improvement in areas such as quality, outcomes, patient safety, market share and finance."

Top 100 Rural & Community Hospital Resources:

The list of this year's Top 100 Rural & Community Hospitals, as well as the 2019 INDEX methodology, can be found at www.ivantageindex.com/top-performing-hospitals.

2019 OK HPNA Self Care Conference "Managing the Stress of Caregiving"

Co-Sponsored by
The Oklahoma Chapter of Hospice and Palliative Nurses Association,
The Oklahoma Chapter of American Holistic Nurses Association
and OU Medicine



April 5th 8:00am-4:30pm

Nicholson Conference Center,

OU HSC Campus

Please Register at

okhpna.nursingnetwork.com

Nursing and Social Worker CEs available

MUSTANG TAX SERVICE

45 W Armstrong Dr. Ste A, Mustang, OK 73064

• Bookkeeping • Payroll
• Personal & Business Tax Return

BRING IN THIS COUPON FOR

25% OFF NEW CUSTOMER DISCOUNT

(405) 376-5456 | mustangtax@aol.com

RECRUITMENT EVENT

Thursday, MARCH 7th, 2019, 5:30pm - 8:00pm

Community Hospital North Campus, 9800 Broadway Extension, OKC, OK 73114

Giveaways.....Door Prizes.....Food!

"Growth is never by mere chance; it is the result of forces working together" - James Cash Penney

COME GROW WITH US!

CAREER OPPORTUNITIES AT ALL CAMPUSES

(CH South - CH North - NW Surgical Hospital)

- RN Director of Nursing, South Campus
- RN Infection Prevention Nurse
- RN Med Surg Day and Night positions (Full Time, PRN and Temporary Contracts)
- RN Positions in Pre-op/Phase II, Surgery and Emergency Dept (Weekend Prime)
- Surgical Techs, Sterile Processing Techs,
- Patient Care Techs, Paramedics (Nights)
- Imaging, including FT Radiographers, PRN MRI and Ultrasound Techs
- Insurance Specialist and More!

*On-site Interviews

HPI
NORTHWEST
SURGICAL
HOSPITAL

HPI
COMMUNITY
HOSPITAL

INTEGRIS Network

Community Hospital/Northwest Surgical Hospital complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Community Hospital/Northwest Surgical Hospital is a facility in which physicians have an ownership or investment interest. The list of physician owners or investors is available to you upon request.

Your Opportunity is **NOW!**
Come join our growing **TEAM**
Be part of a **GREAT COMPANY**
with **GREAT BENEFITS!**

View Positions Online Now!
CommunityHospitalOKC.com/job-postings
NWSurgicalOKC.com/job-postings



Are you committed to Care?
Let Mercy help you with that.
Join us at one of our Hiring Events!

OKC, Oklahoma For RNs

Thursday, March 28th
2pm - 4pm
Mercy Conference Center
4300 W. Memorial Road,
Oklahoma City, OK 73120

Comprehensive benefits from day one for eligible Registered Nurses:

- Very competitive standard benefits
- RN differentials - increased rates!
- Student Loan Repayment up to \$20k
- PTO Front load Program up to 80 hours
- Scholarships up to \$10k
- Tuition Reimbursement up to \$2k per semester

Ardmore, Oklahoma For RNs

Friday, March 29th
1pm - 3pm
Mercy Conference Center
1011 14th Ave NW
Ardmore, OK 73401

Comprehensive benefits from day one for eligible Registered Nurses:

- Very competitive standard benefits
- RN differentials - increased rates!
- Student Loan Repayment up to \$20k
- PTO Front load Program - up to 80 hours
- Scholarships up to \$10k
- Tuition Reimbursement up to \$2k per semester

Ada, Oklahoma For RNs, LPNs, and NAs

Friday, March 29th
3pm - 5:30pm
Café Monte Vista,
Ground Floor
430 N Monte Vista Street,
Ada, OK 74820

Comprehensive Benefits from day one for eligible Registered Nurses:

- Very competitive standard benefits
- RN differentials - increased rates!
- Student Loan Repayment up to \$20k
- PTO Front load Program up to 80 hours
- Scholarships up to \$10k
- Tuition Reimbursement up to \$2k per semester



124 CERTIFIED NURSE ASSISTANT

We are currently
looking for a PRN
Certified Nurse Aide
WILLOW HAVEN Nursing Home.
We are currently looking for a PRN
C.N.A that will work on the 10-
6 shift when needed. Please apply
1301 North Fifth, Tonkawa OK.

We are needing
Certified Nurse Aide
for 2pm-10pm shift
Monday thru Friday.
WILLOW HAVEN Nursing Home is
needing C.N.A for 2-10 shift Monday
thru Friday. Apply at 1301 North
Fifth, Tonkawa, OK.

We are seeking
Certified Nurse Aide,
Nursing-Adult
7pm-7am.

Assist patients with activities of
daily living, provide basic nursing
care and assists in maintenance of
safe and clean environment under
the direction and supervision of the
Registered Nurse on unit. CNA
certification in good standing in the
State of Oklahoma. Current BLS
certification. Preferred: Minimum
of 2 years of successful work
experience as a CNA. Pauls Valley
General Hospital: 100 Valley Dr,
Pauls Valley, OK 73075.

124 CERTIFIED NURSE ASSISTANT

We are currently
looking for a
Certified Nurse Aide
WILLOW HAVEN Nursing Home, we
are currently looking for a C.N.A day
shift apply in person 1301 North 5th,
Tonkawa, OK 74653

**All Shifts - Will Train
- Nurse Aide and
Certified Nurse Aides.**
The Village Health Care Center,
1709 South Main Street, B.A. OK,
918-251-2626

We are currently looking
for a **Certified Nurse Aide**
WILLOW HAVEN Nursing Home.
We are currently looking for a C.N.A.
for 6 to 2 weekdays. If you are
interested please apply 1301 North
Fifth, Tonkawa, OK 74653

We are accepting
applications for
Certified Nurse Aide
for 9-5 shift,
Monday - Friday.
GOLDEN VILLA Adult Day Care,
1722 North 4th, Suite B Ponca City,
OK 74601 is accepting applications
for C.N.A. for 9-5 shift, Monday -
Friday. Prefer MAT and experience
cooking for multiple persons. Will
consider all applications. Contact
Ramona Lantz at 580-762-0264 to
schedule an interview.



Your future starts with us

RN Manager (night shift)

The Children's Center Rehabilitation Hospital is a
private, nonprofit hospital offering 24-hour medical
care, comprehensive rehabilitative therapies, respiratory
care, and special education.

- Competitive salaries
- Excellent benefits
- Great work environment
- Professional growth
- Wellness program



Learn more and apply:
miracleshappenhere.org

Equal Opportunity Employer

Career Opportunities

FAX 405-631-5103 or CALL 405-631-5100
or email ads to advertising@okcnursingtimes.com

Oklahoma's
Nursing Times

INTEGRIS

The PLACE to SERVE
and GROW

NURSING CAREER OPPORTUNITIES

Join the INTEGRIS Southwest Medical Center Nursing Team!

Southwest Medical has been a vital part of Oklahoma City since 1965. The facility has grown from a 73-bed community hospital to a comprehensive regional medical center with 334 licensed beds and a full range of diagnostic, therapeutic and rehabilitative services. It is home to 40 different medical specialties and seven award-winning Centers of Excellence. Take a look at our nursing opportunities in Oncology Med Surg, Surgery, Labor & Delivery, Mother/Baby, Cardiovascular Care, Neuro Stroke, Medical Surgical, Emergency Services and Jim Thorpe Rehabilitation; each utilizing state-of-the-art technology.

INTEGRIS Southwest Medical Center

- Registered Nurse (RN OR Circulator), FT, Mon-Fri, 6:30a-3p, Surgery (714305)
- Registered Nurse (RN OR Circulator), FT, Mon-Fri, Days, Heart Team, Surgery (714383)
- Registered Nurse (RN), FT, 7p-7a, Neuro Stroke & Telemetry (714470)
- Registered Nurse (RN), FT, 7p-7a, Emergency Department (714657)
- Registered Nurse (RN), Per Diem, 7p-7a, Emergency Department (714668)
- Registered Nurse (RN), FT, 7p-7a, Mother/Baby (714868)
- Registered Nurse (RN), FT, 7p-7a, Med/Surg (715432)
- Registered Nurse (RN), FT, 7p-7a, Med/Surg (715467)
- Registered Nurse (RN), FT, 7p-7a, Med/Surg (715816)
- Registered Nurse (RN), FT, 7p-7a, Cardiovascular Care (715885)
- Registered Nurse (RN), FT, 7p-7a, Intermediate Care (716038)
- Registered Nurse (RN), FT, 7p-7a, Intermediate Care (716041)
- Registered Nurse (RN), FT, 7p-7a, I-Flex Resource Pool \$36-\$40/hour (716037)

NURSING LEADERSHIP OPPORTUNITIES

INTEGRIS Baptist Medical Center

- Clinical Director (RN), FT, PACU (715476)
- Clinical Nurse Manager (RN), FT, Variable hours, Emergency Department (715515)
- Clinical Director (RN), FT, Emergency Department (715772)

INTEGRIS Deaconess

Clinical Director, FT, Days, Emergency Department (716201)

INTEGRIS Northwest Specialty Hospital, Enid

- Clinical Director I (RN), FT, Days, LTACH (715056)

To view career opportunities and to apply online visit:

integrisOK.jobs

INTEGRIS considers all qualified applicants regardless of protected status as defined by applicable law, including protected veteran or disability status. AA/EOE

Fun Fact: Did You Know Oklahoma's Nursing Times Have More Than 11,000 Likes On Facebook? To Advertise, Please Call Oklahoma's Nursing Times At (405) 631-5100 or Visit www.oknursingtimes.com!

good shepherd
HOSPICE

Hospice is the best one-on-one nursing experience.

RN Positions / FT / 5 Weeks Paid Vacation

8P-8A / Fri, Sat, Sun

8A-5P / Mon-Fri / Midwest City, Del City, Shawnee, Tecumseh Area

Connect with patients daily on a heartfelt level.
Rekindle the passion that
brought you to nursing in the first place.

We'll be there with training, education and team support.
Apply today at www.goodshepherdhospice.com

HOSPICE NURSE



140 GENERAL NURSING

**We are seeking
Licensed Practical
Nurse and Certified
Nursing Assistants**

Sequoyah Manor is now accepting applications for LPN 2pm-10pm o \$21 per hour 10pm-6am o \$22 per hour CNAs. Different Pay Available for 2nd & 3rd Shifts. WE OFFER MAJOR MEDICAL. Please in person at: 615 E. Redwood, Sallisaw, OK. No phone calls

**We are seeking
Licensed Practical
Nurse, Registered
Nurse, Advanced
Certified Medical Aide,
Certified Nurse Aides**

Claremore Veterans Center Immediate Openings Licensed Practical Nurse 12-Hour Shifts/creative scheduling Unclassified Appointment/State Benefits. Registered Nurse 12-Hour Shifts/creative scheduling Unclassified Appointment/State Benefits. Advanced Cert Med Aide Evening Shift (3p-11:30p) Classified Appointment/State Benefits. Must have all advancements plus 3 years patient care experience. Certified Nurse Aides. Evening Shift (3p-11:30p). Less than 1 year exp - \$14.00/hr. More than 1 year exp - \$15.00/hr *Appointment through GALT Foundation. For more information, please contact: 3001 W. Blue Starr Dr. (P.O. Box 988). Claremore, OK 74018. 918-342-5432(p)

**We are looking for
full time Licensed
Practical Nurses and
Registered Nurses**

Seminole Care and Rehabilitation Center is looking for full time LPN's and RN's to work Monday - Friday 3:00 PM to 11:00 PM. 1200 E Wrangler Blvd, Seminole, OK 74868

AllianceHealth
SEMINOLE

A Great Place to Work ~
Join Our TEAM Today

\$5,000 SIGN ON BONUS
FOR FULL-TIME POSITION

We're hiring FT/PT/PRN RNs for

- Medical Surgical - RNs
- Emergency - RNs

Applicants should apply at
www.alliancehealthseminole.com

204 REGISTERED NURSE

**We are seeking
Emergency
Registered Nurse.**

This position participates in total nursing care for patients, participates in family teaching and provides leadership by working cooperatively with ancillary, nursing and other patient team personnel in maintaining standards for professional nursing practice in the clinical setting. RN license in good standing in the State of Oklahoma. Current BLS, ACLS and PALS certification. Successful completion of an accredited RN training program. Preferred: Minimum of 2 years of successful work experience as a RN in emergency or critical care nursing. Recent training in Emergency Nurse Pediatrics and Trauma Nurse Core. Pauls Valley General Hospital: 100 Valley Dr, Pauls Valley, OK 73075.

204 REGISTERED NURSE

To advertise, please call
Oklahoma's Nursing Times at
(405) 631-5100 or visit
www.oknursingtimes.com!

**We Are Currently
Looking For
Registered Nurse.
Great Benefits,
Flexible Hours, Plus
The Promise Of An
Excellent Work
Environment. Come
Grow With Us!**

Join our Ideal Home Care team, whose primary focus is patient care. 580-226-2323 Fax resume to (580) 226-2326, apply online at www.ideal-homecare.com/careers.php, or apply in person at 2417 Chickasaw Blvd., Ardmore, OK

Career Opportunities

FAX 405-631-5103 or CALL 405-631-5100
or email ads to advertising@oknursingtimes.com

**Oklahoma's
Nursing Times**

Complete Tree Service

CTS

From Landscaping to Tree Removal & Everything in-Between!

HAZARDOUS REMOVAL SPECIALISTS

ITEX

The Membership Trading Community
405.524.4839
oklahomacity.itex.com

With 15 years experience and a A+ BBB rating you'll be glad you Called Ron!

405-842-4717

health markets.

Sung Kang
Licensed Insurance Agent

Cell (918) 896.1551
Fax (405) 562.5439
skang@HealthMarkets.com
HealthMarkets.com/skang

Helping to protect your health, income and family.

HealthMarkets Insurance AgencySM
DBA Sung Kang Insurance, LLC

Choosing your plan just got easier!

Health Insurance	Accidental
Final Expense	Critical Illness
Life Insurance	Cancer
Medicare	Short-Term Disability
Vision & Dental	Long-Term Care
Altera Health-Sharing	Native American Plans

YUKON (Main Office)
710 S. Mustang Rd.
Yukon, OK 73099

NW OKC
7015-B W Hefner Rd, Suite A
Oklahoma City, OK. 73162

f t in

OU Medicine Researcher Earns \$2.7 Million Grant for Smartphone-Based Tobacco



For smokers who are trying to quit, what if a smartphone app could predict when they are most likely to relapse and light a cigarette? And what if that app could intervene, sending its users messages that successfully diverted them from smoking?

Such technology has been created at the Oklahoma Tobacco Research Center, a program of the Stephenson Cancer Center at OU Medicine. The researcher who created the app, Michael Businelle, Ph.D., recently received a \$2.7 million grant from the National Cancer Institute to conduct a larger study on its effectiveness as compared to other types of cessation tools. In a time when most people have smartphones, almost always within arm's reach, such technology is proving to be a valuable means of behavior change.

"Statistics show that nearly 80 percent of smokers want to quit, but without help, less than 5 percent are successful," Businelle said. "People spend a lot of time on their phones, particularly texting and using apps. I see health behavior change services like smoking cessation becoming more and more mobile."

Businelle has conducted several years' worth of development and research on his tobacco cessation app, called Smart-T (Smart Treatment). Before he arrived at OU Medicine, he was a faculty member at the University of Texas School of Public Health in Dallas, where his team created the first version of the app. In his original study, he loaned smartphones to participants who were prompted by the app to answer about 25 questions at five different times during the day. The questions asked about things like current urge to smoke, motivation to quit, access to cigarettes, and whether they had consumed alcohol recently. The questions were then narrowed down to the six most relevant, which were used to create a smoking lapse risk estimator that determines whether a person is in danger of relapsing in

the next few hours.

"Our research showed that the risk estimator predicted about 80 percent of all smoking lapses within four hours of the lapse," Businelle said. "Sometimes the risk estimator would know about the potential for relapse before the person was aware of it."

Businelle's previous study set the stage for his current funding. In the earlier study, 81 people were randomized into three treatment groups: the Smart-T app; in-person cessation counseling; or an app produced by the National Cancer Institute. Businelle was pleasantly surprised by the results: 22 percent of those who used Smart-T quit smoking, compared to 15 percent for those who received in-person counseling or used the National Cancer Institute app. Although the sample size was small, the results warranted a larger study, for which he received the \$2.7 million federal grant. For five years, the study will follow 450 participants who will be randomized into two groups.

When the risk for lapse is high, the Smart-T app delivers a tailored message in real time. If individuals indicate that their current stress level is high, they immediately receive a message about coping with stress. Or if they report their motivation to quit is low, they receive a message that aims to increase motivation. "Smart-T truly tailors treatment content to what is needed in that moment," he said.

The app has additional features that are crucial to the study. For instance, it has on-demand treatment functions so that users can click a "quit tips" button at any time to read through tips on how to cope with stress and urges to smoke. In the newly funded study, participants will blow into a small device that connects to the phone and measures the level of carbon monoxide in their breath, which determines if they have smoked recently. This reduces the burden on participants because they will not have

See GRANT page 10

OSU RN to BSN:

Powering a better educated, healthier and more accessible world

Lacy Smith, a Texas native, considers herself a Cowboy for life. For her, choosing to complete her Bachelor of Science in Nursing (BSN) at Oklahoma State University was an easy decision.

The online program, which launched in Fall 2017 and is accredited by the Commission on Collegiate Nursing Education (CCNE), provides students with a convenient and flexible option to complete their bachelor's degree in as little as one year. With this degree, graduates are qualified for leadership roles in a variety of healthcare environments.

Advancing and enriching her career is exactly what Smith plans to do after she walks across the stage with her diploma next fall. She currently works as a delivery/charge registered nurse (RN) for the Neonatal Intensive Care Unit (NICU) at OU Children's Hospital as well as a staff nurse at SSM Health St. Anthony Hospital. After obtaining her BSN, Smith plans to apply for a master's or doctoral program so she can become a pediatric nurse practitioner.

"My dream job is to be a Certified Pediatric Nurse Practitioner-Acute Care (CPNP-AC) as a cardiac intensivist, which means I'd care for infants and children following cardiac surgery," Smith said. "I've always loved medicine. With nursing, I get to do it all. I never have the exact same day,

and I love the challenge. I'm a caregiver at heart. I've always been most passionate about my patients and their families. I see them on their best and worst days, and I always want them to remember the care they received in a positive light, even in a bad situation."

When Smith decided she wanted to complete her nursing degree so she could achieve her professional goals, it was important to find a program that accommodated her busy schedule. The full-time or part-time curriculum option offered at OSU was a huge selling

"The program is extremely flexible, which is necessary for someone like myself who has a husband, two jobs and no extra time."

point.

"The program is extremely flexible, which is necessary for someone like myself who has a husband, two jobs and no extra time," Smith said.

In addition to flexibility, Smith sought an online learning experience that would be enhanced by personalized attention from qualified and invested faculty. That's what



COLLEGE OF

Education, Health & Aviation

she found in the OSU College of Education, Health and Aviation.

"The nursing faculty truly want to see students succeed, and they make themselves readily available to help," Smith said. "This makes the whole experience."

As most would attest, communication in an online program significantly impacts student satisfaction.

"Our faculty communicate extremely well, especially considering it's an online program," Smith said. "They offer a variety of ways to share information and foster relationships with our peers, which

allows us to be successful. It's easy to have a positive experience when you feel your efforts are not only noticed, but also celebrated."

Ultimately, the mission of the RN to BSN program is to prepare nurses to practice professional nursing that meets the dynamic health care needs of individuals, families, groups,

communities and global populations. Faculty facilitate the education of students in the art and science of nursing to provide leadership with an emphasis on ethics, wellness, cultural competency and population-based and professional inter-collaborative practice.

The OSU College of Education, Health and Aviation is proudly preparing leaders who power a better educated, healthier and more accessible world. Oklahoma State nursing graduates truly embody this through their passion, dedication and investment in providing the best possible care to patients and their families.

"There isn't another profession like nursing," Smith said. "My favorite nurses are caring and compassionate. We will do whatever it takes to help our patients be successful."

Applications for the BSN program for Summer or Fall 2019 are now open. Interested students can review admission and pre-requisite requirements and apply online at nursing.okstate.edu.

GRANT

Continued from Page 8

to return to the clinic to verify if they successfully quit smoking or not.

Businelle's hypothesis is that Smart-T will help people to stop smoking and remain tobacco-free. The advantage of the app, he said, is its ability to prompt people with questions throughout the day and then automatically deliver tailored messages in real time, a function that other apps don't have.

Using an app for tobacco cessation may not be for everyone, he said, but it is sure to appeal to many people. Because Oklahoma is such a rural state, many people don't have the time or resources to drive longer distances to a tobacco cessation clinic. Calling the tobacco quitline has helped many

people quit, but those calls may last up to 30 minutes vs. interacting with Smart-T for 30 seconds five times a day, wherever the user may be.

"As a clinical psychologist, my expertise is in helping people change behaviors they want to change," Businelle said. "Mobile technology holds much potential for helping people who want to quit smoking."

For more information about Businelle's Smart-T study, his research team can be reached by calling 405-271-QUIT or by emailing Michael-Businelle@ouhsc.edu. He directs the Mobile Health Technology Shared Resource, which has developed more than 30 apps aimed at helping people change behaviors they want to change. The Oklahoma Tobacco Research Center at the Stephenson Cancer Center is funded by a grant from the Oklahoma Tobacco Settlement Endowment Trust.

The Children's Center Rehabilitation Hospital Launches 1898 Club

The Children's Center Rehabilitation Hospital has launched its new 1898 Club, with the help of honorary board members Caitlin and Lincoln Riley, Darci Lynne, Kelli O'Hara, J.T. Realmuto and Jordy Mercer.

The 1898 Club is designed to support the patients at The Children's Center Rehabilitation Hospital located in Bethany. The Hospital chose 1898 as the club name, as the historical roots of the hospital can be traced to the year 1898 when the founder Mattie Mallory began the ministry of caring for children.

Those who join the club donate a monthly gift of \$18.98 for 12 months for a total donation of \$227.76. Funds raised from the 1898 Club will be used to meet a variety of patient needs, such as purchasing diapers, formula, medical and respiratory supplies, educational supplies, and providing field trips for the patients and their families.

"We're really excited to offer this new opportunity for friends to celebrate our hospital's rich history and the legacy of founder Mattie Mallory," said Melissa Richey, director of communications and marketing. "This annual donation of \$227.76 will help us as we continue to



the children's center
REHABILITATION HOSPITAL

provide excellent medical care and innovative therapy to children with special health needs."

The Children's Center Rehabilitation Hospital is Oklahoma's only rehabilitation hospital for children and teenagers with complex medical conditions or traumatic injuries. Patients range in age from birth to 20 and come from all 77 counties in Oklahoma, as well as surrounding states.

Anyone can join the 1898 Club and there are several ways to make a donation, including the following:

Online at:

www.miracleshappenhere.org/waystogive

Check, Credit card or Electronic transfer. For more information or to set up a payment plan, please contact Jennifer Schmidt at jschmidt@tccokc.org or (405) 470-2309.



**Vicki L Mayfield, M.Ed., R.N.,
LMFT Marriage and Family
Therapy Oklahoma City**
*If you would like to send a
question to Vicki, email us at
news@okcnursingtimes.com*

"I met a new guy but I'm not sure its going to work. I haven't wanted to tell you because I think I know what you are going to say."

- Nicky

A. The following is a description of Nicky's new guy, Randy:

- 34 years old (8 years younger than Nicky)
- unemployed (trying to get disability)
- no form of transportation
- lives in a trailer with no working plumbing

Nicky met him online. My guess is he was looking for a needy woman who would take care of him. Nicky only knew that she was lonely and wanted to be with a man. So here comes Randy. Beyond "being a man" Nicky had not prepared a deal breaker list. She walked right into a dating nightmare but kept going.

"And if you don't know where you are going

Any road will take you there."

Nicky realized as she described Randy that she was just as lonely as before but add in frustration at having to drive 45 min to pick him up and transport him to her house AND then take him home. She has a full time job, vehicle and house, Randy had none of those. But Nicky went for it anyway.

Is dating really a good idea if you don't know what you want? If you just want someone breathing, get a dog. Don't put your energy into something that will never work.

"And if you don't know where you are going

Any road will take you there."

When Randy said, "I Love You" after two weeks, of course he did! He loved Nicky's house, her money, her car and her lack of a plan. She did not know where she was going and Randy was taking full advantage.

We discussed slowing down, stop "dating" Randy and sit still and do your deal breaker list. DO NOT DATE WITHOUT A DEAL BREAKER LIST.....KNOW WHERE YOU ARE GOING!!!!

So when you hear something that does not work for you, you will jump ship without hesitation.

And especially notice if your gut sends a signal that says danger. Your brain may want to override it but your gut is your warning that something is not right. Go with it. It will never steer you wrong.

"But if you don't know where you're going

Any road will take you there.

Any Road by George Harrison

NURSE TALK



P.F. Chang's



Pretty John, RN

Waffle
Champions



Ransom Reed, LPN

What is your
favorite
restaurant in
OKC



the children's center
REHABILITATION HOSPITAL

The Children's
Center
Rehabilitation
Hospital

The Ranch
Steakhouse



Taylor Bradford, LPN

The Hall's Pizza
Kitchen



Hayley Anderson, RN

Holistic Nurses

39th Annual Conference Coming to Tulsa

June 2 - 7, 2019

Earn up to 41 Contact Hours



One Day Registration Rates

AHNA Member	\$285
Student AHNA Member	\$235
Senior AHNA Member	\$235
Non-Member	\$320
Student Non-Member	\$285
Senior Non-Member	\$285

For more information, call (785) 234-1712 or email conference@ahna.org

www.AHNA.org/AnnualConference



AMERICAN
Holistic
Nurses
ASSOCIATION





ONLINE RN TO BSN APPLY NOW!



Earn Your BSN From OSU

Advance your nursing career with our RN to BSN completion program.
Now accepting applications for Summer and Fall 2019.

- Fully online program
- Full- or part-time enrollment options
- Flexible and collaborative learning environment
- Faculty committed to student success
- Transfer scholarships available



"The nursing faculty truly want to see students succeed and they make themselves readily available to help. This makes the whole experience." — Lacy Smith, Class of 2019

nursing.okstate.edu