

## Recruiter Showcase



## Tealridge DON named Administrator of the Year



Cheryl Bales, DON, Administrator Executive Director was presented with the title Administrator of the Year award at the OKALA Conference in Tulsa, OK on May 18, 2018.

by Vickie Jenkins, Staff Writer

Do you like surprises? You know, those happy surprises when you least expect it? On May 2, 2018, Cheryl Bales, DON, Administrator Executive Director attended the annual OKALA conference in Tulsa, OK. Cheryl got one of those happy surprises when she heard her name being called for Administrator of the Year! She was presented the award by local television News Anchor Kelly Ogle. "I was moved to tears and very excited because of all of the nominations that were read from the presenter. Afterwards, I understood from my peers that it was a very hard secret to keep due to the fact that I serve on the board of directors for the Oklahoma Assisted

Living Association," Cheryl said. "It was something that I never expected," she added.

Cheryl grew up in the small town of Schuler, just south of Tulsa, OK and graduated with a total of 15 seniors in her graduating class. She attended nursing school in Okmulgee at Green Country Vocational Technical School, graduating in December 1998. I started working as a CNA and Medical Technician at Henryetta Medical Center on the med/surg floor right after nursing school," she said.

Cheryl currently works for Tealridge Assisted Living and Memory Care as the Administrator/DON/E.D. where she has been for 2 years. She has

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## Family inspires nurse to work in oncology



by Kendra Thompson

Although his mom was a nurse, Patrick Nobles, RN, didn't grow up thinking he would be one too. He was originally interested in communications and even graduated from Southeastern Oklahoma University with a bachelor's degree in communications. However, after working in retail for a few years, he decided he wanted something more.

"My mother inspired me to look into nursing," says Patrick. "I say that nursing found me. I started classes because nursing was a stable career, and along the way, I fell in love with the work. During nursing school, my first patient care experience was on an oncology floor, which I found intriguing. And then later in my nursing program, both my uncle and grandfather died of cancer, which is ultimately what led me to want to work in oncology."

Patrick went on to graduate from the University of Texas in Tyler with his Bachelor of Science degree in nursing. After graduation, he moved to Tulsa and worked on the oncology floor at Saint Francis Hospital where he was a charge nurse and then worked in the stem cell unit. He then joined Cancer Treatment Centers of America (CTCA) in Tulsa in 2012.

CTCA is a hospital-partner with the international

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## NOBLES

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DAISY Award program, which highlights and rewards one nurse per quarter for extraordinary, compassionate and skillful care demonstrated in their everyday work. Recently, Patrick was recognized with a DAISY Award because of his stellar work as a nurse. A CTCA patient's caregiver nominated Patrick saying he was "very caring to my mother after her 17-hour surgery. He allowed my family, especially my 14-year-old son, to be a part of the caring process. Patrick gave him step-by-step lessons on which medications would be given and what the medications were for, as well as explained what every machine did and what they were used for. The information was very empowering for our family, even with one of my sisters being a nurse. The level of care made us all the more comfortable with being able to provide care for my mother when we returned home."

Patrick has worked in oncology his entire career, and feels that it is a "calling." He adds, "It's not an area you just get into."

While at CTCA in Tulsa, Patrick has worked in several areas, including

the inpatient department, stem cell unit and has also helped with infusion and medical support, all at night. "If it's a nightly nurse duty, I've just about done it all," says Patrick.

For those interested in a nursing career, Patrick advises, "Be prepared to have your mind expanded. Your thought processes will be changed, and your expectations will be challenged. Know that your heart will be filled, and that it may hurt a little, but it is all worth it. Also, make sure that you go in with your sense of humor firmly intact. Laughing in the darkness will save you, and helping a patient laugh in the middle of all they go through is priceless." Although nursing tends to be a female-dominated field, Patrick



Patrick Nobles, registered nurse at Cancer Treatment Centers of America (CTCA) in Tulsa, received a DAISY Award last month. Pictured from left are Tammi Holden, VP of Oncology Patient Services; Maloree Hamel, Nursing Administration Manager; Nobles; Glinda Huitt, Senior Director of Nursing; and Jay Foley, president and CEO of CTCA in Tulsa.

says it has a place for everyone. "If you like action and adventure, then the emergency room is the place to be. If you like logic and critical thinking, then the Intensive Care Unit is a great place. If you

like travel and something new daily, travel or flight nursing is an option. If you feel called to give great care, then the whole world is open to you. I think that nursing can be for everyone, regardless of gender."

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## 24th Annual Art Show at INTEGRIS Cancer Institute

It is the distinct pleasure of the Troy and Dollie Smith Wellness Center at the INTEGRIS Cancer Institute to invite you to our 24th annual art exhibit dedicated to the curative powers of creativity and to all whose lives have been affected by cancer.

The exhibit showcases all forms of art including fiber, graphics, oil, watercolor, mixed media, photography, pottery, sculpture, writing and poetry. Register art by Monday, July 9, 2018. Deliver art by Friday, July 20. Pieces will be displayed from July 26 through Sept. 7, 2018.

Artists of all ages wishing to express how their lives have been affected by cancer will have their work on display. The pieces may be by individuals or collaborative, done by professionals as well as first-time artists. This will be our biggest show yet, with more than 200 pieces of art.

Registration of art is available at [integrisok.com/celebration-of-life](http://integrisok.com/celebration-of-life) or by calling 405-773-6600.

### OPENING RECEPTION

Artists, cancer survivors, families and friends will be recognized at the 24th annual Celebration of Life Art Show and Opening Reception on Thursday, July 26, 2018, from 5:30 to 7:30 p.m. at the INTEGRIS Cancer Institute, 5911 W. Memorial Road, Oklahoma City, OK 73142. To RSVP for the event, please call 405-951-2277.



## BALES

Continued from Page 1

been in the Assisted Living industry for 17 years. "I have always enjoyed helping others and I guess that is why I became a nurse. It is something that I was meant to do," she said.

Asking Cheryl what qualities make a good nurse, she replied, "Good quality nursing comes from within and you must have empathy. You must work as a TEAM player. You must treat each resident/patient as if they were your own family members and give them excellent care. You must demand excellence, without micromanaging your team mates," she replied.

Did anyone influence you to become a nurse? I ask Cheryl. "I think I was influenced by a number of RN's whom I worked with as a CNA. There was Darlene Baker, Carolyn Parker, Vicki Deturk, Dana Hirsch and many more. They all had an influence on my life. They were very patient and took the time to teach me and so I obtained a lot of on-the-job experience hands on."

I asked Cheryl if she would describe herself in 3 words. "I would describe myself as fair, honest and dependable. I always listen to both

sides (and then the middle) before coming to a conclusion. I try to always be at work and not call in unless absolutely necessary. Residents deserve continuity and to feel safe and secure and you can do that by being there," she said.

Cheryl's favorite thing about her job is working to make a difference in the lives of her patients and her staff every day. "I like helping family members to have peace of mind in order to feel secure about their loved ones. Not to be confused with my greatest reward. My greatest reward as a nurse is the humbling response from a family whom I have made a difference in the lives of their loved ones. That is my greatest reward. Just knowing that I was able to make it easier makes it all worth it," she answered with a smile on her face.

Cheryl is married to her best friend, Calven Bales of Davenport, OK. They have 5 children. Cheryl's hobbies are a little different from most nurses and unique in a good way. "I love to hunt and fish and when I am not working, you can find me in our boat or fishing at a pond. During deer season, you can find me in a tree stand," she said.

Leaving words of advice if anyone is thinking about becoming a nurse

and making a career in the medical field, Cheryl has some words of encouragement for you; never give up! Always be real! Be open-minded and never get on a power trip! Lead by example!

After learning a little about Cheryl and her outstanding work at Tealridge Assisted Living and Memory Care, it is easy to see how she became, Administrator of the Year, 2018. Congratulations Cheryl!

## THE BRAIN AND TEAM BUILDING TOPIC OF JUNE'S NEURO NIGHT

"The Brain and Team Building" is the topic for June's Neuro Night forum, scheduled for 6 p.m. Tuesday, June 19. Complimentary light dinner will be served at 5:30 p.m. The event, located at 1404 N.W. 122nd St., is held in collaboration with The Fountains at Canterbury.

During the event, members of the community will have an opportunity to speak directly with specialists on the topic presented and discover the cutting edges of research and related clinical practice. The forum is part of the Neuro Night series sponsored by the Oklahoma Center for Neuroscience, a consortium of neuroscientists from across the state that serves as a research center and information resource at the University of Oklahoma Health Sciences Center. The series is aimed at improving neurological health through education and the sharing of information about research and access to care.

The forum will include a panel of three invited speakers:

· Michelle Staudt, Ph.D., assistant professor, Graduate College, Office of the Dean, OU Health Sciences Center · J. Quyen Wickham, strategic research coordinator, Office of the Vice President for Research, OU · Michelle Zalles, graduate student, Oklahoma Center for Neuroscience, OU Health Sciences Center

For more information or to arrange accommodations, call (405) 271-6267 or visit the center's website at [www.oumedicine.com/ocns](http://www.oumedicine.com/ocns).

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# CAREERS IN NURSING

## NURSING AND FAITH: VOLUNTEERS REACH OUT IN MOORE

by Bobby Anderson - staff writer/photographer

Dave Evans' Thursday evening prayer floats down the hallway at Moore Faith Clinic.

Heads bowed in a circle for those who have gathered on this warm, late-May evening are taking a moment to remember why they're here.

For Cristen Hartman, R.N., there's no doubt.

"It was just meant to be," says Hartman, who has been with the clinic since the beginning.

By day, Hartman works at the Oklahoma State Department of Health. She's worked med-surg, oncology and ER in her career.

But on Thursday nights, she and scores of others volunteer their time at the free clinic.

"It was a perfect fit. Me and my family have always been into service and what are things we can do for the community," Hartman says of her volunteer status. "Me

and my husband grew up in Moore and met at Moore High School. Moore has always been our place."

Three years ago Evans, a pastor at Moore's Highland Baptist Church, and others had an idea.

Through his 25 years of ministry, he's tended to his fair share of disaster relief in Moore. His kids grew up in the city and have eight grand kids.

Five still go to Moore schools. "I've done a lot of relief with other churches and ministry," he said.

Through outreach Evans and other pastors identified a gaping need in their community.

"If you don't have health insurance - and this is not a political statement it's just a statement of fact - or if you're underinsured and you've got a (large) deductible it's of no value," Evans said. "Two years ago the

average ER visit was \$1,900. People can't do that. Then it snowballs and their family is in crisis."

Time and again Evans has seen injuries create financial hardship, leading to stress and strain on families and marriages.

So what could be done?

"The Lord said to me 'Why don't you do something about it,'" Evans said. "We prayed about it for a few months and everybody said let's go for it."

The clinic is housed in the Serve Moore Community Renewal Center, 224 S. Chestnut Ave.

Each Thursday from 5:30-8 p.m. Moore Faith Clinic opens its doors.

Once a month a women's clinic is offered.

Last year, the clinic served 900 patients and handed out approximately \$1 million in medication.

"All free," Evans said. "It's kind of a big deal that's not very well known. This is the only totally free clinic in Cleveland County."

Hartman's church made an announcement one Sunday that caught her ear. Nurses were needed to get this idea off the ground.

"It's a huge difference," said Hartman, who coordinates the nurses. "I think you just don't really know the magnitude of who really needs you. You don't really see the magnitude of those that don't have care that I totally take for granted."

Evans sees it.

"I think a lot of families are in crisis or would be in a much bigger crisis if they didn't have health care or access to medicine and the ability to treat something treatable," Evans said. "So many people have diabetes or strep throat

FAITH Page 5



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## FAITH

Continued from Page 4

or high blood pressure or whatever. Those things left untreated are bad."

"We can do it. We can help people, coach them and encourage them."

Nurses and physicians treat. Pharmacists dispense medication. Pastors and volunteers tend to spiritual needs.

Case workers are available to plug patients into long-term assistance.

Upwards of 20 patients with appointments come through the doors each week with a handful of those just showing up with nowhere to turn.

It indeed takes a village to make the clinic run.

"We don't want to burn anybody out. Cristen is here every week and she doesn't have to be," Evans said. "She's here because she wants to make sure we have continuity of care and we're doing things the same way consistently."

"We can always use nurses," Hartman continued. "A lot of times we'll have nurses that are really gung-ho and say they'll come every Thursday. No, please don't because it's not going to work for most people. Volunteering even though it's one night a week is a huge commitment so we do see a lot of turnover."

Moore Faith Clinic operates extremely lean.

The annual budget runs around \$16,000 which Evans says largely goes to wholesale pharmaceutical purchases.



Nurses, physicians, pharmacists, pastors and case workers donate their time to help those in Cleveland County with nowhere else to go.

Medication samples from companies are accepted for the group's regulated pharmacy.

To make an appointment you can call 405-759-0853 on Tuesdays, Wednesdays and Thursdays.

You can also contact Evans or Hartman at the same number to find out about volunteering.

## A. A. of Nursing Statement of Support for World No Tobacco Day 2018

The American Academy of Nursing today expressed its support for the World Health Organization's (WHO) celebration of World No Tobacco Day on May 31, 2018. With a theme focused on the direct impact that tobacco use has on the development of coronary heart disease, stroke, and peripheral vascular disease, World No Tobacco Day 2018 is aligned with the Academy's mission to serve the public by advancing health policy, practice and science, as well as its goal to influence the development and implementation of policy that improves the health of populations.

"The Academy stands ready to assist policy makers in actions and measures that governments and the public can take to reduce the risks to heart health posed by tobacco use," said Academy President Karen Cox, PhD, RN, FAAN. "Moreover, the Academy supports the WHO's call for increased efforts to 'choose health, not tobacco.'" Academy Fellows Linda Sarna, PhD, RN, FAAN; Janie Heath, PhD, APRN-BC, FAAN; and Bernadette Melnyk, PhD, RN, CPNP/PMHNP, FAAN, leading experts on research addressing the harmful effects of tobacco use on cardiovascular health, urged nurses worldwide to raise awareness about the linkage of tobacco use and heart health. "From applying evidence in their daily practice to help prevent tobacco use, to utilizing tobacco cessation interventions, to advocating for stronger tobacco control legislation, nurses must use their power to curb the leading cause of preventable death in the world."

In 2017 the Academy recognized Dr. Sarna and her colleague, Stella Aguinaga Bialous, DrPH, RN, FAAN, as Academy Edge Runners for Tobacco Free Nurses, their intervention that support nurses in assisting patients with tobacco dependence treatment, translating evidence into practice, and enhancing nurses' involvement in tobacco control efforts nationally and internationally,

## Oklahoma City University Schedules Alumni Night at the Ballpark

Join us on Friday, June 15 to watch the OKC Dodgers take on the Salt Lake Bees at the Chickasaw Bricktown Ballpark! Gates open at 6 pm, with the first pitch at 7:05. Tickets are \$20 and include exclusive access to the left field Budweiser Deck, dinner, and drinks - plus the Friday night fireworks show!



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- RN Clinical Director, FT, Day Shift, 801 Cardiothoracic ICU, INTEGRIS Baptist Medical Center - Heart Hospital (711415)
- Clinical Director - (RN), FT, Days, Intensive Care Unit, INTEGRIS Southwest Medical Center (711362)
- RN Clinical Director, FT, Days, Labor & Delivery, INTEGRIS Southwest Medical Center (710893)
- RN Team Manager, FT, 7p-7a, 9 West Cardiac Care Suites, INTEGRIS Baptist Medical Center - Heart Hospital (711225)

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- Registered Nurse - (RN), FT, 7p-7a, 801 Cardiothoracic ICU, Heart Hospital (711280)
- Registered Nurse - (RN), FT, 7a-7p, 901 Coronary Care ICU, Heart Hospital (710155)
- Registered Nurse - (RN), FT, 7a-7p, 9 East Oncology & Med/Surg (710839)
- Registered Nurse - (RN), FT, M-F, 10a-6:30p, Interventional Radiology (711390)
- Transfer Center Coordinator RN, FT, 3p-3a (710850)
- RN Infection Preventionist, FT, Days, M-F, Nursing Quality (710627)
- Registered Nurse - (RN), FT, 7a-7p, ICU 601 (710882)
- RN Transplant Associate Coord, FT, Days, Lung Post Transplant (710525)
- RN Clinical Educator, FT, Variable hrs, Stroke Center (710461)
- RN Transplant Associate Coord, FT, Days, Kidney/Pancreas Post Transplant (711309)
- RN Transplant Associate Coord, FT, Days, Heart Post Transplant (710953)
- Registered Nurse - (RN), FT, 7p-7a, Critical Care Stepdown (710701)
- Registered Nurse - (RN), FT, 7p-7a, 6 West Med/Surg (709829)
- Registered Nurse - (RN), FT, 7p-7a, Intermediate Med/Surg (710854)
- Advanced Practice Nurse, FT, Neuro ICU Nights (710554)

#### INTEGRIS Bass Baptist Health Center, Enid

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- Critical Need Registered Nurse (RN), 7p-7a, 16-week temporary assignment \$50/hr, Step Down ICU (710513)

#### INTEGRIS Canadian Valley Hospital, Yukon

- Registered Nurse - (RN), FT, 7p-7a, ICU (710310)
- Registered Nurse - (RN), FT, 10p-7a, M-Th, Women's Center (710424)

#### INTEGRIS Health Edmond

- Registered Nurse - (RN), FT, 7p-7a, Emergency Dept (711246)
- Registered Nurse - (RN), FT, 7p-7a, ICU (711228)
- Registered Nurse - (RN), FT, 7p-7a, Med/Surg (710713)

#### INTEGRIS Southwest Medical Center

- Registered Nurse - (RN), FT, 7a-7p, 2nd Floor Jim Thorpe Rehabilitation (710992)
- Registered Nurse - (RN), FT, 7p-7a, Oncology Med/Surg (710964)
- Registered Nurse - (RN), FT, 7a-7p, Med/Surg (709711)
- Registered Nurse - (RN), FT, 7a-7p, Med/Surg (711062)

#### ACROSS THE METRO

- Clinical Education Consultant - Behavioral/Mental Health, FT, Variable hrs, INTEGRIS Health (710802)
- RN Case Manager - Registered Nurse, FT, M-F, 8a-5p, INTEGRIS Home Care (711517)
- RN Case Manager Patient Care, FT, Days, M-F, 8a-5p, INTEGRIS Home Care (709981)
- RN Case Manager Hospice, FT, M-F, 8am-5pm, Hospice-Skilled Nursing, INTEGRIS Hospice (710941)
- Registered Nurse - (RN), I-Flex Resource Pool, \$36/hr, FT, 7p-7a, INTEGRIS Metro (710995)

To view career opportunities and to apply online visit:

## integriskok.jobs

INTEGRIS considers all qualified applicants regardless of protected status as defined by applicable law, including protected veteran or disability status. AA/EOE

#### 161 LICENSED PRACTICAL NURSING

#### We are seeking a full-time Licensed Practical Nurse.

Norman Pediatric Associates is seeking a full-time LPN for our clinic. This day time position is M-F with one weekend clinic coverage a month from 9am-1pm. Nurse would be taking vitals on pediatric patients, performing strep tests, flu tests, infant catheterization, urine dipsticks, administering medication and vaccines, & assisting the provider with procedures. Benefits include: health, dental, vision, and life insurance, short and long term disability insurance, AFLAC, & 401K/profit sharing plan. 808 Wall Street, Norman, OK

#### We are seeking Full Time Licensed Practical Nurse

Community Home HEALTH is seeking Full Time Licensed Practical Nurse, Muskogee area, Home Health. Please apply at 360 S. 33rd St. Muskogee OK

#### We are currently hiring an Licensed Practical Nurse for 3PM-11PM Monday - Friday. We have a friendly work team, and nice, clean work environment!

Autumn Wood is searching for a dedicated individual to join our Memory Care team. We are a 60 bed LTC/Skilled Specialized Alzheimer's and Dementia Care Community. Our community is divided into 5 neighborhoods, in which, staff get to work with approximately 12 residents & 2 staff members at a time. We are currently hiring an LPN for 3P-11P Monday - Friday. We have a friendly work team, and nice, clean work environment! We welcome you to call, email, or stop by and fill out an application Monday-Friday, 9am-3pm. Please call with any questions. We hope to see you soon! 918-283-4949. 2700 NORTH Hickory Street. Claremore, OK 74017

#### We are looking for Licensed Practical Nurses

Assist physician in providing quality care. Must have at least 2-3 years experience working in a fast paced outpatient clinic environment. Must be able to multitask and maintain a positive attitude at all times. Great benefits and paid time off provided. Come join our team! INDIAN PREFERENCE/EOE. OSBI background check and drug testing required. fax# 918-382-1227. Indian Health Care Resource. Center 550 South Peoria, Tulsa, OK 74120

Now accepting applications for a Licensed Practical Nurse for our medical clinic. LPN or LPC/LADC. Caring Hands Healthcare Centers located in McAlester, OK is now accepting applications for a LPN for our medical clinic. CHHS is also accepting applications for an experienced Licensed Professional Counselor or a Licensed Alcohol and Drug Counselor for our Substance Abuse program. All applicants must have a current Oklahoma license. Apply in person at 3101 Elks Road, McAlester, OK



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- Emergency - RNs

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204 REGISTERED NURSE

#### We are seeking Full-time experienced Registered Nurse.

MacArthur Park Home Health, Shawnee, Oklahoma is seeking a **Full-time Registered Nurse**. Responsibilities include direct patient care, provide treatments, follow plan of care, and work collaboratively with members of the team to meet positive home care outcomes of our patients. Must be currently licensed as an Registered Nurse in the State. One year nursing experience in community health/home health/hospice experience, preferred. Salary is commensurate with education and experience. 120 West MacArthur Street. #130, Shawnee, Oklahoma 74804

204 REGISTERED NURSE

#### We are seeking Full-time Pre-Op Registered Nurse with experience

at Eye Surgery Center of Tulsa located at 7191 South Yale Avenue, Tulsa, OK 74136. We are a fast paced outpatient surgery center. Great pay and benefits. No nights, weekends, holidays or call.

#### We are looking for a Part time position for a Registered Nurse

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# Oklahoma's NURSING TIMES



# OMRF secures \$2.6 million flu grant

Oklahoma Medical Research Foundation scientist Jose Alberola-Ila, M.D., Ph.D., has received a five-year grant from the National Institutes of Health to study a novel population of cells that appear to be protective against influenza.

The grant, awarded by the National Institute of Allergy and Infectious Diseases, will provide Alberola-Ila with \$2.69 million to investigate the role a type of white blood cell plays in mounting the body's response against flu infection.

In preliminary experiments, Alberola-Ila found that laboratory mice with greater numbers of these cells (known as NKT cells) were better protected from the virus.

"All the mice we looked at had the flu, but the ones with more of these cells lost less weight, got less sick and recovered faster," said Alberola-Ila. "We don't yet know exactly why the mice responded the way they did, and that is exactly what this new grant will allow us to find out."

Alberola-Ila said if he and his OMRF research team are able to determine how these cells behave during an influenza infection, this could provide new leads on ways to improve flu vaccines. "A stronger and more protective response means a better vaccine, and that's something our world needs."

This year's flu season proved to be one of the worst in decades, and the flu shot proved relatively ineffective against the primary strain, H3N2. Since the beginning of the flu season in September, the Oklahoma State Department of Health has reported 285 deaths and



OMRF scientist Jose Alberola-Ila, M.D., Ph.D.

more than 4,700 hospitalizations.

Alberola-Ila, who joined OMRF's scientific staff in 2005, said developing a universal flu vaccine is one of the highest public health priorities in the world, and anything researchers can learn about better protective methods is a step in that direction.

"The flu virus is deadly, and the fact that we need a new vaccine every single year is a huge and expensive process that can be very inefficient," he said. "What we are learning could be a very real way of improving vaccination strategies in the long term, and that is an exciting opportunity."

The grant, R01 AI129458-01A1, is funded through NIAID, a part of the NIH.



# INTEGRIS Offers Air Medical Transport Using Sikorsky Helicopter



Sikorsky has been the world's leading helicopter manufacturer since 1939, producing every presidential helicopter in the modern era, as well as the highly celebrated military grade Black Hawk helicopter.

INTEGRIS is now using a Sikorsky SK-76 as an integral part of the health care system's critical air medical transport efforts.

The unique aircraft, which is the most advanced multi-role helicopter of its kind, is being housed at INTEGRIS Baptist Medical Center and is owned and operated by Survival Flight.

This particular helicopter is specifically designed to transport injured and critically ill patients from hospitals across the state and region to INTEGRIS to receive specialized care. It will also be used in rescue operations and organ transplant procurements.

"The Sikorsky SK-76 is ideal for transporting the sickest of the sick patients, who demand the highest level of medical care," says Tim Johnsen, president of INTEGRIS Baptist Medical Center. Before becoming an administrator, Johnsen was a cardiac intensive care nurse and director of an air medical transport program. He was also a director of emergency services at a trauma center. He was instrumental in bringing the Sikorsky to INTEGRIS.

"At 52 feet long, it is considerably

larger than the average medical helicopter, making it possible to carry not only additional medical equipment and supplies, but also entire teams of medical professionals. These highly trained individuals can then deploy life-saving therapies while en route back to INTEGRIS Baptist Medical Center. It truly is a mobile intensive care unit in the sky."

Aly El Banayosy, M.D., is executive director of critical care and circulatory support at the INTEGRIS Nazih Zuhdi Transplant Institute. He says the Sikorsky helicopter will allow more people access to sophisticated and specialized therapies like cutting edge heart pump technologies such as the LVAD and Total Artificial Heart and extracorporeal membrane oxygenation, known as ECMO.

"ECMO is a last resort lifesaving technique for patients facing imminent death caused by heart or respiratory failure. In many cases it really is a person's only hope for survival. While there are other ECMO programs in the state, INTEGRIS has the only mobile ECMO team where we physically travel to other facilities to retrieve these patients. Now thanks to the superiority of the Sikorsky helicopter, our team is able to travel farther and faster to stabilize dying patients and give them one last chance at life."

See SIKORSKY page 10



## Oklahoma's Nursing Times

## College Nursing Guide (Abbreviated)

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## PRACTICAL NURSING PROGRAMS

## Autry Technology Center

[www.autrytech.com](http://www.autrytech.com) Enid, OK 73703 Ph: 580-242-2750 Ext 163

## Caddo-Kiowa Tech. Center

[www.caddokiowa.com](http://www.caddokiowa.com) Ft. Cobb Ph: 405-643-5511 Ext 263

## Canadian Valley Tech. Center

[www.cvtech.org](http://www.cvtech.org)  
1. El Reno Campus Ph: 405-422-2341  
2. Chickasha Campus Ph: 405-222-7592

## Central Technology Center

[www.ctechok.org](http://www.ctechok.org)  
1. Drumright Campus Ph: 918-352-2551 Ext 288  
2. Sapulpa Campus 918-224-9300

## Chisholm Trail Tech. Center

[www.chisholmtrail.com](http://www.chisholmtrail.com) Ph: 405-729-8324

## Francis Tuttle Tech. Center

[www.francistuttle.com](http://www.francistuttle.com) Oklahoma City Ph: 405-717-4382

## Gordon Cooper Tech. Center

[www.gctech.org](http://www.gctech.org)  
Shawnee Ph: 405-273-7493 Ext 291

## Great Plains Technology Center

[www.gptech.org](http://www.gptech.org)  
1. Lawton Campus Ph: 580-250-5595  
2. Frederick Campus Ph: 580-335-5525

## Green Country Technology

[www.gctc.ok.com](http://www.gctc.ok.com) Okmulgee Ph: 918-758-0840 Ext 246

## High Plains Technology Center

[www.hptc.net](http://www.hptc.net) Woodward Ph: 580-571-6159

## Indian Capital Tech Center

[www.icavts.tec.ok.us](http://www.icavts.tec.ok.us)  
1. Muskogee Campus Ph: 918-686-7565  
2. Sallisaw Campus Ph: 918-775-9119 Ext 108  
3. Stilwell Campus Ph: 918-696-3111  
4. Tahlequah Campus Ph: 918-456-2594

## Kiamichi Technology Center

[www.okktc.org](http://www.okktc.org)  
1. Antlers Campus Ph: 580-298-6354  
2. Atoka Campus Ph: 580-889-7321  
3. Durant Campus Ph: 580-924-7081  
4. Hugo Campus Ph: 580-326-6491  
5. McAlester Campus Ph: 918-426-0940  
6. Idabel Campus (McCurtain) Ph: 580-286-7555  
7. Poteau Campus Ph: 918-647-4526  
8. Stigler Campus Ph: 918-967-2801  
9. Tahlequah Campus Ph: 918-567-2264

## Meridian Technology Center

[www.meridian-technology.com](http://www.meridian-technology.com) Stillwater, OK 74074  
Ph: 405-377-3333 Ext 324

## Metro Technology Center

[www.metrotech.org](http://www.metrotech.org) Oklahoma City Ph: 405-605-4610

## Mid-America Technology Center

[www.matech.org](http://www.matech.org)  
Wayne Ph: 405-449-3391 Ext 265

## Mid-Del Lewis Eubanks Technology Center

[www.mid-del.tec.ok.us](http://www.mid-del.tec.ok.us) Midwest City Ph: 405-739-1713

## Moore Norman Technology Center

[www.mntechok.com](http://www.mntechok.com) Norman Ph: 405-364-5763 Ext 7349

## Northeast Technology Centers

[www.netechcenters.com](http://www.netechcenters.com)  
1. Pryor Division Ph: 918-825-5555  
2. Afton Division Ph: 918-257-8324  
3. Kansas Division Kansas, OK Ph: 918-868-3535  
4. Claremore Division Ph: 918-342-8066

## Northwest Technology Center

[www.nwtech.edu](http://www.nwtech.edu)  
Alva Ph: 580-327-0344

## Pioneer Technology Center

[www.pioneertech.org](http://www.pioneertech.org)  
Ponca City Ph: 580-762-8336 Ext 251Platt College [www.plattcollege.org](http://www.plattcollege.org)(Conditional Approval)  
1. Tulsa Campus Ph: 918-663-9000  
2. Oklahoma City Campus Ph: 405-946-7799  
3. Moore Campus Ph: 405-912-2777  
4. Lawton Campus Ph: 580-355-4416

## Pontotoc Technology Center

[www.pontotoc.com](http://www.pontotoc.com) Ada Ph: 580-310-2258

## Red River Technology Center

[www.redriver.tec.ok.us](http://www.redriver.tec.ok.us)  
Duncan Ph: 580-255-2903 Ext 237

## Southern Okla. Tech. Center

[www.sotc.org](http://www.sotc.org)  
Ardmore Ph: 580-223-2070 Ext 239

## Southwest Technology Center

[www.swtc.org](http://www.swtc.org)  
Altus Ph: 580-477-2250 Ext 257

## Tri County Technology Center

[www.tctc.org](http://www.tctc.org)  
Bartlesville Ph: 918-331-3223Tulsa Tech, HSC [www.tulsatech.com](http://www.tulsatech.com)

Tulsa Ph: 918-828-5000/828-1043

## Western Technology Center

[www.wtc.tec.ok.us](http://www.wtc.tec.ok.us)  
Burns Flat Ph: 580-562-3181 Ext 2264

## Wes Watkins Technology Center

[www.wwtech.org](http://www.wwtech.org)  
Wetumka Ph: 405-452-5500 Ext 277

## REGISTERED NURSING PROGRAMS

## Carl Albert State College

[www.carlalbert.edu](http://www.carlalbert.edu)  
1. Poteau Campus Phone: 918-647-1350-1355  
2. Sallisaw Campus Phone: 918-775-6977

## Connors State College

[www.connorsstate.edu](http://www.connorsstate.edu)  
Muskogee Campus Phone: 918-684-5436

## Eastern Oklahoma State College

[www.eosc.edu](http://www.eosc.edu)  
1. Wilburton Campus Phone: 918-465-2361

ext. 796

2. Idabel Campus Phone: 580-286-9431  
3. McAlester Campus Phone: 918-302-3607Murray State College [www.mscc.edu](http://www.mscc.edu)1. Tishomingo Campus Phone: 580-371-2371 ext. 337  
2. Internet-Based Campus Tishomingo Phone: 580-371-2371 ext. 337

## Northeastern OK A&amp;M College

[www.neo.edu](http://www.neo.edu)  
Miami Phone: 918-540-6312Northern Oklahoma College [www.noc.edu](http://www.noc.edu)1. Tonkawa Campus Phone: 580-628-6679  
2. Enid Campus Phone: 580-242-6300  
3. Stillwater Campus Phone: 405-372-1480

## Oklahoma City Community College

[www.okc.cc.ok.us](http://www.okc.cc.ok.us) Oklahoma City Phone: 405-682-7507

## Oklahoma State University

[www.osuokc.edu](http://www.osuokc.edu)  
Oklahoma City Phone: 405-945-3295

## OSU Institute of Technology Okmulgee

[www.osuit.edu](http://www.osuit.edu) Phone: 918-293-5337

## Redlands Community College

[www.redlandsc.edu](http://www.redlandsc.edu) El Reno Phone: 405-422-1262Rogers State University [www.rsu.edu](http://www.rsu.edu)1. Claremore Campus Phone: 918-343-7635  
2. Bartlesville Campus Phone: 918-338-8000Rose State College [www.rose.edu](http://www.rose.edu)1. Midwest City Campus  
Phone: 405-733-7546  
2. Internet-Based Campus Midwest City  
Phone: 405-733-7546Seminole State College [www.ssc.cc.ok.us](http://www.ssc.cc.ok.us)

Phone: 405-382-9205

Tulsa Community College [www.tulsacc.edu](http://www.tulsacc.edu)1. Tulsa Campus Phone: 918-595-7188  
2. Owasso Campus Satellite Site Phone: 580-595-7188

## Western Oklahoma State College

[www.wosc.edu](http://www.wosc.edu)  
1. Altus Campus Phone: 580-477-7830  
2. Lawton Campus Phone: 580-477-7830  
3. Elk City Campus Phone: 580-477-7830  
4. Internet-Based Campus Altus Phone: 580-477-7830

## BACCALAUREATE DEGREE PROGRAMS

East Central University [www.ecok.edu](http://www.ecok.edu)1. Ada Campus Ph: 580-332-8000 Ext 433/434  
2. Durant Campus Ph: 580-924-0121  
3. Ardmore Campus Ph: 580-223-1441Langston University [www.lunet.edu](http://www.lunet.edu)1. Langston Campus Ph: 405-466-3411  
2. Tulsa Campus Ph: 918-594-8070

## Northwestern OK State Univ.

[www.nwosu.edu](http://www.nwosu.edu)  
1. Alva Campus Ph: 580-327-8489  
2. Enid Campus Ph: 580-233-3101  
3. Woodward Campus Ph: 580-327-8489  
4. Ponca City Campus Ph: 580-718-5600

## Oklahoma Baptist University

[www.okbu.edu](http://www.okbu.edu)  
Shawnee Ph: 405-878-2081

## Oklahoma Christian University

[www.oc.edu](http://www.oc.edu)  
Oklahoma City Ph: 405-425-5000

## Oklahoma City University Kramer School of Nursing

[www.okcu.edu](http://www.okcu.edu)  
1. Oklahoma City Campus Ph: 405-208-5900  
2. Duncan Campus Ph: 405-208-5900

## Oklahoma Wesleyan University

[www.okwu.edu](http://www.okwu.edu)  
Bartlesville Ph: 918-335-6276Oral Roberts University [www.oru.edu](http://www.oru.edu)

Tulsa Ph: 918-495-6198

Rogers State University [www.rsu.edu](http://www.rsu.edu)1. Claremore Campus Phone: 918-343-7635  
2. Bartlesville Campus Phone: 918-338-8000

## Southern Nazarene University

[www.snu.edu](http://www.snu.edu)  
Bethany Ph: 405-491-6610

## Southwestern OK State Univ.

[www.swosu.edu](http://www.swosu.edu)  
Weatherford Ph: 580-774-3261

## University of Central Oklahoma

[www.uco.edu](http://www.uco.edu)  
Edmond Ph: 405-974-5000University of Oklahoma [www.ouhsc.edu](http://www.ouhsc.edu)1. Oklahoma City Campus Ph: 405-271-2428  
2. Tulsa Campus Ph: 918-660-3950  
3. Lawton Campus Ph: 580-591-8094

## The University of Tulsa

[www.cab.utulsa.edu](http://www.cab.utulsa.edu)  
Ph: 918-631-2619

The following programs admit only Registered Nurses to Upper Division Courses and Grant a Baccalaureate Degree in Nursing.

Information on these programs is provided here as a service to the public; however, approval by the Oklahoma Board of Nursing is not required for RN-BSN programs. Please check with the Accreditation Commission for Education in Nursing (ACEN) or the Commission on Collegiate Nursing Education (CCNE) for information on the accreditation status of the programs.

Bacone College [www.bacone.edu](http://www.bacone.edu) Muskogee Ph: 918-781-7325Northeastern State Univ. [www.nsuok.edu](http://www.nsuok.edu)

Muskogee Ph: 918-781-5410

## Oklahoma Panhandle State Univ.

[www.opsu.edu](http://www.opsu.edu) Goodwell Ph: 580-349-2611 Ext 269University of Phoenix [www.phoenix.edu](http://www.phoenix.edu)1. Tulsa Campus Ph: 918-622-4981  
2. Oklahoma City Campus Ph: 888-888-8166  
3. Norman Campus Ph: 405-842-8007

## SIKORSKY

Continued from Page 8

The Sikorsky helicopter is one of the fastest medical helicopters in

in need of air transport are typically in a very vulnerable state. Having a helicopter like the SK-76 allows the smooth and safe transport not only of the patient, but also the team of



existence and is capable of traveling 300 miles without refueling.

Douglas Horstmanhof, M.D., is a heart failure cardiologist with the Advanced Cardiac Care program at INTEGRIS. He says maintaining the highest quality continuity of care during transport is crucial. "Patients

physicians and nurses necessary to provide the best possible care during that critical time."

The helicopter went into service on May 5. INTEGRIS is the only health care system in the region utilizing a Survival Flight Sikorsky SK-76 for air medical transport.



**Vicki L Mayfield, M.Ed., R.N.,  
LMFT Marriage and Family  
Therapy Oklahoma City**

*If you would like to send a  
question to Vicki, email us at  
news@okcnursingtimes.com*

**Q. I recently heard the phrase, "lets commit more random acts of kindness." I think kindness has a special impact on people, it can literally turn their day and sometimes life, around. So how can we get the word out for more kindness?**

**-- Lisa**

A. There can never to too much kindness!! Think about the last time someone smiled at you, gave you a compliment, held the door open for you. I have a person who offices in my building who surprises me with flowers that she grows in her garden. It is a special moment to open the door and see the beautiful flowers on the table.

Kindness and concern for others is superb medicine, better than anything big pharma sells. As our lives get busier and schedules tighter, there is less time to make time for others. But just like we clean out our closets, maybe taking that same "kindness" inventory would be useful and healthy.

Kindness doesn't need to take a lot of time. It can happen spontaneously. It can be a smile as you pass in the hall or calling the Target cashier by their name and thanking them for checking you out. Did you know that saying the person's name also adds kindness to the interaction? "Thank you John for checking me out, have a good day." It's not that hard.

We have seen some of the catastrophic affects of bullying, a total lack of kindness and concern.

In the recent school shooting at Santa Fe High school in Texas, the shooter said he spared the lives of the people who were "nice to him."

How much of societies isolation and depression could be lifted with acts of kindness? There is a tremendous amount of loneliness and despair; people are suffering.

In the recent shooting at Louie's by the lake, in Okla. City, the shooter, in his video, stated no one was listening to him, he was lonely and needed help.

Kindness, alone, cannot prevent horrible acts from happening, but a common theme in many of these individuals is bullying, loneliness, sadness, despair, anger.

Kindness is appreciated by everyone.

As you go about your day, ask yourself if you have given the gift of kindness. Lets increase our awareness. Lise can't do this all by herself.





# NURSE + TALK

Read what other health care professionals have to say...

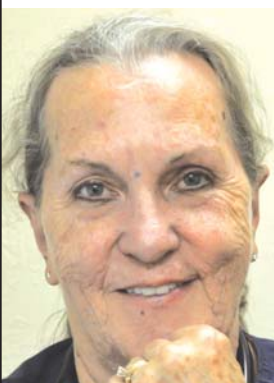
## Why do you volunteer your time? Moore Faith Medical Clinic

No. 1 because it's Moore and my home and No. 2 is there is a need and I can make a difference.



Cristen Hartman, R.N.

Because that's where God led me.



Doris Baker, L.P.N.

Each week we visit with health care professionals throughout the Metro



Please Let us know Your Thoughts

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Oklahoma's Nursing Times  
P.O. Box 239  
Mustang, Ok. 73064

I'm one of seven kids and ... we found ourselves needing a lot of services at times. I remember having to travel a long way.



Madeleine Lord, R.N.

To serve others in the name of Christ.



Angela Outlaw, R.N.



Keon, of Stuart, Okla., was a joyful two year old. He was surprisingly athletic and destined to play for the Stewart Hornets, often picking up rocks and sticks to play baseball. Keon was a happy baby, and was never found without a smile.

Both Denise and Wayne, Keon's parents are both registered donors, and when they found out Keon had the opportunity to save lives, they were excited about the legacy he would leave on this earth.

Organ, eye and tissue donation saves lives. Please make your decision to donate life and tell your family. Register to be an organ, eye and tissue donor on your Oklahoma driver's license or state ID card or register online at [www.LifeShareRegistry.org](http://www.LifeShareRegistry.org). If you don't have a license or state ID card and do not have internet access, call 800-826-LIFE (5433) and ask for a donor registration card.



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\*This event is being offered to IL, AL, LTC, SNF – Administrators, Directors of Nursing, Social Services, Hospital, In-Patient Rehab Case Managers And Social Workers ONLY. Must be 21 to attend and if not on the list, will be sent away. RSVP Event, by Invitation only. RSVP's must be received NO LATER than Friday, June 22nd. RSVP to Jeff Aynes at [okmarketingplus@gmail.com](mailto:okmarketingplus@gmail.com) or call 405-204-6961 if you have questions. \*\*Free parking available at the Parking Lot by Bass Pro catty-corner to the Ball Park.

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Comfort Keepers

COMPASS  
Senior Living Solutions

CONCORDIA  
Senior Services

CROSS TIMBERS  
Senior Care

Hanger  
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Senior Services

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Marathon Regional  
Senior Care

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Providence  
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Radcom  
Senior Care

RIVERMONT  
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OAKWOOD



# THANK YOU!

Thanks to our **more than 30,000 donors that stepped up** in a challenging economic environment and generously donated to our 2017 campaign. We are so thankful for the community support and special thanks to the companies listed below and their employees for being our largest supporters. These companies, along with many other companies and individuals, are making a big difference in our community via their support for the United Way of Central Oklahoma.



## TOP 20 CAMPAIGNS

### LARGE BUSINESS CONTRIBUTORS (250+ EMPLOYEES)

Devon Energy Corporation  
Chesapeake Energy Corporation  
OGE Energy Corp.  
Love's Travel Stops & Country Stores, Inc.  
American Fidelity  
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INTEGRIS Health

The Chickasaw Nation  
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The Oklahoman Media Company  
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Continental Resources  
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### MEDIUM BUSINESS CONTRIBUTORS (50-249 EMPLOYEES)

Ascent Resources  
BC Clark Jewelers  
Tapstone Energy, LLC  
Enterprise Rent-A-Car  
Ackerman McQueen  
First Fidelity Bank  
White Star Petroleum, LLC

Ernst & Young LLP  
Mustang Fuel Corporation  
Clements Foods Company  
LSB Industries, Inc.  
Hall Capital/Fred Jones  
Bank SNB  
Tronox LLC

INSURICA  
Blue Cross and Blue Shield of Oklahoma  
KPMG LLP  
The Greater Oklahoma City Chamber  
XTO Energy Inc  
Guernsey

### SMALL BUSINESS CONTRIBUTORS (<49 EMPLOYEES)

E.L. and Thelma Gaylord Foundation  
Kirkpatrick Family Fund  
EnCap Flatrock Midstream  
Presbyterian Health Foundation  
Inasmuch Foundation  
Tall Oak Midstream LLC  
Wiggin Properties LLC

MetaFund  
Foundation Medical Staffing  
Cresap Family Foundation  
Walter Duncan Oil  
Valliance Bank  
C S I  
Lippert Bros., Inc.

J. E. Dunn Construction  
First National Bank of Oklahoma  
PACCAR Parts  
Commerce Bank  
Oklahoma Foundation for the Disabled  
Federal Reserve Bank of Kansas City  
Oklahoma City Branch